

J. SPATZ 75

Rachel Sadooby

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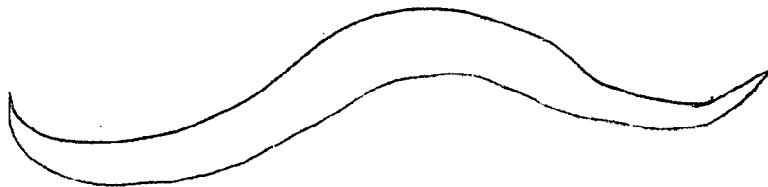
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Credit goes to anyone else who helped to make  
this Iton possible (that includes all you guys  
who put the final result together). Thanx  
everyone. Special thank you to Joan Garson,  
Howie Lichtman.

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# Editorial

Maccabia was just over, and we were sitting around trying to decide what to do with ourselves for the last few days of camp. And came up with the idea of editing the final Iton for the 1975 camp season.

We suddenly found ourselves swamped by piles of paper, gestetner stencils, typewriters, and the permanent smell of correcting fluid. But we survived the numerous maladies that plague the job of editors—such as deadlines, typists' cramp, sore eyes, and headaches. And came out with, what we feel, is a clean Iton!

We've had a great time doing it—from planning the "Big I" to putting together the final result—which you now hold!

Our theme this year is friendship, because we feel that the camp season has produced only good chevra for all.

Thank for a great summer! Hope to see you again next year.

Love,  
Your editors,

*Howie & Cindy*

Howie Zunenshine & Cindy Bowman

*Howie  
Cindy*

## ○○○○○○○○ Dedication ○○○○○○○○

This year's Iton is dedicated to the Red, White, and Blue! That is, Maccabia '75. It's been a long time since Kadimah has had such ruach between teams, captains, and judges.

The competition was keen, but tempers stayed cool. (for the most part!) And good sportsmanship is as important, if not more so, than winning.

If our spirit stays strong, our camp will continue to be a place to come back to.

MACCABIA CHAZAK!  
CHAZAK V'EMATZ!!

○○○○○○○○○○○○○○○○○○○○○○○○○○○○○○

I was asked to write an article <sup>Shirkud</sup> about Shirkud and I find it really hard, since Shirkud for me is part of my life. It's like my childhood, my love of home and of Jewish Celebrations.

However I think it really is the mystique of the Israeli song. It says a lot in a short and an indirect way. You sing to it, you clap to it, you dance to it and all of the sudden you are there. Partly it is the power of the music and the rhythm. Partly it's the people who hide behind it's words and rhymes. I love to sing and dance, and I hope you will do too !

Michal

Mel Yad

Mel Yad, Hand crafts: a definite misnamer this year at camp Kadimah, the Mel Yad program was as varied and diverse as were the campers. Yes, crafts played a part of the campers summer. However, Mel Yad involved many other new creative activities that the campers enjoyed and learned from.

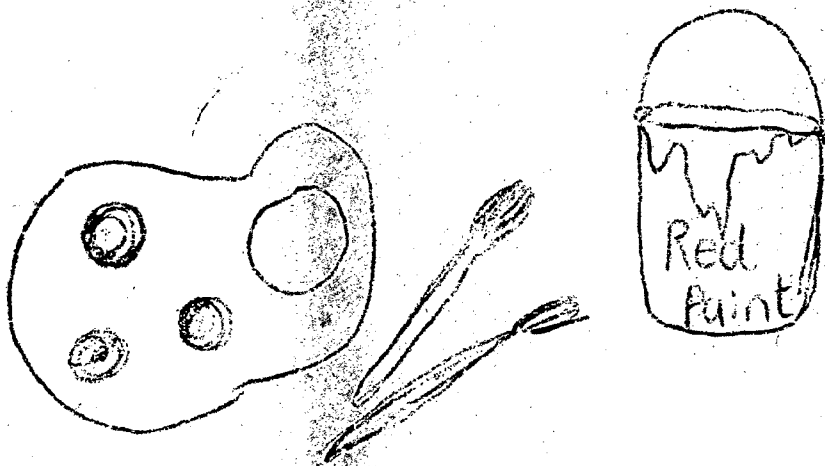
By far clay-work ceramics was the prize winner for popularity in the realm of crafts. We were fortunate in attaining the use of an electric wheel, and thanks to the campers enthusiasm, 200 hundred pounds of clay were transformed into finished ceramic pieces.

In the audio visual field, I must congratulate the Goshrim people on the fine films that they wrote, acted, produced, directed, and filmed. The National Film Board was generous to us once again this summer, lending us the supper 8 camera and lots of film. As well as slides, scratch film, and flip books were discovered and explored by the Giborim. And best of all, our new addition to the Mel Yad Building, a dark room was in constant photographic use. Eight through eighteen years old learned how to develop film and print photos and the results were exciting for everyone.

Mask, candle, kite making, batik, wearing, drawing, painting, sculpture, print making, collage, constructing, were other activities engaged by the campers. And if Cindy and I heard the words "I can't" one hundred times, we also heard "I can" two hundred times. If in creation the hardest thing is to begin; then Kadimah campers discovered this summer that to begin is not difficult, and that it can be fun and interesting for everyone.

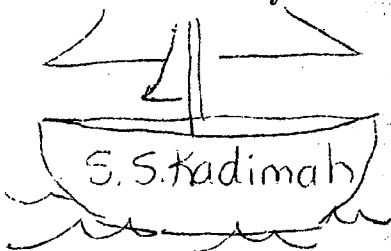
Have a creative year,  
Carole

Mel Yad  
(alias Bondaroff-Dital)



Tzofiot/Boating & Canoeing

At the beginning of the summer I found myself asking, "self, what are you going to do for scouting this year ?" Now that the summer is rapidly drawing to a close I figure it's time I thought of something if for no other reason than to have something to write about. But seriously folks the hi-lite of any scouting program is its hikes and in that department I've got nothing to say which just about says it all. We had some good hikes and some not so good hikes. The not so good hikes can only be attributed to the famous, indecisive Nova Scotia weather. Those hikes also led Yosefi and myself to vow never to go on Hityasvut again. As for Boating and Canoeing-we had boating and canoeing this year. In closing, I would like to thank the campers and staff for whatever they put into the scouting program, Yosefi for being there when no one else seemed to care and last and definitely least Goldie who once again served to prove that camp can still go on no matter how many obstacles are in its way.



thanx for a fine summer,

*[Handwritten signature]*  
Danny Rajf - Rosh Tzofiot - '75

Infirmary Report

*HA-KSHI-WU, HA-KSHI-WU?  
SICK PARADE  
IS NOW!*

Sprains, strains & throataches  
Were the order of the day  
To the ... Infirmary you came  
Some of you to stay.

Mendel, Albie, I.  
Made you well, we did by  
Enjoyed meeting you all  
Camp really was a ball.



-Mindy Jacobson

Softball R.C.M.P. Style

The R.C.M.P. All-Stars won the annual Kadimah vs. The Law Softball game on the stellar no-hit pitching of Burke(Strong Arm) Dyck and Terry(Quick Pitch) Himmelman. The Kadimah Kids were just no match for the efficient fielding, hard hitting men of Bridgewater's Finest. No doubt, Kadimah's Softball team will be practicing all winter to get ready for next year's game.

Incidently, this year's score- R.C.M.P. - 15  
Kadimah - 2  
-(for shame)

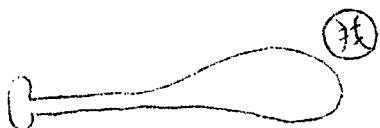
J. Wride, Cst.

## LAND SPORTS REPORT

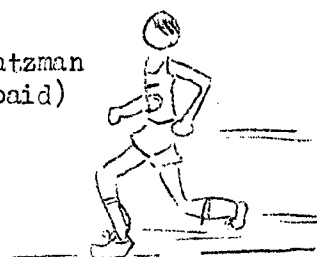
"All of you can do it, none of you are stupid, except us for coming."

We told the kids this in the beginning of the summer, but we were part wrong. The part wrong was we weren't stupid for coming, for this was a most satisfying summer and even lots of fun. Satisfying for us because we got the greatest feeling in life; accomplishment. We accomplished quite a bit for a summer and with these gains, surprising or not, the kids had a great time as well as us. Of course there were the usual problems which come up during the summer. In case you are wondering, some of these problems were girls complaining that they wanted to do the same things as the boys. Other problems were the weather. On many days it was too hot to do many sports. Irwin's bad moods didn't help in times of trouble. But even with these problems Irwin's convincing charm and mustache showed all of the girls that anything was possible. Through the course of the summer we offered sports like football, softball; basket ball, ground hockey and floor hockey along with such sports as track and field, which haven't been stressed in other years.

Seriously though, just remember, its not whether you win or lose, it's now you play the game.



Irwin Simon & Ian Zatzman  
(Oversexed and underpaid)



## KADIMAH TENNIS-75

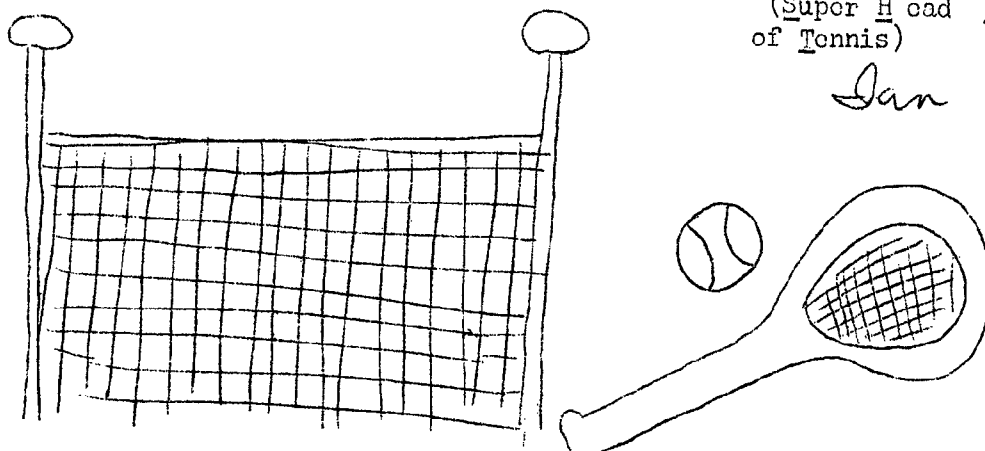
The weather this summer at Kadimah was perfect for tennis-and with a new tennis net for one of the courts, the facilities were in great shape. Many people signed up for tennis, so many in fact, that some had to be cut from the club. The popularity of tennis was evident this summer by the presence of so many beginners in the club. The main objective was to teach them the basic rules and regulations, how to keep score, and the proper strokes.

