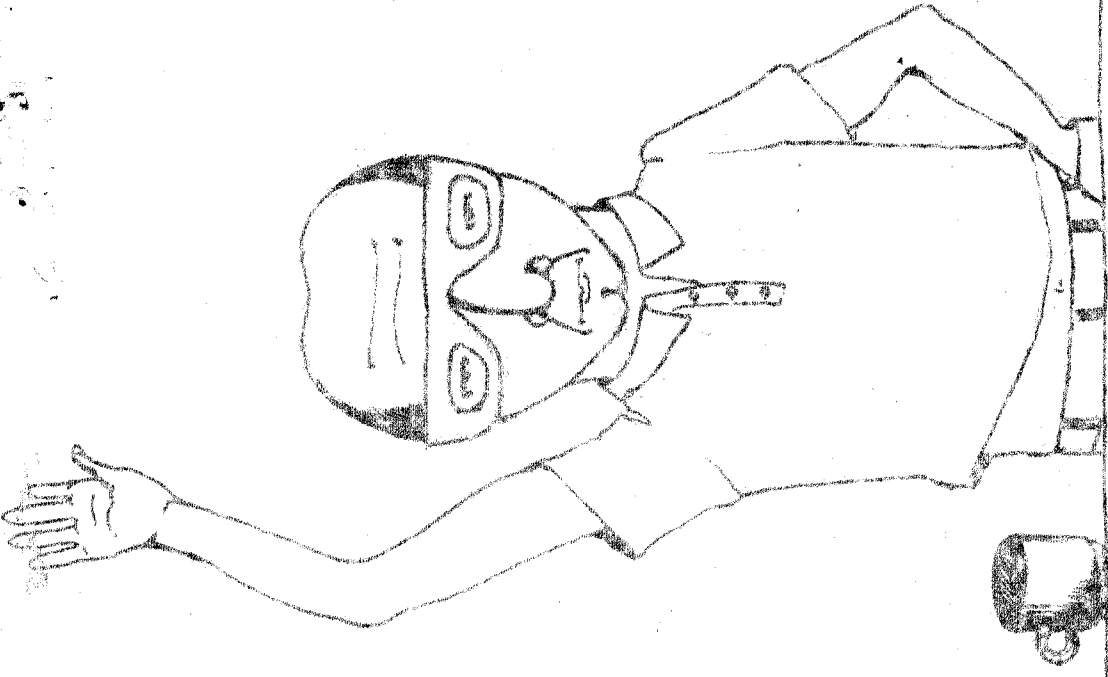


Ilton  
1976

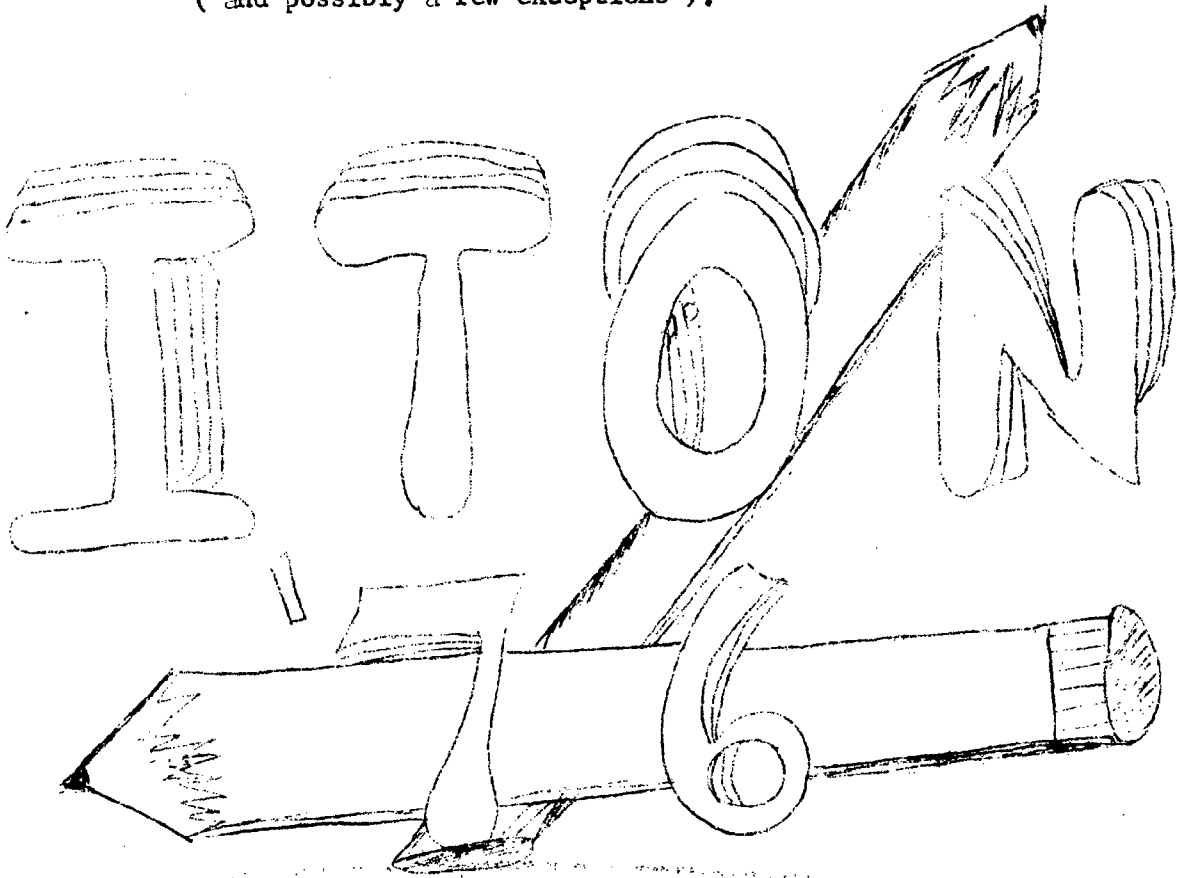


Kadimah

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( and possibly a few exceptions ).



## DEDICATION

This year's iton is dedicated to a person whom we have all grown to love and admire. When times were hard, and things went bad he was always there to pick us up off the ground and lead us in the right direction. He always knew how to cope with a problem, what to do-and what to say.

A camp director's job can very well be done from behind the scenes-hiring-technical work, etc., but for Shaul, that would never be enough. He puts all he's got into everything he does, managing to be around at all times, and involved in everything possible.

His personality is so full of life and excitement, that the younger kids can't help loving him, and the staff can't help but admire and respect him.

This camp is one of the most important aspects of the survival of the Jewish community in the Atlantic Provinces, and without a strong and dynamic person to run it, many of us would find ourselves lost.

By dedicating this iton to Shaul, we by no means want to make it seem as though this is his last summer with us. On the contrary, we'd like to show some sort of appreciation to Shaul for all he has done for us and Camp Kadimah in the past, and let him know **that** we don't want to lose him in the future. We need you so very much Shaul, somehow you seem to make this camp thrive.

Yes, Shaul, we are dedicating this iton to you, a very unique person who has dedicated a great part of yourself and your life to Camp Kadimah, its campers and staff. Thank you very much.

The Editors Sharla-Barry-andVictor

ODE TO A HALF-FULL CUP

6:30 a.m.....Everyday  
Good morning sleeping camp and  
Boker Tov to you, half-full  
How many times will you,  
My faithful mug, be ignored today?

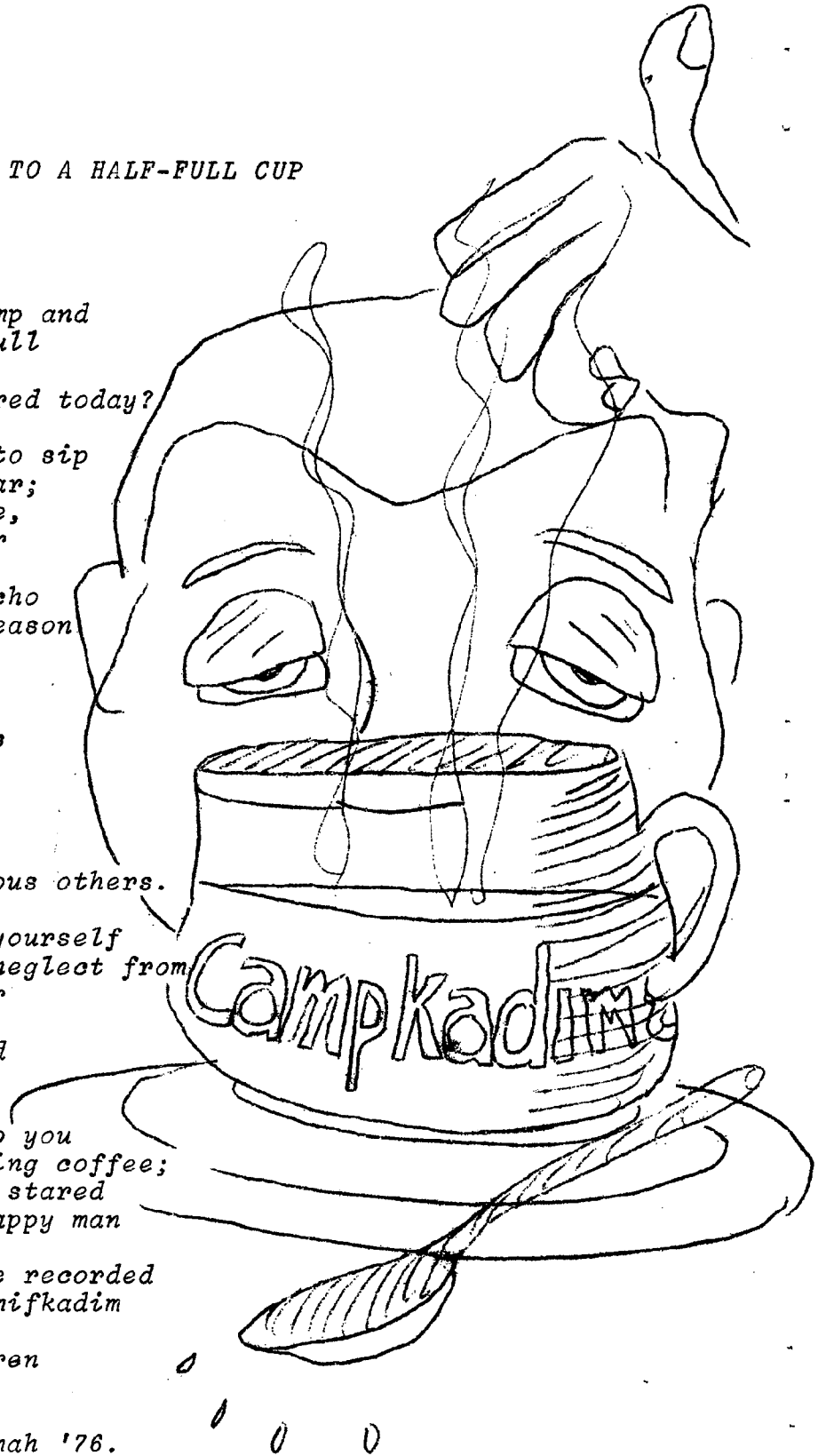
Each time you invite me to sip  
I slip away, to dry a tear;  
To soothe a ruffled nerve,  
Even when we get together  
There is no privacy,  
Within your emptiness echo  
The moods of a passing season  
An eternity in disguise.

If I were to tip you  
The joys and frustrations  
of a summer  
Would swish and spill  
And be absorbed  
By paper dreams  
Brought to life by precious others.

Don't feel too sorry for yourself  
Others suffered greater neglect from  
A disappearing father  
A phantom husband  
An intermittent friend  
A warm stranger

I faithfully came back to you  
For a sip of cold and aging coffee;  
At other times I simply stared  
At the reflection of a happy man  
Whose work is life, and  
Whose life's work will be recorded  
Only in the memories of mifkadim

Half-full cups and children  
Becoming people  
Becoming Jewish  
That's us.....Kadimah '76.



L'hitraot,  
Shaul  
Shaul

EDITORS' NOTE

After weeks of pushing people to write articles and have them handed in by a deadline, we realized that the only pushing left we had was for ourselves - The final editors' note. It's not easy to sit down and write on paper all one feels in just a few words. We'd prefer this to be more than just a typical editor's note, but at this point, just a few hours before the deadline, it's hard to start working on something unique.

As usual, alot of hard work, time and aggravation has been put into the final get-together of this Iton, but our main objective was to make you feel apart of it.

We pushed for all of you to contribute something, knowing the satisfaction you'll feel when you look back and see you helped in compiling an Iton meant to capture certain special moments of the summer.

Six weeks have flown by. Weeks full fun, excitement, tension, pressures and beautiful memories. The times we have spent together, the moments we have shared, can never be put down on paper. They are memories and experiences that will remain with us forever, but hopefully this Iton will help bring back certain instances that are bound to slip your mind.

Camp Kadimah is more than just a camp. It offers us more than just 6 weeks of sports and fun. It is a second home, a security, a place to learn, teach and experience. It is the back pump of the Jewish Community, in the Atlantic Provinces. When the buses pull through the gates Monday morning, and we head towards the road, many of us will think back at the strong and binding friendships we made. People will be hugging, kissing and crying. When you finally settle back into the routine of the city, don't look back and mourn what you left. Put a smile on your face, think of the unique relationships that have developed over the summer, and look forward to times when we'll all meet again. Whether it be a few weeks, or years, keep a space in your heart for your memories, and friends, and we promise that once again the chevra, the closeness of Kadimah and its people will be strong and alive.

As much as we would like it to, time cannot stand still, but fortunately the precious time we've shared, has been meaningful and rewarding. The end of a good summer can also mean the beginning of an even greater one next year. We hope to see you all back again. Good-Luck, and thank you for all you have done for us.

Sharon

Barry

John

L'hitraot

Many Thanks

Editors- Victor Fineberg  
Sharla Lichtman  
Barry Feder

Cover- Suzanne F.

Special Art Work- Helene David

Other Artists-Marlene E., Judy R., Rhea S., Lynn G., Noreen N

Typists-Victor F., Barry F., Donnamae R., Nancy D., Andrea L.,

Judy R., Marilyn G., Tova S., Jill S., Rhea S., Lynn G.

All around helpers-Beth S., Brenda N., Larry G., Mike F., Pam A.

Last Will and Testament-The Editors and Sherri Lecker

A very, very special editors thanks go to- Rhea S., Lynn G., Jill S

Assembled by-The Macharnicks

Credit to all those who so generously offered their time, when time was so limited (that was all the time). If we forgot to mention your name, it was only on paper and not in our minds....

The Editors

Thank you



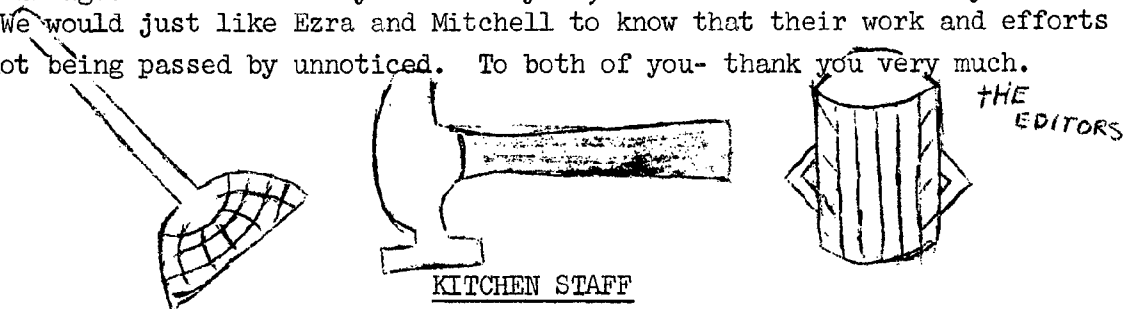
OUR SPECIAL THANKS ON BEHALF OF CAMP KADIMAH

EZRA AND MITCHELL

Did you ever stop to think how our camp is kept clean, garbage collected, toilets unplugged? Those things don't get done by themselves. To you, they may seem unimportant, but they are essential to the upkeep of a camp, and those that are responsible, deserve more than just a little credit. Very often, people working in the background get overlooked and are left unnoticed, as do the technical workers of a production. Little do we realize that without them the show would just not go on.

Ezra has been a tradition at camp Kadimah. It's hard to imagine how the camp would go on without him. He has also been more reliable than any weatherman he or ever will be. I have never yet met another man able to do the work of a man half his age. We thank him year after year, and that thanks is truly sincere.

We would just like Ezra and Mitchell to know that their work and efforts are not being passed by unnoticed. To both of you- thank you very much.



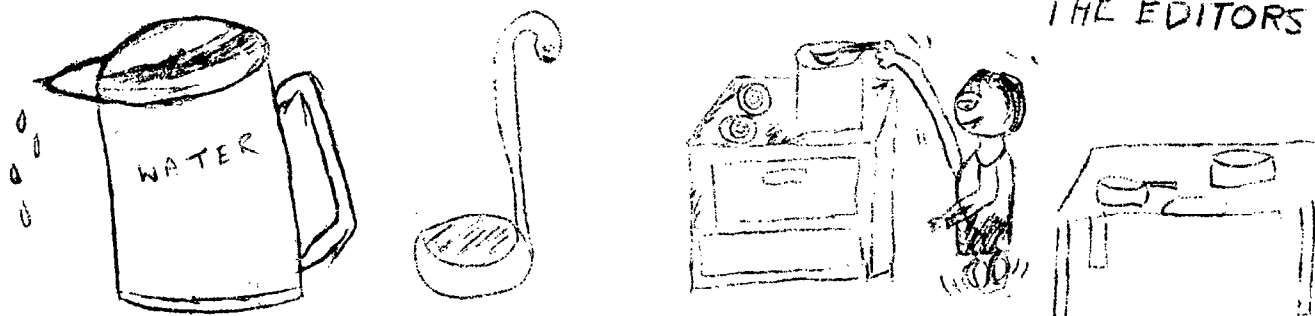
"We didn't get enough soup", "Pass the ketchup," "More toast please". All these and more are shouts and cries heard daily at every meal. After one hour of buggy duty or toronut many of us are ready to throw in our badges, pack up and leave. Can you imagine having to encounter and live through all of that almost 18 hours a day. Yes, its hard to imagine, and usually overlooked, but there are those that do it, and the least we can do is offer them some sort of acknowledgement, appreciation and thanx.

Very often we've heard our mothers kvetch how hard they worked, sweated and toiled over preparing a meal for a family of four and a half or six. Try to get them to cook a meal for two-hundred people, and we'll be hearing about it until the end of doomsday. Can you blame anyone in such a predicament for getting aggravated or frustrated at times.

We are privileged and fortunate enough to have well balanced meals, good tasting food, and a spotlessly clean kitchen.

The campers, staff, and iton editors of Kadimah 1976 wish to extend our deepest thanks to Mr. and Mrs. Goldstein, Irene, and all of kitchen staff for all they have done and worked for us this summer.

"The way to a camp's heart is through their stomach".



ACADEMY AWARDS

Hello Dolly - Judy Freirich  
Hustle - Geoff Ghitler  
One Flew Over The Cuckoo's Nest - Jeff Cohen  
Kung Fu - Steve Sable  
Pom Pom Girls - Judy and Stephanie  
Deliverance - Howard L., Phil, Rickey, Rochelle  
Adventures of Rabbi Jacob - Barry Feder  
Cabaret - Hildy Abrams  
Mary Poppins - Evy Carnat  
Man Who Would Be King - David Chernin  
The Good, The Bad, & The Ugly - Irwin Simon  
Pillow Talk - Linda Sable  
Winnie The Pooh - Matthew Burnstein  
Gentle Ben - Sheldon Nathanson  
The Computer Who Wore Tennis Shoes - Larry G.  
Mother Goose - Sheri Lecker  
Ma and Pa Kettle - Suzanne  
Sesame Street - Lee Cohen  
Diamond Lil - Greta Nathanson  
Chico and the Man - Ricky Schreiber  
Huckleberry Fin - Phil Dubinsky  
Police Surgeon - Doctor Boniuk  
Last Tango in Paris - Howard Lichtman  
Love Story - Pam Medjuck  
Hudini - Howard Center  
Lawrence of Arabia - Bill E. Chernin  
Bridget Loves Bernie - Matthew Grogono  
The Heart BreakKid - Sharla Lichtman  
The Graduate - Howie and Greta  
The Sunshine Boys - Shaul and Barry  
King Kong v.s. - Jeff Mark

THE  
EDITORS



CAMP KADIMAH

You know you're really in Camp Kadimah..... when,

- 1) The only time you're assured a sunny day is when a hurricane is forecasted.
- 2) The best time to catch up on your sleep is during an ACP.
- 3) The only exciting nightlife you have is waiting for the teckies to arrive.
- 4) During a firedrill, when the ulam is supposedly burning, the fire crew is down watering the mel-yad.
- 5) When the carrots are mysteriously disappearing out of the kitchen and into the Machar girls' cabins.
- 6) You tell your friends you've got a good job for the summer, but after just one night off, you end up in the hole.
- 7) You watch a rainy day movie, with the sun shining out.
- 8) By the time you find an unplugged toilet, it may be too late.
- 9) When the dining hall is so quiet, you can almost hear a bomb explode.
- 10) When the Machar Boys' cabin is so clean, a pig would feel at home.
- 11) When V.D. is not a type of disease.
- 12) And, finally, you know you're really at Camp Kadimah... when the last day comes, the buses come through the gate, and your eyes are filled with tears.

THE EDITORS



BARRIE'S REPORT

This was my first summer at Camp Kadimah and it has been a great summer. Kadimah means many things to me. It is someone coming to me at 7:30 p.m. in a panic saying "We need seven pink elephants and a portrait of Moses for our evening program". It means standing on the bridge at three in the morning after Shmira listening to the quiet and watching the mist rise from the lake. Camp means hearing the cars squeal their tires around the corner and watching the Giborim girls do cartwheels. It means giving all in a sing-song in the Chadar, children laughing and playing and working.

Administratively the summer has gone well. The buildings endured another summer's abuse. The plumbing lasted and Ezra held it all together. The kitchen turned out meals all summer long and Agnes and Tzvi were good to work with. So, we'll see you all next summer.

Shalom

Barrie Carnat  
Assistant to Director

JOKE TIME WITH TZVI

Someone kicked at the gates of Heaven. St. Peter answered, "What do you want?" I would like to go to Heaven. Peter: Why do you deserve to go to Heaven? I worked so hard all my life, at this and that, labour camp, concentration camp, Jewish camp. Peter: What camp? Camp B'Nai. Peter: Sorry, that is no reason to get into Heaven.

A week later another man knocked at the gates of Heaven and told St. Peter a similar story. Peter: What camp were you at? Camp Katikvah. Peter: Sorry, that's no reason to get into Heaven.

The following week a third man knocked at the gates of Heaven with the same story. Said St. Peter, "What camp were you at? Camp Kadimah, he answered. Said Peter, "Come on in,.....you spent long enough in hell!"

TEE  
HEE

CHUCKLE  
CHUCKLE

We'll miss your jokes... Tzvi!

A FEW THOUGHTS

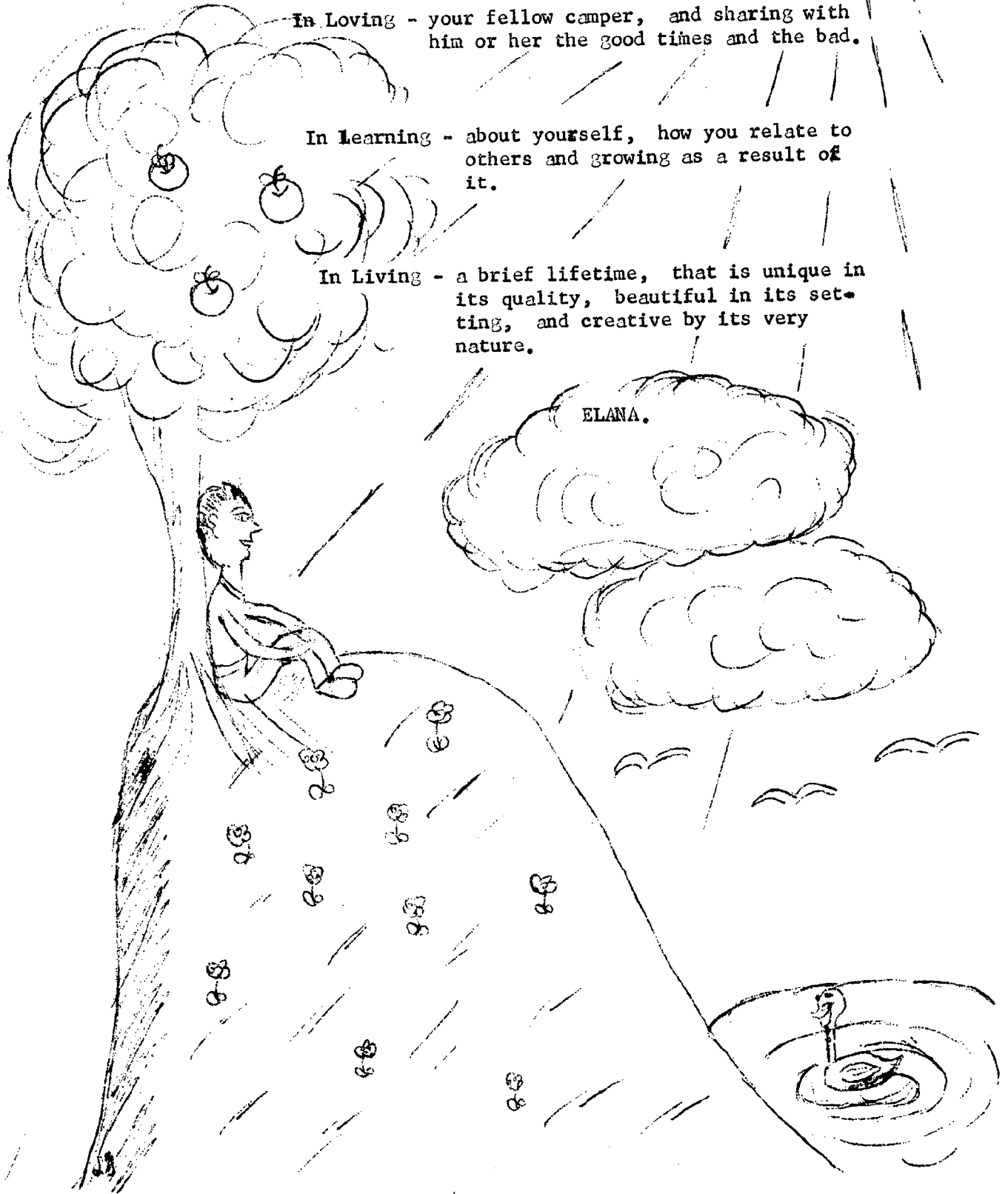
Camp is an experience...

In Loving - your fellow camper, and sharing with him or her the good times and the bad.

In Learning - about yourself, how you relate to others and growing as a result of it.

In Living - a brief lifetime, that is unique in its quality, beautiful in its setting, and creative by its very nature.

ELANA.



## Why we like camp!

Uri-"I like camp because there is baseball and soccer to play,also Eli and Tal are here to play with me.Evvy and Barry are here too.I like to climb the trees, like our treehouse.I like fishing with Jay and Jason.I swinging on the swings,and I make it bump it against the trees,but sometimes I bump too hard and my feet get sore".

Eli-"I like camp because we go on motor boat rides.I like to play baseball,and play hide and go seek with Uri,Tobi and Tal.I like playing in the sandpiles with my new shovel mommy bought meand also I like going in my bare feet in the sand because I like getting my feet sandy.We all play rock school and goldmine which are really fun."

Tal-"I like camp because Mommy and Daddy are here.I like to play with my toys and cars.I like to climb the trees and the swings are fun to play on.To goswimming in the water is good and I like bringing down my pails to get sifted sand".

Tobby-"No,-I don't want to tell about camp.I like Uri to play with my toys but not Tal,..Eli yes.I like to play in the sand and throw rocks in the water.No more about camp I like.

Eli,Tal,Uri,& Tobi

Babysitters were required for the

Administrative staff this summer

Because the 4 offspring are in their

Young developing years of childhood.