Over the summer, the improvement could be seen in most of the participants, especially in their knowledge of the rules. Special thanks go to Mitchell Toker for his assistance which was greatly appreciated.

I hope that all of the beginners this summer go on to play more tennis at home and really take up the game for enjoyment and fun.

Ian Zatzman-S.H. I.T.  
(Super Head Instructor  
of Tennis)

*Ian*



## WATERFRONT REPORT

Recalling that our original and most important objective was to combine the elements of safety with fun on the waterfront, we have no choice but to conclude that we were immensely successful. We think that you even had fun in the Instructional penlat. at least you all learned how to go down the slide with perfect form (and manage to shout out at the same time the names of those involved in the latest romance). and those of you who didn't love the classes, had fun in the Water Games chug, which was one of the largest chugim of the summer, or in the "free play on the waterfront"s.

The lap swimming and daily dipper programmes also met with success this summer (meet the daily drip on the veranda of #25 about 10 minutes after the meal). at the time of writing there are about 15 daily drips, almost that many sharks, and a barracuda or two (no dolphins or great white whales yet, sorry to say).

Of course, waterskiing this summer was as popular as ever. We had many newcomers to the sport and many of these progressed rapidly and are leaving with some of the style and the grace that was frequently demonstrated by their instructors - don't mention it, 'twas our pleasure. and many a skei mayim veteran mastered more difficult starts than they had been doing, or improved on their sssing. Thanks, Macharniks who rendered shot gun services.

Thank you for listening. You made the summer fun for us, too. Marcus Brian Rachelle  
Beth Pam Matthew Howard

# DIRECTOR'S REPORT

FROM THE PORCH...

An office porch  
overlooks the camp.

A stage

on which the joys  
and fears of a summer  
are acted out...

its rails have supported  
the fatigued and the frustrated  
the guilty and the gregarious

A small wooden platform  
with an accomodating soul

A counselor refuge

from the pressures of the day

A camper's link with home

A base of security

while Kadimah sleeps

A silent witness to

the people game

its modest size belies its significance

its ugliness masks its warmth

A quietly noisy intersection

at which program and people meet.

A fragile structure and yet a pillar

a porch----

a camp----

a nice kind of summer.

With Love,

Paul

The Porchkeeper.



1975

# GIBBORIM!

Gibs, we're the ones,  
The section of the Season,  
Gibs, balls of fun,  
Don't need no other reasons.  
Gettin' in to everything  
from rowing boats to clay,  
You'll never see us stop  
from dawn till end of day  
At Kadimah  
We all come alive!



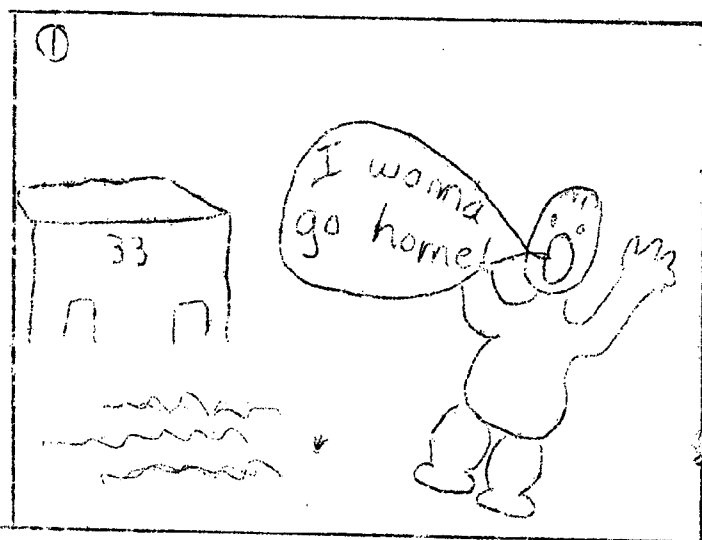
Cabin 33  
Cabin B&C

Junior  
Mac.

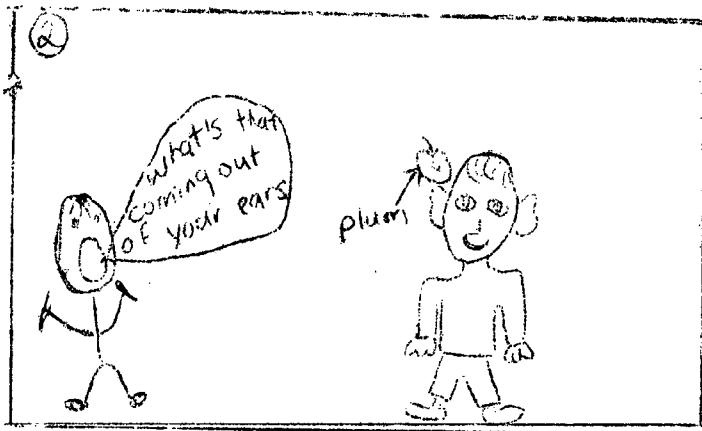
# gibbigs in Kadimhan '75.

A FLIP BOOK

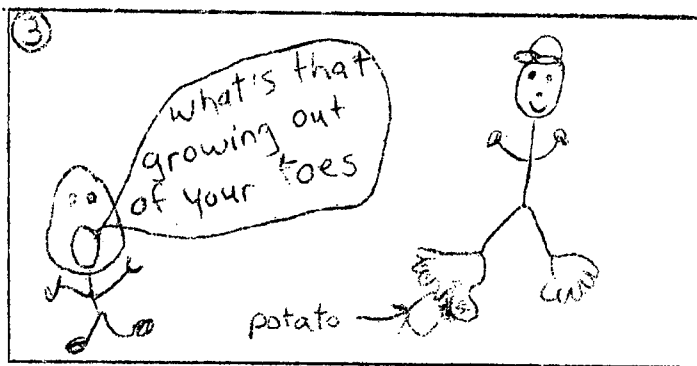
by Shirley



When we started  
Some were fearful  
On the other hand  
Some gave us an earful  
But most just waited  
and speculated  
about the summer to come.



We're on our way  
Peulot and hey  
don't forget  
3 Snacks a day.



Record breaking  
and pottery making  
Special events from  
picking flowers  
to taking showers.

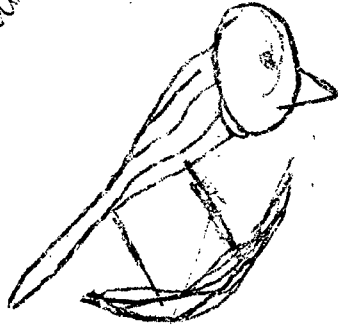


The Big "M" came  
the big "m" went  
and into panic  
most were sent.

Andre Andre Andre Arlene Evaneilorne  
Susanrinah Shelly robyn Shira Joe  
Elyn Janavivacherise steven j  
ason mark kenneth Wayne a  
llan adam jonathan Iaan joe  
Mark Michael adam Joey alan  
Billy not to forget. Beth  
Pam Milo Bimbo, Mitch, Irwin Ian  
Jeff Howard + Dybbyk.

At Kadimah '75  
Some say we all come alive  
and if anything has made  
that statement true  
it is, of course  
each and everyone of YOU!  
Love Shirley.

I like all the baseball games  
and floor hockey and  
arts & crafts too  
I love playing table tennis  
and crawlway. Isaac Brown



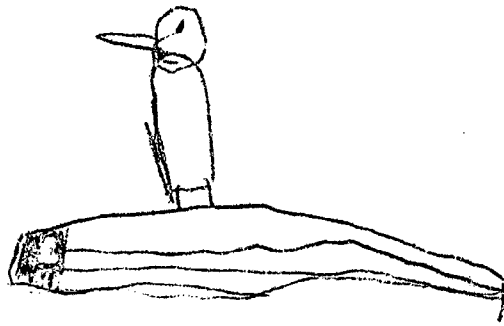
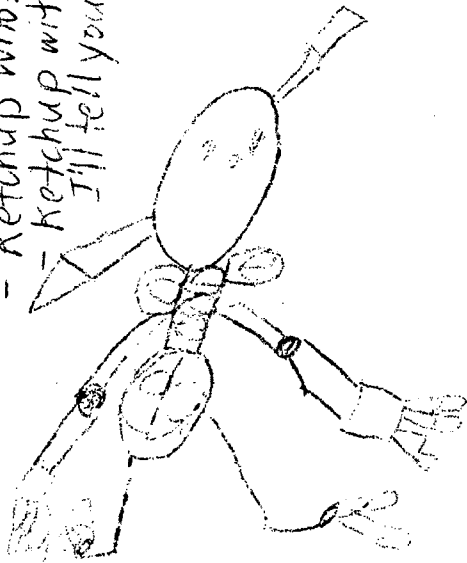
# Giborim Creativity

Q. What's the tallest Building in the world?

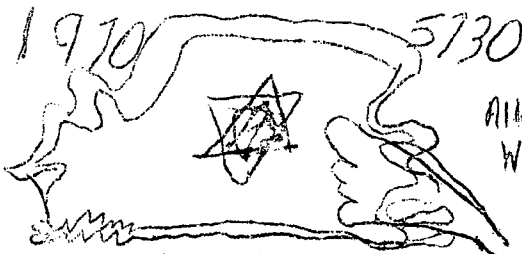
A. The library, because it has so many stories.