S Sandpiles,swimming,swings and songs were

Included in each day along with the

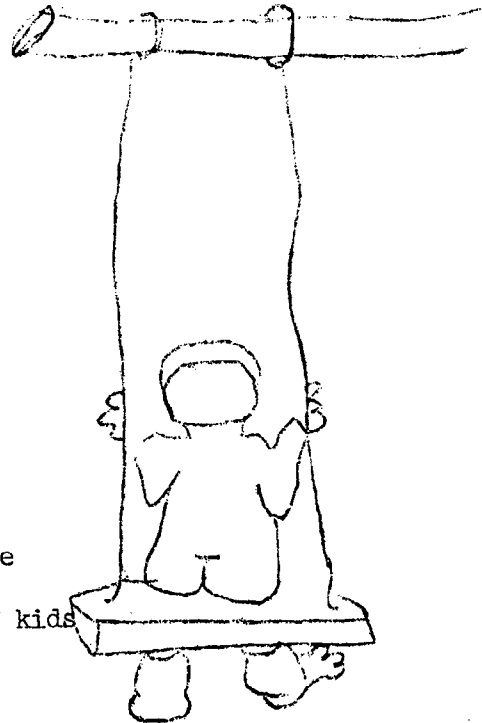
Treat of ~~watching~~ Jay fish

The job offered a continuous learning experience

In understanding the make-up and interaction of kids

Notably watching Eli,Tal,Uri,and Toby

Grow this summer



Shelley and Pam

# Waterfront

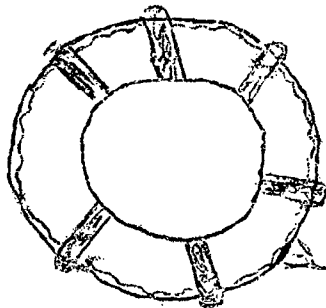
## Message

After a five year absence from Camp Kadimah, I had looked forward to my return with fond memories of past waterfronts. This year we were able to offer the new Royal Lifesaving Awards that is i.e. lifesaving I, II, & III. These awards were designed to give students a clear and fundamental outlook on basic lifesaving skills with strong emphasis on personal safety. These new lifesaving levels were offered not only at regular swim classes; but also during the afternoons. Thereby, we could accomodate all those wishing to participate in all these programs. It can be noted that results from the Department of Public Health rated Kadimah swimming water as drinkable.

After the first week of the camp season, it was necessary to impliment a number of important policy changes. The waterfront staff felt that these changes would overcome a number of deficits inherited in the present Kadimah waterfront: such as:

1. The quality of swimming skills and ability
2. The lack of enough "fun" activities in the water and related areas.
3. The lack of understanding regarding the water and its related activities.

I personally felt that this years program was successful in most of the directions for which it was intended; and if the weather had been a bit more generous we could of gone further. A special note to the Giborim. During the camp season, we introduced a new program in beginner swimmer instruction. This year you were given the opportunity to experience and explore the water in an atmosphere of supervised "Fun Activities". We felt that you would not only learn to swim and become strong junior swimmers; but more important learn to respect, trust and enjoy water and its related activities. In closing, I wish to thank my waterfront staff without whose assistance, this years waterfront program could not have been implemented.



David Chernin

David Chernin  
Waterfront Director

LANDSPORTS

It has come time to write an article for the 1976 Iton. As I write this, I say to myself, Where has the time gone? Did the kids enjoyed themselves?, and have they learned anything?

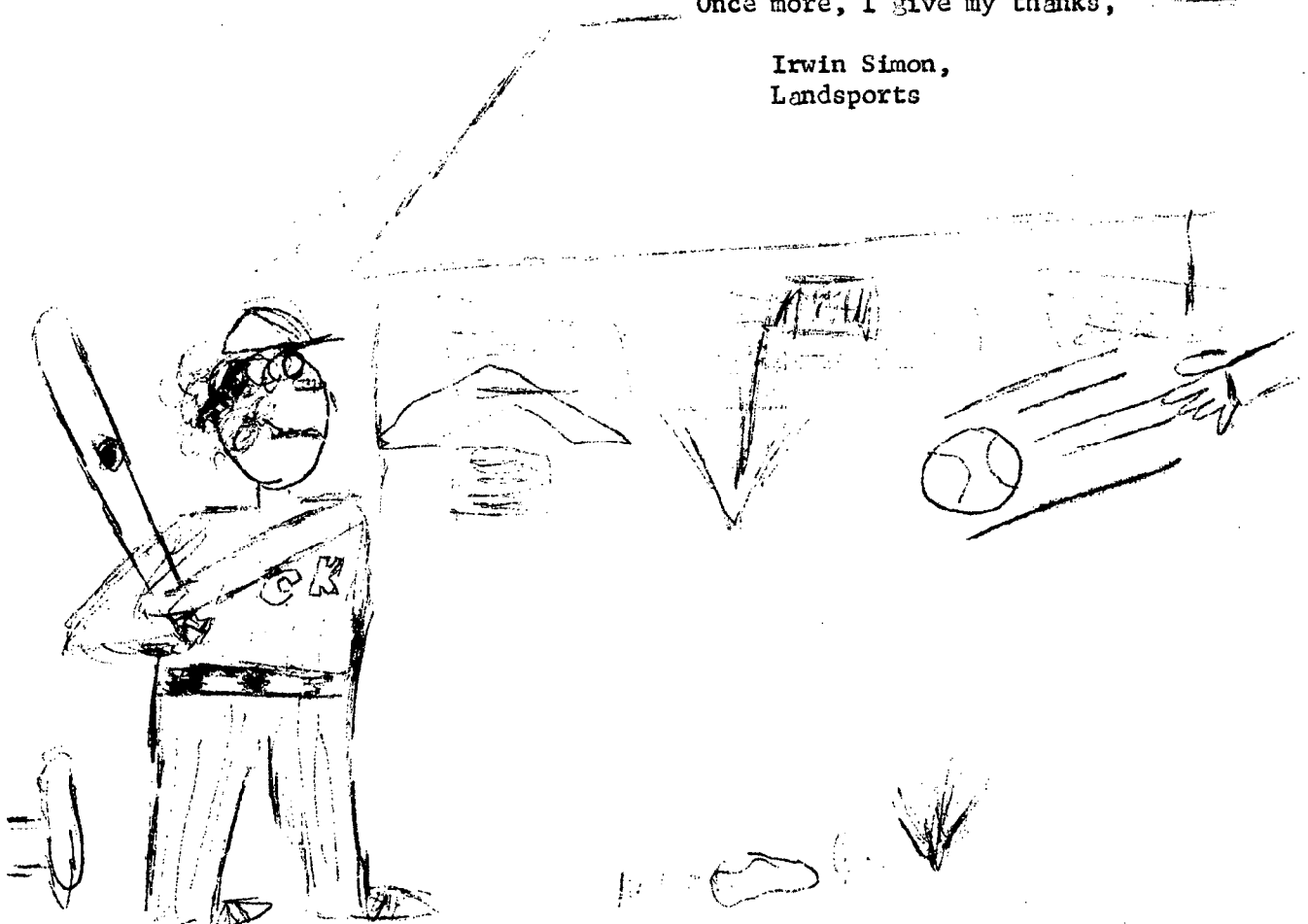
This year, I feel, our landsports staff and campers have accomplished alot. We would work on a particular sport for two or three periods a week. First, the instructions were given as to how to play the sport, and, then, we began the actual participation of the activity. Some of the sports that were emphasized are the following: softball, ground and floor hockey, basketball, volleyball, soccer, football, and tennis. Tedderball, shuffleboard, and horseshoes, etc. were all included with the others during the campers free time.

Another highlight of landsports, this summer, was the competition between the different sections. As it turned out, usually the older sections came out on top. We also brought in visiting teams to play both campers and staff, in such games as basketball and softball.

In general, The sports this summer were great. I would like to thank the kids for their cooperation, and a special thanks to Larry and Ian, who assisted me throughout this summer.

Once more, I give my thanks,

Irwin Simon,  
Landsports



SHALOSH ARBA

You know we're really very lucky --about camp that is. It's an easy thing to take for granted, something to keep coming back to summer after summer. "Coming back" for me was a difficult decision to make, in that it involved the happiness of not one but four people. I had not been here since 1970, and Barrie - never, except in a visitors capacity. But the idea was an attractive one because of our need at this point in time to get back to "the tribe" to be with our own - to be with you. It's a decision we'll never regret. The summer has been ace. Writing this now I'm thinking back to our five weeks of Shir Kud peulot together - of coming to the pavillion to find the Gibbies already going hard at it - of the endless gum - peeling you off the walls of the pavillion - getting excited when you mastered a dance step I was sure that you'd never get - missing the end of a peula because we couldn't stop singing - the Giborim starting many of our Chadar sing songs, giving me new energy and making me smile - everyone doing me proud on visiting day - the Gosh boys initiating a beautifully warm Shabbat dance session in the Chadar - the Machar Chassidic dance fest where you just wouldn't stop -----the good memories are endless and I love you for them, and thank you.

## MEL YAD REPORT

By Suzanne Feldberg

sitting down-trying to write-wanting to what i do best for all of you draw you a memory of this summer. there are so many to choose from - ah - but time just does not allow me to accomplish what i would and so the easy alternative. what can an artist who uses her hands to express with a paint brush and canvas do with a pen and paper. create... create an image of Kadimah as viewed by a newcomer (who hopes to become an oldtimer) so many thoughts - Stephanie and Judy belting out a round of flaming mamie - Shaul at the carnival rolling around in the dust as directorus erectus - Dave Chernin at meals making an announcement - standing with one foot on a chair - Howard Lichtman on the office porch - megaphone in hand - calling out ridiculous insights to counsellor and camper personalities - Barrie Carnat smiling - Evy Carnat bouncing about the dining hall just making me feel good - Joey Schwartz getting excited - Howard Conter giving a rousing rendition of chantilly lace - the little dance done by Phillip, Felice, Linda and Wayne at white teams marchpast - and so many more images that make this little cluster of white buildings a home.

i'll be sorry to leave - happy to return and for the time i'm not here i'll do what i do on the other side of this life with as much love and energy as i've discovered here.

and this may not be what you expect to hear from your art teacher - but not feeling that a progress report is in order i decided to give you my pictures of six weeks well spent.

- i think i can honestly say i love all of you-

Suzanne

## HORSEBACK RIDING

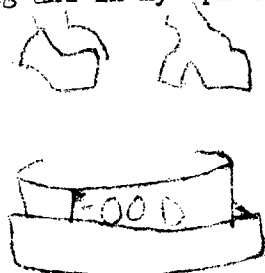
By Milo Burnstein

Having horseback riding at camp this summer was an experimental endeavor. Being so, only two horses were thought necessary. No one really expected that by far over half the camp would show interest in this recreation. The sport was offered as a regular cabin choice activity and as a hobby twice each afternoon. So those were truly serious about learning how to ride often had that opportunity twice a day.

I do think horseback riding could be an asset to the camp with the proper facilities and more ponies. In all I think the campers got a good insight into the field of horseback riding and in my opinion it should be continued.

Thank you everyone,

Milo Burnstein





## FAILING REPORT

An exciting new addition to the camps' recreational program was the water sport "sailing". With moderately well equipped "Flying Juniors", a two manned, two sailed, 14' sailing vessel, fourteen young campers learned the fundamentals of sailing.

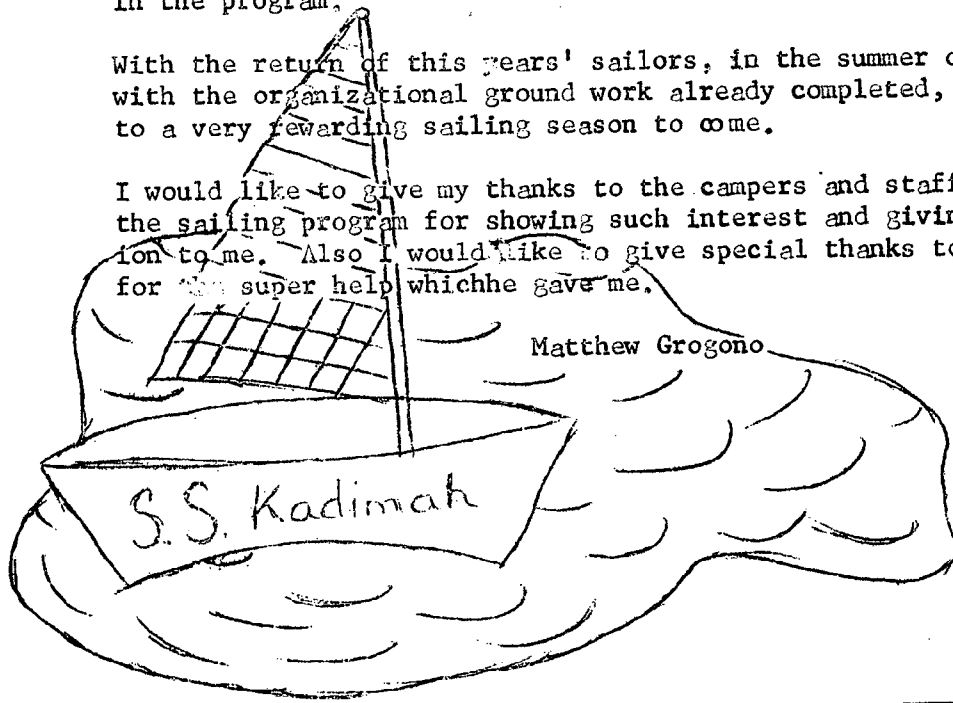
Being hesitant that first enrollment was low confidence built and so did the enjoyment in the sport. Now, nothing at Kadimah is kept a secret for long, certainly not a fun experience like sailing. So the program snowballed, and by the end of the summer classes had almost doubled.

The major problem with the course was the lack of time. Some campers received 1½ hours a week and others up to 4 hours. Obviously the 4 hours student learned more, but this still was a very short amount of time to develop the skill of sailing. Another problem encountered was the unfortunate lack of experienced sailors, causing a slow start in the program.

With the return of this year's sailors, in the summer of '77, along with the organizational ground work already completed, things point to a very rewarding sailing season to come.

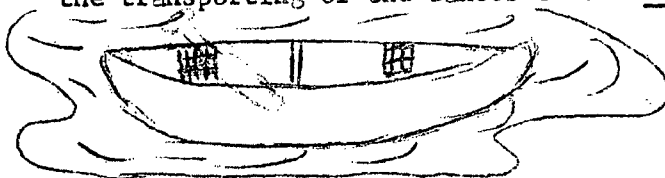
I would like to give my thanks to the campers and staff enrolled in the sailing program for showing such interest and giving their cooperation to me. Also I would like to give special thanks to Howie Center for the super help which he gave me.

Matthew Grogono



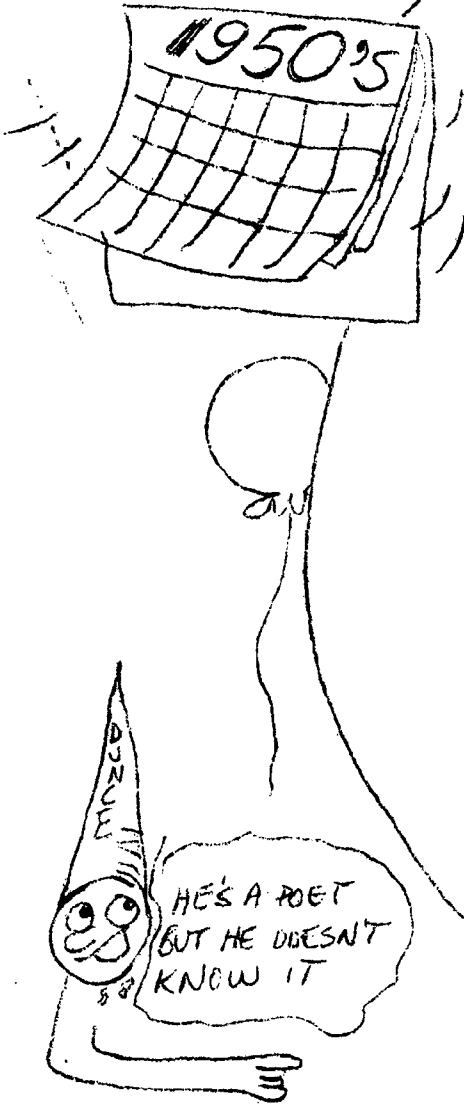
## BOATING AND CANOEING

Speaking from the stern of my heart and the bow of my brain, I am very satisfied with the overall boating and canoeing program this past summer. Due to the shortage of time, and the many cancellations of classes, we could not have possibly covered everything. However, I can honestly say that the majority of participants gained a considerable amount of knowledge in the safety aspects, as well as in the practical experience, of boating and canoeing. Both Machar and Kochot units had the chance to apply these techniques on their respectable hityasvhuuts, and had much success in doing so. I would like to thank everyone for their cooperation, especially a few Gosh boys who helped in the transporting of the canoes to the new canoeing docks.



Chazak V'Amatz  
Have a good year  
Practise in your bath-tub.  
Love, Phil.

DOC TALKS



I came to Camp in '76  
 To relive my youth and heal the sick,  
 To see again Lake William's shore,  
 Where hovered memories of days of yore.

Some things were different here, of course-  
 No teapot, a new Chadar, some sails and a horse.  
 The program was changed but still great,  
 With good section heads, staff, and no dead weight.

The Infirmary job wasn't really tough,  
 With Helene and Lynn there was more than enough.  
 And getting to know everyone was really a cinch;  
 They looked like their parents but taller by an inch.

Ezra Eisner was there and looked really great,  
 Still able to carry more than four times his weight.  
 Agnes and Tzvi made the kitchen run well,  
 If you put on a few pounds I'll try not to tell.

There were so many people and things here this year  
 That made it enjoyable that I hate to mention them for  
 fear  
 That I'll leave out some.....

Suffice it to say from Shaul on down,  
 To the youngest gib here in Kadimah town,  
 Everyone was swell and fun to be with!

So from me, Isabel, and Amy too,  
 Go our best wishes to each one of you,  
 For good health and success in every endeavour,  
 Hope you remember Kadimah fondly as we do-

Isaac Boniuk

ISAAC WHO??

OFFICE REPORT

By Rhea Simon

What can I say this year about the office? Well for one thing this summer I was only part of the Kadimah office for the last two weeks of camp. Things seemed to be going much the same in the office as the past summers being the centre of attraction for all staff members. This year was no different from any other year. Of course mail was always the beg question around the office.

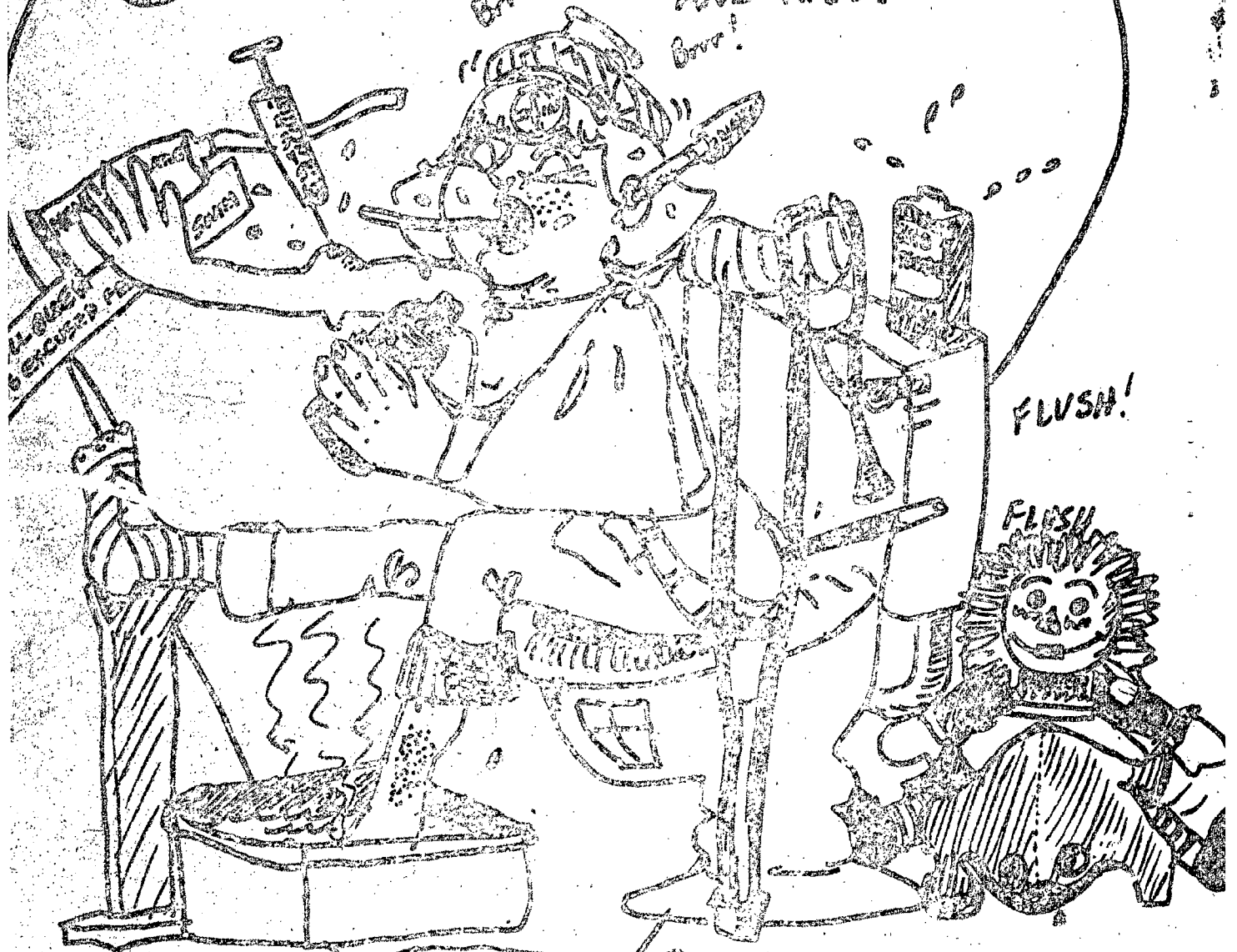
No matter what time of day or night you walked into the office there always was someone looking for stamps, pencils, pens, paper, etc. At times you hardly could hear yourself think.

Another summer of Kadimah memories have some and gone.

To all have a good year  
 Rhea

# Thanks...

FOR MAKING THIS A HEALTHY AND HAPPY SUMMER...



Love  
Kelsey  
&  
Lynn.

## Kitchen Staff Report '76

The kitchen staff this year was a little off its rocker due to a few combinations of Rhodenizers, Robars, Joudreys, Lantzes and Frams.

We would like to say thank Mr. Goldstein for livening up our afternoons with your jokes.

Mrs. Goldstein, thank you for all y ur' great food which we all will miss so much. What can we say, but thank you.

We would like to say special thanks to Irene (Mrs. Emino) for her chocolate chip cookies. Although we never ate any of the finished products, your dough was great.

Now, Mr. Eisner. Thank you for taking all our broken dishes away before anyone saw them.

Now to our favorite of the group, Mitchell Beck: Sit on it...

We would like to say thanks to Suzanne for always having the nicest and most organized buggy duty.

In closing we would like to say we hope everyone had a nice summer at Camp Kadimah and hope the rest of the year is the same.

So long everyone,  
and good luck ever more.

### Kitchen Staff '76

Irene Emino  
Bonita Rhodenizer  
Vicki Lantz  
Lynn Fram  
Debbie Joudrey  
Natalie Robar  
Sherlyn Robar  
Vicki Rhodenizer



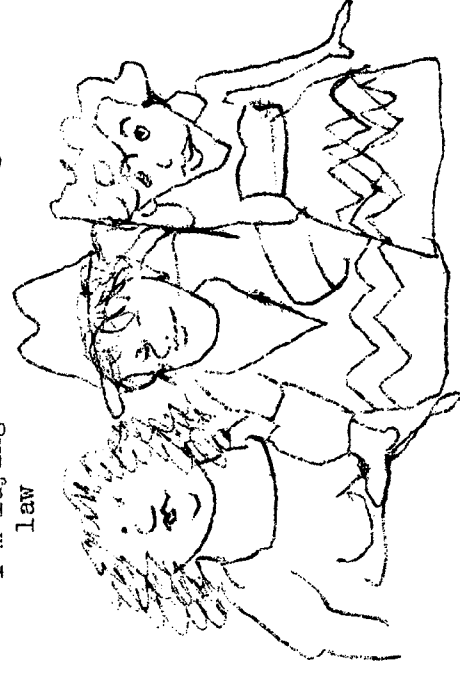
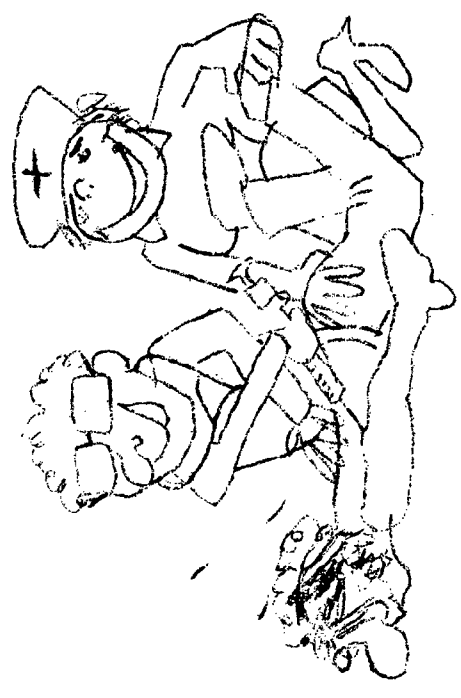
YUK!  
YUK!  
YUK!



# character sketches

<u>NAME</u>	<u>PET BEEF</u>	<u>SEEN MOST</u>	<u>FAVORITE SAYING</u>	<u>WOULD BE</u>	<u>WILL BE</u>
Suzanne	Young male staff	With Judy and Steph	I m not over the hill	Artist	Make out artist
Judy	David Chernin	With Steph and Suzanne	Let's go Gibbies	Head Gible	Gible maker
Pam M.	Head staff meet- ings in cabin 21	Lee ving	... City	Paul's	Lee's
Barrie	Mama	In the kitchen	Gee...	Strict	Restricted
Evy	Gum	Prancing	Listen you guys	On tune	Singing nun
Howard L.	Mental midgets	Trying to	I can't believe you said that or Mauvaise	Lawyer	Courting disaster
Irwin S.	Work	Unseen	Yous Guys	Land sports director	David's nurse
Matthew G.	Services	With Judy R.	I wasn't in Machar	Out to sea	Out to lunch
Jeff M.	Getting up	In the truck	Come on, you guys	Rachelle's	Susan's
Rhea	Irwin	In the office	Yous	Secretary	Howard's
Jill S.	Typing	Singing	You know	Opera star	Singer at Tops'O
Rachelle	David	Frowning	They don't call me star for nothing	Assistant	Assisted
Hildy	Meat	In red sweat pants	I really don't see how you can say that	Jazz dancer	Danced around
Milo	Over working her horses	Horsing around	It's not that	Out cold	Churning in
Shaul	Noise in dining hall	Without a smoke	Let's have a meeting	Camp director	Little general
Elana	Kids fighting	Taking money	Remember the staff party?	Camp director's wife	Little princess
Shelley W.	Kids	Chasing kids	Don't throw rocks	Mother	Father

<u>NAME</u>	<u>PET BEEF</u>	<u>SEEN MOST</u>	<u>FAVORITE SAYINGS</u>	<u>WOULD BE</u>	<u>WILL BE</u>
Issac	Hypo's	Participating	When I was here	Doctor	Future water-front recruit
Isabelle	The sacrifice of Issac Lynn	With Amy	I wish I had my voice back	Doctor's wife	Head girl
Helene	Away from Helene	In the infirmary with Harold Bugging Helene	What's wrong, now?	Nurse	Married
Lynn	Everything & everybody Salary	On his baby (waterfront) Tripping	But, Mum	Nurse	Cook
David C.	Visiting day	In cabin 21	Doesn't bother me	Lady's man	Looking down in the mouth
Ricky	Umblilicks	With Suzanne and Judy	Ay! Man...	Section head	Up shit's creek without a paddle
Lee			Me djoking around	Independant	Pam- pered
Stephanie			I'm laying down the law	Organized	Returning



Special

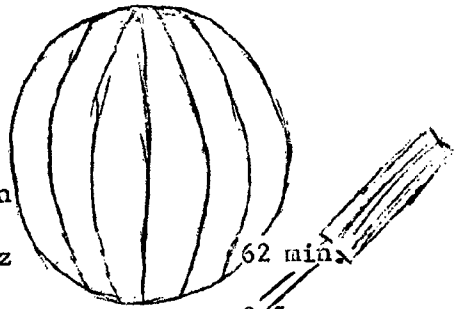
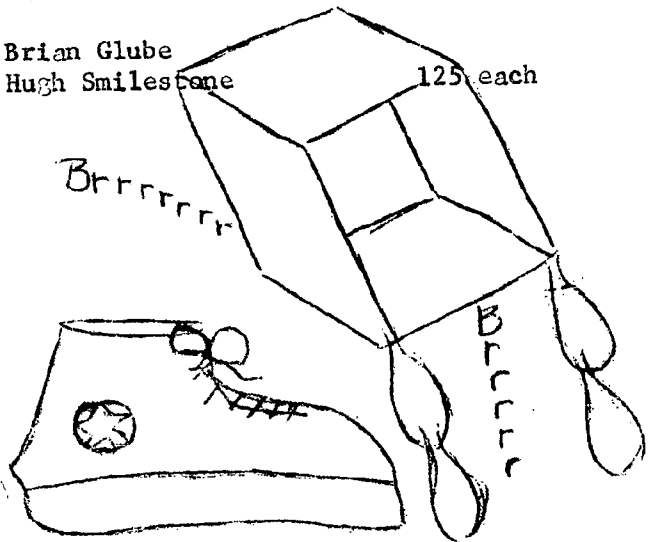
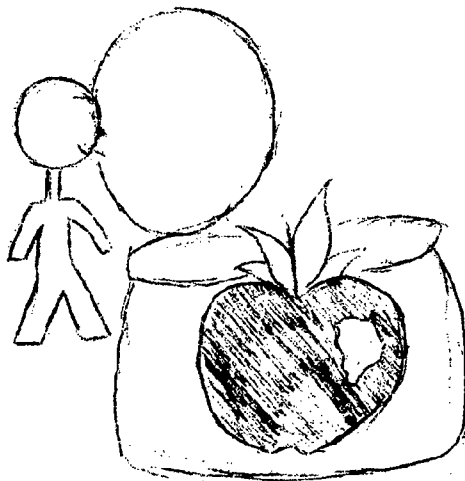




RECORD BREAKING DAY

1)	Bubblegum Blowing Contest	-	Adam Prossin	
2)	Talking Contest	-	Joey Schartz	62 min.
3)	Egg Walk	-	Esther Tock	3.5 sec.
4)	Apple Bobbing	-	Melanie Glick Steve Allen	1 sec. 2.5 sec.
5)	Potatoe Sack	-	Evan Zel	19 sec.
6)	Head Standing	-	Wendy Boniuk	5.38 min.
7)	Skipping Rope Contest	-	Lisa Shulman	7.45 min.
8)	Softball Throw	-	Marc Garson	142 feet
9)	Push-Ups	-	Eric Altman	90 sec.
10)	Basketball	-	Jonathan Boniuk	13/20
11)	What is a Good Word	-	Mark Loebenberg Wendy Boniuk Jonathan Falk	
12)	Ice Holding	-	Stacey Burnstein	2.15 sec.
13)	Shoe Kicking	-	Jonathan Boniuk	68 feet
14)	Showdown	-	Alan Goldman	
15)	Kissing Contest	-	Pam Medjuck & Irwin Simon	15 min.
16)	Standing on One Foot	-	Lisa Prossin	54 min.
17)	Cookie Eating Contest	-	Brian Glube Hugh Smilestone	125 each

*supercalafragalisticexpialidocious*



Record Breaking Day

Was wonderful except for a few side affects in the egg walking contest. Some other events were- talking contest, kissing contest, hopping contest, potato sack races, what's the good word, and there were many more.



Esther Tock



Tisha B'av

The Tisha B'av program was a very interesting one. It started off with a mifkad with Kochot and Machar. Then we all went to the ulam where we were squashed into a small circle and were forced to walk around not being able to breath hum. At the same time we had to pass around a small object in order to escape. By this they tried to show us how much torture the Jews went through in the holocaust. We were surrounded by guards who would kick us out of the circle if we would stop humming or do anything they didn't like. Then we were chased around with sticks and whipped. We were also told to take off a shoe or stick our fingers in our noses and say I am a dirty Jew 30 times. These were just a few of the events in which they tried to relate this day to the kolocaust.

Karen Cohen

Machar Day

I remember Machar day,  
Very, very well,  
The counsellors were not so good,  
They were good enough to sell

They told the swim instructors,  
To make us swim 100 laps,  
But this they only did,  
So they could take some naps.

But I must say this is all a lie,  
And I just want to say,  
The day that really paid off,  
Was our Machar day.

Anonomous

## Visiting Day

We were told a few days before that when the parents came they would not be let in before 11:00 and they would have to leave at 4:00. Everybody was a little unhappy but everybody was still happy at the thought of seeing their parents. The morning of visiting day was a busy one everyone was cleaning up their cabins. At 10:00 all the campers put on camp uniforms. Finally at 11:00 came the parents. All campers had a big lunch and got a lot of candy, gum, etc., so when the parents left it wasn't that sad.

Adam Paton

This year visiting day was very good. This year is my first year at camp. Four years ago I came for visiting day but it wasn't as good as it was this year. I got a lot of goodies

Wendy Boniuk

## R.C.M.P. vs. Camp Kadimah baseball game

Well my opinion about the game is I think it was exciting to watch, but most of the R.C.M.P. guys were a lot stronger and also a lot bigger than our guys. I think the score was 11-7. I am not sure but they slaughtered our team. But with all the effort put into the game it turned out great.

Joey Lang

## VISITING DAY

By Heidi Brown

T'was the day before visiting,  
The kids were all gay,  
They all were waiting,  
For that special day.

The night went by slowly,  
The kids couldn't sleep,  
They were all getting homesick,  
And were beginning to weep.

Finally the morning came,  
There was breakfast then Mifkad.  
And everyone was waiting  
To show the exhibit in Mel-Yad.

And finally the moment came,  
The kids were all lined up,  
Then the cars came piling in,  
And in one was a little pup.

There was kissing and hugging,  
And the morning went by,  
They were watching the show,  
And the little birds fly.

Finally the day was done,  
And everyone was gay.  
That was the end of our short,  
But happy Visiting Day.



Swim Meet 76

Swim meet 76 was held at Camp Kadimah. Bridgewater and New Germany challenged Kadimah to this special event. Most people from camp participated in this event. There were many different events. Front crawl, back crawl, breast stroke, butterfly relays, and paddle board races. After these events we found that all teams had good swimmers. New Germany did not have enough people on they're team to enter all of the events in the meet. The final results were Bridgewater 285, Kadimah 245, and New Germany third with 100 points

anonymous

Carnival

I liked the carnival because the counsellors got dressed up and Shaul was a bad monster. There was a wrestling match. And then we went from booth to booth, and had all kinds to eat. The cookie eating contest was very funny.

Andrea Garson

Tishab'av

Tishab'av this year was very good. In past years you would go from scene to scene and see skits. This year we all saw one very good play and then we all went down to the waterfront. There we heard speeches and then sang three songs. The next morning we had a joint program with Machar. We had to walk around with sixty people and hum, and have our head low. Then they took us in a corner and build a wall around us and we had to get out of it just like the ghettos.

Mike Collins

Record Breaking Day

Record Breaking day was one of the many fun events of Kadimah 76. The purpose of this event is to break records held in previous years, and make new ones. One of the events was the kissing contest, you had to kiss as long as you can, and the longest kiss this year was fifteen minutes. Another one was the bubble blowing contest. They gave you a piece of gum and they saw who could blow the biggest bubble. Also another good event was the talking contest. You had to talk non-stop for as long as possible. The record this year was half an hour. Those were some of the great events of Record Breaking Day 76

Diane Brinker

Machar Day 76

Machar day is very fun. Your counsellors take really good care of you. When you have to go to the infirmary they take you there. They have really good evening programs, but our counsellors evening programs are better. Your counsellors on Machar day get you to your peulot and chugim. Machar day is very fun.

Susan Glube

On Machar day we have all kinds of fun. We play games and then we have lunch and then we have supper, and then we went to bed.

Andrea Hrubsa (Giborim)

### Record Breaking Day

On Record Breaking day people tried to break certain records like sack races and hopping and other things too. Lisa Prossin broke the hopping record. She hopped for one hour and 54 minutes. Joey Shwartz broke the talking record. It was fun.

Robyn Cohen

### Machar Day 1

Was great! The day went swiftly. It was a regular day except our counsellors were Macharnics. One thing that was completely different was the evening program. It was the best of the year. The Macharnics encouragement and zip made both Machar days wonderful.

Esther Tock

### Tisha Ba'av

On e'ev Tisha Ba'av the whole camp was woken up at 12:00. The counsellors had a skit. After that we went to the bridge and listened to people reading on the waterfront. Then we all went back to bed. In the morning we had a program about Jews in the ghetto. We were surrounded by guards who made us do consequences if we looked up or something. The object was to pass around a ring. It had to go right around the group and back to the person that started it. If someone was caught with it they were punished. Once the person that started to pass the ring got it, we were all set free. Another game was- all of the campers- Jews were inside a wall which was built of tables, chairs, etc., and we had to get out without making any noise. We worked in couples and one was blindfolded. If you made a noise you had to drop dead, and if you got out you were considered free. I thought that it was a great program.

Anita Walman

### Machar Day

On Machar day it was different than any other day. We went to singing and dancing. I had Macharnics Debbie and Noreen and aimy. We got 88 on our cleanup. I thought it wa fun. I liked my counsellors on Machar day. I went to Glenda. She said she was in Kochot. I went to the social. Then we went to bet.

Barbara Smiley

### The Swim Meet

Swim meet was held on Saturday afternoon at Camp Kadimah. Bridgewater and New Germany challenged camp Kadimah. Most people from Camp Kadimah participated in the events. There were many different events, front crawl, back crawl, breaststroke, butterfly, relays, and paddleboard races. After these events we found that both of these teams were good swimmers. NewGermany didn't have enough people on their team to enter many of the events in the meet. The final results were, Bridgewater first (285), Camp Kadimah second (245), New Germany third (100). Camp Kadimah did a pretty good job against two tough teams.

Phil David  
Brian Epstein  
Ben Schelew

### Record Breaking Day

I blew the biggest bubble. It was  $2\frac{1}{2}$  inches. My sister was on one foot for one hour and 54 minutes.

Adam Prossin

## Machar Day

Machar day was really great this year. There were two Machar days. Everything went smoothly those days. The A.C.P. was the best. Our counsellors were Susan Marshall, Marcia Yampolsky, Wendy Habelow, and Nancy Davidson. They were great counsellors.

Pauline Friedman

## Record Breaking Day

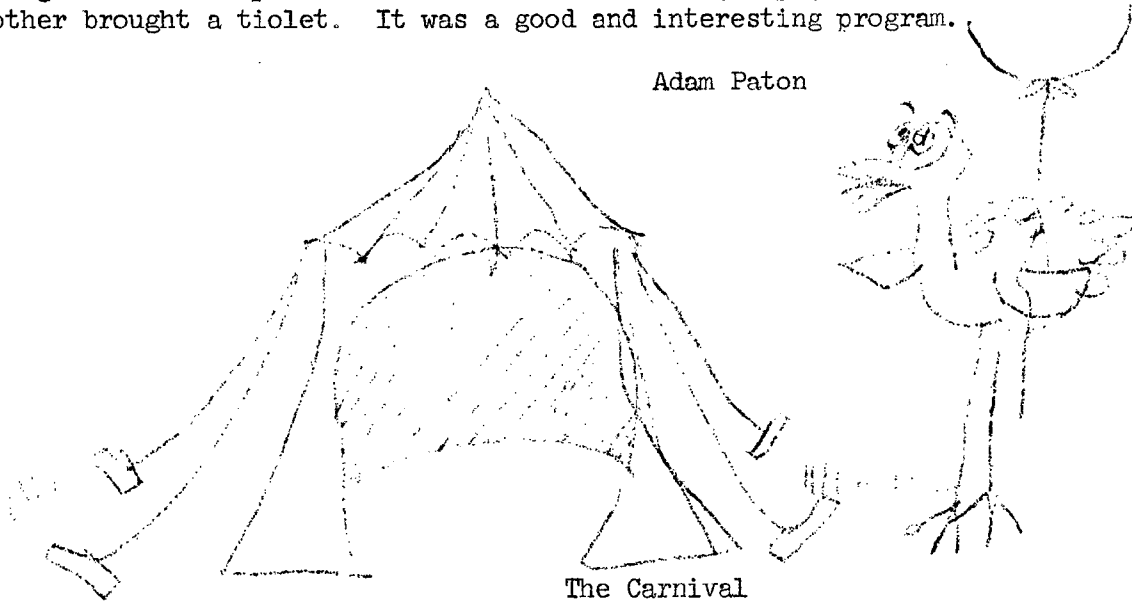
There was people bobbing, tunnel of love, and pie eating. Pie eating was won by Brian Glube and Huey Smilestein. Kissing contest-10 minutes by Pam Medjuck and Irwin Simon. The longest talking contest, by Joey Schwattz-30 minutes. The Ice-eating contest was won by Stacy Bernstien, and there were many more to go.

Sylvia Block

## Machar Day

This year at Camp Kadimah we had two Machar days, when camp Machar took the places of all the counsellors. On the second Machar day we had an interesting evening program. It went as follows: They gave us a list of words and we had to find an object to represent each word, but we had to see who could be the most original for example the word was "can" so one group got a can opener and the other brought a toilet. It was a good and interesting program.

Adam Paton



The Carnival

In the carnival there was lots of people dressed up and there was a wrestling fight and a bear and big bird and Shaul was all dressed up and there was a tattooed lady and a fortune teller. But I thought it was really fun.

Susan Brinker



Ginko

H. 8/16.

GIBORIM SECTION REPORT '76

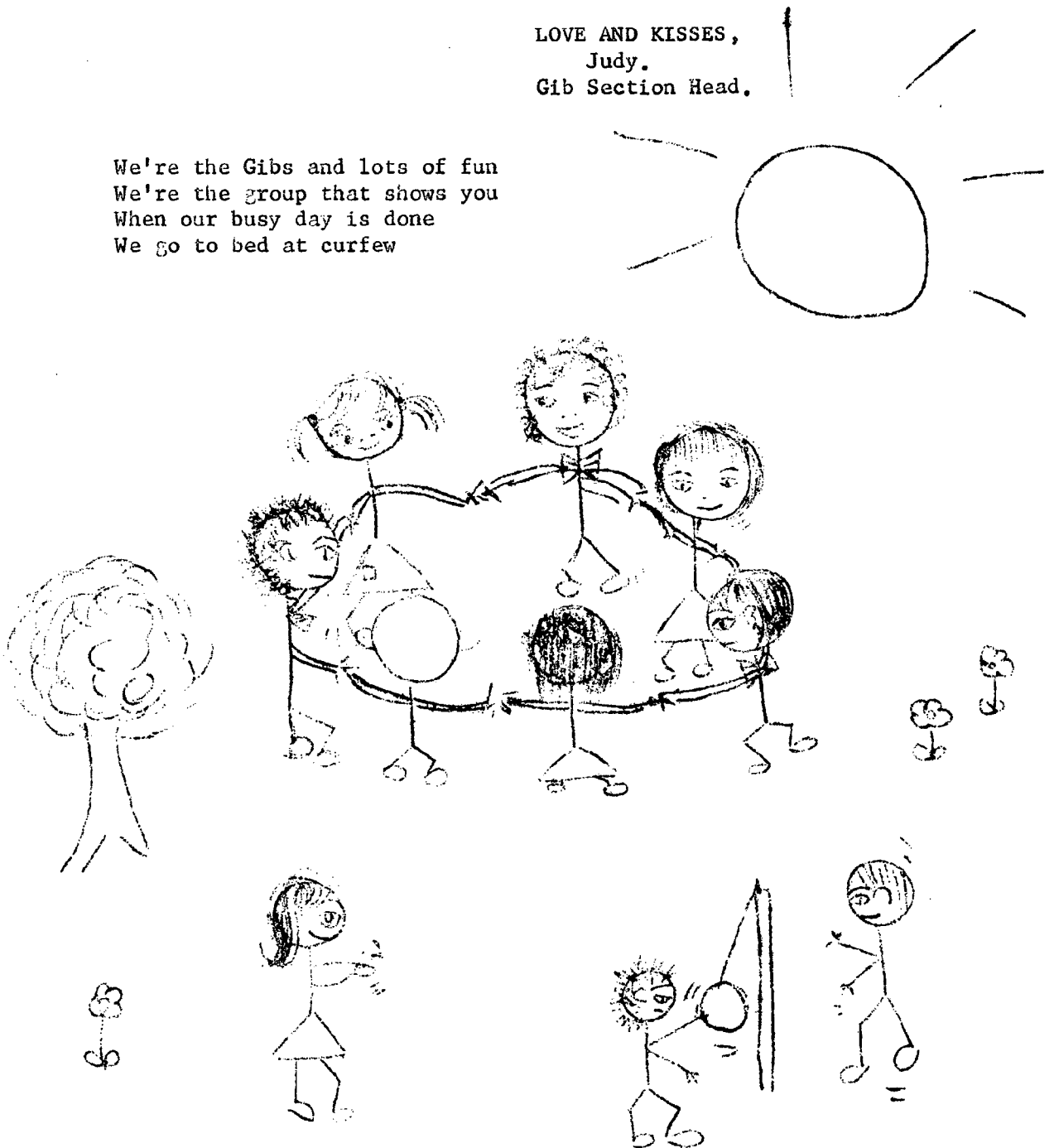
Me? Me a Gib Unit Head. I never thought it would happen, but it did and here I am. After six weeks of hard work, fun, tears and just about every emotion possible, I remember and smile.

It's difficult to express so many emotions on paper; all I can do is thank everyone, especially the Gibby staff.

It's impossible to keep 32 kids happy, clean, and busy without people like Garbo, Toker, Zatz, Mama, Sheri, Margo, Nat, Burny, Larbo. They have been really great. Thanks for a great summer.

LOVE AND KISSES,  
Judy.  
Gib Section Head.

We're the Gibs and lots of fun  
We're the group that shows you  
When our busy day is done  
We go to bed at curfew





In camp we do all sors of things, like play games and then we have chugs. I have watergames, and on Monday and wednesday I have melyad and sewing. I like camp very much, and I also like my councillors alot.

Andrea Hrubsa



SEW!  
o

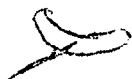
What is purple and lives on land?

A grapeousrous.

HA HA

Jocelyn Levine

On the overnight we made Gibbey Land. It was fun. We had a place to sleep and an eating place. I brought a sleeping bag. Wedid not go out of camp. We got hotdogs and marhmellows, and hot chocolate. I brought a messkit. I liked the overnight alot.

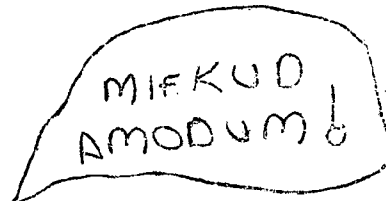


Barbara Smiley



The Overnight Hike

1. we split up into groups
2. we made a defence
3. we made a mifkud area
4. we made aflag



Shelly Weber

HOORAY  
FOR GIBLET LAND!

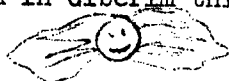
On the Overnight

On the overnight I built something called Gibey land. I built a sleeping area. It was fun. We had a kitchen.

Mara Brown



This Summer we go swimming, and have fun. We sing and dance at shirkud. We make things at the Milyad, and my councellors are Greta, Margo, and they are nice. I am in Giberim this year. Judy F. is our section head, and she is nice.



YAN JUDY Aviva Prossin

We had a councellor hunt. We had a camper hunt, and we had a pillow fight.



Rosalie Jacobson

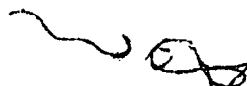


This year at camp I liked alot. I really liked machar day because I liked my macharnick councellor. I really . I really liked the a.c.p. and evening programs. This year I past my deap the first time I trid. I saw a turtle.

Shira



Fishing is lots of fun. I should know because I fish. The other day I cot 2 pirsch and 1 bas. 3 little fish also. I should know I fish./



Steven Allen

This is my first year at camp Kadimah. The thing I like the best is Machar day. I liked the knew councellors and I like melyad and I like my Chugs.

YAN KADIMAN!

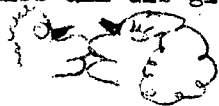
Elyne Pink

The things we do in the day. We wake up, we do hufta, we go to Mifkud. Then we go to breakfast then we have shircud then we have melyad or bama. Then we go to swim instruction. Then we have cabin choice. Then we have lunch, then we have Mifcud again. Then we ahve rest period. Then we have chug 1 and then chug 2. Then general swim then snack then sipper then evening program, then snack then cufew.



Arlene Conter

On the camper hunt I never got caught. I did not go to my punishment which was to kiss all Gib girls and councellors.



Jonathon Allen

We had a councilor hunt, we had to find all the councilors, they had to hide somewhere, and we had to find them. After we had to hide and they had to find all of us.

Andrea Hrusa

I like camp a lot. I liked it when we had a camping trip. I also like it cause we have lots of fun sports and games. And we do lots of activities. It is lots of fun watching the men play baseball

Lyle

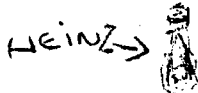
When we went on a hike we made a Gibby land. We made a kitchen, we had a place to sleep and a Mifkad area, as well we had a place where nobody attacks. We slept there over night, it was fun. In the middle of the bed area, we put a rope to separate the girls from the boys. We got up really early in the morning. We made lots of noise, but we didn't wake up the councilors. We just woke up Matthew Burnstein.

George Zive

YA  
GIBLET LAND!

12 and 12 is 24, shut your mouth and say no more. 11 and 11 is 22, I can say just as much as you.

Knock, Knock. Hoos there.. Ketchup. Ketchup hoo? Ketchup I love you.



Jason Budovitch

Cabin 74.... Our cabin is cabin 74. Sometimes our cabin is clean. There are lots of names written on the walls. I like our cabin. There are twelve kids in the cabin and two councilors. Our bathroom is sometimes very dirty, but still we should be the best cabin in camp

Barbara Friedman

I have chugs every day. My chugs are water games and tennis, horseback, melyad, and swimming and that's it. I like those chugs. I think those are good chugs.

Barbara Smiley

Shercud

At shercud we sing song and we dance. It is fun, we learned a new song.

Andrea Brown

LA LA!

Councilor Hunt

The councilor hunt was fun except for when we caught Sherry she tried to escape.

Jocelyn Levine

I love camp, and my councilors very much. Their names are Sheri and Linda. I am in cabin A. It is very nice. This is my cabin. I like my chugs, and this horse.

Stacey B.



Gibs Land

We built a big place called Gibs land. I was on kitchen staff, it was fun. We all went to bed in the morning. I woke up at about 10 minutes to 6. I ate peanuts. We had a mifcud place to it was fun.

Andrea Brown

The overnight was fun. What we did was, we made Gibbey land. At night we talked and we almost got in trouble.

CAREFUL!

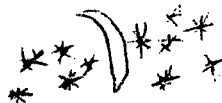
Jocelyn Levine.

WHOOOPS!

EAVNING PROGRAM

Every night before cerfew we have a program and it's called Eavning Program. What we do is play games, have conseller hunts, camper hunts, and sometimes we write things. We have fun every night. On the second Machar day for Eavning program we played a game and it starts at the starting of the Bible and ends at the end of the Bible. Blue team came in first, yellow secend, orange thered, red forth, pink fifth.

Stephanie Green



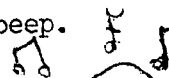
THE CAMP OUT

I liked making Giby land. We had a Infirmary and a mivcad aiera. We ate supper and sat a round then we had hot chochlheet and went to bed. The next morning we pact and went back to camp.

What's the tallest bilding in the world? A library becose it has so many stories.

Knock,Knock. Who's there? Cargo. Cargo who? Car go beep-beep.

Wayne Holtzman



CAMP

I love chug and  
I love the socials.  
I love my consellers.  
I love the conseller hunt.  
I love the camper hunt.  
I hate raids.  
I love are cabin.  
I love are camp.

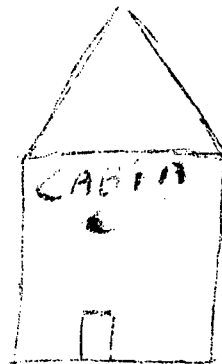
SOCIALS DA DA

Love,  
Sandy Klasa

CABIN C BUNK REPORT

What would Cabin C be without ---  
Alan Goldman's Boston crabs  
Alan Webber's journeys  
Jonathan Allen's wedjies  
Joey Schwartz's mouth  
Mark Klasa's wardrobe  
Ken Chernin's spelling  
Adam Stern's bed

X  
(DOGE)



TOILET FLOOD

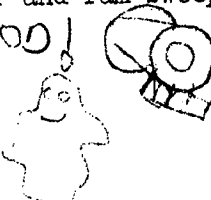
One day we had a toilet flood and the bathroom was full of water. One day we had a water fight and the cabin was full of water and Pam swepted the water out side.

GET THE ARK Cindy Pink

FLOOD!

BOO! I like it when Matthew tells us gost storeys.

Lyle



Knock knock, whose there? Isabell. Isabellwho? Isabell ringing.  
Mara Brown

DING DONG

Ha Ha



## Cabin B Bunk Report

Cabin B, often referred to as the Palace on the hill, represented the epitome of good taste in modern decor and architecture in contemporary cabin construction. Designed and built by the KRC (Kadimah Realty Corp.) from the ruins of an ancient structure, Cabin B upon completion was deemed the ninth wonder of the world.

The KRC, a new corporation made up of three young innovative architects and interum designers made great leaps forward in the field of cabin design. These three young men (Matthew Burnstein, chairman of the board; Larry Goldman, president; and Sheldon Nathanson, chief executive) all graduated with honours Bsc from Harvard's school of fine arts with majors in various bis-socis-architectural studies. This makes them very qualified for designing suites for living in, not just for looking good.

The basic theory of reconstruction and design used in building Cabin B followed from Frank Lyolld Wrights Theory of "enclosure Sans isolation." In practical terms this lead to the construction of three sepearte executive suites with a conference room adjoining all three. As Richard Lovelace said in 1673 "stone walls do not a prison make, nor iron bars a cage." The walls of the dwelling were covered with the latest in kitch art, which contrasted to fine affect with the wood. The posters on the walls were beautiful, yet though provoking, with the account on Zionism. The materials required in decorating the abode were acquired through various diplomatic maneuvers.

It was only fitting that the KRC's top brass should live the splendor they created. To add to the comforts, the services of a live in musician were gained. And for when the musicain was tired, the best in pop music would be piped in by means of modern stereophonic equipment.

Newspapers and magazines from the capitals of the world provided the intellectual stimulation and news reports required for three such young men of the world. Gourmet delights; Macdonalds, Capt. Submarine, Pizza Delight, and cereals from the Kellogs and Quaker Oates people, satisfied the gastric needs of the executive. Flies and other such parastic insects, at first were a problem, but technology soon provided the answer with Raid insect deterents strategically placed around the cabin.

Societies reaction to this drastic change in cabin styling was at first totally negative, with lears and jeers coming from most. But as the weeks past, and the more people began to realize that they were witnessing the dawn of a new age in cabin comforts.

Needless to say the three brilliant young men passed a most enjoyable summer in splendor they created.

A quote from the KRC good friends Paul & Art (Simon & Garfunkle) sums up their view of their summer in Cabin B, "We'd rather be a hammer than a nail".

P.S.-By the way, there were also seven campers.

Sheldon, Larry, & Matthew

<u>NAME</u>	<u>PET BEEF</u>	<u>SEEN MOST</u>	<u>FAV. SAYING</u>	<u>WOULD BE</u>	<u>WILL BE</u>
CABIN C Jon Allen	Wedgies	Hanging from rafters	Anythin but a wedgie	Underware Salesman	Wedgied
Adam Stern	His Bunk-bed	Making his bed	I can't tuck in the corners	Serious	Stern
Alan Webber	Everything	Running out of Cabin C	I'm going home tonight	would be Home	Camp director
Mark Klasa	His mattress	Wandering aimlessly around camp	I don't understand	Strongman	98lb. weakling
Alan Goldman	Boston Crabs	playing ball	No Way	Star	Nurd
Kennith Chernin	Spelling	with Joey	How to you spell-?	Spelling champ	Spelling champ
Joey Schwartz	Other people talking	TALKING	I don't likeswim- struction	POLITICIAN	Mumblemouth
Mitchell Toker	Joey	Reading in the dark	Your a genius	Ricj and Famous	neither
Ian Zatzman	Rabbit Food	Raslin'	You Schwugie	Mr Honky	Schwugie
- - CABIN B					
Jason Butovitch	messy bed	sweeping	I don't have to	cutie	beast
Lyle Goldberg	Ken Churnin	with Penguin	I don't want to do it	Samson	Delilah
Mitch Dankner	being a camper	complaining	Sheeldon, Laaarry, camp director		Gib. '77
Sandy Klasa	people picking on him	changing clothes	Maathew what?	living in Halifax	living in Ottawa, Maine, & Mtl.
Wayne Holtzan	infirmary	throwing up	I threw up 3 times today	fun-loving	nauseated
Steven Allen	no fishing	fishing	N.B.	fisherman	F.I.S.H.
Lorne Brown	covering his mouth when he coughs	with Stephanie	but Steph said....	Marlon Brando	Lorne Brown
Larry Goldman	checking Wayne's barf	eating Raisin Bran	Move it, sucker	contributer to Karen Kayemeth	tennis pro & Cohned
Mathew Burnstein	Joey	eating oatmeal	They need me at the waterfront	Linda's husband	imprisoned
Sheldon Nathanson	Dankner's drool	eating Special K	Move it, sweetheart	2nd baseman	playing the field

<u>NAME</u>	<u>PET BEEF</u>	<u>SEEN MOST</u>	<u>FAV. SAYING</u>	<u>WOULD BE</u>	<u>WILL BE</u>
CABIN 74 Mara Brown	not being on the good team	smiling	They call me a	go-go dancer	professional wrestler
Andrea Hrubsa	hurrying	making her bed	But I wasn't saying a word	rowdy	refined
Susanne Claeys	hurrying	making things	Where do we go now?	slow	slower
Shira Jacobson	not being able to hold Greta's hand	running here and there	Gretaaaa	nurse	nursed
Arlene Conter	Being told she's slow	being slow	Am I on time?	late for own wedding	first for everything
Barbara Smiley		with Elagne	Do I have to?	editor of book on ettiquette	unediquetted
Barbara Friedman	singing in the Chadar	giggling	Really?	homesick	professional camper
Elagne Pink	late lunch	with Barb S.	Marrgo!	a mother	a mother
Wendy Zive	being a girl	wondering	I won't Kiss	a boy	a girl- eventually
Aviva Prossin	bedtime	taking charge	Geoff good-night	leader	lead
Andrea Brown	being called quiet	with Lorne B.	They call me ah..	tattletale	tattletold
Jocelyn Levine	sitting still	running around	Gretaaaa?	a flirt	chased
Greta Methanson	having nowhere to go	wearing lip-gluss	They call me ah..	New Yorker	refined
			I think I've lost my New York accent		Newf

<u>NAME</u>	<u>PET BEEF</u>	<u>SEEN MOST</u>	<u>FAV. SAYING</u>	<u>WOULD BE</u>	<u>WILL BE</u>
CABIN A Stacey Burnstein	not winning inspection everything	cleaning the cabin with Heidi	Can I go see Lee?	Miss Sexy	Ms.
Sandy Fischel	people wearing her hat cleaning up	with Rosalee	That's not fair!	criminal	reformed hopefully
Stefanie Green	being married at 6 no story children	crying about nothing smiling with Stefanie at the midnight breakfast table during the day	Rosalee!	Baseball player	Baseball player's wife
Shelly Webber	husband in prison		Sherriiiiiii!	Miss Camp Kadimah	Mrs. Dave Churnin
Cindy Pink			I love you	bean	sprout
Rosalee Jacobson			Can I go see Carrie? Carrie	Can I go see Carrie? Carrie	Marla
Pam Brown			What'll I wear?	burned	shelled
Linda Smillestone			don't talk to me, girls	Walter Matthauned	Odd Couple
Sheri Lecker	Being awakened at 6.00a.m.on Sat.	in shorts	Listen Girls	Land Lady	Landed



C

# ...goshrim...

THAT'S OUR NAME  
IT STANDS FOR  
FUN AND LOTS OF...