-Lorne B.

- knock, knock!  
- Who's there?  
- Ketchup.  
- Ketchup who?  
- Ketchup with me & I'll tell you.

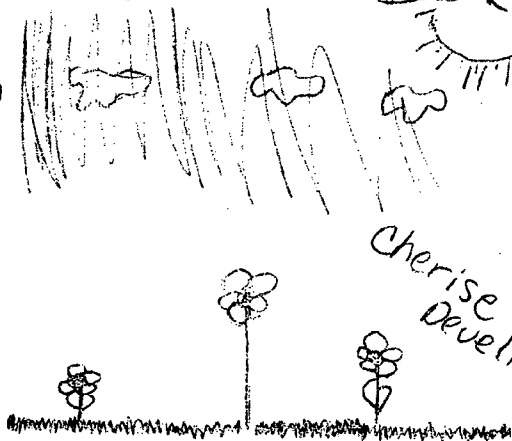
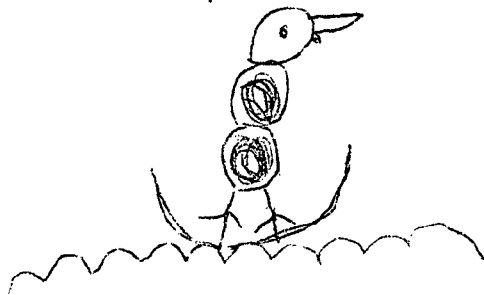


ZION  
POWER



Allan Webber.

Lorne Brown



Cherise Develin

Knock knock, who's there, Ida, Ida who? Ida know

Knock knock, who's there, Madame, Madame who? Ma damm foots caught in the door.  
by Jason Budovitch

Maccabia is barrels of fun  
When the plane dropped papers we all did run  
Five days later we did shout  
That red team won our maccabia bout  
Cherise Devlin

Camp is a ball. The sports here are great. You play lots of softball and floor hockey. Our counselors are very nice. All three of them. My buddy is Victor Fineberg. My two best friends i've made are Joel Freidman and Bill Chernin. They are both very nice. We won Maccabia but I don't care because it was a ball I'm coming batk noxt year because camp because camp was a ball

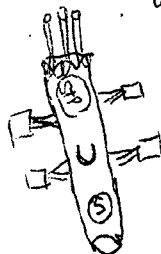
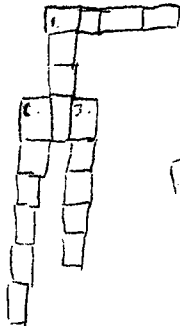
Camp is really fun this year. In camp you get up at seven. You have Haftah and that is when you exorcise to wake you up. The n you have cabin cleanup and then you get inspected. After you get inspected you go to breakfast and after breakfast there is mifkad and thats when Shaul tells whats going to happen for the day. after that is poulot and that is when you do things like A. C. P. ect... That goes to lunch. After lunch is rest period for an hour and afte r rest period there are chugim and cabin choice. That goes on till four thirty and after that is snack. Then there is a general swim and that is when you get to go swimming but you need a buddy. After general swim you can do whatever you want until supper. After supper is an evening program and then cerfew at nine,  
Susan Brinker.

I liked camp this year and I liked swimming a d rowing and my counselors.  
Shelly Webber

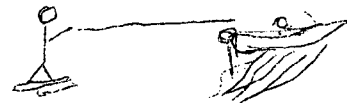
I like camp because it is fun. All the singing is fun I like running and swimming and rowing boats and all sports. We will be going home in a couple of days. Boo hoo. But, I still like to go home. I am going to miss all my friends and camp.  
Andrea Brown

#### Crossword Puzzle

1. Down- Who came last in Maccabia 75?
1. Across- Who is Joel's and Adam's buddy?
2. Down- Joel is Adam's \_\_\_\_\_
3. Down- Last night I had a \_\_\_ about a witch.
2. Across- Who won Maccabia.



Written by,  
Joel and Adam.



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Cabin A  
Cabin 74  
Cabins 8 & 10

# GOSHRIM

(and our very own...)



To the Goshrim Section:

I may be leaving camp still owing you one overnight hike and an official showing of the Goshrim film, but that doesn't mean the summer wasn't a lot of fun anyway.

We at least finished part I of the rock garden and there's always next year for the sculptures! Our big day in Bridgewater may not have been as challenging as a hityashvut, but we ate more there. We broke some records and we even won a record, this summer—all of which you can be proud! In six weeks we've learned a little more about ourselves and each other and, most of all, how to live together. My congratulations goes to Brian Epstein who was the only one in our section to correctly predict the opening day of Maccabia - did you bribe a judge, Brian???

B'Hatzlacha to all of you and thanks again for the terrific birthday party! I'll miss all of you.

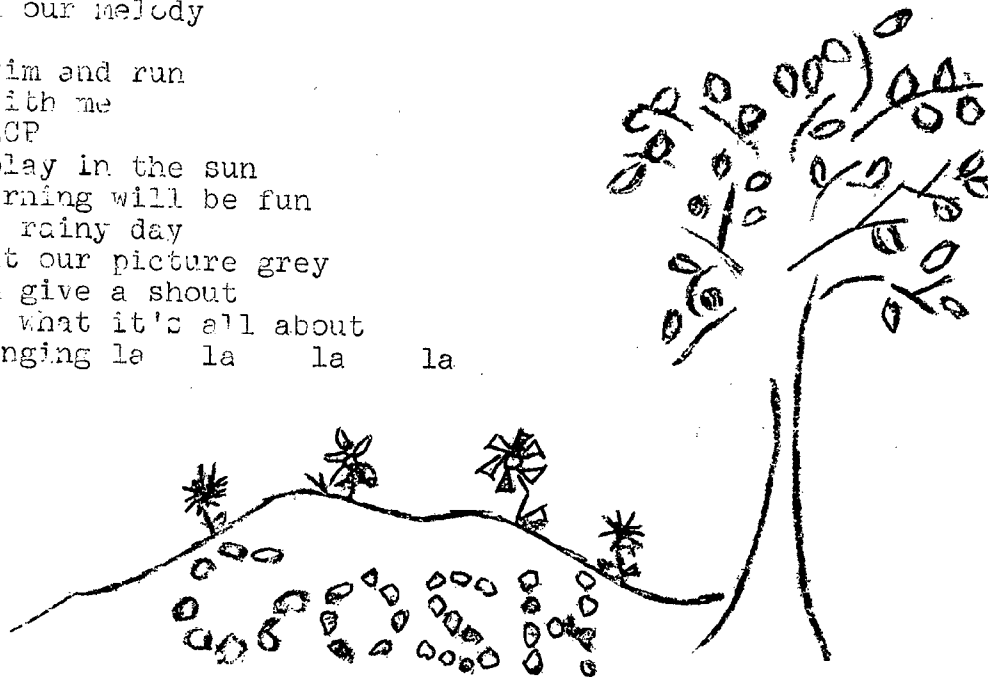
Love,

Iris 

### Goshrim Section Song

Please come along  
And sing a song  
In Goshrim harmony  
We're glad you're here  
To join our cheer  
So join our company  
And make Kadimah swing  
We've got to sing  
Who cares if we're on key  
We're outasight let's hit the heights  
So join our melody

Come swim and run  
Paint with me  
Enjoy ACP  
We'll play in the sun  
And learning will be fun  
Not one rainy day  
To paint our picture grey  
Goshrim give a shout  
We know what it's all about  
Come singing la la la la



### Kadimah '75

This year was pretty good. The weather was okay too. I really liked Maccabbia because we came first. The activities are very good this year but I think we should have more of them. I really liked going to the exhibition and the movie. Regatta was good this year. I was on team two and we won. Tish Bay was okay and I think it worked out better than last year. We had a lot of fun on Machar day. Our counsellors that day were Marilyn Garson and Nancy Davidson.

If there is anything I don't like though it is kupah  
y Camp this year is a lot of fun and a good place to be kept busy.

Laurel David.

### Jokes On Camp

Camp cook, I do all the cooking for the entire camp, and what do I get,  
Nothing.

Camper- "You're lucky!

We get indigestion.  
Counsellor- Why are

the casting on your line straight up into the air instead of in the  
water?  
Camper- "I'm trying to catch a sun fish."

Lisa Prossin and Tobi Nathanson

### The Lady From France

There once was a lady from France  
And she liked to dance in her pants.

One day she went looking and found her pants cooking,  
oh that funny lady from France.

Rachel S.

### Smile

Always smile never frown.  
Do good deeds and you will be crowned.  
Someday sometime, some year.  
So do good deeds and then you will find,  
true life.

Lisa Goldberg

### Frowns

Here's the opposite of part one,  
Never frown because frowns bring bad things.  
All the time, all the year, all day.  
So smile have spirit, and you will be happier  
all your years.

Lisa Goldberg

### Riddles

What is red and purple, and red and purple?

A cherry that works at night as a grape.

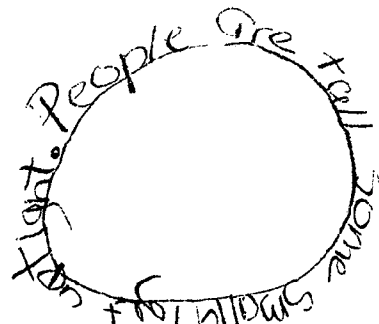
What does decor mean?

It's the part of the apple.