...FRIENDS!

GOSHRIM SECTION REPORT '76

Who me? Section head of the Gosheroos! Fortunately yes! What a summer it was! A time of togetherness, fulfillment and most important the ruach and chuspah which helped to keep our section going. I feel it was definitely a constructive summer; looking at it from many angles. Day by day, something new was always to be learned. To be able to laugh and cry together demonstrates the care and concern that is necessary for unity. I can't speak for anyone else, but for myself this summer was an experience in itself for me. I can sit back slap my hands on my knees and breathe easy. What has been accomplished in the past will be related to my future in many ways. Learning to relate to people on many levels will be a definite asset in more realistic situations throughout life.

Kids will always be kids and through this summer memories were brought back of me being ten and eleven years old—a time of beauty when faces are pudgy, sparkling eyes and little arms and legs forever in motion. It can all be summed up, by calling them beautiful little people with real real feelings and well-rounded characters. Absolutely breath taking, they are. What more could one ask for? Only one thing, that the Gosheroos will forever stand, for fun and lots of friends.

I leave you on one note, be a whole person, be real, and remember to except people for the way they are and not for the way you want them to be.

LOVE FROM WITHIN,

Stephanie

GOOD BYE  
EVERYBODY!



What would Cabin 7 be without:  
Evan Z's romance with cabin 32 L  
Mark L's strudeel  
Howie G's matching hair girlfriend  
Mike P's mouth  
Adam P's best beds



Mark Lobenberg  
Mike Pink

### SOCIAL

I like to dance unless I'm too tired or sprained my leg. I know how to do almost every dance, especially the waltz and the twist.

DISCO LA LA LA

Anon



### ELECTION NIGHT

ROSH GOSH

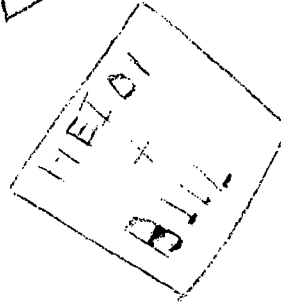
The section was told in the morning there was going to be an election night. They read out the parties that were running in the election.

Party #1 Steven F. and Susan B.

Party #2 Heidi B. and Bill C.

The two teams had to make pins, banners and posters. Each party made up their own speeches. During the election there were poll takers, the press, voters, and a person who counted the votes. In the end, party #2 won the election.

Lewis Chernin



What would Cabin 32 L be without:  
Cabin 32 R  
Heidi F's whiskers  
Andrea G's always right  
Susan's Brinkapoo  
Wendy Boniuk's unmade bed  
Rinah's clothes stacked on her shelves  
Robyn's fussiness  
Heidi B's being Rosh Gosh  
Brenda N's sleeping in  
Seema bringing back treats from her night off

### OVERNIGHT HIKE

The overnight hike was too short but really fun. Stephanie must have done a lot of work to do that. We had a bonfire and ate good food.

Andrea Garson

### JOKE

Why is the baker mean?

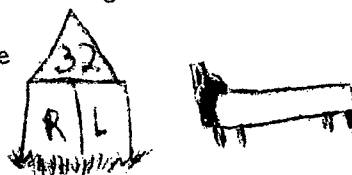
Because he whips the cream and beats the eggs

Sylvia Block

## BUNK REPORT CABIN 32R

Our bunk does not always get along together, but we sure do try. Cabin 32 R always wants to stop fights with the other side. One side is 10 year olds, the other side is 11 year olds. Cabin 32 R wants to have a different cabin because we sometimes don't get along together. Most of us in the cabin have boyfriends that are very nice. (but some are very mean). A lot of kids in my cabin get in fights but then they get back together again. Our bunk is really nice to each other most of the time.

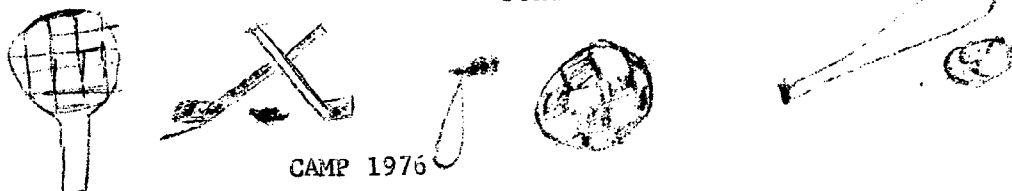
Susan Glube



## SPORTS AT CAMP KADIMAH

Sports at camp were great. I had fun playing all of them. Softball was very fun, and I liked going swimming. I played ground hockey, tennis, ping pong, shuffleboard, archery, and went horseback riding. I came third in backstroke during a swim meet. I had two records on Record Breaking Day. I'm looking forward to Macabbia.

Jonathan Boniuk



CAMP 1976

It was a great summer. The activities were really good. Most of the time we were really busy. I had great counsellors, Pam Arron, Andrea Leonard, and Susan Shore. This year Goshrim went on an overnight hike and it was really fun. The evening programs were really good. The best one I thought was Fonz Night, when everyone came dressed as the Fonz. It was really fun. The six weeks are really going by very fast, and I wish they would last longer. Stephanie is really a great section head and she is very nice. Camp 1976 is really great, I just hope 1977 will be as good.

Lisa Prossin

THE FONZ

## THE FONZ NIGHT

I think the Fonz night was really fun. Stephanie went through a lot of trouble to do the program. I think that was one of the most best programs.

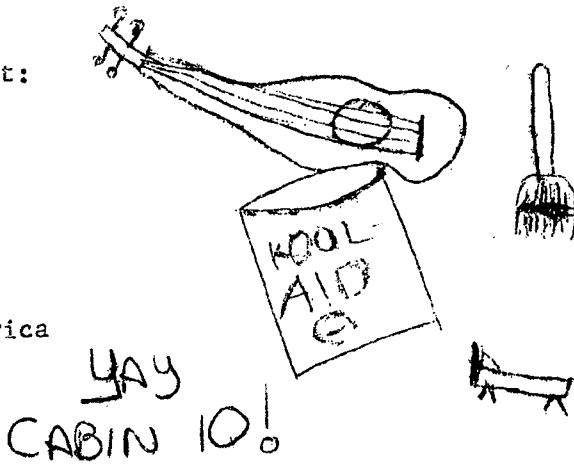
Rinah Goldberg

COOL  
IT!

SIT  
ON  
IT!

AYYYY!!!

What would cabin 10 be without:  
 Frankie's kool-aid  
 Bennie and the jets (Ben S)  
 Steven Acker, alias James  
 Brian Epstein's bitching  
 Phil David's bed  
 Lewis's fresh new underwear  
 Mark Zive's gossip(yente)  
 Jonathan Boniuk's Captain America  
 Mike F's sterio  
 Irwin H's guitar  
 Howard Conter's broom



SUSAN GLUBE

First thing I'd like to say about Susan Glube is that she's quite nice. In the morning she brushes her hair for about ten minutes, and then she talks for about twenty minutes and makes her bed. Susan is very pretty, keeps our cabin moving.

Anon

CAMP 76

This is the best year out of my three years because the counsellors are better and Steph thought of good programs. She gave us good marks in inspection and this year's sports were really good. The two Machar Days were great.

Mike Pink

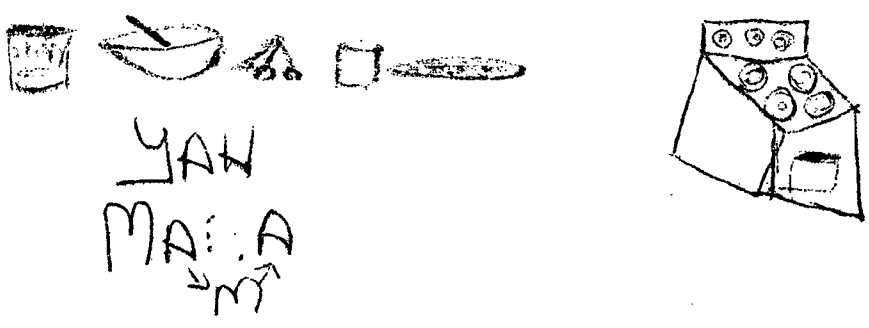
My first day of camp, I arrived and was taken to my cabin. It was small for twelve people, so we split it up. One of our programs was Ezra's story telling time. It was very fun. We also had Fonzie night, it was fun too. We had an election and I won,

Bill H. Chernin

THE FOOD

The food at camp is better than most camps are. The food doesn't taste like tar. You know some food at camps are bad, but camp Kadimah food is like good home food you already had.

Eric Altman



HEY!!!

SIT ON IT!  
Evening Program



This year the evening programs were good. But there was a few exceptions. I'll name some good programs: camper hunt, counsellor hunt, Ezra's story telling, Election night, commercial skits, Fonzie night.

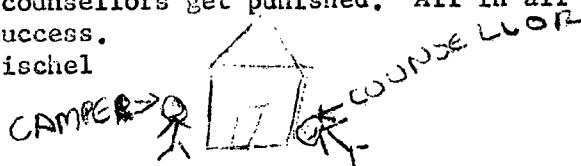
The few exceptions, the bad programs, were to me bad, but maybe to others were good programs.

Lewis Chernin

### The Counsellors Hunt

When we all set out to find our counsellors, I'm sure most of us were full of energy, but by the time we finished, most of the boys and girls were half-dead tired. They were all very happy to see their counsellors get punished. All in all the counsellor hunt was really a big success.

Heidi Fischel



### Fonzie Night

I think the Fonzie night was really fun because everyone got dressed up as the Fonz and then the real Fonz came in. I thought it was lots of fun.

Susan Brinker

COOL  
IT

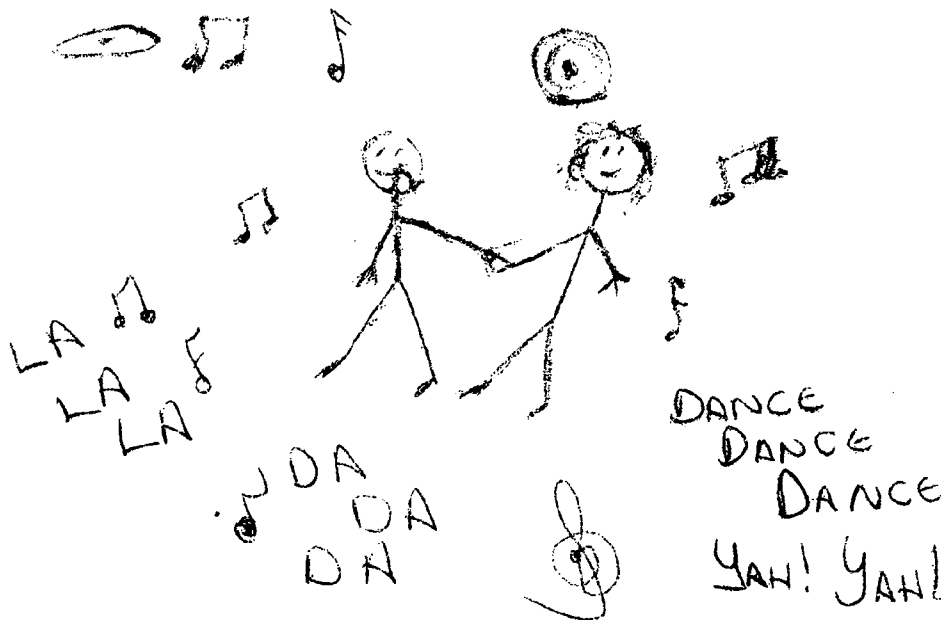
THE FONZ!  
AYY!

### Social

The socials are very fun. But they are tiring when it comes to dancing. I dance alot during the socials and the music is very good too.

Happy dancing,

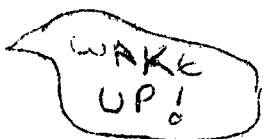
Robyn Cohen



What Would Cabin 32R be without:  
 Susan's 15 minute hairdo  
 Sylvia's messiness  
 LisaP.'s clothes  
 Lisa G's shelves



Tobi's freckles  
 Andrea's tuna fish  
 Pam's boyfriends  
 Susan S's waking her kids up on time



CAMP FOOD

This year the food is really great. Mama Goldstein is really a good cook. I like everything she makes but mostly I like her fries. They are delicious. My Dad told me that when he used to come to camp Kadimah, he said the food was nothing to write home about, because the food wasn't as good because Mama Goldstein wasn't here then. Her cooking was really good.

Wendy Boniuk



yum, yum!  
 GOOD!

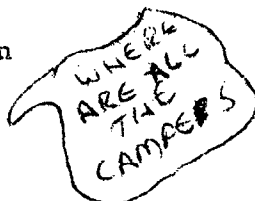
CAMPER HUNT

We had a camper hunt and it was lots of fun and the counsellors caught most of us counting me. But it was lots of fun.

Susan Brinker

I think that the camper hunt was a big success and the punishments were fair and not too bad.

Andrea Garson



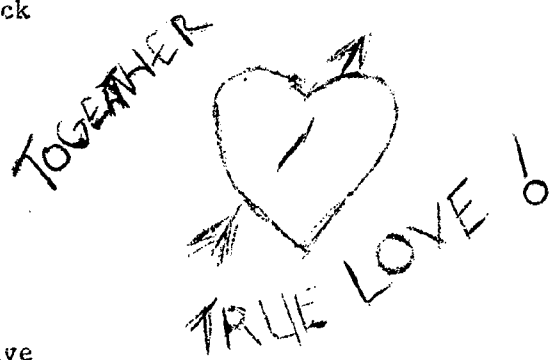
CABIN 10 COUPLES

Counsellors:

Mike Freedman- himself  
 Howard Conter- his Machar Intermediate merit swim class  
 Irwin Hirsch- Sylvia Block

Campers:

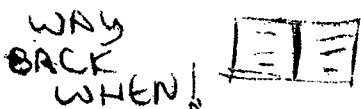
Frank S.- Lisa G.  
 James A.- Tobi N.  
 Steven F. Marla J.  
 Jonathan B.- his mother  
 Mark Z.- Machar girls  
 Ben S.- nobody  
 Lewis C.- his matress  
 Brian E.- his sister  
 Phil D.- Mama Goldstein  
 Mark Zive  
 Steven Floman



MR. EISNER'S STORY

One night Mr. Eisner came in and told us lots of stories. They were very interesting. I liked it very much.

Susan Brinker



WILL BE

WOULD BE

FAV. SAYING

SEEN MOST

PET BEEF

NAME

CABIN 32 L

Wendy Boniuk	Toranut on Friday	Doing wonderword puzzles	Yecch!	toothless	your friendly toothie fairy
Robyn Cohen	Sand in her bed	leaving clothes on Brenda's beb	That's not fair	Kfetch	Yenta
Andrea Garson	Jeing told what to do	With Susan Brinker talking with Andrea Garson	I'm a Garson, and a Garson is always right	a little Garson	a big Garson
Heidi Fishel	Being quiet arguments	Fixing her shelves infirmary	whiskers	talking rider	still talking referee
Susan Brinker			I don't have any clean panties	housekeeper Rosh Gosh	fired First Lady
Rinah Goldberg			I don't have to come give me a kiss good night	tape recorder	bugged Char Lady
Heidi Brown			Je-ee-sus Brenda "what time did you come in last night	Mrs. Clean	
Glenna Mendleson			Robyn ,get that mess leading	Haftaah	Sleeping
Seema Wolman			off my bed		
Brenda Newman	getting up for Haftaah	coming in late at night	That's crude	jumping bean	stepped on fresh
CABIN 32 R			Stop, are you sick of us yet	fruit	
Susan Glube	being rushed vegetables	jumping on Tobi's bed parting her hair	You know me	animal trainer	ringleader
Lisa Prossin			If the counsellors don't, we don't	accident prone	bumped off
Lisa Goldberg	Haftaah	starting a song infirmary	Susan, stop it!	cranky	kvetch klutz
Tobi Nathanson	getting up	throwing her clothes dancing	Where is my mirror?	Jazz dancer	
Sylvia Block	doing her job well		You know	hair stylist	washed up
Susan Shore	Friday night		If you know what I mean	fashion designer	schlump
Andrea Leonard	buggy duty				
Pam Arron	wake-up yelling	blowing her hair changing clothes			



<u>NAME</u>	<u>PET BEEF</u>	<u>SEEN MOST</u>	<u>FAV. SAYING</u>	<u>WOULD BE</u>	<u>WILL BE</u>
CABINS 7&8 (the animals)	clean-up	with Joel and Billy climbing shelves	I don't have to	Gib. and Gosh.	Giblet
Adam Prossin	toranut	fighting	They stole our broom	carpenter	monkey
Howie Green	Joel	lending	That's not fair	boxer	genius
Mark Lobenberg	Adam	going at it with the beast	I didn't do it	devil's advocate	angel
Evan Zelikovitz	participation	standing to eat	Suffer. No way	most popular camper in '76	Joel Freedman
Joel Freedman	sitting to eat	clothes off the floor with clothes on the floor	Do I have to?	Prime Minister	one of the others
Bill Churnin	wrds with the Beast	around	How many cousins do you have at camp?	muscle man	animal
Eric Altman	table manners	grabbing & k. vetching	I don't want to	Beast's tag team partner	Beat
Iaan Brown	camp's too religious	trying to un-kasher the kitchen	Oh my G-d	Rabbi	bruised by the Beast
Neil Brown	The Animals	sleeping with the girls	Shaul, got a minute	lady's man	Schoorer
Berry Feder			shut your mouth		The Beast
Jeff Cohen					
CABINIO					
-----					
Lewis Chernin	unwanted brooms	getting food from his brothers	it's not my problem	sweeper	swept away
Jonathan Boniuk	lights off at night	near the infirmary	is that all	Doctor	Doctored up
Stephen Floman	getting picked on	at cabin 31	knock off, Acker	siren	fired up
James Acker	Shabbot Clean up	playing with Tobi	Do you know my brother?	little Stevie	Big Stevie
Mark Zave	not getting the latest news	Machar girls cabin	are you a bundle of sticks?	busy body	Yenta
Ben Schelew	growing hair	kicking Ackers boards	where's Irwins	hair dresser	washed up
Frank Smillestein	eating meals	not eating meals everywhere	Right Guard?	baseball player	debased
Brian Epstein	Stephen		-----	broadcaster	rescheduled
Phillip Da . .	dirty cabin	sweeping	my brother is the best	guitar player	restrung
			Pussy Willows		

<u>NAME</u>	<u>PET BEEF</u>	<u>SEEN MOST</u>	<u>FAV. SAYING</u>	<u>WOULD BE</u>	<u>WILL BE</u>
CABINIO (cont'd) Howard Conter	people on his bed	on the waterfront	You'll get the broom!	actor	acted on
Michael Freedman	wake-ups	broadcasting	Listen, guys, should you dare to wake me...	Olympic band player	Six-week staff member
Irwin Hirsch	Haftaah	not at Haftaah	Let's go for a walk	guitar player	played on

LET MY PEOPLE GO



Koot

Dear Kochot,

The summer of '76 at Camp Kadimah passed too quickly. For me, this was a good thing as it suggested that we were having a fine time. Although there were a few programs that didn't appeal to some of you, I think that overall, we had a lot of fun! We commemorated the Olympics. We overcame our camping hassles by staging some interesting plays and had an exciting Hithashvut. Enjoyable movies, a counselor hunt and even some mistaken raids only added to our good times.

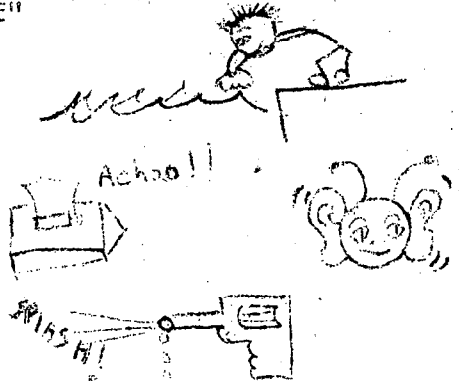
But fun and games are only a small part of a camping experience. More importantly summer is a time for change. It is a time when you are living away from your home surroundings and you learn to fend for yourself. I hope that each and everyone of you discovered more about yourselves this summer and that you'll make every attempt to cherish your good characteristics and throw away the rotten ones. If this is accomplished then all of us can rightfully claim that we really had an excellent summer.

Best of luck, B'Hatzlaahah

Love, Ricky

What would Cabin 33L be without:  
 Marc Garson's interesting comments  
 Hugh Smilestone's Threats like "If you don't let go, I'm gonna take your head off"

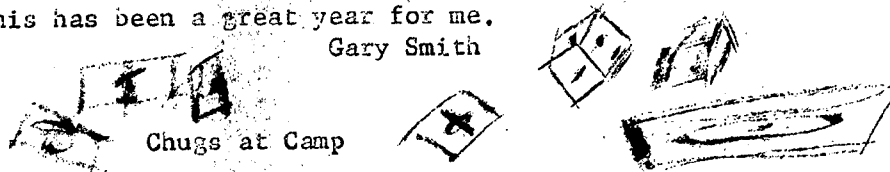
Gary Smith's water gun  
 Kevin Viner's ability to shallow dive  
 Leonard Abramsky's 3-track player  
 Jon Falk's kleenex  
 Brian Glube's ears  
 Adam Paton's noodnicking  
 Mike Collins's size 1 sneakers  
 Kevin Viner



### First Impressions

Being my first year at camp Kadimah, I really find it great. I enjoy most of the programs like the casino night, carnival, counsellor hunt, and the swim meet. These were some of the better programs. This year at camp I made alot of new friends, including kids and counsellors. All and all, this has been a great year for me.

Gary Smith



Chugs at Camp

This year, chugs at camp are very good. Chug teachers are excellent this yera, for instance, the arts and crafts have a lot of good things to do. Photography is very nice to learn to develop film, print pictures, and how to use a camera properly. There are a lot of good chugs this year, and the thing to do is do the best you can at ynur chugs.

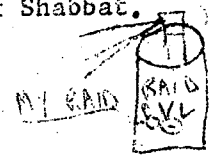
Jay Jacobson

### Our Raid

One Saturday morning, two fools, as of the names anonymous decided to relieve their tension by raiding each other. This raid includad stripping beds and shelves. When the counsellors walked into the cabin, it was mauvaise nouvelles. Beds were out the door with shoes everywhere. Bed boards were missing and, to their dismay, cabin clean-up followed for three day. So there two fools learned to raid on Sunday instead of Shabbat.

Anonymous

Kadimah 76



It started in the middle of camp, when all the excitement came. We the Kochot section were to go on a hike. It was lots of fun. Every day new things are happening, full of fun and excitement, from tripping to peulah and chugin. This year 76 was really great.

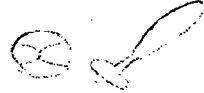
Anonymous

LET MY PEOPLE GO CAMPING

## Sports Activities

This year the sports program was really good. I tried to participate in most of them. They had a large variety of sports such as softball, basketball, hockey, volleyball, waterskiing, and many other water sports. The sports program this year was led by Irwin Simon and he did a good job. I think the most popular sport was softball. A few local teams came to play camp and this made it very good. In my opinion, this year was the best ever in sports.

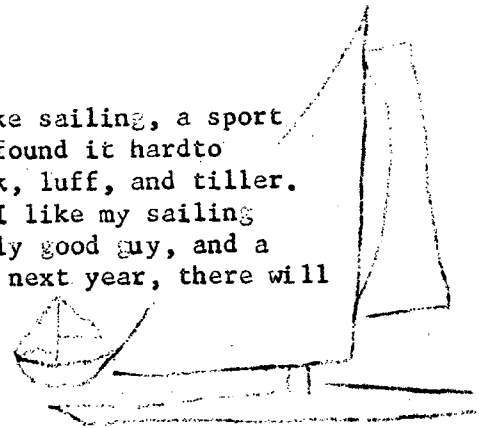
Martin Zel



## Sailing

This year for the first time, I was able to take sailing, a sport which I really enjoy. At the start of the year, I found it hard to remember such names as jib sheet, halyard, gooseneck, luff, and tiller. But once you got the hang of it it's very simple. I like my sailing instructor, Mathew Grogono, and I think he's a really good guy, and a fantastic instructor. I hope that when I come back next year, there will be a sailing course available.

Brian Glube



My name is Hugh Smilestone and I would like to write about Phil Dubinsky and broadcasting. Phil is the greatest guy I ever met in my entire life. He is very versatile and his frequent sex talks and hustling hints\* have been very beneficial. Phil is definitely a man of the world. As for broadcasting, what can I say except that it was terrific. Phil is sensational in that field also. Besides learning all the techniques, I also had two burgers at the A&W when we went to Bridgewater. Thank you Phil.

What would cabin #31 be without:

- Lisa Shulman's rash
- Marla Jacobson's baseball
- Natana Shek's V.D. (verball Diarhea)
- Beth Habelow's hair
- Lisa Brown's sunflower seeds
- Rachel Sadofsky's floriant
- Amy Smilestone's temper
- Andrea Chernin's cupcakes
- Dena Dankner's toe
- Boni Loebeberg's books
- Melanie Glick's big mouths
- Gail Gottlieb's ass
- Sharla Lichtman's clogs
- Donna Mae Ruttman's teddy bear



One day in the Life of Cabin 33L

Steve Sable gets up first, as usual, to wake up everybody else, and practise last years Blue Team Maccabia song. Michael Collins gets up and sees whether his shirt from the day before still fits him. Adam Paton gets up to start eating for another day. Brian Glube gets up and rings his bells to wake up the rest who are lucky enough to still be asleep. Kevin Viner wakes up and practices a shallow dive out of his bed. I get up and start the 7.00 sweep. Leonard Abramsky is already up and on his way to Machar for the day. Gary Smith is up checking if any one borrowed his walkie-talkies or squirt gun. Marc Garson gets up for an interesting comment; "Is today laundry day? I've got lots of laundry this week." Finally comes the moment, "Hakshivu, hakshivu, I minute to haftaah". Hugh Smilestone jumps up and makes it to haftaah in record time: 53 and a half seconds.

Jonathan Falk

This year at Camp Kadimah we had many new activities. Horseback riding, sailing, and many others. We also had a very good Hityashfut. The captains this year were very good. The hike was three days and two nights. I think it was too short. As well as regular programs we had special events, such as record-breaking day, Olympic day, and a carnival. Soon will be Maccabia, and the whole camp is looking forward to it...until then..

Natana Shek

Camp Food....the food at camp hasn't been that bad, but I don't think there is enough of it. Especially not enough when it is a good meal. The worst meal is rabbit food, which consists exactly of what rabbits like, carrots, lettuce, and not much else to mention. We get this meal pretty well every second day. The best meal we've had was veal, one thing I like is corn on the cob, but we haven't had it yet.