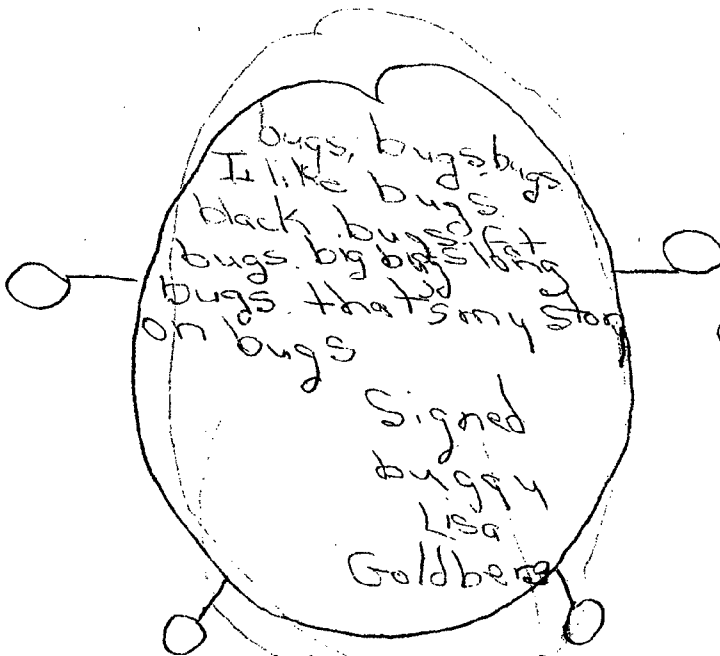
Why do baby ducks walk softly?

Because they can't walk at all.

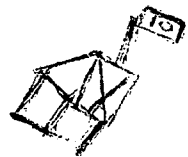




Black + white  
Some people are



Some people are  
Come from France  
Some people are  
Gail Gottlieb



\* The 10 Lovers of '75\*

Brian Epstein & Rachelle Levine  
Iris Jacobson & Alan Levine  
Stephanie Myers & Mark Rosen  
Milo Burnstein & Danny Rajf  
Hughie Smilestone & Amy Newman  
Gila Smilestein & Brad Saltzberg  
Rachelle Goldberg & Jeff Mark  
Howard Litchman & Frances Alexander  
Stephen Flomen & Marla Jacobson  
James Acker & Andrea Chernin

Camp Life of '75 - Boni Loebenberg

Camp this year has been lots of fun. First of all we were supposed to go on a hike. Then, because of weather conditions we couldn't go. Instead we went to the fair and went to a movie. The movie was called "To Bite the Bullet" and was good too but felt we could have been allowed to spend more money. (probably I enjoyed it alot because I won something). Now for Maccabia. I thought it was really neat the way they started Maccabia. I was on white team and we came in second. Oh well, it was still lots of fun. Well, that's my opinion of camp life this summer, in the whole I really enjoyed it.

Camp - Lisa Prossin

I liked camp this year. It was lots of fun. We swim and run and have fun. We had Maccabia and this is the order they came in: red-first; white-second; and blue-third. We had Regatta and we have inspection everyday. Our cabin has won a trophy in inspection. We went to the Exhibition and to a movie. I am really having fun at camp and I am looking forward to coming back next year. Well, that's all.

Camp '75- William Dubinsky

As a first year camper which I was this year I found camp very interesting. For one thing Regatta was a lot of fun. A canoe was coming in during a race and they almost won except they tipped over. Another time somebody put a cup of water under my raincoat. When I went to bang the cup it tipped. Unfortunately, the cup was on my bed. the water went all over my bed and my covers. The covers did not dry out for a week. Maccabia this year was a lot of fun. I was on white team and we came second. The funniest thing of all was when the camp director read out how many points we got (7035). We thought we won and we're jumping up and down. Who really won was red team. That's it for '75.

Camp - Dina Dankner

This is my first year at camp. I have had a lot of fun this year. I have met many new friends and learned many things too. I want to come back here next year. I really hope I do !

Cabin Hopping - Amy & Beth

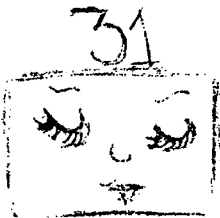
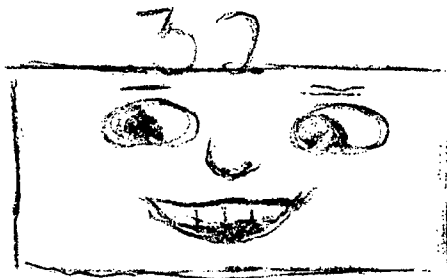
After curfew when lights go out from cabin to cabin we go hopping about. With Yosephi and Carol and Bimbo on Mishmar if we get caught we won't go far. As me and Beth are writing this, we think of the nights that we have missed. While getting there we had it made but our luck did fade. This poem may not mean much to you, but to Amy and I it was very true.

K O C H O T

75

KADIMAH

75 WAS

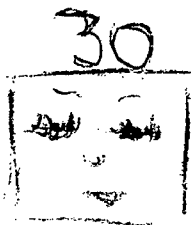


REALLY KEPT

ALIVE



BY THOSE  
DYNAMITE  
FOLKS  
CALLED KOCHOT.



Dear Kochot,

The song we wrote goes, "We're Kochot and we're something new," and for me you certainly were. I had never been to a Jewish camp before in my life even as a camper, let alone as a counsellor or section head. Kadimah was a totally new experience for me.

In the first couple of weeks I was unsure of you and even more of myself. The simplest things would worry me. Would I learn everyone's name? Even more important, would I get to know and understand everyone?

Now, at the end of the summer I feel partly fulfilled and partly unfulfilled. I did get to know all of your names but I did not get to know all of you really well. I realize it is impossible to get to know 36 people in 6 weeks but I still wish I had.

Perhaps more important, however, is how you all got to know and understand one another; how all of us, campers and counsellors grew together into a unit.

We've been through a lot this summer. A one day disaster called Hityasvut that was great anyway. More than our share of people going home and happily the same number coming back. I really am exhausted and to me that means a lot has happened this summer.

I hope that you have all gained as much from this summer as I have and I hope that for you, as it has been for me, Kochot '75 really was "something new".

- Alan Levine

*Alan Levine*

### Midnight Swim

The Kochot section had a midnight swim on the third last night of camp. My friend and I had a real good time. We went down the slide and did duck dives. It was really neat when you were by the slide and someone went down because it was dark and when they went down the slide the spray went up against the spotlights and made a rainbow for a second or two. When you dove under water and looked up you saw little bubbles of light. I had a lot of fun.

By Brian Glube

The candle was lit  
but the room was dim  
I saw his face  
and his pale skin.

I touched his hand  
his fingers were cold  
Here was a man that once was bold.

He had fought the war  
a wretched place  
His family was lost  
in the human race.

By Carrie Jacobson

### -Camp Kadimah

It was only my first year at Camp Kadimah, but it was great. The kids were fabulous. There are only 4 days left and everyone is looking forward to the banquet. The arts and crafts this year was also very good.

By Natana

### The Chair

It sits in the middle of the room,  
creaking while it rocks  
It's as someone lives in that  
eerie house, the one with the nailed boards.

Summer is the greatest season,  
for many reasons.  
The weather is warm,  
there's never a storm!  
But the best reason of all  
is after the fall

When we go to Camp Kadimah.

We have lots of fun, play games and run.  
And the last day of camp we left on the bus,  
Leaving for home, making no fuss.

By Lori Silverman  
Lisa Levine

When Kochot went to the General Store, . . .

Two weeks after camp started, Kochot were promised they'd be able to go to the general store. We were able to leave right after Mifkad as long as we'd be back for 2nd peulot. It was pretty hot that morning and the trip up the hill wasn't at all pleasant but we were all really anxious to reach the general store, after twenty minutes of walking we finally reached it. Our section was only allowed to spend around a \$1.50 when we walked into the store it was like we were walking into civilization. There was so much to buy but a limited amount on how much we could. After 20 minutes or so everyone felt so good walking down the hill carrying their purchases.

Glenda Smiley

#### Greeting the Shabbath

The sunsets over the blue water,  
So, quietly slipping away.  
Gathered around together  
We greet the Shabbath day.  
So, happy, cleaned, excited  
The wind whistled softly by,  
And anxiously together  
We kiss the sun good-bye

Ann David

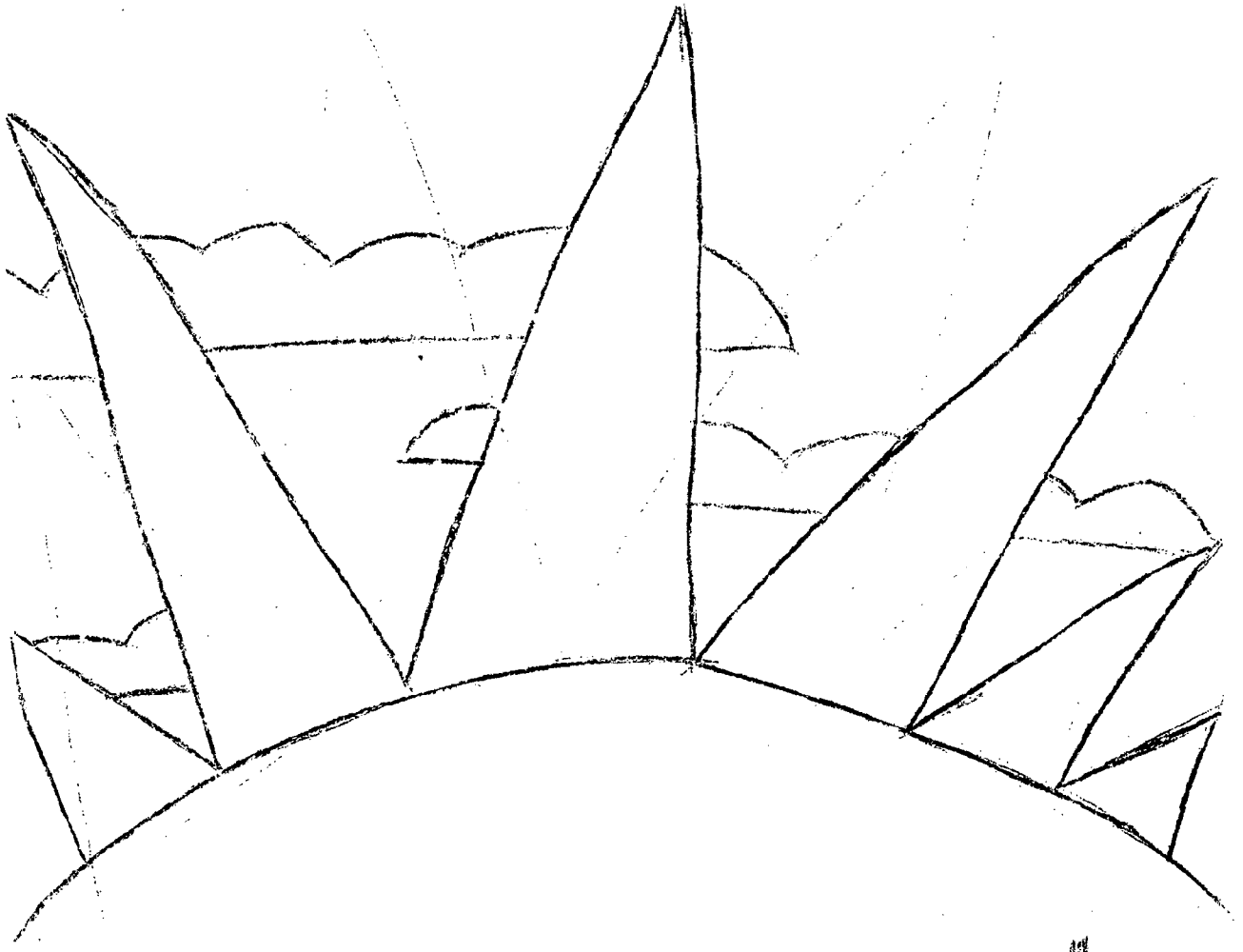
Cabin 30 wouldn't be cabin 30 without:

Amy Paton's messy corner  
Sherry Koven's imitations  
Wendy Habelow's beige bra that matches her skin  
Pam Medjuck's summer medications  
Glenda Smiley's love(?) of moths  
Cheryl Freedman's Ace  
Miriam Shek's ballet and tap shoes  
Carrie Jacobson's food  
Heidi Schwartz's Shabbat bed  
Beth Velensky's burps  
Elana Velensky's unmade bed  
Ann David's mirror  
Marlene Garson's no sitting on pillow  
Susan Marshall's fr. bed  
Donnamae Rutman's inkleoink

#### Camp Kadimah of 1975

This year at camp was outstanding in sports, hikes and most of all friends and fun. It's just like I turned around and camp is suddenly over. Maccabia was fantastic but it seemed so short. I really enjoyed the expedition. The cabin and kids I lived with for six weeks were just great. The food wasn't all that bad. I'll really miss all my friends when we all go different ways on August 14, 1975. I'll miss you Camp Kadimah!

Shayna David



MACHAR!

CABINS 13, 14, 16

mauvaise  
nouvelles!

ROSH MACHAR

" If you ever change your mind  
About leaving it all behind  
Remember, Remember, Today . . . "

As I gaze into the Mystic of Machar '75 many visions are conjured up of thirty blue meadows, trudging through hapless days of programming. Ah, but I believe this not to be true, especially of this summer.

What do we remember most of Machar? No doubt it will be the spectacles of programming, the Glacier Crisis, Face Changer, Canoe-Hityashvut, Tisha B'av, Maccebia and others. My mind, however always is drawn to our Rad Hayome where Machar really was seen as a camp.

What was our purpose this summer? Was it the same as the others past? It's hard to put down into words exactly what one wants to accomplish in a short period of six weeks with people whose only purpose is to have a good time, to expand their minds a bit, and to meet new friends, hardly anything more. Who are we to expect a different attitude than this. We were once campers as you are now, doing the same things, wanting the same things.

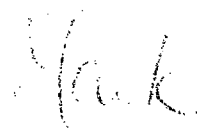
I feel your learning experience this summer was varied enough so that everyone could find something to interest them. To this end I can only express my appreciation of Howard, Steve and Deb who have done great jobs, because without them, Machar could not be. Macharnicks, your cooperation was also greatly appreciated, believe me when I say I enjoyed being with you this summer.

This may all sound a bit euphoric, to say that everything done this summer was good. We did try to give you a sense of your Jewishness, to bring you together as a group, to present to you through thematic programming different aspects of your personality. To believe that all this was accomplished smoothly is false. Every group activity meets with problems. Machar is no different. There were many problems. It would be too much to believe that a camp could go smoothly without disagreement. Our problems, however, were never enlarged to the extent that it disrupted our program or the camp. When there was negative reaction it was as a group. When there was positive reaction, again it was as a group. Of this the madrichim are grateful and we have no one to thank but you Macharnicks.

To some of you, this is your first experience in a semi camp. I hope you not only enjoyed it but gained something from it, as well. To those second year Macharnicks, I also hope that this summer fulfilled your expectations and that you will continue on together in your camping experiences.

Take care, all of you

Mark  
Rosh Machar





REFLECTIONS ON MACHAR '75

So you've finally reached Machar, big deal. It's no different than any other section really, except we expect a lot more of you. Also it's the time of your life when the masks you make for the summer last a lifetime. Our first theme was "communication" (remember the icebreaker and Johari window). and that's what it's all about. Trying to understand others and ourselves. Too often, people speak and we hear without listening. We begin at Machar to struggle with the roles and images we have established for ourselves in the past and we see if they really fit us or if we're really happy with them.

Along the way we take daily dippers into our Jewish history and heritage. That's the real reason we are all here, but that sort of gets lost in the shuffle at Kadimah sometimes. Machar is no replacement for a solid Jewish education but at least we try to give you a taste of what it's all about. We spent a lot of time choosing ingredients and very few people threw up this summer.

To those of you who will be going to B'luim next summer, Good-luck. You're more ready for it than Macharniks have been in a long time. I'm sure you'll all be dynamite.

As for you yo yos who will be back again next year, you've got a big job. You've got to break in the first year kids and help us set the proper level and tone. On the ride, in our spare time we should have some fun too.

As a staff we've tried almost our hardest. We're not really "blue meanies". It's pretty rough being a 4-man, I mean,  $3\frac{1}{2}$  man and  $\frac{1}{2}$  woman staff. We haven't reached all of you. Each of us on staff is a different individual and we relate to different people. That's what it's all about. Looking at people as individuals and trying to find their specialness. At Machar we try to make that specialness shine.

Remember...

"People are like pictures,  
The more you look,  
The more you find."

Mauvais Nouvelles  
Howard

*Howard Lichtman*  
S'gan Rosh Machar

### The Good Little Macharnicks

The Madrichim of '75 were especially lucky, because they had the best kids in camp Machar's history. They never caused the slightest bit of trouble, never snuck to the general store, missed a program or were out of the cabin after curfew. They were the ideal campers, every counsellors favorite dream, and I hardly even had to say that everybody got along. Fight? Never! Especially in cabin I6. As soon as Rod Hayom was over everyone went straight to the cabin and was asleep in 5 minutes.

Hikes were always fun. Nobody complained and even if they had offered, nobody would have accepted a drive back to camp. Everyone walked back to camp in one group always staying together (especially the 2nd day of camp).

We were always good about swim instruction. Everyone would rather die than get an excuse. And we were a constant source of pride to our instructors.

Since we all know that our madrichim are already upset about losing their darling little angels, I won't make them suffer any longer.

Sorry for all the troubles we gave ya.

Marilyn Garson

### To Machar With Love

In this article I'd like to show my appreciation to all those in Camp Machar who made this my most enjoyable summer at camp. I think everyone was friends in the true sense of the word "friend". Whenever you had a problem you could talk it over with one of the macharnicks or the madrichim who were always willing to lend a helping ear. I'm sure I will remember you all as true friends and I look forward to seeing most of you again next year in Bilium and in future years.

Avrum Floman

### The Great Escape

It was a Saturday afternoon and the sun was shining. A perfect day to go to the general store. Two machar girls (no names mentioned) decided to go to the store. We brought a few dollars with us, and out the path we went, free of camp. Carefully we went across the bridge and in two seconds flat we were on the other side. We kept on the right hand side of the road, and whenever the road was clear we would walk in the middle, taking a big risk of losing our lives. We didn't have to do any ditch jumping, so we were pretty safe the whole way. When we arrived at the store we carefully looked around for the camp truck, but we didn't have to look very hard because there were no cars around. We thought that there were no customers at the store, so carefully we walked over to the door and pulled and pulled. The door was locked. I guess we were out of luck. We trotted back down the hill a little depressed. Well I guess it could have happened to anyone!

Nancy Davidson Machar '75

### Camp Machar '75

This year I found myself in my second summer in Camp Machar. By far, this year of all my six years at this camp was the most enjoyable. Not only were the programs day and night excellent but I really found the true meaning of friendship from both the Macharnicks and the Madrichim. Everyone did not feel as individuals but as one whole unit in which people could confide their thoughts whether they be happy or sad. That in total is what Machar is about, a great feeling of unity. Enough said, I'd just like to tell you if you will be in Machar next year. You will probably make some of your closest friends and have a great introduction into the role of leadership with younger kids and a lasting affection for fellow Macharnicks. So all I can say to those someday Macharnicks is try it, you'll like it.

Richard Siegel.



## Raiding A Cabin

Before I tell about the raid I will give a good piece of advise."

That is never raid your own cabin! Well that is beside the point.

Well it was Friday afternoon during Maccabbia when I was in a Mischevious mood so I thought I would mess up someones bed. One bed lead to another untill finally the whole cabin had been wrecked. We (and an unmentionable name and I ) told everyone that the cabin had been raided. They ran in and didn't know who did it. because our beds had been messed up infact worse then all of them put together. Aft er awhile we both told them that it was us who had done it and we were going to clean it up.

All of the sudden a certain person (ANOTHER unmentionable name) walked in and saw what had happened. She didn't think it was so funny so she took her anger out on the window. I have learned from this incident not to raid your own cabin during Maccabbia.

Peggy Rinzel

### The F.B.I.

This year in Machar there was a very important organization made up of Sergant Lorne Simone, Captain Bruce Simone, and the Right Honorable Head Lieutenant Ray Zatzman. Whenever gossip could be found, you would probably see one of these three F.B.I. The are a where confidential secrets could be heard was ~~tax~~ the office.