Todd Arron



Teckies

They come across the lake, with their hair all greased back  
And along with them they carry great big sacks  
All our big guys come out to the bunk  
To find only that those teckies were drunk  
We all escort them to the gate  
And stay out and watch them until very late  
When we see them finally leave  
We all are happy and very relieved



Rachel Sadofsky  
Beth Habelow

WHAT would cabin 30 be without:

Lori Silverman's sickness  
Lana Floman's boyfriends  
Ets Kohler's mouth  
Amy Newman's body  
Pauline Freedman's remaining food



Cheryl Marshall's sister  
Laurel David's pillows  
Diane Brinker's diet  
Esther's tocking  
Nancy Chernin's insanity  
Janie Epstein's fights to scream



### Waterskiing

Waterskiing was a big hit this summer at camp. I learned to slosemn fairly well. Alough we had problems such as ducks and steering wheels falling off we did not get to go to much. When we went it was fun. Itis probably the most popular chug in camp. I see a good lookout for 77.

Marc Garson

Being a first year at Kadimah I have really enjoyed myself . Our Hityasvout was a great experienceand it was enjoyed by all. This was the first time I was in a competion type Hityasvout. I really enjoyed and learned alot from this experience. all in all this was an excellant year.

Leonard Abramsky.

This year was O.K.,the weather was not too good.Some of our evening programs were pretty good.Special events were pretty good too.The carnival was good also.Record Breaking day was O.K.Our two Machar days went well and good evening programs were provided.Our Kochot Olympic day was lots of fun and I enjoyed it alot.I was on the team from France and we finished third.We had an Israel Day,which was very interesting and alot of people learned things about Israel.I liked the tricks that we pulled to go on Hityashvut.I had to walk there with others,and some went by canoe.We were led about half a mile the wrong way.There were two teams and I was on Team two.Both teams d'1 very well but our team won.Alsa visiting day went well and I had a goog time.There is still Maccabia to come.I have good chugs,and I usually don't like when they are interfered with.We have good friends in our cabin and our counsellors are pretty good.We are lucky to have canteen this year,or we would'nt make it through the summer.We have good times in our cabin and I am very happy.

Laurel David

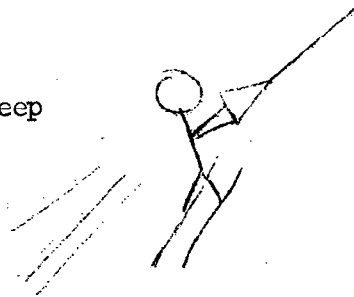
### The Teckies...

One night after a evening program three kids went back to the cabin All of a sudden they saw a bunch of strange people,parading around the cabin, and banging on the windows.As soon as they were gone,the kids ran to Shmira. Who went looking for them;and found them.They had had a few beers,and were drunk.Of course no one was hurt for in the 31 years of camp life no one has ever been hurt.

Boni Loebenberg

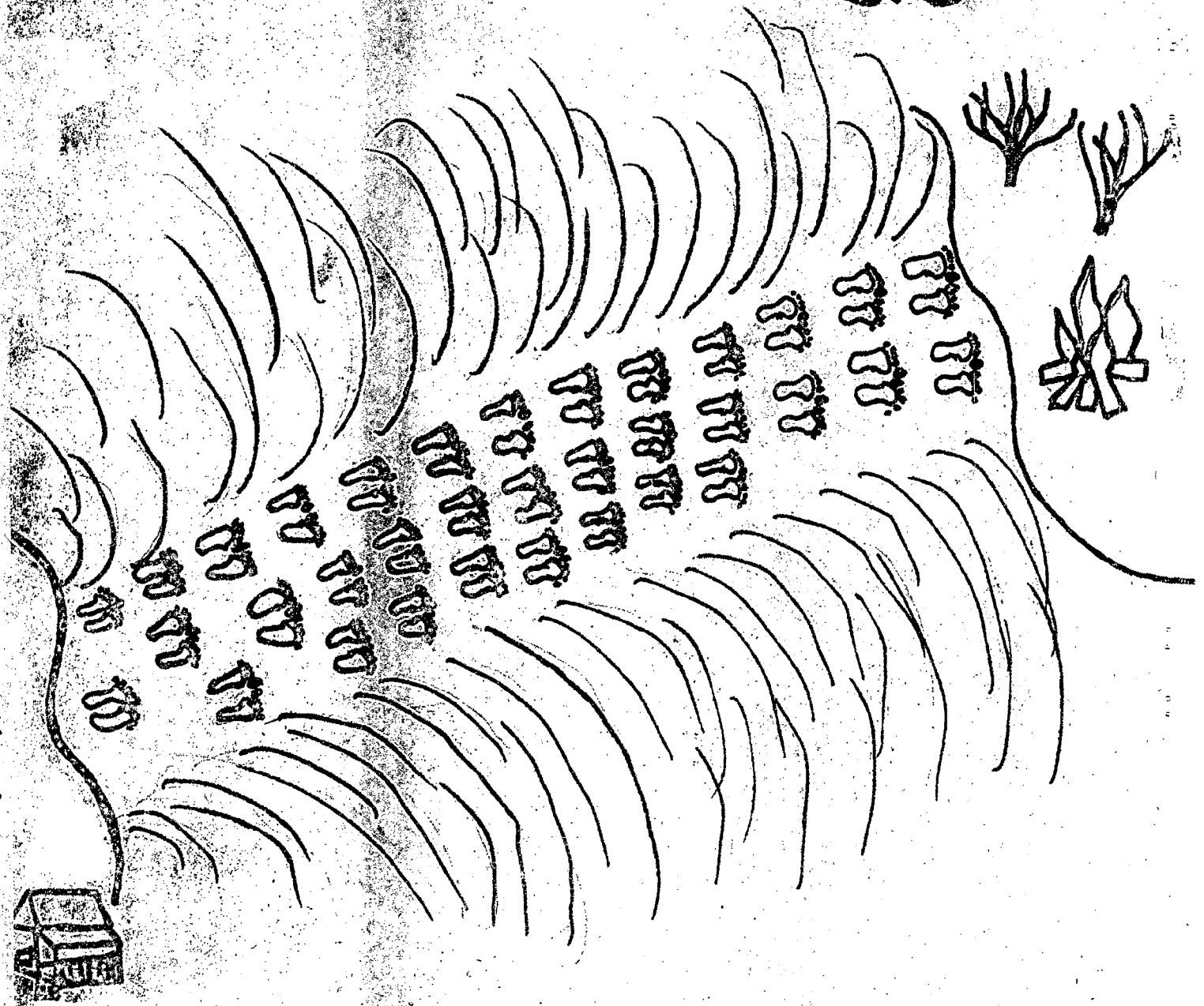
Cabin 31..Do you remember when...

Lisa Shulman stopped eating  
Marla Jacobson had an accident  
Natana Shek stopped talking  
Beth Habelow was swept off her feet  
Lisa Brown wore her hair loose  
Rachel Sadofsky went to the bathroom  
Amy Smilestone ran around camp in her underwear  
Andrea Churnin tried out for the Olympics in her sleep  
Boni Loebenburg lent her top  
Melanie Glick couldn't pull up her sheets  
Gail Cottlieb took off her glasses  
Dena Dankner had her own fire drill  
DonnaMae Rutman stopped working  
Sharla Lichtman Took off her clogs





LET MY PEOPLE GO



CAMPING

KOCHOT '76

Chevra,

As a result of your great efforts and enthusiasm, Pharaoh has finally realized that Kochot has a deep desire to go on Hityashvut and he has decided to permit us to leave. It took many hours and days of hard work and convincing to get what we wanted, but it paid off and it is now up to all to make the best of the next three days.

Just as in the days of old when the Jews and Moses strove to leave Egypt and survive to their greatest ability in the desert, we, the Kochot section, must fight for our survival, try to overcome our hardships and obstacles and come out feeling accomplished and rewarded.

You have been divided into two teams, with captains there to supervise and help. We do not want the aspect of winning and competition to be of the utmost importance. Rather, the concept of co-operation amongst you, the members of each team should always be kept in mind.

Only with a complete team effort and involvement will you be able to achieve your desired goals.

Best of luck to all of you.

Your loving staff  
and

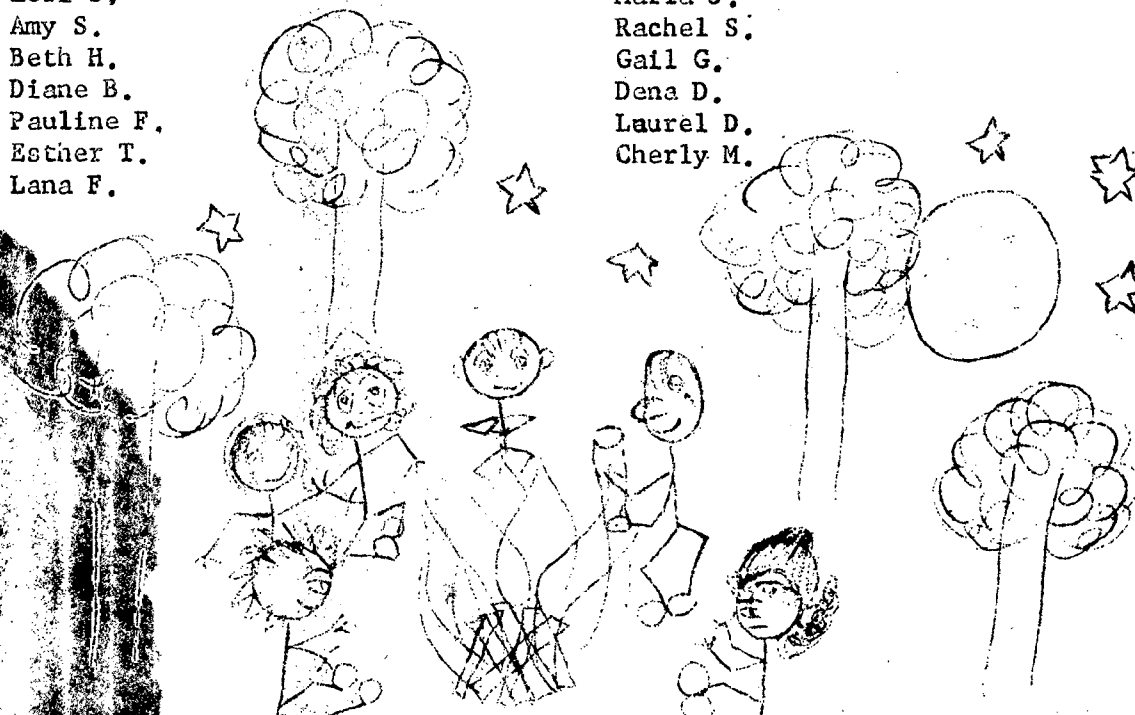
Ricky

TEAM1

Leonard A. captain  
Boni L. captain  
Hugh S.  
Mark S.  
Todd A.  
Jay J.  
Gary S.  
Chuck C.  
Iris K.  
Lisa S.  
Melanie G.  
Lori S.  
Amy S.  
Beth H.  
Diane B.  
Pauline F.  
Esther T.  
Lana F.

TEAM2

Martin Z. captain  
Lisa B. captain  
Marc G.  
Stephen W.  
Brian G.  
Jon F.  
Kevin V.  
Adam P.  
Natana S.  
Amy N.  
Andrea C.  
Marla J.  
Rachel S.  
Gail G.  
Dena D.  
Laurel D.  
Cherly M.



Captains Message, Nomads

This was our first Hityashfut. It was a new experience for both of us. You guys were a great team and showed us the true meaning of the word Hityashvut. You all lived up to your name, the Nomads, and survived the hardships, such as the rain, as the children of Israel did long ago. Hope you've enjoyed your Hityashvut, we both had a great time having you as a team and working together. Have a happy year.

Your Captains,  
Boni & Leonard

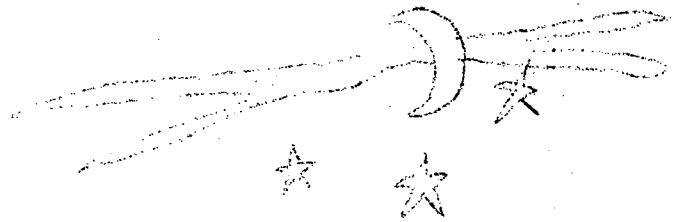
Song (tune) Gilligans Island

The Jews were slaves in Egypt's land under Pharaoh's rule,  
Then came mighty Moses  
Giving freedom to the Jews.

Then G-d sent plagues upon the land  
Afflicting Egypt's way.  
Finally Pharaoh's mind was changed  
Now Moses they obeyed.

The Israelites were wanderers  
For four springs and falls.  
Looking for their land of dreams  
A land of peace for all.

Now finally they have reached their goal,  
But still they fight for peace.  
They fight for what they think is right,  
The fight will never cease (2)



Captains Message, the Strugglers

Martin Zel., and I were captains of one team (the strugglers) and the teams captains were Boni and Leonard.

For the two of us, this year's Hityashvut was a very fun and trying experience.

It took a lot of work from everyone to set up the site, cooking meals, and to build from scratch things needed for everyday use.

We think the team worked well together, and were happy to see that friends from the two teams got along. This Hityashvut has been a camp experience we will always remember.

Lisa and Martin

Song (tune) Brady Bunch  
When we were slaves,  
In Camp Kadimah,  
Ricky said, "Let my people go!"

With Martin and Lisa to lead the way,  
We'll have the best three days.  
With our spirit,  
And all our ruach, We will strive to win this Hityashvut.

So come and follow the strugglers,  
We'll help you find the way.  
This Hityashvut,  
This Hityashvut.

The strugglers will win this  
Hityashvut

## LET MY PEOPLE GO CAMPING

Hityashvut this year was really great. I think Ricky and Shaul really planned it well. With Shaul's false excuse of not enough money in camp and Ricky planning plagues and protests of "Let My People Go 'camping'" it really worked out great. It's like in the bible. Shaul as Pharaoh not letting us go and Ricky as a sort of Moses leading us.

Dena Dankner

The Hityashfoot this year for kochot was a lot of fun. We set up tents and tarps to sleep in. During the time we were there we had good food. We were there for two days and two nights. I think everybody liked the Hityashfoot and would look forward to another next year.

Mark Simon

The whole thing started when we were told that we had no hikes, so we started doing things like leaving the dining hall, taking over canteen, singing songs, and kidnapping Eli and Tall. Later Shaul told us we could go on Hityashfoot, and the people who kidnapped Eli and Tall were captains.

When we got to our spot after walking awhile, we set up tents and tarps. We set up a kitchen and we ate great. One night it rained and almost everybody got wet. The counsellors slept in a run down cabin. At the end, my team won. Our team was The Strugglers.

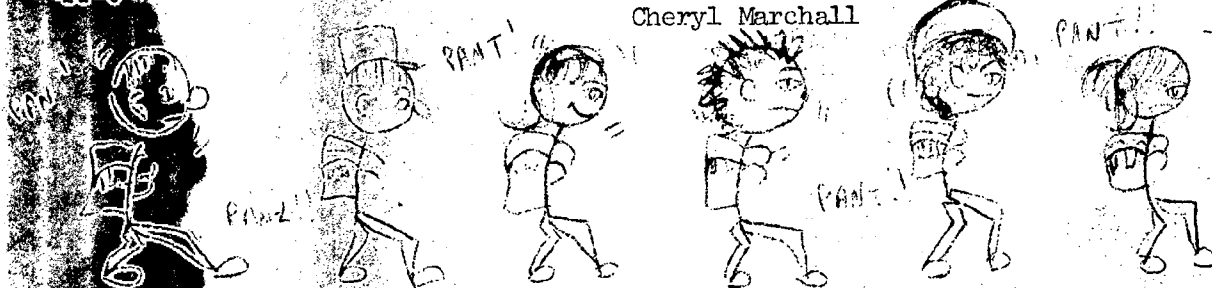
Stephen Winston

Well, Hityashfoot this summer wasn't a bummer. We really worked hard on our campaign: "Let our People go Camping." Although it was all fixed, it was fun putting all our stunts on the camp such as kidnapping Shaul's wife and kids. Shaul acted really great especially since he had to approve of everything we did before we did it! Then it rained in torrents that first night, some drowned rats crawled out of their tents that next mornign. Then we had to cook breakfast. Uncooked bread covered with egg under the name of french toast. It was interesting breakfast, but we survived.

Lana Floman

This is my first year having a hityashvuit. It was alot of fun. There was two teams, team 1 and team 2. Team two won. We did different things. We got marked on our sportsmanship and team work and team spirit. We hot marked on our kitchen and we got marked on seven optionals;

1. Latrien
2. Refrigerater
3. Kitchen sink
4. Clothes line
5. Mifal
6. Garbage pit
7. Supply box



NAME

CABIN 33R

PET BEEF

SEEN MOST

FAV. SAYING

WOULD BE

WILL BE

Martin Zell.

being last

fraternizing with  
the opposite sex

Lady Bump

Steve Wainston

six weeks in  
prison (?)  
wearing glasses  
toothpaste

Let my people go!  
I'm going, I'm going  
it's my last can  
of Pringles

right hander

Southpaw

Jay Jacobson  
Todd Arron

with rod?, in hand  
out in the field

fishin' magician  
pitcher

Pierre Cardin  
glass of water

Mark Simon

learning the breast  
stroke

Beast Jr.

Floating like

Howie Gluss

wake up  
getting up  
Typing

Ouncch!  
I can't believe  
you said that!  
I'm tired  
Well there you go

a butterfly  
Howie Gluss  
fired  
dictator

Phil Dubinsky

getting up  
Typing

secretary

Victor Fineberg

33L

Adam Paton  
Mike Collins  
Kevin Viner  
Leonard A.  
Gary Smith

quivering  
last three weeks  
with Simone  
with Vicki  
with Sandra  
not being #1

I don't really care  
decent  
That's gross  
that's decent  
if you don't want to  
you don't have to  
you don't know what  
your talking about  
(everything, but nothing)

boxer  
eater  
playboy  
lover

punching bag  
eaten  
played on  
unlaved  
in trouble

Hugh Smilestone

Marc Garson

not getting first

Beast  
playboy  
international

Brian Glube

feeble sailing crew  
refusing  
all those French  
connections  
man from C.A.P.E.  
getting up before  
breakfast

drowned  
Glube  
knocked out

Jon Falk

Steve Sable

I didn't do it  
alright  
Your all a bunch  
of nerds  
for Jeessus sake

hick

Mark Bernick

Bill Chernin

oh shh--tt

Burt Reynolds

Jewish Nun

NAME

PER BREF

SEEN MOST

FAV. SAYING

WOULD BE

WILL BE

CABIN 30

Esther Tock

Diane Brinker

Laurel David

Pauline Friedman

Cheryl Marshall

Iris Kohler

Lana Flomen

Lori Silverman

Amy Newman

Nancy Chernin

Janie Epstein

Steve Sable  
gaining weight  
soccer baseball

lumpy mattress

being yelled at

being on time

messy hair  
everything

people touching  
Cuddles  
being patted on head  
being called Nancy

Wet  
dieting  
listening to  
Bionic Woman tape  
arguing with  
Cheryl  
arguing with  
Pauline

getting ready  
hooking  
at infirmary

undressed  
making faces  
playing oboe

Just let me get even  
I don't have a pot  
I think I'm going to die  
We're not arguing

Susan and I...

That's crude and  
Counicy Wounicy  
Idgit  
Do I have to? and  
My stomach's killing me  
Counicy Wounicy

Could you die?  
That's ignorant

avenged  
weight watcher  
Bionic Woman  
soldier

Sherriff

slow  
Hairdresser  
patient

gymnast

attorney  
fired

Mrs. Sable  
watched  
T.V. set  
peacemaker

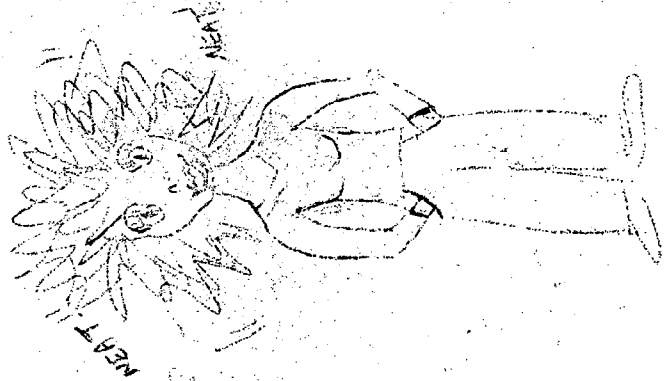
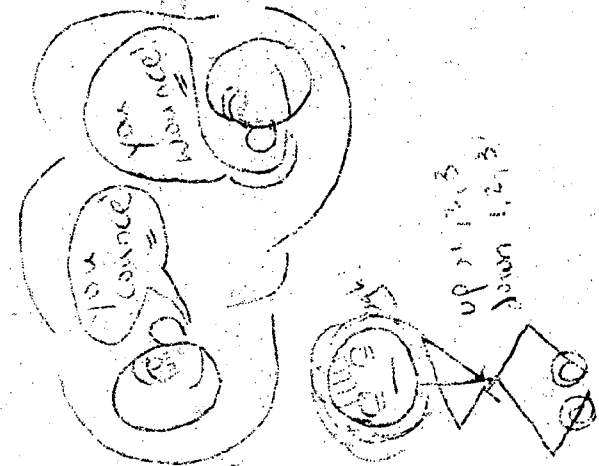
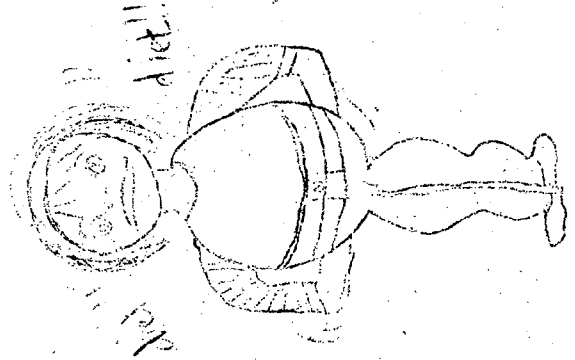
Marshall

#lower

blower  
nurse

bunked

Mrs. Schreiber  
director



NAME

PET BEEF

SEEN MOST

FAVORITE SAYING

WOULD BE

WIND, BE

<u>Cabin 311</u>	Crunchie bars	With Rachel and Amy	I don't have a big rear end!	Model	Dressmake
Gail G.	Services	Talking in her sleep	Where's my canteen?	Toddler	Melanie G
Melanie G.	Meat lunches	Helping people	Why did I order chocolate bar, again?	Rebettzin	Nun

Boni L.	Hitting her head	Hurting herself	Ow!!!	Right-footed	Left-foot
Dena D.	Being on time	Brushing hair	Food!!!	Married	Another Chemin
Andrea C.	Mother's chocolate cake	With Amy and Gail	Amy!!!	Social worker	Socialize
Rachel S.	Everything	Arguing	I hate...	Critic	Criticize
Amy S.	Breaking out	Making her bed	I don't want to	Barbara Streisand	Pop Pills Diller Manager
Lisa S.	Toranut	Having tag team match	You want to fight?	Boxer	Backage
Marla J.	Shutting up	With her mouth open	Ay?	Broadway performer	Telly sav
Natana S.	Letting her hair loose	In cabin 33	I don't believe it	Lady Godiva	Miss Brov
Beth H.	Sweeping	In bed	I don't want to get out of bed	Martinized	Bay Bye
Lisa B.	1:00 curfew	Sporting around	I can't believe you said that	JAP	Black Ma
Sharla L.	Dirt	With Teddy Bear	The cabin's a pig sty	The white tornado	

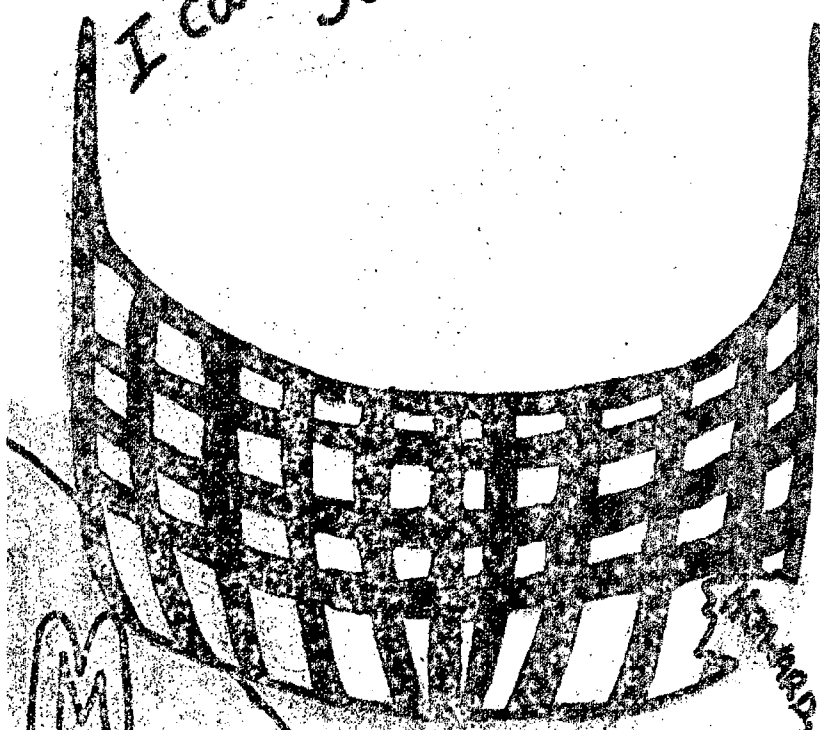
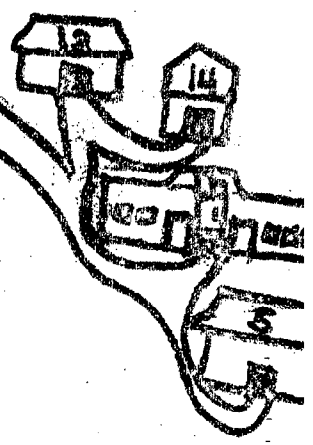
C

I can't believe you  
said that!

Build me up  
Buttercup



NOAH'S  
ARK



EDWARD, HILDE, GEOFF, FELICE, BETH

MARCH  
WAR '76

92. V. 1. 1976



Dear Macharniks,

Memories and maturation, Madness and Machar! Machar is a time for growth both upward and inward. It's a time when many of you ask us (your Madrichim) and, more important, yourself- who am I? Often, we don't like the answers we find to this question, and we strive for change. It's a slow process and sometimes, it takes years. For many of you, it began at Machar.

Personality and people, problems and programs! First glimpses at our Jewish Heritage, experienced on levels never before tasted. Our eyes are opened to Judaism's beauty, rather than it's hypocrisy. We absorb our Jewish inheritance until it becomes an integral part of our beings.

Challenges and carrots, changes and camp! Camp is a little bubble world where everything is both intense and secure. Whole lifetimes are lived in six weeks. The world out there is very different. We can't change the world out there, but we can change you in here. We can prepare you for the challenge of life by helping you to become well-rounded individuals.

How do I feel about this summer? Fine. For me, it was challenging, relaxing, and rewarding. What didn't I like about this summer? It was a hassle waving to play the role of a disciplinarian. Self-discipline and freedom are too often just pretty sounding words. The responsibilities and maturity that goes along with it were more than oftentimes ignored. How would I have changed the summer? I would have tried to make more time for us to get to know each other. It's always too late in the summer when we finally begin to break down barriers. As the summer draws to a close, I realize that my job is far from done. A six week Machar just isn't long enough. Maybe next summer it should be extended? How do you feel about that? All you first year Macharniks are just beginning a journey. Next summer promises many tasks and adventures. For those of you who are leaving us for Biluim, etc., I hope that you go with a part of Machar within you.

The thing that I take away from you this summer is the realization that all people are the same yet different at the same time. We all go through personal crises and traumas, we all have our ups and downs. We all suffer from insecurities and soul-searching. Because of this, I will end my formal message here and continue with some of my personal creative thoughts. They are not things that I wrote recently; they are glimpses at some of my writings when I was 14 and 15 years old. Through them, I hope I can give each of you a personal and special message....

I     There comes a time in one's life  
      When we look back and around,  
      All of a sudden those few but  
      More than important people  
      In our lives seem to take  
      A life-long position.  
      There are certain friends who  
      Are your kind of people and  
      No matter where you are or  
      What happens, you have them  
      Each of them is different and special  
      And their special part makes  
      A part of you. In them you can see  
      Both your influence and being.  
      You have shared many things and

Created a bond that cannot be broken,  
There are many people you call friends  
But only those few who make your life  
and in essence you,  
It's not always great and you go through  
Stages but when you all sit back and  
Retell your adventures, a smile will  
cross your face.  
Their memories are your memories and  
In this world there is  
Nothing else.

II I know my work but  
I get bad marks  
People say marks don't count  
Yet marks are everything  
It takes marks  
To get into college.  
College means a job  
A job means money  
Money means security  
Security is happiness  
Happiness is marriage  
Marriage means kids  
Kids mean trouble  
Trouble means sickness  
Sickness means death  
Is that life?

III Before you lay a friend,  
Inside of you lay the hurt,  
He pleaded tell me,  
You cried it's nothing.  
With persistence he tried  
With persistence your insides cried,  
You fell back on the immortal  
"I don't know".  
He saw through it and said,  
"There is no such thing  
As I don't know,  
Only I won't tell you  
Or I won't admit it to myself".  
The pain grows greater  
engulfing every action.  
Release it to your friend  
Speak and be put at ease  
Or suffer the slow pain  
Of being alone when  
A friend is needed.

IV The pressure of the day  
Or days build up.  
My head swirls from the  
Pounding of mixed emotions  
As my insides burn with  
A self-destructive force,  
I dial number after number  
So as to release the tension  
Through confession and entry  
Yet there is no one really there  
At the other end of the line,  
Awareness delves oneself  
Even more into self-depression  
The keys to the every doors  
Only unlock if you are doped up  
With the euphoria of the masses.  
Being the blindness of a horse.  
To all things that count  
And are real  
When will it all explode  
From within in an immense  
Fragmentation of my inner building blocks.  
The safety value of my confessions past  
Their saturation point can be released  
Only as a destructive force,  
And I hang on  
Only as long  
As I  
Can.

V There is good in bad  
And bad in good  
From the bad we learn  
A lesson in life  
And how to act in the future.  
From the lack of good  
After living good  
We feel the loss  
As if a part of us is gone  
Never to return  
Again  
To never know of  
Can breed passive happiness .  
But to know of and  
To have it taken away

Is to feel the agony  
Of desire for what  
You may never have  
Again.  
If the past was good  
You'll always compare it  
To the present  
Until the present is past.  
It is bad to be spoiled  
And you realize it  
Wasn't good for you  
But you still  
Long to live it  
Again.

---

Anyways have a good year with  
lots of substantial nook.

Keep smiling  
Howard Lichtman  
Rosh Machar.

An Open Letter To Machar

To The Macharnicks,

It all seems so arbitrary sometimes-who we attach ourselves to, who we dislike, who we punish, who we cherish. Sometimes we don't want to understand.

Understanding and compassion are often so futile. Really, what difference does it make if I feel sorry for you or sympathize with your predicament? Ultimately, the choice had to be your own. Ultimately you take responsibility for the choice you make.

Choosing. Yes I know-it's difficult. For me as well. I suppose we're always "At the crossroads" with respect to the direction we want our lives to take.

Some good decisions were made this summer, some buffones too. And sometimes we get confused-we say-that was a bad move, therefore I am a bad person-No. It doesn't follow. We can make a lot of stupid mistakes and still not be stupid people.

Different approaches work in different situations. Because something has once worked for us does not imply that it will work again. Because something has worked for us ten times does not imply that it will work for the eleventh. We owe it to ourselves to be constantly evaluating and reevaluating, even if it means changing something we feel comfortable with.

For months we've anticipated these six weeks at MACHAR. These six weeks have come and gone. Amazing. What have we learnt? Where do we go from here?

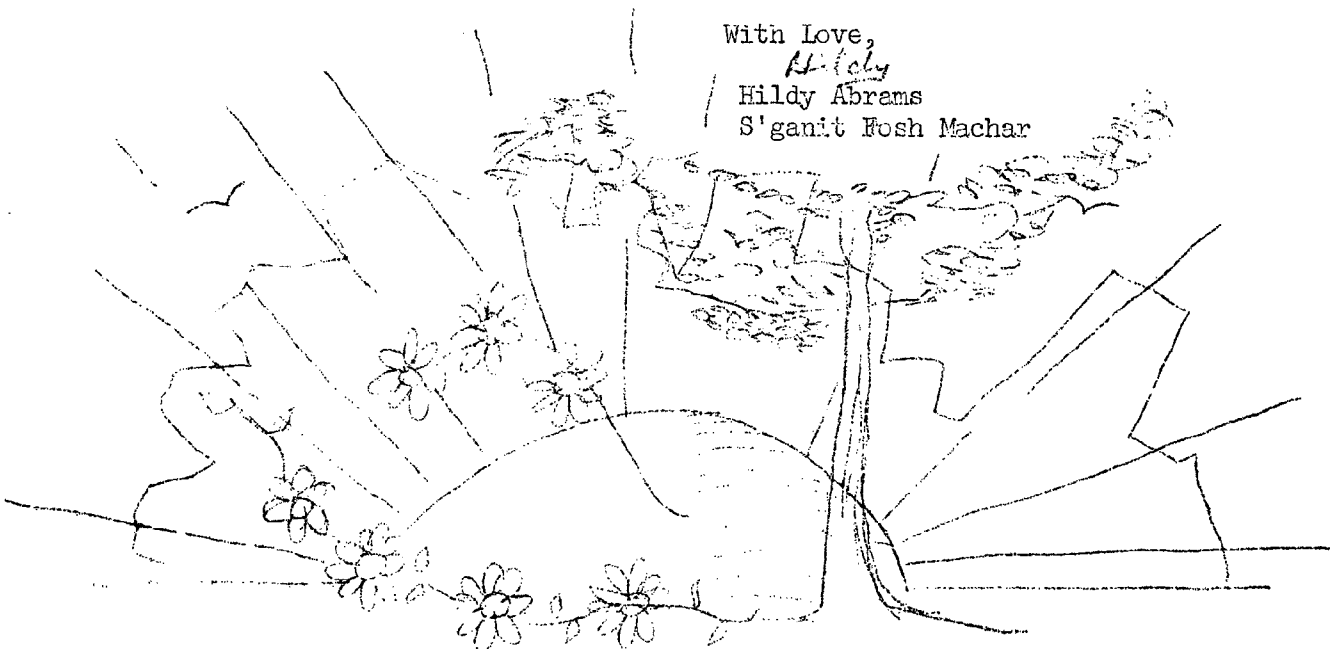
There were two Machar days this year. Why two? So that a job well done could be reinforced, so that a mistake could be corrected. Did it help you?

When you measure how good or bad these six weeks were for you, measure it not only by what you received, but as well in terms of what you put out. And be honest with yourself.

Well Machar, until tomorrow-AD MACHAR, KOL HACAVID LACHEM.

With Love,

*Hildy*  
Hildy Abrams  
S'ganit Fosh Machar



Machar Tune-memories

Summers gone now  
Time left only to reflect  
To look back on all the good times  
That made up Machar

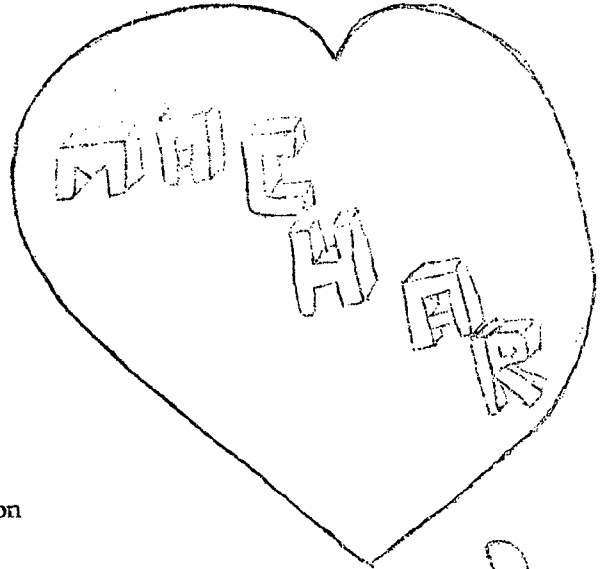
All the friendships  
Old bonds strengthened once again  
Chevra always growing stronger  
This makes up machar

Once a year we come to gather here  
To find peace no city holds  
Maybe next summer we will meet again  
Maybe, could be

If the chance came  
To stay here and never leave  
Would we take it, would we just leave  
The memories of Machar

Marilyn Garson

WE LOVE YOU!



CABINS { YAH 6  
16  
13  
14  
5

WE WILL MISS YOU!

## My First Impressions

Yes this is my first summer at camp Machar and hopefully not the last. I came to this camp quite unprepared for it was a last-minute decision, and I didn't know what to expect at all. When I arrived at the Halifax airport, I was taken to Judith Shane's house, because I was going to go up to camp with her the next day. So I stayed at the Shane's overnight. The first thing I noticed when I arrived in Halifax was the friendliness that is greatly appreciated by a new-comer like me.

So the next day we were off to camp Kadimah. When we finally got there, it seemed so strange but now seems like I've been here for months, and it certainly isn't a bad feeling. Everybody, came up to me and introduced themselves, which was nice.

Now that I have been here for a few weeks, I'm getting the hang of things, and I feel alot better around everyone. I hope I do come back next year and have an even better time than this year,

Avina Skolnik

WE  
LOVE  
CAMP!

### IF YOU CAN'T GET AN EXCUSE.....

- 1- push instructor in, preferably with glasses on
- 2-push entire class in, preferably fully clothed
- 3-conduct a sing-song while doing your laps( in advanced dog paddle)
- 4-Always spend the first half of the period at the infirmary.

It's worth a try

- 5-Make sure your period shows up at least twice a month
- 6-When instructor is giving attention to another student, play catch with the ball buoy
- 7-Keep ball buoys out of instructor's reach. They are prone to violence, and buoys make good weapons
- 8-If instructor attempts to push you in, hold on to his leg tight
- 9-A.R. is useless. It's safer to drown
- 10-Always leave at least 10-15 minutes the end of the class

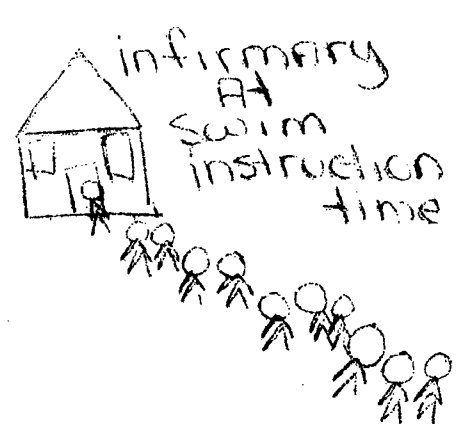
With love and shallow dives to Howard Conter,

Marilyn Garson

Norine Nathanson, of the Machar Intermediate Merit Class

What would cabin #14 be without:

- Aviva's blow dryer going 24 hours a day, ace bandage
- Brinah's Lester
- Arlene's portable broom
- Marilyn's trunk
- Norine's snorting
- Judi's 1:00 visits
- Miriam's frizzy hair
- Karen's Grover Yampolsky
- Marcia's mess and Cousin Clem
- Nancy's laugh and silent yell



### What Camp Means To Me

This place is really special to me, the people and memories will last a lifetime. The camp is a very important place to everyone, it's a place where we can get to know other kids, and share other interests. Most of the kids in the Maratimes don't live in cities with a high population of Jewish families and that's why camp plays a very important part in our lives. It's important to keep the chevra together. The friendships that we make will last forever, and even if we're not next door, we'll never forget the great times, the heartbreaks, helping each other grow up and keeping out of trouble, they will always be special to us. We all have friends from Chicago to Calgary, and no matter what, we know we'll all be together.

Marcia Yampolsky

### A Message To Howard And Geoff

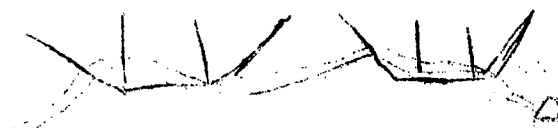
Have you ever wondered when you walked in the cabin and saw toilet paper strung from the rafters, who did it? Who in their right minds would clog a toilet or be as low down as to steal shoes? And Geoff, did you have a good sleep without the use of a sleeping bag? Well, we have to admit it guys, it was us, three gremlins in #16. We were walking back from the office with four rolls of toilet paper, and we were in a very destructive mood. That's why we were giving you the very long backrubs. They weren't because we liked you, but because it was the only way to keep you out of your own cabin without even suspecting, you suckers. It worked.

by the 3 gremlins,  
Cheryl Freedman  
Sandra Wolman  
Beth Valensky

Re-written by  
Beth Valensky  
Cheryl Freedman  
Sandra Wolman

Pre-recorded by  
Sandra Wolman  
Beth Valensky  
Cheryl Freedman

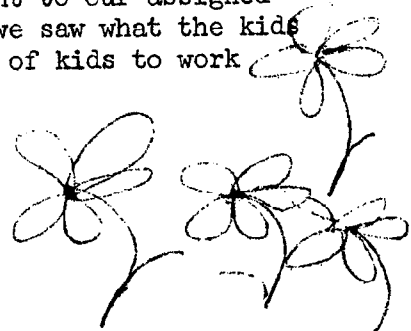
(BUT, it was typed by someone else)



### Machar Day

We were woken up by the alarm at 5:00 A.M. But we all thought it was 6:00. So we started to get dressed. Then some of us started to realize that it wasn't 6:00, so we went back to sleep for the hour. At 6:00 we got up again and finished getting dressed. Then we went to our assigned cabins and found the kids awake. As the day went on, we saw what the kids were really like. All and all they were a great bunch of kids to work with. I'll always remember this day.

Simone Rosenzweig



## Machar Day Off

"Damn it, we missed lunch". "My hair looks awful!" "Do I look 19?"  
"My nail polish doesn't match my skirt!"

These were some of the cries of anguish that meant almost the end of the world...but not quite... Actually, Machar was invading the big city of Bridgewater. When they finally herded us all on the bus; Howard gave us some friendly advice:

1-NO SMOKING!!!

2- NO DRINKING!!!

3- NO SUBSTANTIAL NOOK IN THE MIDDLE OF THE STREET!!!

Believe us, we listened!

Upon arriving, we departed from the bus rapidly... very rapidly. Then we went our separate ways. Some of us went shopping, while others spent their dough on bread. We had supper and then rushed back to our gathering area where we were taken to a gross, unearthly movie.

Afterwards we all gathered for Rod Hayom in the Mall parking lot with many baffled onlookers. We can't believe we did that!! Most of us took the bus back where world war three almost took part. And then there were the few fortunates that had a very bumpy but fun ride back with Jeff in the van. All in all we all made it back safe and sound

Good luck to all you macharnicks returning next year, who dare to venture out again next year.

## Life in Cabin 16

Of course all people whoever visit cabin 16 know that life here is different, different in the sense that it is not the same as normal civilization. This article is dedicated to all those people who never had the chance to visit our humble domain. We here in 16 want you to remember that each of us have our different ways of life, so when we were put under one roof; 16 was formed. When we got Ann, we got a live in maid; with Debbie we got a letter writer; with Sandra we got a chicken lover; with Shanna we got a real model; with Susan we got a sleeper; when we got Tova we got a real mess; with Wendy we got a "rude hair"; Sherri gave us impressions; Anita gave a real dentist lover; when we got Judith we got a "half pint"; Glenda is a real perfectionist; when we got Cheryl, we got a real pineapple lover; when we got Beth we got a Ricky lover; Carrie gave us skin and bones; Avina gave me a bruised arm; Marlene gave us her back rub technique. On the whole, cabin 16 is full with all types, each type the best.

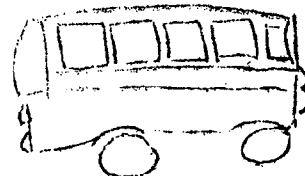
Ricky 1

Tova

## Cabin 14 Remembers:

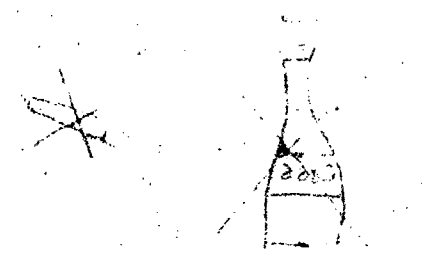
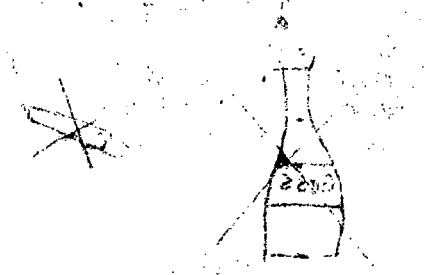
the ratio  
the constant fighting  
the flies  
the neatness  
the nana cookie culprit  
the endless love life talks  
the hair blowers  
Marcia's beauty parlor  
the ace bandages  
the Dr. Schultz's  
cousin Clem, Hermit, & grover Yampolsky  
and of course.....

Love to "Doris"



MACHAR DAY OFF!  
~~OFF~~ !!





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Faint, illegible text located at the bottom left of the page.

## The Great Toothbrush Raid

Creative writing as a program may be great. We wouldn't know, we were busy at the time. We were very depressed. To raise our spirits, we held our own program, called "The Great Toothpaste Raid". We went to all the Machar girls cabins, and collected all their toothbrushes (some of you have great talent in toothbrush hiding, and some of you no longer have toothbrushes to hide).

We put the toothbrushes in a bundle in the middle of the floor, and squirted a tube of toothpaste (someone else's) on top of them. To add to the nice mess, we wrapped all of it up in toilet paper.

Our deepest sympathy goes to the Goshrim boys of cabin 10. They got the blame because someone (I wonder who) signed the whole mess "G.S." also in toothpaste.

No offence, guys. We never did get to your cabin, at least not until after curfew. We just left our mark on the floor.....with someone's shampoo.

But we weren't finished. We went to the infirmary for throat losenges, and an alibi.

Cabin 14's reaction was the best. We tried not to laugh out loud, but it was hard. Thanks for the laugh and the kind donations of toothpaste.

N. anonymous Nathanson

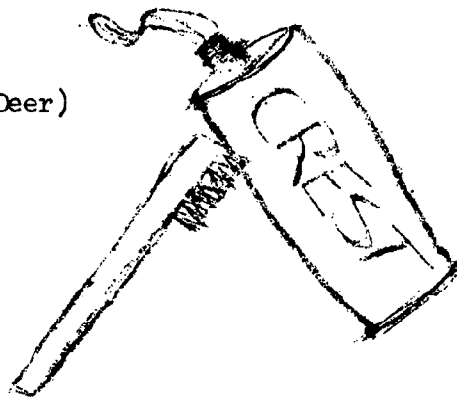
M. anonymous Garson

P.S. Be happy it wasn't your blow dryers. You'd have to go through life with toothpaste in your flips!

Our Madrichim(tune:Do a Deer)

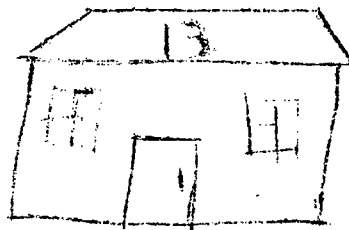
Howard Lichtman, you're no fun  
You get us in trouble when we hop  
Then there's Gitter who balls us out  
He really thinks that he's on top  
Beth, who's murder on shmira  
Hilde, who's stricter than our Ma  
Felice, who stays out more than us  
Then they bring us back to beddy-bye

Tema Conter  
Wendy Habelow



What would Cabin #13 be without:

Gila's love affair with Dave, horoscope book, and diary  
Vicki's modesty, Leonard and sex appeal  
Simone's letters from Halifax, visits to Kochot, and everything else  
Tema's soft legs, hard looks, and muscular body  
Peggy's problems, social life, and last years memories  
Heidi's food, clean hands, and Justice  
Marlene's cute bum, mousy face, and hustle  
Lynda's make-up, night light, and broken record  
Amy's clothes, kvetching, and love for clean-up



What would cabin 16 be without....

Sherri's-imatations  
Ann's-dulse  
Debbie's-Jason  
Sandra's-chicken  
Wendy's-rude hair  
Tova's-Starsky  
Shanna's-tan  
Susan's-olympic swimming ability

Marlene's-beads  
Anita's-comics  
Judith's-pugly  
Carrie's-radio  
Glenda's-sour cream and onion chips  
Avina's-bubble gum  
Cheryl's-banana  
Beth's-strait hair

Machar Olympics

One night, at Kadima, we were having our Machar Olympics. The teams were the Bridgewater Boobs, the Mader's meanies, Barrs Corner crumbs, the New Germany Gooks. Some of the events were: Shave the balloon without bursting it, running races. All the races were close and almost any team could have won, until it happened-the shaving cream fight. Almost everyone was covered with shaving cream. The madrichim were very upset with our ways of acting so they put us to bed without any snack. With going to bed early we could not finish our Olympics so I can not tell the results. It could have been an excellent program-but we blew it.

Sandra Wolman

The nights in cabin 13 are really thrilling. For example, our exciting discussions on the sex life of a termite, and many other exciting topics. Another spectacular event is Gila's karate demonstrations. Once during a storm Vicki got scared and jumped into bed with Simone. But that only happened once, they usually sleep in each others bed. During our sessions, Tema falls asleep early, and snores, and our professional singer, Linda, does her famous Barbara Striesand act. Marlene Elman is always moaning and groaning in bed while all this goes on, she does this from pain of her muscle spasm.

The nights in cabin 13 are really great and they will really be missed by the nine nuts in our cabin

Amy Paton

This is my first year at Camp Kadima, and also in Machar. I really love it here and the programs have been really great, as well the staff is alright.

My favorite program was the one where we had seven hostages and the rest of us were put into different countries. We had to bargain for the hostages. It made me think about how I would feel if I were really a hostage, and as well; how I would feel if I really had to bargain for someones life.

Oh, well, anyway I loved my year at camp and if I could, I'd do it all again

Vicki Brown

Dear Machar & Kadima,

Thanks for making this the, (or at least one of the) best summers of my life. I came to Camp Kadima knowing only three people, which was not all that reassuring. But all of you were so nice that it was just impossible not to have a good time. Things have been just great, but now I'm sad. It seems that I just got here, and now I must leave. Everyone is just starting to get to know one another, and now we must all say good-bye. But even though we must soon separate, we will not forget what we've gone through together, and this wonderful summer of '76.

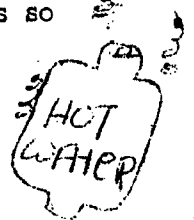
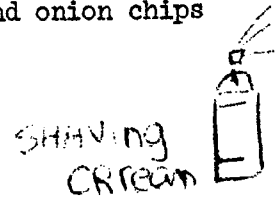
I'll miss you all,

Aviva Herman

See you  
Next year



Good-bye  
everyone



KARATE



KARATE



The Women of Machar

This year in Machar, there was an overabundance of women to men. The actual figures are 34 women, and 11 men, a ratio of three to 1. All these so-called beautiful creatures not only came from the Maratimes, but from all over Canada and the United States.

Entering the first cabin of Machar girls, #14, we find girls from JAP city, and a few from towns. Entering #13, we have representatives from all over the Maratimes, including P.E.I. As we finish our grand tour, we stop at cabin 6 which is made up of American representatives and women from Sydney, Halifax, and Montreal.

Unfortunately, this year, there were few couples in Machar. But Kochot-Machar relationships are going strong. (quite disgusting). At the moment, there is only one "pure" Machar couple who are quite ironic to the song "Breaking up is hard to do", because they have been breaking up and making up at will and ease. These people are Dave Devlin and Gila Smilestein.

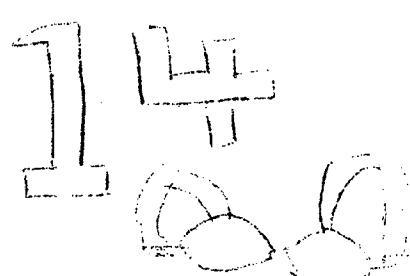
As we close this article, I would like to wish the Machar boys of 77 better luck and fuller relationships. To the guys of 77, DIG IN!

Yours truly,  
from the great virgins,  
Joey Lang  
Frank Freedman

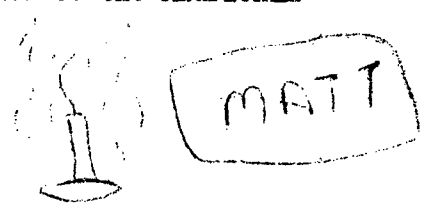
WHAT BEAUTY  
WHAT MYSTIQUE

LAST WILL & TESTAMENT

We, the members of cabin #14 hereby bequeath to  
Nancy Davidson, a laughing box  
Marcia Yampolsky, a full time maid  
Karen Cohen, A shorter tennis net  
Miriam Shek, straight hair  
Judi Roytenberg, Furd the Nurd  
Norine Nathanson, some gravol,  
Marilyn Garson, some coke  
Arlene Epstein, Fancie  
Brinah Levine, a welcoming MATT  
Avivah Herman, her pants in her boots



We the members of Machar here be bequeath to the Madrichim  
Howard Lichtman, Queer lips when he lies  
Hildie Abrams, a candle in the rain  
Geoff Ghitler, a daisy shaver for his legs  
Felice Cohen, a bra  
Beth Smilestone, a boyfriend



Machar Day 2

This year we had two Machar Days. It was really great, because we got to know the kids and to know what the counsellors go through for six weeks of camp. We made some mistakes on the first Machar Day which were corrected on the second. Now we know what to do and what not to do when we get to be counsellors.

Marlene Garson



What would Cabin #5 be without:  
 Lorne Simon's                   moustache  
 Dana Rafuse's                   hairdryer  
 Jerry Kohler's                   black talk  
 Perry Sable's                   mud cream  
 Jaey Lang's                   hot air  
 Mitchell Brown's               Oakland A's  
 Dave Devlin's                   hair  
 Frankie Friedman's           fitness program  
 Wayne Nathanson's           locked trunk  
 Jeff Wolman's                   oh, shit  
 Bill Chernen's                 chanich bla bla  
                                   by Mitchell Brown  
                                   Dave Devlin



Machar Days

As an annual event, in the course of Machar's summer, the counsellors leave the kids and hand their kids over to the mercy of the Macharniks. This summer this happened on July 29 and August 2.

To the majority of us, programming for 6-13 year olds was a new experience. For 24 hours before each Machar Day, we sweated, swore, planned and organized for our group. The staff warned us and lectured us, too. None of us knew what to expect.

Very surprising to all of us, the day went extremely well. Programs went well (and kids were obedient (they knew what they would get if they weren't)). There were a few small problems, but nothing we couldn't overcome.

By the end of the day, each of us felt a sense of accomplishment and fatigue. It was a great day.

Gila Smilestein

What Machar Means To Me

Machar, us. We are Machaneh Machar. The 45 people that make up our chevra. Together we do everything as one group, sharing our feelings and learning more each day about one another. This year, being my last year as a camper, I think it has been one of my best years. We have great madrichim, and they did their best. Only for the years ahead, if Machar keeps having great Madrichim, and great friends like this year, will you always enjoy yourself.

Nancy Davidson



Cabin #13 remembers.....

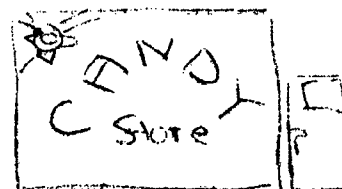
The mystery of the stolen diary  
 Geoff's nightly visits  
 Kochot love affairs  
 The missing Juniors  
 Our swinging disco  
 The I,B.T.C.  
 The late night photographing agency

Gila's karate  
 The late night discussions  
 The C.T. fights  
 Linda's electrical appliance centre  
 Heidi's candy store  
 The broken window

I FOUND IT!



GILLAR!



To Machar 1976 form Mitch Brown and Dave Devlin (the T.O. gang)

When camp ends there will be no sorrow from the T.O. gang. Why, you ask? For the simple reason that we have the tremendous city of Toronto, Ontario to return to. Behind the great walls of this city stands the largest structure in the world. This is none other than the C.N. tower. One other feature presented in our fair city is the Canadian National Exhibition. In comparison with the Bridgewater Exhibition, those who were startled by the Bridgewater Exhibition would be definitely stunned at our great C.N.E. The C.N.E. is also the home of our great football team in the double blues, the Toronto Argonauts.

However as we sun up, there are still two aspects of Toronto not yet covered. First are the amazing Maple Leafs of the N.H.L. who bring pride to Toronto, and finally we have the great Yonge Street which is now recognized all over the world as the home of burlesque. At these theatres, they are so lenient that even I Mitchell Brown, known as the little brown sprout, are admitted. Because of this you now know why the two of us have the minds that we do. All kidding aside, Toronto is a great city, and if you're ever in town, give us a call!

YAH T.O.  
YAH

Mitch Brown 783-8452  
Dave Devlin 493-0000

DEE LASHO

Machar Day Off

BY Debbie Leebosh

July 28, after lunch Machar piled into a Mackenzie Bus Line bus off to Bridgewater for our Machar day off. We were left off at the Bridgewater Mall free to do whatever we wanted to. We were told to meet up at Pizza Delight across from the exhibition at 7:15 from which we were driven in bus loads by Jeff Mark to another shopping center where we saw the movie Breaking Point.

45 kids were running all around Bridgewater spending all their money on candy, stuffed animals, clothes, etc...

Around 5:30 in the afternoon the Macharnicks started to pile into restaurants for a delicious away from camp meal.

Once the movie was over, we all gathered around the shopping center mall entrance for our Rad Hayam.

We all had lots of fun that day.