The correspondent in the office was Lorne "Big ears" Simon, who performed his tasks well throughout the season. Bruce "simple" Simon spent most of his time covering News reports at the infirmary. He will be receiving his medical degree after camp and also his Doctorate of Gossip. Ray "rover " Zatzman covered everything that Bruce and Lorne missed, which wasn't much. In the infirmary, Ray would help Simple Simon by posing as a patient and keeping the Doctor busy while Simple Simon would probe Mindy.

To conclude, we would like to say that this has been a very successful year and ~~was~~ we are in the process of publishing a book of our trials and tribulations called "Everything you always wanted to know about Camp but were afraid to ask". If you would like a copy of this fantastic book, send \$29,95 to the F.B.I.

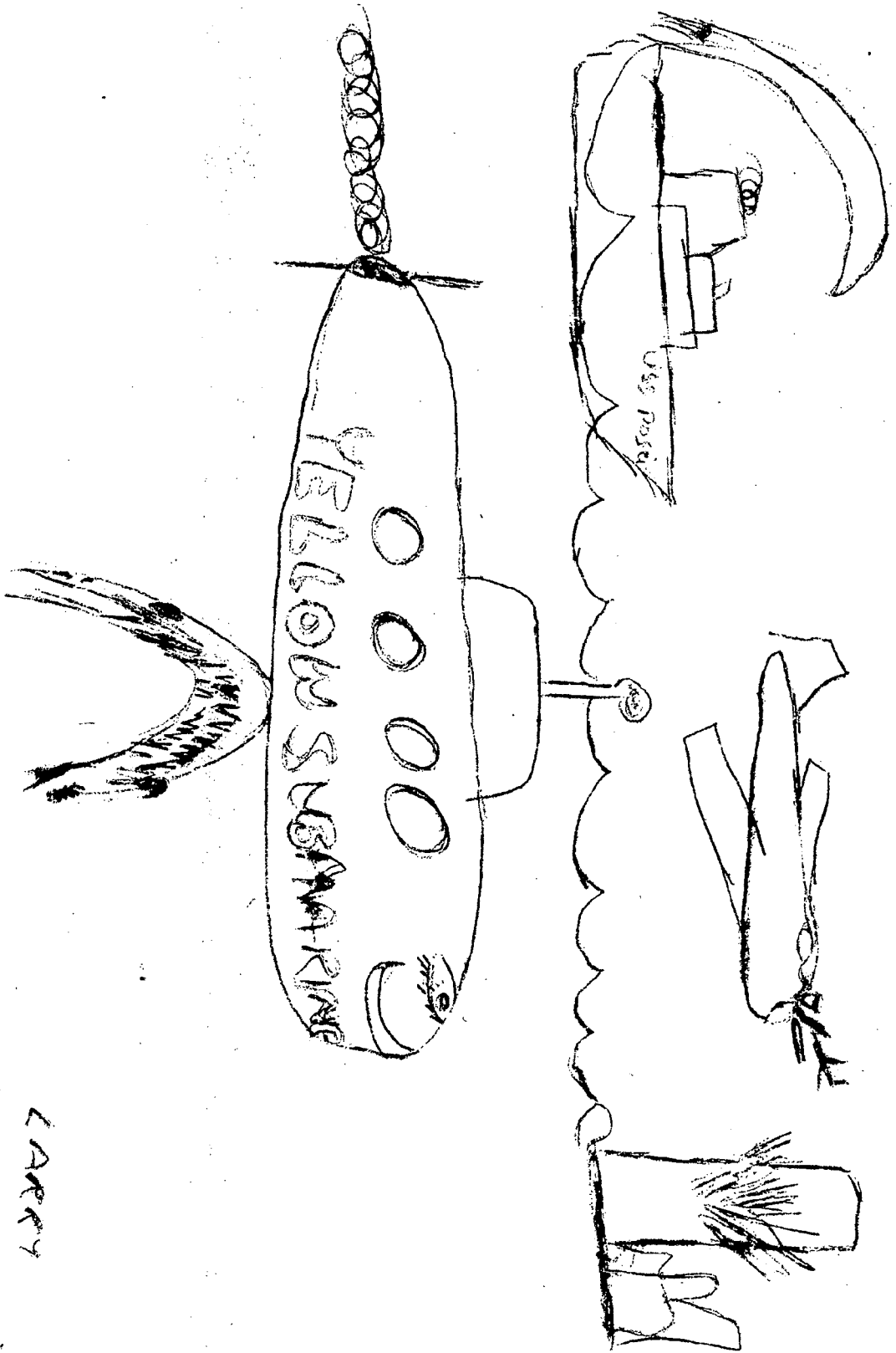
Thank you very much,

Ray Zatsman  
Bruce Simon  
Lorne Simon

### Last Will And Testament Cabin 14

Frank Friedman leaves wondering who took his pop  
Perry Sable leaves without his spider  
Ray Zatzman leaves for a better bed at home  
Lorne Simon leaves with a life jacket on  
David Devlin leaves with clean laundry  
Avrum Flomen leaves with his golden key to Frankie  
Brian Ross leaves with Bad Jollies  
Richard Freedman leaves ~~with~~ for Rosemir  
B.J.Chernin leaves with only one window broken





LARRY  
GOLDMAN

### The Hurricane That Wasn't

Marc Rosen announced to us one night at Rod Hayom that we had to get back to our cabins right away. He told us he would explain when we were all in our cabins. Marc, Howard, Debbie, and Steve came in and told us that we were expecting a storm with very high winds. When they told us that, we almost died laughing (can you blame us)? Finally after many convincing stories we believed them, and a lot of the girls went slightly berserk. I quietly went around shutting all the windows, and then we finally settled down to go to sleep. The next morning we woke up with part of a tree thrown on top of the cabin! We were told to pack everything we would need for overnight because we were all going to the Ulam till the storm passed. In the Ulam we saw a goo Christian movie and when the movie was over the tail end of the hurricane called "Blanche" was over and we could all go back to our cabins.

Marcia Yampolsky

### Our Rainy Day Program

One Friday afternoon it started to pour so Janice and I decided to wash our hair out in the rain! We poured half a bottle of shampoo in our hair and we were floating in suds! We finally decided to get the shampoo out of our hair and we were going to rinse it in the shower house. As we were walking to the shower house Brian and Richard dashed in. Janice and I were freezing in the rain and the suds were flowing down into our eyes. Cute! So we ran across the bridge to try our luck in the other shower house. Shual saw us running across the bridge with shampoo all over us and he told us the other shower was filled with boys! This was a fine situation we were in. Finally we decided to rinse our hair in the sinks. We both got colds from that little experience! I don't advise it to anyone in their right mind or for the wrong for all I care.

Marcia Yampolsky

### What Would Cabin 16 Be Without\_\_\_\_\_

Shari Goldman's -- HAIR  
Marcia Yampolsky's -- VISITING CABIN C  
Nancy Davidson's -- CENSORED WORDS  
Jan Fox's -- YELLING  
Marilyn Garson's -- CHEESE AND HAT  
Leslie Goldman's -- CLOTHES  
Peggy Rinzlers -- LOVE LIFE  
Arlene Epstein's -- FOOT STAMPING ( OR BETTER KNOWN AS TAP DANCING)  
Judith's Shane's -- J.D.  
Kayla Jacobson's -- COMICS  
Simone Roserweigs -- TWELVE O'CLOCK  
JudyClaey'S -- ESCAPADES

### Lorne's Laundry

Last Saturday afternoon I spent the afternoon washing Machar's clothes at the Soap Bubbles Laundermatin Bridgewater. I did it for three and gee was it hard work. I never want to do it again. To all the guy's whose laundry was washed I will be sending you a bill in the mail.

Thankyou Lorne Simone

Step by Step Instructions on-How to Make Mischief in Machar  
Brought to You Courtesy of Machar's Chief Mischief Makers

- 1-The first thing to do is realize your madrichin's weak points. This comes in handy for getting them mad, even when they are at their best.
- 2- Before you go cabin hopping, check who is on Mishmar or Shmira, because if it's someone who doesn't like you, you'll be on their report.
- 3- When you're going to sneak up to the general store, make sure the camp van is in, and go out only when there are no programs to attend. Always carry a jacket with you to hide the bag when you get back to camp. Don't go more than once or twice though, and be very careful.
- 4- Make sure your raids are legal and approved, or otherwise,  
mauvaise nouvelles

Just a word of advice- have fun but don't go too far, or you'll have to deal with Shaul. When you get caught, don't argue, that just gets you in worse. Our madrichim, Mark, Howard, Steve, and Debbie were good to us when it came to breaking the rules (after all, they were once campers too), and we want to thank them for it. Sorry for any trouble we caused, and good luck.

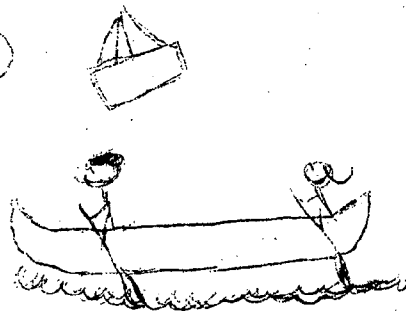
Marcia Yampolsky & Janice Fox

P.S. Your lucky, you have this article, we had to learn it the hard way.

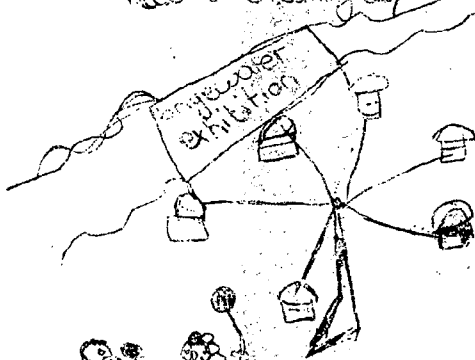
# Special Events



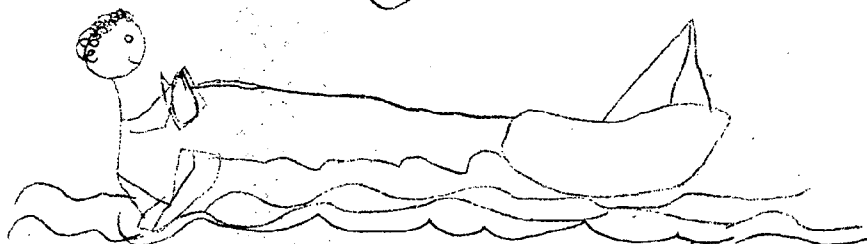
Record breaking day



regatta



water ski show



SPECIAL EVENTS



RECORD BREAKING DAY :

On Record Breaking Day people would have an event to do, and if they did their event for a center time that passed the provincial record. Me and Marla Jacobson passed the provincial record in pyramid and it was very hard for both of us. Me and Marla stayed in a pyramid for 55 minutes.

Jan Mathanson

This year we had a Record Breaking Day. In order to see what records Kofimah kids could break. The events were as follows: Bubble gum blowing, basketball dribbling, cookie eating, two man pyramids, clothesline, skipping, standing on heels, etc. Most of the records were broken, and prizes were given out to the record breaking winners. It was a fun and enjoyable event.

Marla Jacobson and Lisa Stulman

Hopping Contest

I won the hopping contest on Record Breaking Day. I hopped for 11 minutes and 10 seconds and won a bar and was put in the year book.

Lisa Prossin

THE BRIDGEWATER EXHIBITION:

Exhibition Day-First we went to the exhibition and found out that the rides weren't open yet. So we went for a walk, then we went to a playground and played for a while and then the man let us in. We played some kind of tennis and then we played soccer baseball and then we went to the fair again. We went on some rides and then we left.

Arlene Carter

I liked the fair. I went on all kinds of rides-the spider, tip top, tilt a whirl, scrambler. I played games. My counselor was Phil Dubinsky.

Joelyn Levine

The Bridgewater Exhibition was a ball. I ate and drank a lot and went on a few rides. I played alot of games. We went to the Bridgewater Mall for an hour and walked around. I got a bite to eat then we went back to the Exhibition to see cows, chickens, sheep, and the horses.

Anonymous

Our section was supposed to go on a hike but since the weather was bad we couldn't go on the hike. Then Lisa announced at dinner that we were going to the Exhibition in Bridgewater and to a movie called Bite the Bullet as a cinema. We both spent about \$12.00 altogether including the movie.

Philip Lovell and Lewis Chernin

At the exhibition I went on alot of rides and played lots, and lots of games. I won a stuffed dog and some little prizes. At the exhibition there were horseback rides, snakes, a show and lots of good things. When we went we had to be in groups. I was in Stephanie Myers group. That's it.

Lisa Prossin



Record Breaking Day!



HITYASHVUT

(I am woman)

We're a Jewish generation,  
and we're gonna lead the nation  
to win our promised land once and for all.  
Cause we're a destined generation  
with our hearts anticipation  
for unity and love through the land.

CH. Who Kochot's hityashvut is the best you've ever seen  
working together through rain, or snow, or heat  
With our ruach - we will love each other, with our koach  
We will fight together.

Destined Generation.

So please listen to what we say  
Heidi, Mitchell lead the way  
with hatchets, mallets and sportsmanship  
Come on people let's canoe  
Kejimekoojik we love you  
It's here that our team really unified.  
Chomous

Cheer

We've got the team that's gonna win this hityashvut,  
We've got the powerful kids and the gourmet cooks  
When our team hits the action it's the main attraction.  
We're the destined generation of '75

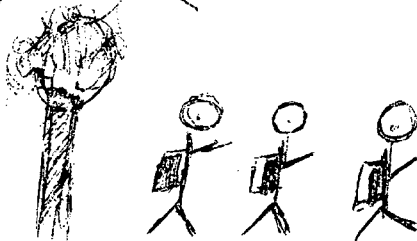
Well it started out, one early Sunday morning,  
With our spirits high and our ruach strong,  
You might think it's hard for us to work together,  
But a team like ours e we get along

Natures Children

We've got our mothers beauty and our Father in the skyto  
to remind us of Am Yisrael.  
Hityashvut this summer will not be a bummer.  
Because of Yalday Hatevaa.

HITYASHVUT  
75

CeT Bien ca!



Hityashvut, cont.

This year our hike started out as a canoe trip. We went to Jacques landing to get the canoes to start our trip and went to a nice site to stay the night. It was a warm night but I got so many fly bites I could not sleep. The next day we canoes to another place to start up our portage (carry and travel) for 5 miles. It was rough going through the path. I carried a metal canoe and brother was it painful on my shoulders. When we got to our destination we found out it was Hityashvut. The other kids that could not canoe were trucked out. We all had fun, it was hard work but we didn't mind it. The end of our trip was that we were supposed to canoe back but the water was too rough so we were trucked back to camp. It was a wet wait from the rain.

Bill J. Chernin

TISHA BA'AV

In the middle of July Tisha Ba'av started. The night it started, the counsellors did small skits around camp to show us what Tisha Ba'av really means and what really happened on Tisha Ba'av. The Holocaust was remembered. In the Holocaust 6 million Jews died. Most of the skits were based on the Holocaust and the Spanish Inquisition. The next day we fasted.

Pauline F. and Dena D.

It was a sad day-Tisha Ba'av. We were fasting and well, just staying back at the bunks for the rest of the day. In the night we had a program. A program telling about the Holocaust when Hitler set out the plan of getting rid of Jews. We went around to scenes of people in concentration camps, etc. and we realized we were lucky. Afterwards we read paragraphs about people who died. And then down by Cabin 30 and 31 a sign was made saying NEVER AGAIN. Then they burned it as everyone watched it burn, we sang a song. Curfew for Giborim and Goshrim came soon after. It was an interesting experience although very sad.

Lisa Shulman

Tisha Ba'av is a very mournful time in our Jewish history. Many people were hurt by this happening. It was unnecessary. This human named Hitler was very evil. He said that he had applied to an art school when he was a child and was not accepted, against this he rebelled on the Jewish people. Why, no one knows. On this holiday we show our feelings by fasting, wearing dark clothes and no leather. In camp we celebrate by doing the above and at night staff members put on different scenes about what happened in the ghettos and how people react. People hope that this event will never happen again.

Carrie Jacobson



### Hitler Rally of Tisha Ba'av

The resounding echo of "Zeig Heil" rang through the silent night air as Tisha Ba'av was welcomed in. The crowd screamed and roared as Adolf Rozen came to the stand, followed by his sidekicks, Brian Goebbels, Heinrich Zatzman, and other minor attractions such as Hermann Medjuck and Jeff Bohrman. Zatzman (Himmler) leader of the Gestapo, spoke first. His topic was of a personal problem...lice. Little Goebbels, Hitler's right hand Bullshitter came to the stand, to make sure his blunders were blamed on the Jews. As the howling mob saw the exciting physique of Rico Hitler, they, realizing that it was the climax of the show, fell into raptures of ecstasy. The fun was just beginning. Hitler talked, and talked, and talked and yelled, and yelled, and screeched, and screeched, but suddenly his authority was broken by a muffled, "Goebbels, did you cut?" in the background. To sum it up, borman, and Goring sat on the stage looking like prize idiots the whole evening. Eventually the big five squashed into the small red Datsun that was awaiting. From inside the car sounds of "Adolf move your ---- leg" were heard.

Ed. note- We do not claim responsibility for this story!!

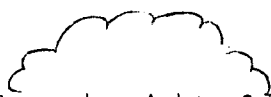
### REGATTA:



Regatta day this year was a lot of fun, the team participation was excellent, and every one worked hard, thanks have to go to Judy Frierich for her great cheering. It really helped our team. Thanks also go to Steve Sable and Ann David for their cheering. There were all kinds of races and although a few kids came cryin' and had to have an excuse for everything most of the kids were good. So, thanks team!

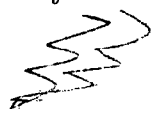
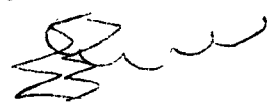
Sincerely, co-captain of Waves, Bill J. Chernin

### HURRICANE BLANCHE



It all started on the night of Visiting Day. It was thundering and lightening and we knew that we would probably have a storm the next day and we did. It was such a big storm that we had to stay in the Ulan all day. It was fun staying in the Ulan. We saw a movie and then finally the storm stopped. We all went back to our cabins. We were lucky we only got the tail end of it.

Cheryl Marshall



### THE HALIFAX-KADIMAH DAY

We all had reflections of last year, remembering how we hit Sam (Alabama) Fried. After one inning it looked pretty bad. Benny Nathanson had some of his old stuff, so did Craig Garson and Mark David! Nothing for Kadimah. The game dragged on. Brian Medjuck and Irwin Simon had camp's best hits. Kadimah was behind 13-6 in the top of the ninth. They then made their best effort in the bottom. Final score 13-9.

Basketball was the same story. But how could you go wrong with a team like Yosefi Dital, Iah Zatzman, Ray Zatzman, Alan Levine, Matthew B., Howard Center, Larry Goldman, Phil D. and Mark Rozen? Little did we know how good Dave Star is. We tried our best. Halifax even played with four people for the last quarter. Anyway, it ended up 80-63.



dribble dribble

## MACHAR DAY

On Machar Day we played lots of games. We went on rafters, shelves, and beds. It was lots of fun. The Macharniks were so nice. We played sports. We sung too. We didn't want our counselors to come back again. We went swimming. And then they put us to bed.

Susan Glube.