RAD HAYAM

Machar Day Off

Machar day off was really great. We took a bus into Bridgewater and were allowed to do whatever we wanted (not everything!). We shopped around for about three hours. After, we were allowed to eat wherever we wanted. Then, we went and saw the Movie, "Breaking Point." It was good. When we finally got back to camp we found out we had very little money left.

Beth Velensky

MACHAR DAY OFF!

## Erev Chasidut

On the second last Shabbot of Camp Machar, we had a special program called Erev Chasidut. It was a program that did not have much planning, but it turned out to be the best Friday night program of the summer. After the services and eating, there was dancing by everyone in the Mel Yad (where we ate), and we danced for half an hour. Then a lot of us continued outside, and then onto the pavillion. A lot of us left, but some like myself, stayed and danced until it was over. It was a simple but very enjoyable program.

SHABBAT SHALOM!

Jeff Wolman

Last Will and Testament for Cabin 16

Sherry Koven-we leave a pair of dry cleaned painter pants  
Wendy Habelow-we leave two left feet  
Shanna Goldman-we leave an uncompleted summer, so she will return again next summer  
Cheryl Freedman-we leave her letters to the unknown  
Ann David-we leave Noah  
Debbie Liebosh-we leave Jasons letters  
Sandra Wolman-we leave frozen chickens  
Tova Sherman-we leave her bed  
Beth Velensky-we leave her plugs  
Judith Shane-we leave a years supply of baby food  
Marlene Garson-we leave time to blow dry her hair  
Glenda Smiley-we leave sour-cream and onion chips  
Avina Skolnick-we leaves fiftypacks of bubble gum  
Carrie Jacobson-we leave a years supply of nail polish  
Anita Wolman-we leave a meaningful relationship with the dentist in Halifax  
Susan Marshall-We leave an Olympic swimming pool



16!



### AND TO OUR MADRICHIM....

Howard Lichman-we leave sucked rocks  
Geoff Ghitte-we leave for his fifteen year old brother  
Hildy Abrams-we leave everything cool  
Felice Cohen-we leave her ten pounds she misplaced  
Beth Smilestone-we leave a free membership to the I.B.T.C.

Cheryl Freedman, and Shanna Goldman

### Machar Day....

Campers running everywhere,  
And counsellors all have their share,  
Only for a day and night,  
Hopefully without a fight.  
A.C.P.'s and all the rest,  
All for those little pests.  
Really all turned out alright,  
And by days end we're all high as kites.  
Really it was a good day,  
Thanks go to Cabin A.  
And now that the day is done,  
It really was lots of fun.

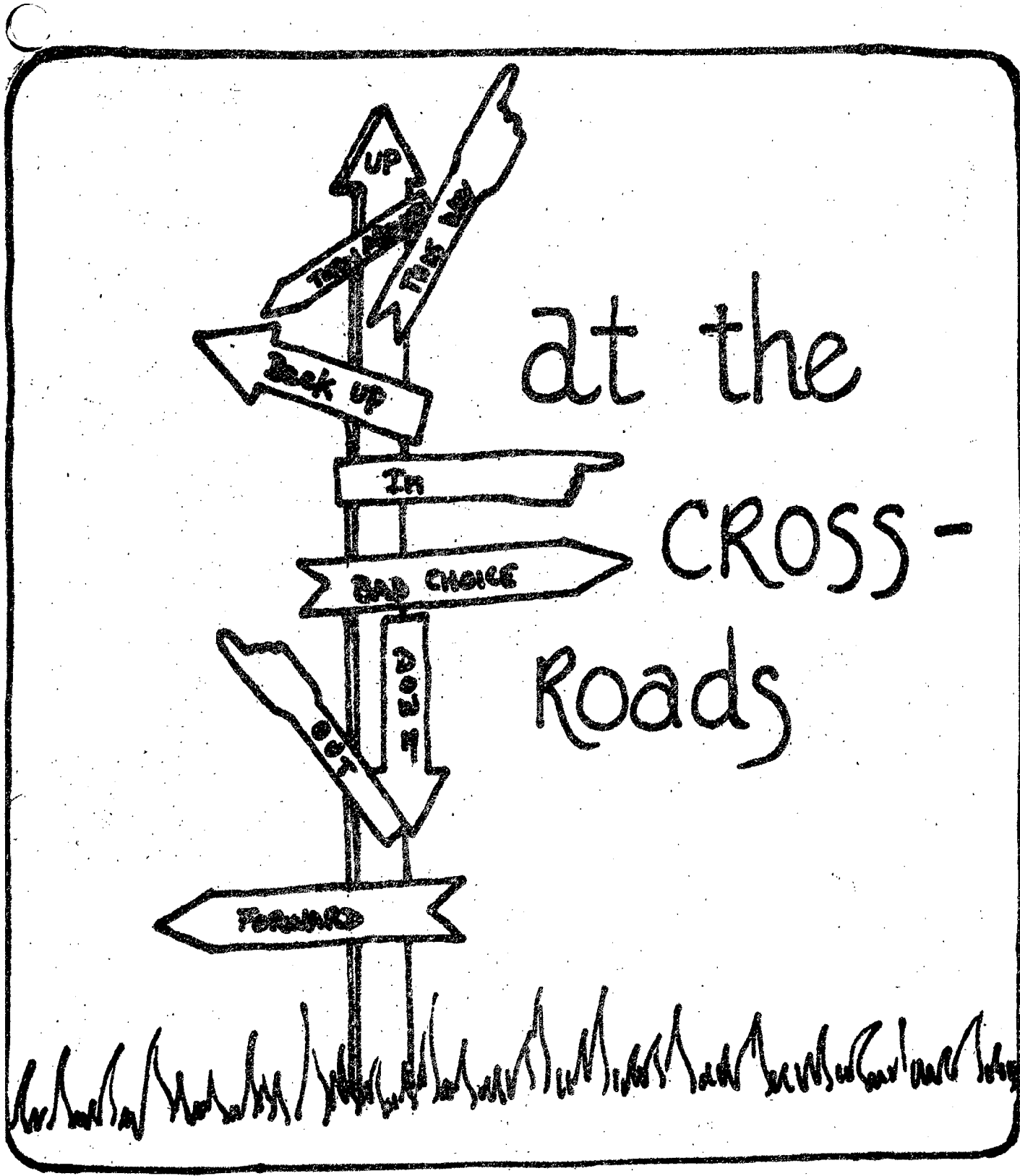
MACHAR DAY

WOW WHAT A TERRIFIC DAY



Ann David





at the  
CROSS-  
Roads

Hit yashvut 1976

Shalom,

Welcome to Hityasfuut 1976. Our theme for this aspect of the Machar program is "At the Crossroads". Many meanings and interpretations can be found for this theme, and it is up to you to develop it in the direction that you choose. As your Madrichim, we offer your own partial interpretation and therefore, with it our expectations of you on this Hityasfuut.

We are all "At the Crossroads" in some way with respect to personal growth, self-revelation, interpersonal relationships, and decisions. We are at acrosroads with decisins to be made about our Judaism as individuals, the Jewish people are at a national crossroads, and in many ways, the world is it's own stage "At the Crossroads".

Each time we make a choice, we are at the crossroads and our choice determines for us which road we will follow. We encourage you to think about the fact that at your age many of the decisions you make set the pattern for your future. So, imagine yourself at the crossroads where taking a stand is necessary and realize the ramifications of the bumps and potholes in each road.

As well, you are at the crossroads in your positions as team members of Hityasfuut. Each decision you make concerning your team will affect the ultimate outcome of these three days. Plan wisely.

It is also a time for those of you in Machar who have not reached your potentials to begin to do so. It is a time to get to know your fellow Macharniks and your staff as people, instead of just names and first impressions. Not everybody is a Joe/Josephine scout, but the Hityasfuut program offers an outlet for the full spectrum of evrey talent and interest. At these crossroads of Hityasfuut, give of yourself to others and try to learn and appreciate what others have to give to you.

B'HATZLACHA,

Your loving staff.  
(I can't believe we said that!!!)

Captains Message

Penot Atslacha- Turning Point

6:00 a.m., Monday, July 19th "Come on-move your pickles-mifkad-now." Moan. Groan. Sleepy faces. This was the beginning of the greatest hityashvot in Kadimah-Machar history where 47 kids struggled to survive amidst poison ivy, snakes and polluted water. We'd like to thank all members of Penat Atslacha for a job well done. It really was a Turning Point (for the good) in regard to Machar '76. After 3 days of working together, nooking together, sweating together, and sleeping together, Machar became one of the closest sections ever seen. Sure, we had problems-(boy, did we have problems) But nothing our competent team couldn't handle. The cooking was great which is why our latrine was such a success. It was an experience noen of us will forget.

Thank you!

Love, your captains

Joe Scout- Bill

&

Josephine Scout- Gila

TEAM SONG:(to the tune of Both Sides Now)

V1 In everybodys life you know  
they'll hit the crossroads as they grow  
To decide which way to go  
the choice is truely theirs

V2 In family life, and school and friends  
the answers always round the bend  
Look very hard and you will find  
the Turning Point of time.

Ch Up and down and left and right  
Looking forward-see the light  
Penat Alslacha always there  
Together we will work and share

V3 The Jewish people through the years  
have taken crossroads despite their fears  
Here we are, happy and free  
Overcome our misery.

Captains Message

We the captains of U-turn would like to thank all of the team members for a truly cooperative Hityashvut; for it wouldn't have been successful without you. We had a great time and I'm sure you did too, even though we had our ups and downs it all worked out for the better. Great songs, great cooking, great tzofit, and a great evening program... What a team. Remember, when your at the crossroads, U-TURN.

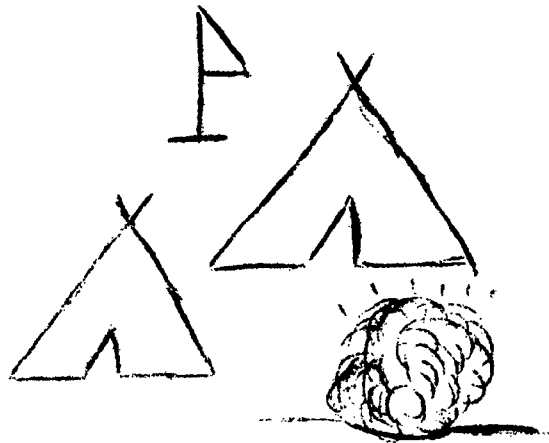
Love Wally and honey,

alias Tema and Jeff

Song tune-Biluim

As we all go moving along  
Moving like real winners  
Our camping will be real strong  
And nothing will go wrong  
At the crossroads where we all shall meet  
The decision to go shall come about  
This shows how great we can be.

We are the team  
The greatest team  
Yes we are U-turn



Hityashvut of 76

Song tune-Macdonalds; you your the one

U-turns the one, the one that shows direction  
U-turns the one, the one that's full of action  
Jeff and Tema lead the way, they're our leaders too.  
What they say just has to go,  
cause what they say we do.  
At U-turn we do it all for them

Yeah

HITYASHVUT  
could be  
any day now!

Team List

- Jeff W. captain
- Tema C. captain
- Vicki
- Karen
- Arlene
- Anita
- Beth
- Ann
- Cheryl
- Marlene
- Bryna
- Miriam
- Tova
- Marlene
- Aviva
- Shanna
- Mitchell
- Frankie
- Joey
- Jamie

## Machar Hityashvut 76

It started Monday morning when we were woken up at 6.00 a.m. and told to go directly to Mifkad. There we were told that we would be going on our Hityashvut and to get ready. We had to be ready by ten, so what a mess with everyone running around for last minute items; string, mess kits, canteens etc. Well finally we got off at about ten. The walk wasn't to mention, it could have been a twenty minute walk but our section made it into a good two hour walk. The canoeists arrived shortly after we did. All of that Monday was preparation. By night time everyone was dead tired. Tuesday was also another day of work with a compulsory general swim included. The next day we left and arrived at camp around nine. Yes, this Hityashvut was by far a good one. The weather and food were just great, and Machar became close as one big family.

Glenda Smiley

This summer's Hityashvut was really great. The theme was "at the crossroads", and as we walked to the campsite we had to make decisions together.

The team participation was fantastic. Everyone showed good sportsmanship. The three days in the woods really showed us how much we can rely on each other.

When we got back to camp we were good friends even if we didn't win. It was a fun experience.

Carrie Jacobson

This year's Machar Hityashvut was a very good one. The sites were not the best but the teams made due with what they had. The hike started with a two and a half hour canoe ride, and for others a three hour walk, both of which could have been done in forty five minutes. The weather was very hot and at times we were forced not to work until the sun's heat let up. The team participation was good, and the work got done. Although our team didn't win we all had a good time.

B.J. Chernin

## HITYASHVUT FRIENDSHIP SONG    tune-The Great A&W Root Beer

Oh Hityashvut of 76  
Will be the best that ever was fixed  
With Tema and Jeff and Gila and B.J.  
And the madrichim to show us the right way  
Well even though we're on separate teams now  
We can still show each other just how  
For Hityashvut lasts for only 3 days  
We'll still be friends when we get back to the old ways

<u>NAME</u>	<u>PET PEEF</u>	<u>SEEN MOST</u>	<u>FAV. SAYING</u>	<u>WOULD BE</u>	<u>WILL BE</u>
<u>CABIN 5</u>					
Jerry Kohler	people on his sheets	at girls cabin	"get off my sheets"	Black	White
Perry Sable	being dirty	with Marcia	can I borrow your..	Jock	burnt
Lorne Simon	Machar programs	<del>working</del>	I work hard	Head staff	Disc jockey
B.J.Chernin	had guitar playing	trying to beat on everyone	Saje Gazunt	sadist	sat on
Jamie Gordon	participation	with Dana	I'm going to baptize you	clean	water logged
Dana Rafuse	cabin 5	not seen	listen to this	King	Queen
Dave Devlin	laundry days	with Gila	O.K. kids	hygienest	ray
Wayne Nathanson	being Newfy	with the horses	You Keputznick	horse trainer	horse
Jeff Wolman	Joey Lang	swimming	Oh, sh..., look at:...	quick	drowned
Frank Friedman	diets	trying to run	<del>where's my McCoy?</del>	thin	Sant Claus
Joey Lang	wake up	eating	B.J., was a good friend of mine	quiet	full of hot air
Mitchell Brown	not enough girls	hustling	I can do that	Giant	little brown spro
<u>CABIN 16</u>					
Ann David	Matthew B. open doors	cleanin up her act	for sure	cleaning women	Schicza
Marlen Garson	Matthew B. cleaning her bed	giving back rubs	shut the door	massager	back ache
Sandra Wolman	camp food	with Gary	who, me?	chicken lover	vegetarian
Tova Sherman	Guitar	with Mitch Dankner	excuse me for living	maid	mess
Anita Wolman	being teased	at the dentist	that's true!	taster	tasted
Carrie Jacobson	water	talking at the shuffle board courts	I didn't say that	shuffled	played
Shauna Goldman	wake up	without Hughie	I'm like	cheer leader	cheered up
Susan Marshall	wake up	sweeping up the tower	Who was your slave last year?	Olympic swimmer	all washed up
Debbie Lebosh	wake up	writing letters	nothing (doesn't talk)	sleeping	waken up
Avina Skolnik	wake up	blowing big bubbles	Are you serious?	blower	blown

NAME	PET BEEF	SEEN MOST	FAV. SAYING	WOULD BE	WILL BE
CABIN 16 (cont.)					
Sherri Koven	hicks	imitating people	ahhhh..	Rich Little	Cher Bono
Cheryl Freedman	wake up	cutting the cheese	who cleaned my shelves?	cheeses	cheesed off
Wendy Habelow	root hair	in bed	smarten up	Machar sex	Kochot sex
Glenda Smiley	Victor, eating her food with Beth	in bed	because	eater of chips	chipped
Judith Shane	being teased	in bed	we're just friends	bed maker	bed makee
Beth Velensky	Cabin 9	with Glenda	I got to piss....	pisser	pissed
CABIN 14					
Aviva Herman	being called a Jap.	wrapping her hair	Is my hair gross	cute	peacock
Bryna Levine	people who steal	getting beautiful	could be tense	single	burned
Arlene Epstein	cookies	for swim Inst.	come on you guys	swept	janitor
Marilyn Garson	people using her	sweeping	who has my mirror?	dumb	know it all
Noreen Nathanson	not finding her mirror	hiding in trunk	boy, did we give Howard	out-boxed	Foxy
Judy Roytenberg	inconsiderate people	with Matthew	trouble today	sailor	first mate
Miriam Shek	cleaning the table	cleaning the table	You might think this	using brush	giving brush off
Marcia Yampolsky	being neat	looking for Nana	is stupid, but...	rider	living in the
Karen Cohen	being ignored	Cookie Culpert	You can wait	sister "goldman"	Sables
Nancy Davison	Marcia's slopiness	Yelling at Miriam	whats the scoop?	hair	refferre for North
		playing backgammon	Come here I have to	laughter	Brook hockey
			tell you something		voice mechanic
			your such a Yenta		

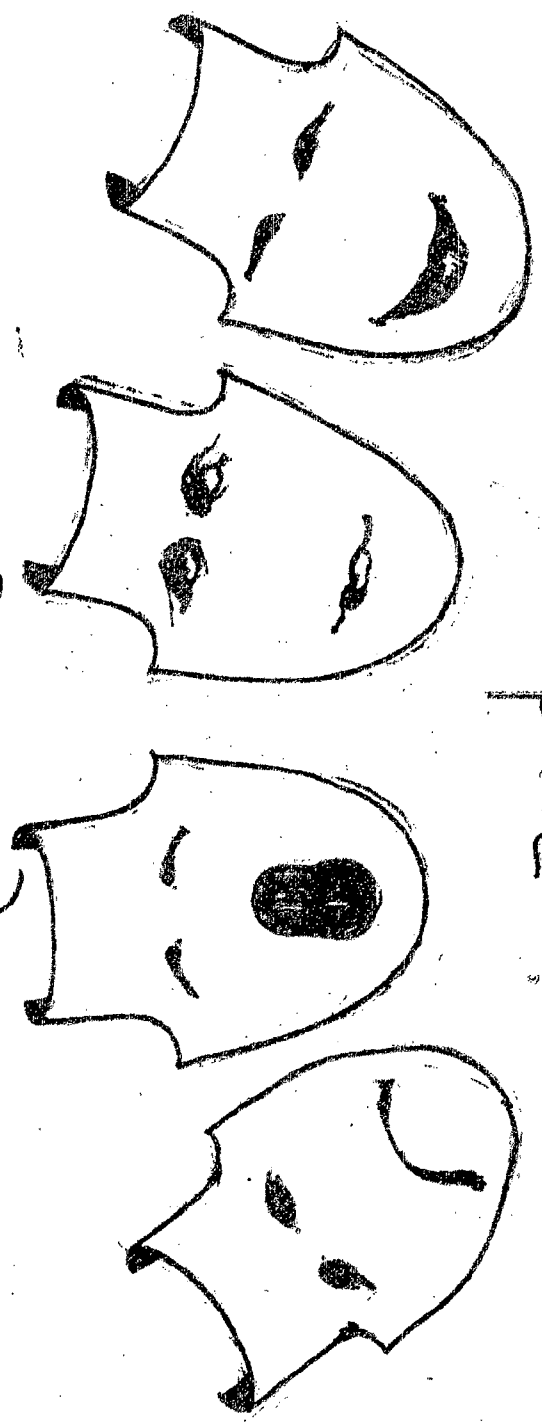
NAME PET BEEF SEEN MOST FAY SAYING WOULD BE WILL BE

CABIN 13

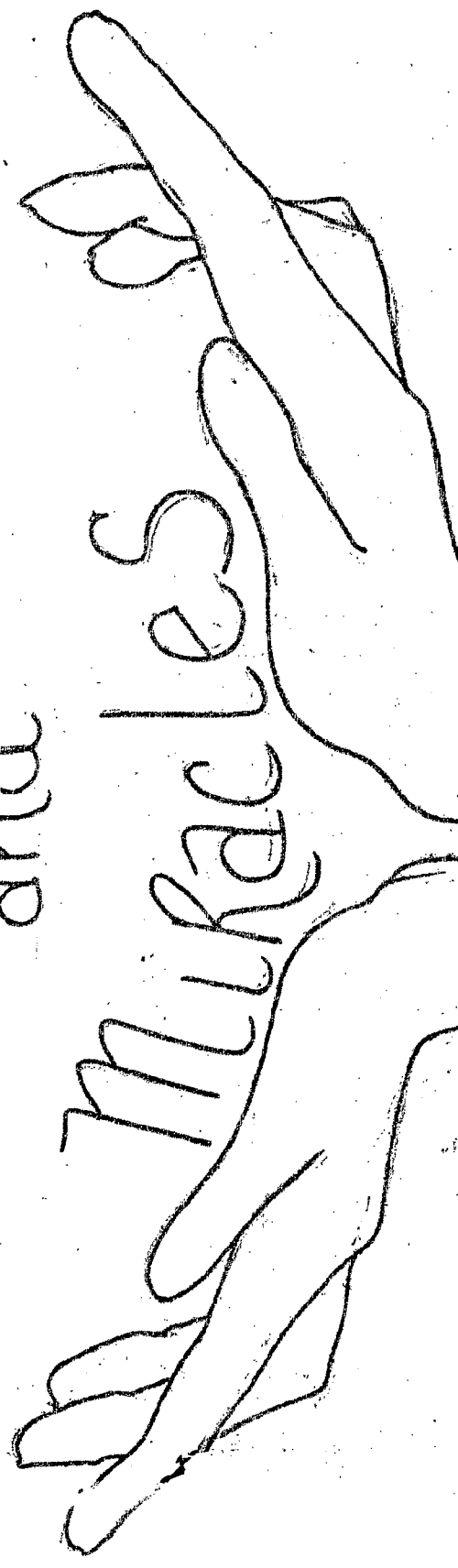
Gila Smilestein	turkey t..ts	nippy	am I firm	dry	wet
Vicki Brown	shoes on her bed	. face, hands and feet	Turn around,- don't look	strip tease	house wife
Simone R.	being boyless	with a boy	eat rocks	two timer	unattached
Tema Center	disobedient people	giving orders	Down, boy!	trainer	dog
Peggy Rinzler	problems	with problems	I hate problems	troubled	problem
Heidi Schwartz	open doors	indecent	No offence, but please close the door	covered	unwrapped
Marlene Elman	Howard's unannounced entrances	taking her time	I'll be ready	punctual	held up
Lynda Medjuck	illogical people	arguing	You don't make sense	lawyer	accused
Amy Paton	nothing to wear	changing	Does this look alright?	Vogue girl	cracked
Howard Lichtman	Jockstraps from Frederick's of Hollywood	making his lips go queer	Beam me up Spock	Rosh Machar	Rosh Giborim
Beth Smilestone	Lack of...	swinging form banana trees	Daisies and screwdrivers don't mix	my cup runneth over	crying over \$9.00 spilt milk
Felice Cohen	Medjuck's beauty salon	Taking Beth out of banana trees	Strawberry shampoo taste like turtle wax	doesn't Hair today	gone tomorrow
Geoff Gritter	Glitter	Blowing up funny balloons	Voulez vous coucher avec moi ce soir	stud	fruit
Hildy Abrams	Elephants in bathtubs with broken radios	bursting the funny balloons	Ice cream doesn't have pits	Night club singer	Night club sweeper



Masks



and

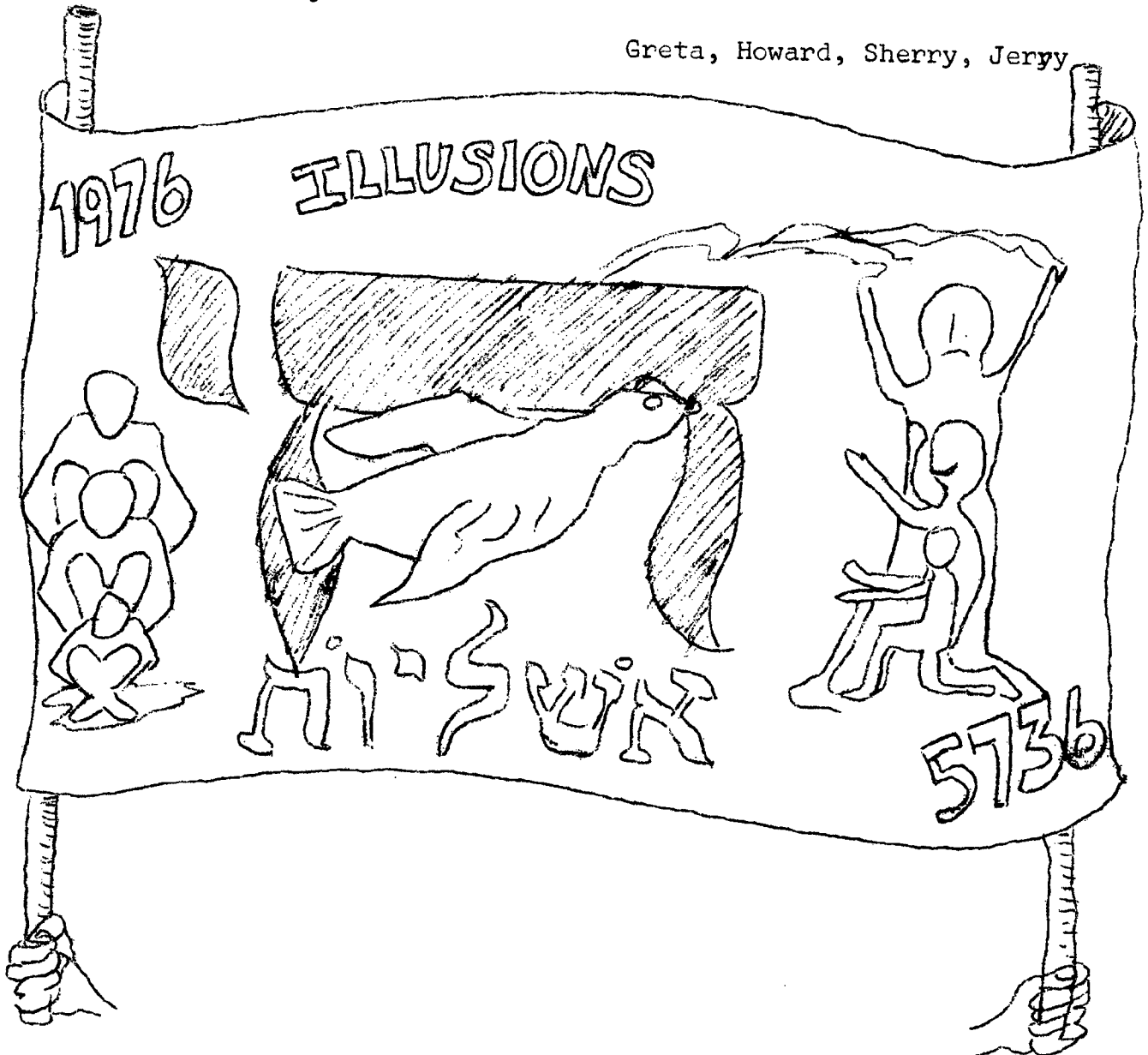


Maccabiah 1976

CAPTAINS.. MESSAGE  
YELLOW TEAM

We the Maccabia captains and co-ordinators of Yellow team '76, would like to thank all the members of our team who helped to make this Maccabia a worthwhile and rewarding experience. Although there was a large amount of work, the ruach, fun, etc.... increased each day. It was a great experience for us and we hope you enjoyed it as much as we did. Thanks again to all of Ashlyot.

Greta, Howard, Sherry, Jerry



MARCINGING SONG \_YELLOW

Tune: Got the whole world in our hands

Chorus:

We've got masks from people that stop our work  
We've got miracles from G-d to help us through  
Well illusions come, illusions go  
Bat ~~w~~ never lose sight of our goal

Theres Time, Past, and Future in AShloyot  
Seeing visions from the past with Ashloyot  
watching people hide the truth in Ashloyot  
We see ourselves in Ashloyot.

Chorus:

Leave your masks of sorrow in the past  
To join lifes story as its cast  
Now jews can move upward, might fast  
Showing the jewish soul will always last.

## Dedication and Introduction

This year Yellow team adds a new competition to Iton '76. Our name is "Illusions", in hebrew "Ashlyot" The articles put in Iton are from all the kids on yellow team, including the captains and coordinators, telling all about the events and how much fun they had during Maccabaa.

### Yellow Team Spirit

It's Maccabia, again. It happens every year. So what's so great about that? The team feeling, the chevra that draws you closer to old friends and also the new ones. The feeling that working toward the goal is just as important as reaching it. That's the Maccabia spirit. I don't know about red, white, or blue, but I know that the feeling is definitely present in Yellow team '76. Now that's no illusion.

Marilyn Garson

Maccabia started last week, but it turned out to be good. This year there are 4 teams, Yellow, Red, White and Blue. My version of what Maccabia means is honesty, sportsmanship, effort, teamship and ruach.

Steven Floman

Maccabia started when headstaff was painted in Red, Yellow Blue and White. They ran into the dining room. The second day was exciting because we had the Regatta and field events. The next day was even more exciting because we had a swim meet and a track meet. I don't know what the next day will bring, but I know it will be more exciting.

Bill H. Chernin

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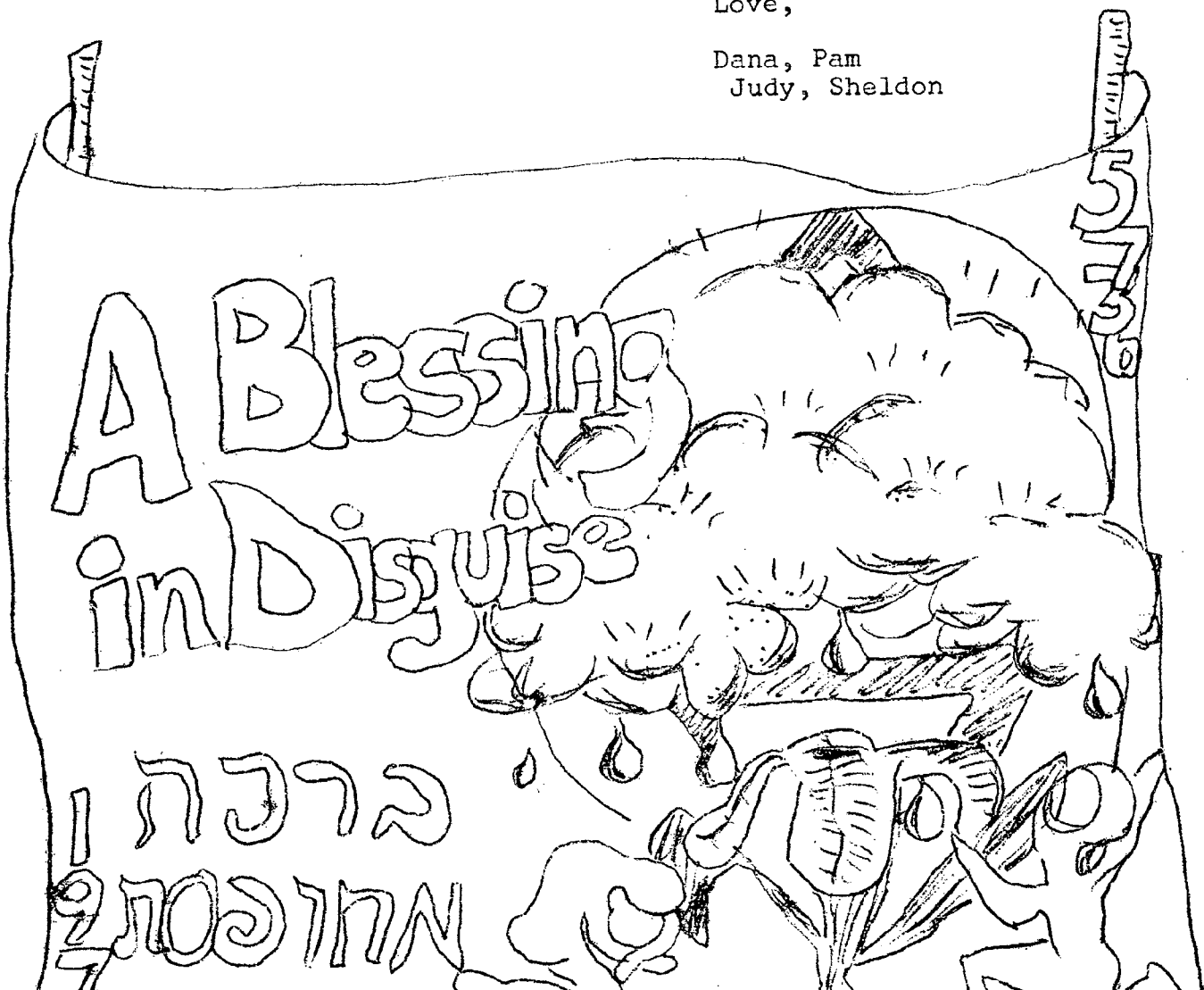
CAPTAINS MESSAGE

We the captain's of red team 1976, We would like to thank all the members of Bracha Mechupesit for their long hard dedicated work they devoted to the five intensive days of Maccabia.

The small hurricane we encountered was really a blessing in disguise" because it gave more time to be together in our headquarters to unity as as one "red machine." We hope that all red team enjoyed Maccabia as much as we did working with you. Good luck in the future.

Love,

Dana, Pam  
Judy, Sheldon



RED TEAM MARCHING SONG (Tune: Proud Mary)

Underneath all the colours,  
People aren't always just what they seem,  
Never take for granted, bright and smiling faces  
hatred and evil can spoil all your dreams.

Chorus: Blessing in disguise  
Come open up your eyes, look out! Shout out!  
Bracha M'chupeset

Why don't you clap your hands now  
Don't forget the bad but sing for the good.  
Camp Kadimah will witness a miracle  
As Red succeeds where no one else could.

Chorus  
Da, Da, Da.....

CHEERS

(D. Q. -Scrumptdelicious)  
Let's go red team, to the top  
Let's show the others just what we've got.  
R.E.D. that spells red  
Bracha M'chupeset  
that's what we said.

Maccabia is just a barrel of fun (2)  
We got Judy and Dana, Pam and Sheldon  
Brucha Mechupeset (2)  
We're number one!!!!

Every second minute, Red teams gettin stronger  
(Soft gets louder and louder)



Masks and miracles (Red team)

I think masks and miracles was a good theme to pick. It has a good meaning in Jewish history. The mask may stand for a cover up at a good thing or how the jews had to hide. The miracles may stand for the unbelievable things that happened.

Jon Bunick

Dear Judges,

You can't imagine how much we appreciated you taking our free time away from us and absolutely no free time for showers. And let's not forget how many hours day in, day out you let us practice for Bama. To say the least taking our social away. But in all we loved every minute of it.

Glenda and Cheryl

Why I Like Maccabia

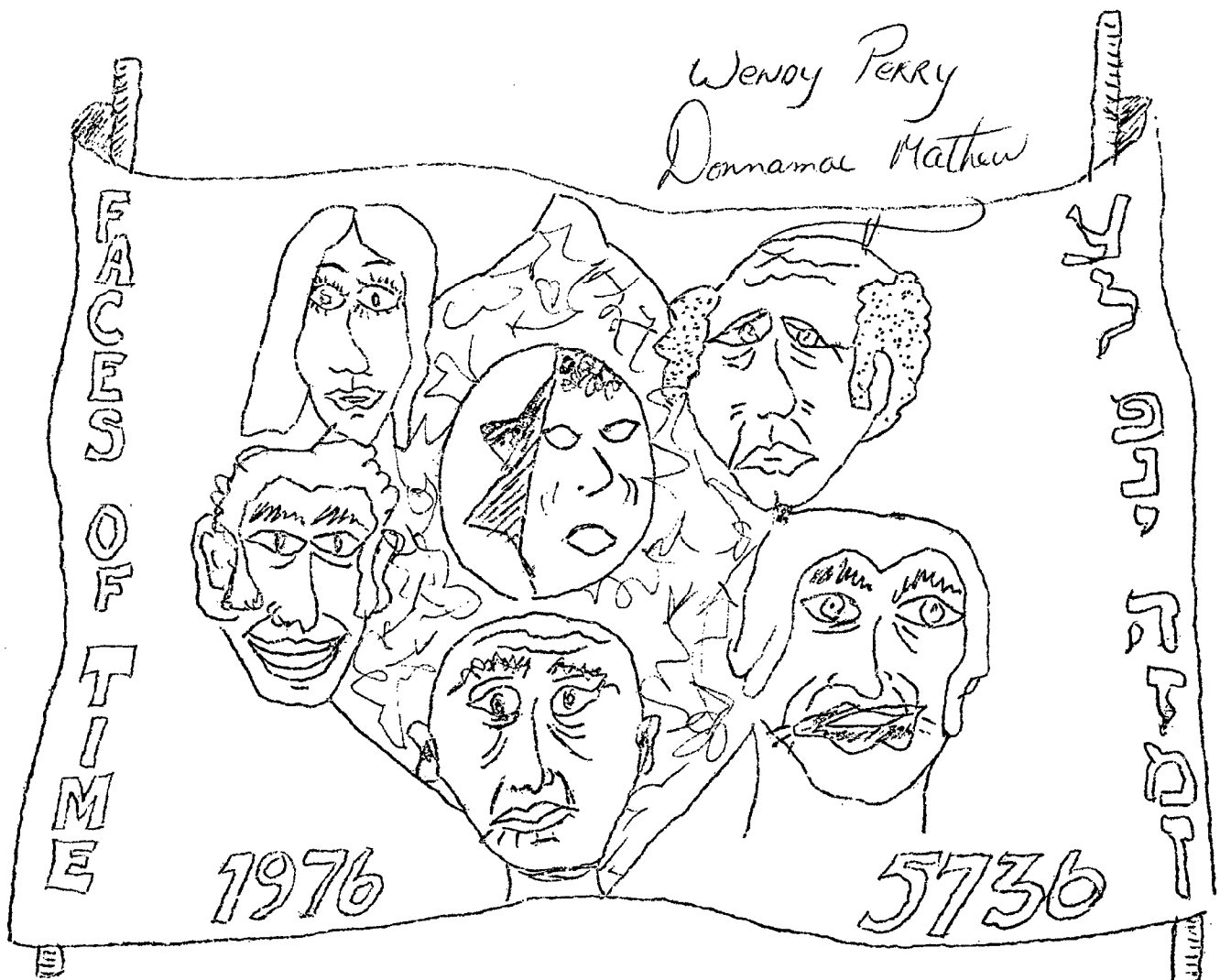
Because you're on nice teams and have captains and the march pass is nice. Especially the banners and then we had boat races and dodgeball. Hiking is a good thing to have fun in and to be a good sport.

Joey Schwartz

CAPTAINS MESSAGE  
Blue Team

This Maccabia, as Penai Hezman, has proved to be an enlightening experi-  
experiencing for all of us. Our theme, the faces of Time, will  
always remain in our hearts at the fundamental source through which  
the Jews have travelled. We hope that our team has demonstrated  
some of the bravery, courage, and desires of the Jews throughout  
the ages.

We would like to thank the team for an enjoyable Maccabia  
and whatever the outcome should be, we all have had a really  
great time and for everything you've done for us and for  
Penai Hazman!



Blue Team Marching Song

As a race without a land  
We Jews have had our Hardships  
And in our quest to survive  
We've strived to make our image fit

Slaves in Egypt, shilocks in Europe  
We have worn our masks in pain  
And each time we found ourselves  
We've had to don our masks again

Yet each time we needed help  
G-d gave us miracles by the score  
Now he's given us our land  
Where we can be ourselves once more

Slaves in Egypt, shilocks in Europe  
We have worn our masks in pain  
P'nei Hazman-we will insure  
that our true faces do remain.

CHEERS

Maccabia, 76  
We've got the ruach, we've got it fixed  
P'nai Hazman is up on it's feet  
We know we cannot be beat

So other teams  
keep your cool  
The faces we make our not cruel  
We'll just show you the way  
Maccabia should be played.

This Old Man

P'nai Hazman (2)  
With a miracle we'll get things done  
With 4 great captains to lead the way  
We've got the best team....Horay!

Blue Team, What do we get out of Maccabia  
Fun, Fun, Fun, cause the others aren't in our way.

## Maccabia

M stands for MORE than winning.  
A stands for Another camp year.  
C stands for CAREFUL language around judges  
C stands for CEASELESS WORK  
A stands for ALL around good SPORTSMANSHIP AND SPIRIT.  
B stands for BANNERS made during Maccabia  
I stands for Ingenious thinking and planning.  
A stands for another article now  
FINISHED.

Ann David

## THE SIGNIFICANCE OF MACCABIA

Maccabia has been implented as Camp Kadimahto aid in unifying the camp. It can be depicted as a path or route which can often take camp from the depths of darkness to the pinnacle of achievement. It has thus become a basic necessity required for camp to function. This year, our theme, faces of time, portrays the history of the Jews relating specifically to the era when they were persuaded and to the time when miracles seemed to save them. Athletic events are used to motivate physical and emotional contact between campers and staff, where as cultural activities prepare the camp with a degree of intellectualism. Maccabiachas taught us spirit, sportsmanship, and most important of all the experience t of working with people which helps to generate the degree of excitement that surrounds Maccabia.

Irwin Hirsch

### A Poem

Roses are red  
We are blue  
We want to win  
Maccabia,  
And we're sure you do to! Wendy Bunick

Another year of camp is gone and still another Maccabia is on its way. Every year is a new and exciting experience. Being on P'nai Hayam is not only a new experience but also a great one. In the allotted time for Maccabia I'm sure we'll have many good times and get alot accomplished.

Ann David

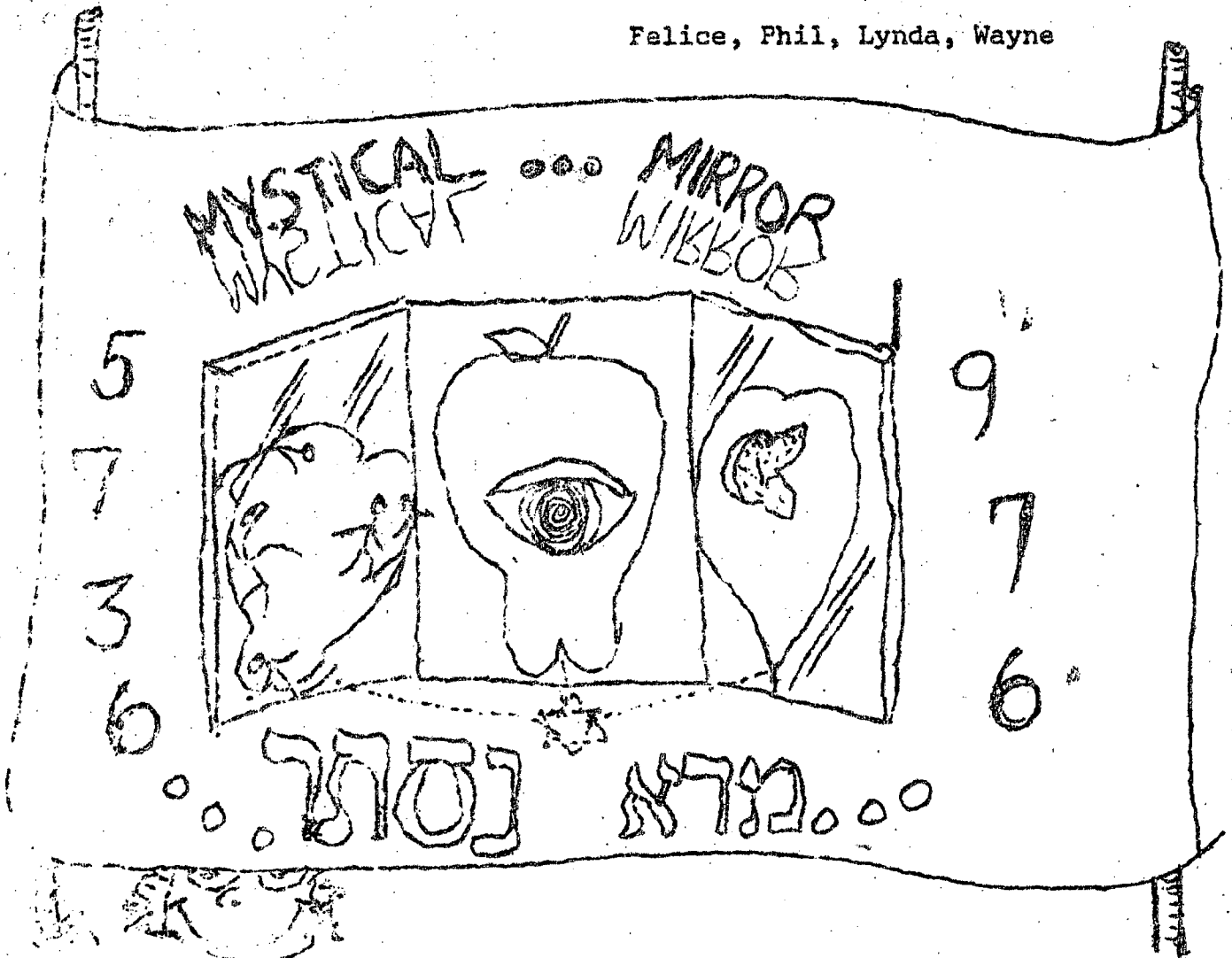
This year Maccabia looks to be an enjoyable time for all with many new and additional events such as fishing,. All in all we are in for a good Maccabia, especially Blue team. Good luck to all teams.

Marc Garson

CAPTAINS MESSAGE

It's hard to believe that 5 days could by so quickly but they did and all we can say is thank you! Instead of "Mystical Mirror" we could have been called "Miraculous Mirror" cause that is what each and everyone of you were....miracles! Our team worked so well together and had so much ruach, that it was a special treat for us to be your captains and co-ordinators. Hoping you'll have many fond memories of Maccabia '76.

Felice, Phil, Lynda, Wayne



Marching Song: Tune Baby Face

White Team

Look into the mystic mirror of our history  
Look at the bondage and the misery  
Strange to see  
Jewish people still surviving  
For one goal all are striving

Chorus

Now at last the masks we all have borne  
No longer need by worn  
Throughout the centuries  
It's been our destiny  
To be a people proud and free!

And we sing

Listen all, this talk of miracles is very true  
The White team's will encompass you, our chevra too  
Step aside make way for white our magnetism's dynamite

And....Now at last, the masks we all have borne  
No longer need be worn  
Throughout the centuries  
It's been our destiny  
We are a people PROUD and FREE?

Dining Hall Song

Well they came to us on a Saturday  
And decided to distrust all our normal play  
It's Maccabia they cried  
So by this we now abide  
As we march and sing our song

In bama, shirkud, swimming, track jand field  
Pay attention all teams cause your fate is sealed  
We will heighten our fame  
As we put you all to shame  
Maccabia we've staked our claim

Chorus

Come and sing with our heads up high  
Mara Nistar won't be defied  
A miracle comes day by day  
Helping us in every way.

What is mystical mirror?

Mystical mirror is the name of white team '76.  
We got our name from the theme "Masks and Miracles" the mirror shows the different masks-faces that Jews had gone through. Mystical shows Jews the mysteries of the miracles of the past.  
This year maccabia has been great. All of the teams are co-operating. Even if we don't win we've all had a fantastic time and we have all leaned alot from it.

Mara Nistar  
M- is for Mara Nistar  
A- is for activities  
R-is for ruach  
A-is for alot of fun.

N- is for naches  
I- is for Israel centered  
S- is for spirit  
T is for togetherness  
A- is for action  
R-is fbecause we're right.

What is fear? The programs, the inquisition.  
The Holocaust. What more need be said.

Mystical Mirror

Theme- Masks and Miracles reflecting on our past, present, and future. Masks being as fear of danger hope for writing bravery in war etc. Miracles of things to happen of what is happening and of the great happenings of G-d in the past.  
Name- Mystical Mirror being mystenes and secrets of the happenings and mirror being reflections of our past, present, and future of our happenings gone and those to come.

Laurel David

Mirrors, mirrors, so nice to see  
When I look in it you can  
see me  
Mirrors are sights to see  
Especially when I can see  
it and it can see me.

Robyn Cohen





## After Lightsout-Rules and Regulations



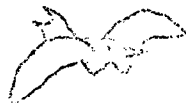
- 1) Bedchecking  
All beds should be checked to locate
  - a) broken springs
  - b) member of opposite sex, missing from nearby cabins.
- 2) Cabin Hopping  
You are safe if you are equipped with club, jackknife and whip used in warding off shmira
- 3) Mice  
If you hear mice dancing, singing or chomping away on your ex-lax, lecture them on the evil of society.
- 4) Fellow Campers  
If you hear your cabin mates running around on the floor, climbing up rafters and clawing at your body, set up a trap baited with cheese to avert them.
- 5 In Case of Emergency  
Do not notify shmira. His job is rough enough, you should, however, notify the mice. They're the only ones who are gonna be aware anyway.
6. Mosquitoes  
These insects have a peculiar thirst for human blood. Respect their needs and leave out straws, glasses, and napkins, not to mention ice cubes, and you will have gained steady pals.
7. Warm nights  
These, can be controlled with your air-conditioner, flapping of mosquito wings.
8. Cold nights  
These, of course can be controlled with the use of your central heating system (blankets)
9. Falling Asleep  
If you have difficulty doing this, request a lullaby from the mice, or mosquitos.

Victor Fineberg  
(Staff)

### A SOUND

I heard a sound,  
a sound I heard,  
A sound I understand  
A sound of children  
in the wind a  
sound I understand

I heard a noise  
a noise I heard  
A sound I never heard.  
A noise with owls



baths and trees  
A sound I understand

I heard silence,  
Silence I heard  
A sound I won't forget  
A sound of peace of quiet  
and nothing  
A sound of nothing at all.

An Appreciation (Thoughts from Tisha B'av)

A softbed, a hot meal,  
Something nice,  
A close friend, a secret shared,  
Someone who cares.

I have so much  
And yet, and yet,  
I never realized it.

No, I've been given enough  
Perhaps too much.  
When it's gone  
Then I'll appreciate what  
I've lost.

When it's gone.....



Judith Shane (Machar)

Peace to the world I can see,  
But when can this time be,  
We sit and pray everyday,  
for peace which might never come our way  
I've seen, the millions in the past  
but who in G-ds nema will be the last?  
Men have sat and cried  
Over people who have died  
In our evil way  
When will be the day?

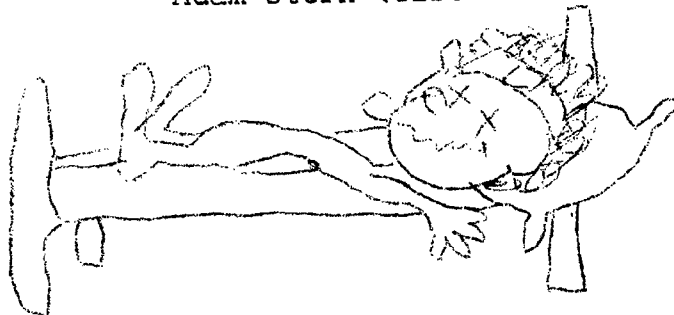
Victor (Staff)

Life and death; what does it mean  
Nobody really knows; but millions have seen  
The blossoming of a flower, only to have grief  
Creeping upon is the cold  
The falling of a leaf

My poem

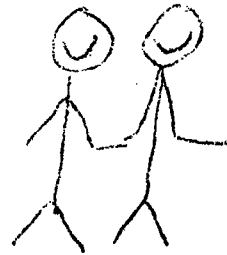
Once I cut my head.  
I spent my good old life in bed

Adam Stern (Giborim)



FRIENDS:

Friends are people that you can share your feelings with.  
A friend is someone that you can laugh with,  
And do bad things together.  
Someone who you tell your problems to,  
And also someone to help you on your up and down days



Nancy Davidson(Machar)

Did you ever feel you were on a never-ending caousel ride?  
All your feelings whizzing by in a blur of colours.  
Thoughts;emotions .....  
They come and go with the tides of your life.  
Don't let them pass you by.  
Reach out and touch each one.  
For you will pass this way but once.

Norine Nathanson (Machar)

The times of our life-

When the shser joy of living  
was deep within our soul  
when we had only hapiness  
and good feelings for all

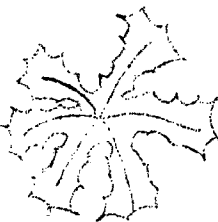
Our whole bodies sang  
with the freedom we felt  
we ran and laughed and  
and played in the flowers  
with their fragrances dancing  
within our minds

This is forever  
The past-or the future?  
They are our happy days.

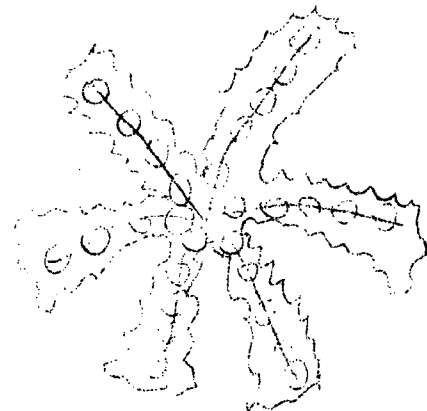
Norine Nathanson(Machar)

SNOWFLAKES

Snowflakes dancing in the sky,  
You can watch them floating by.  
Like jewels and diamonds,they look so pretty,  
As they fall and blanket the city.



Lisa Brown (Kochot)



BEELZEBUB

Being courageous to dare a peek, you are hypnotized by two circular balls of midnight black, set in slits like those found on prison doors, dragging your being into a power you are unable to break from. Rippling pleasure creeps into him, as silently as he has crept into you, for this is the necessary stage upon which his play is played out. The props clothing him are the burning fires of hell, aflame in a long, sweeping cloak of scarlet, entwining his serpeant-like figure. You remember, then, that this creature is embued with the most powerful spirit in the world. Once more you stare into those eyes, carrying the distant memory of original sin. Visions of wealth flow through your head, as the sound emanating from his cavernous pit reverberates through your mind. With innocent cunningness, you are subtly made to believe that these fine riches are far worthier than your inner being, and greedy to be on top of the world, you hastily surrender your one prize that has been the unfathomable value of your life. Accepting the sacrifice, he returns to his inferno, leaving behind a trail of molten lava. At the last, you hear only his mocking laughter, lingering in the now peaceful air, for only he knows that the exchange has been unfair.

Lynn Goldstein (Head Staff)



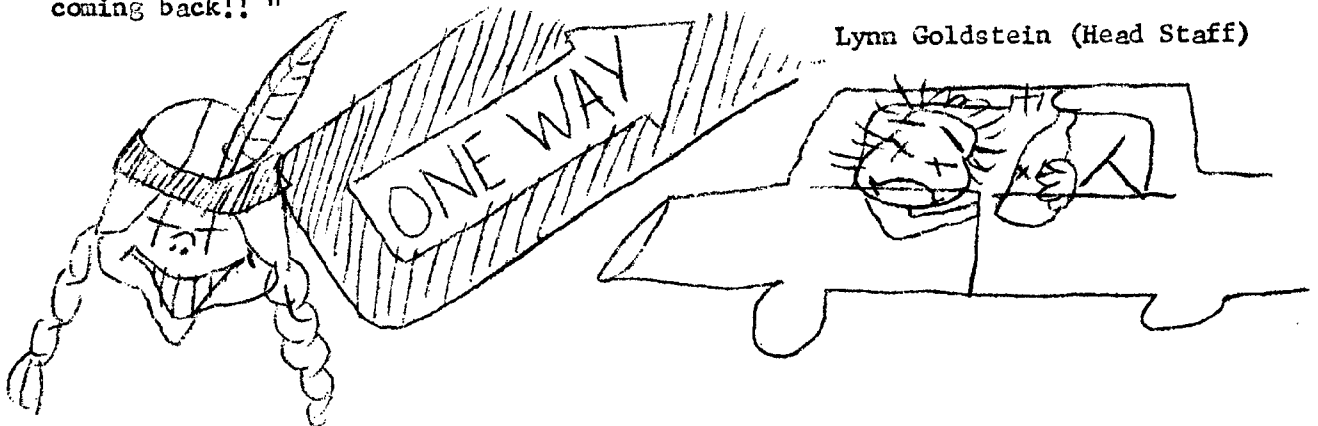
A drunkard was driving the wrong way down a one-way street. A policeman stopped him and asked, "Where do you think you're going? Didn't you see the arrow?"

The drunkard, "I didn't even see the Indian!!!"

Cop, "But, then, where are you going?"

The drunkard, "I don't know, but I must be late. Everyone else is coming back!! "

Lynn Goldstein (Head Staff)



please...  
phone  
or  
write



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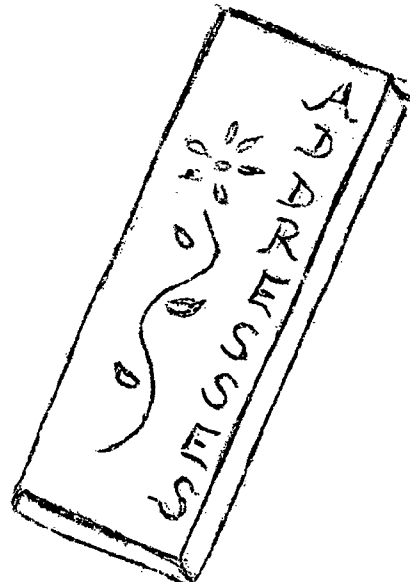
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THE SAILING REPORT SHOULD READ FORTY YOUNG CAMPERS INSTEAD OF  
FOURTEEN YOUNG CAMPERS.

ACADEMY AWARDS SHOULD READ LINDA SMILESTONE INSTEAD OF  
LINDA SABLE FOR PILLOW TALK.

Mike Pink-P.B.-keeping quiet,S.M.-talking,F.S.-my dads on the camp  
committee,Would be-camp committee member,Will be-J.C.

A very special editors' apology to Irwin Simon.

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