### Macharniks comments:

Camp Machar's Machar Day this year fell on July 29th a few days after Visiting Day. We were given no choice to whar cabin we were to receive but the Madrichim did an excellent job in selecting the counsellors for the right cabins. I had the pleasure of being counsellor of the Goshrim boys, cabin 10. We were told by their regular counselors who the kids to watch for in the cabin were but we had no problem at all with them. At first, We found out that they were going to try to take advantage of us but after some vocal force, they soon respected us. This is evident in the way that our cabin won inspection with an exceptional mark of 87! Enough about the glory! Now comes the sorrow part. Each section had to plan an ACP and an evening program. It is exceptionally hard to plan out these programs for a group of spoiled brats. Our ACP went over well but our evening program was a complete bomb out. Hopefully, I will learn from this experience. All in all Machar Day was fun.

Frank Friedman

The fun started when the madrichim woke us up at 6:30 that morning. (Too bad we don't always get to sleep in that late!) We were to replace 2 Goshrim counselors. What a good(for nothing) section! As we soundlessly entered their cabins, the little angels(?) raised their "sleepy Heads". The greetings we received proved it would be a LONG day. And we were right. We have to admit, their table manners were quite "extraordinary".

In the morning, peulot were hard, but they didn't compare with the chugim in the afternoon. The best chug was definitely boating. The two instructors (us) had a singsong in the back of an unsinkable while a well meaning Gib rowed us unto the rocks for 45 minutes. Our evening program topped off the day-in true Machar style-we bombed out! It took alot of hard work to plan a program that badly. Until next year...

Janice Fox

Marilyn G arson

After our Hityashvut we had two days to get ready for Machar Day . On Machar Day we got up at 6:30 am so we could be in the cabins before wakeup. I had the Gib girls with Marcia Y. and Peggy R. I had a great time. It was very tiring but alot of fun and I hope the other girls had a great time. We had a few tiny problems but we overcame them very quickly. See you next year, hopefully.

Kayla Jacobson



# MACCABIA '75



# THE ETERNAL SEED

MACCABIA '75

# DEDICATION

This year's Maccabia is dedicated to Ezra Eisnor; who, for thirty years, has been the mainstay of Camp Kadimah. He does the jobs that most of us are very reluctant to perform—such as fixing blocked sewage lines, tarring roofs, moving beds, and countless other odd jobs. For this camp season Ezra had a special assistant, his grandson Mitchell, who was also an invaluable aid to us.

In speaking with Ezra, he mentioned how smoothly the camp was run. The weather also worked in our favor. As Ezra said: "The best weather I've ever seen in the thirty summers I've been here." About co-operation, the Eisenors had few complaints: "I've had good co-operation. Got mad a couple of times but I got over it."

As we end off a successful year, we realize that we owe much to the man who made our facilities GO!

Thank you for thirty years of service Ezra. We hope there will be many more to come.

Love from us all,

Camp Kadimah

TEAM LISTS

BLUE

Chersie Develin  
Shira Jacobson  
Andrea Brown  
Jocelyn Levine  
Adam Stern  
Lorne Brown  
Kennith Chernin  
Alan Webber  
Mark Loebenberg  
Adam Prossin  
Melanie Glick  
Rachelle Levine  
Andrea Chernin  
Sylvia Block  
Rachel Sadofsky  
Cheryl Marshal  
Jay Jacobson  
Frank Smilestien  
Saul Raskin  
Mark Simon  
Peter Mendell  
Stephen Winston  
Dana Rafuse  
Mark Garson  
Adam Patton  
Miriam Shek  
Tema Conter  
Shayna David  
Susan Marshal  
Heidi Swartz  
Elana Velensky  
Marlene Garson  
Sherry Koven  
Jeff Wolman  
Avram Flomen  
David Develin  
Kayla Jacobson  
Arlene Epstein  
Pam Medjuck  
Milo Burnstein  
Matthew Burnstein  
Howard Conter  
Myra Jacobson  
  
STEVE SABLE  
JUDY FREIRCH  
RAY ZATZMAN  
JANICE FOX

White

Andrea Garson  
Jan Nathanson  
Arlene Conter  
Andrea Hrubsa  
Aviva Prossin  
Joey Schwartz  
Jon Allen  
Bill Chernin  
Ian Brown  
Michael Pink  
Boni Lobenberg  
Beth Habelow  
Susan Glube  
Marla Jacobson  
Lisa Prossin  
Pauline freedman  
Gail Gottlieb  
Ben Schlew  
Phil David  
Jason Budovitch  
Brian Epstein  
Howie Green  
Peter Nathanson  
William Dubinsky  
Hugh Smilestone  
Brian Glube  
Mark Bessner  
Beth Velensky  
Marlene Elman  
Lisa Brown  
Ann David  
Amy Newman  
Lisa Levine  
Iris Kohler  
Wendy Habelow  
Brad Salstzberg  
Richard Seigal  
Bill J Chernin  
Lorne Simon  
Marilyn Garson  
Nancy Davidson  
Toni Newman  
Cindy Bowman  
Phil Dubinsky  
Margo Kaplansky  
Victor Fineberg  
Mitchell Toker  
  
IRWIN SIMON  
BETH SMILESTONE  
RICHARD FREEDMAN  
MARCIA YAMPOLSKY

RED

Susan Brinker  
Robyn Choen  
Susanne Claeys  
Shelly Webber  
Rinah Goldberg  
S eve Allen  
Allen Levy  
Evan Zel  
Neil Brown  
Joel Freedman  
Amy Sm8lestone  
Lisa Goldberg  
Dina Dankner  
Lisa Shilman  
Tobi Nathanson  
Laurel David  
James Acker  
Martin Zel  
Lewis Chernin  
Stephen Flomen  
Mitchell Brown  
Chrles Choen  
Jonathan Falk  
Lorie Silverman  
Gila Smilestien  
Orly Buzelan  
Lynda Medjuck  
Cheryl Freedman  
Glenda Smiley  
Natana Shek  
Amy Patton  
Lana Flomen  
Carried Jacobson  
Larry Goldman  
Jerry Kohler  
Bruce Simon  
Judith Shane  
Peggy Rinzler  
Simone Rosensweig  
Pam Arron  
Donnmae Rutman  
Frances Alexander  
Jeff Goldman  
Ian Zarztman  
Howard Zunenshine  
  
MILES GARSON  
STEPHNIE MYERS  
BRIAN ROSS  
SHERRY GOLDMAN

We the Maccibia captains and co\_ordinators of the blue team in 1975

a  
want to thank "Seasons of Change" for their outstanding sportsmanship and cooperation shown throughout the week. Whether you win or lose it doesn't matter but sacrificing a few points to have a good time matters a lot more. Even when we didn't come out on top you all showed amazing spirit which so much to keep us all alive. We made some mistakes but in the long run it didn't matter because everybody had such a good time. When people of different ages and backgrounds are all put together on one team to work as a unit it can be difficult but our team stayed together through the good and bad. Thanx and good luck in the future Maccibias

love Judy F Janice F Ray Z Steven S.

Awaiting very impetiently for the big day of Maccibia to be announced we surprisingly viewed in the distance a silver bird dropping obvious colours of red white and blue. Then we knew it was the moment in which we had all awaited for.

As captains and co\_ordinators it was surely a rewarding experience to work as a group it was a very fulfilling experience and sensation. We put our whole hearts into Maccibia this year only to bring the radiance of smiles and joy within all the members of our team. To see a fairly large group of people working together in unity towards a common goal was a most satisfying experience and feeling only

because cooperation and sportsmanship are two important factors which can DETERMINE a happy outcome. Winning is least important ; it is actually the way one plays the game.

Maccibia is actually a minor example of how individuals will survive through the help of one another in general every day life. Working as a team can be extremely difficult at times because we are all individuals which our own personal views ; but this creates the desired feeling towards the challenge to put

by shary goldman and Brian ross

As captains of WHITE TEAM, MACCABIA 75 we really learned a lot about

ourselves and about other people . The 5 days of maccibia were a great exper experience but it was hard work. We had a great team and you all worked very hard. Richard and I appreciated your patience and help. And we could not have done it without you! Thanks a lot!

CHAZAK V. AMATZ  
MARCIA AND RICHARD



THE  
Big  
"M"

Maccabia 75

This year maccabia was fun and we had lots of events like track and feild. This year I was on red team and red team won. It was a very close maccabia. I thought our team had the most ruach but the judges thought that white team did.

author unknown

Maccabia has alot of fun things. It has races in the water and on land. It does not matter if you come in first or last ( or second ) Maccabia is the best thing in camp!

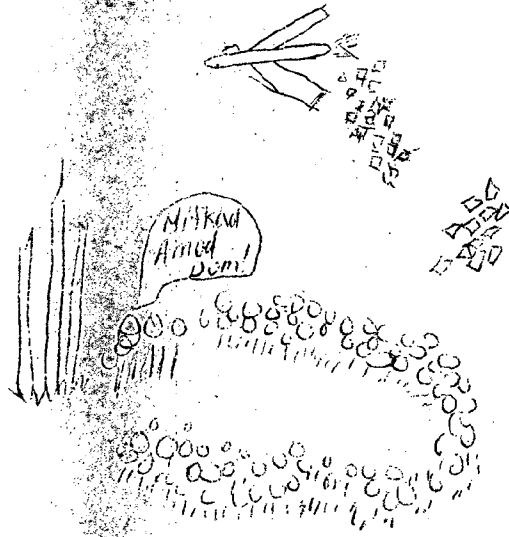
Maccabia is balls of fun

When the plane dropped papers we all went to run  
The papers were red with blue and white  
We ran to get them with all our might.

Cherise Devetin

This years maccabia was great. We had all kinds of fun things like Bama, Shirkud, Mivchon and lots more. Everyone got involved in something. For example I helped the red teams tzofit and iton. It was alot of fun.

Dina Dankner.....



L'Shalom l'ruacha  
Neytze et hamaccabia } 2  
Kadimah heydad  
Kulanu Niten Yad }  
Nelachem od menatzaich }  
Et Kochenu nefataich }  
Kadimahel Macabia

Judges Song

Tune; Love Potion #9.

We took an airplane out to Kadimah,  
We couldn't wait until you were at mifkad,  
Ten thousand leaflets were flying around  
And where were they headed? New Germany bound

So finally the big M has begun  
Everyone will have gobs of fun  
How it will go only time will tell  
If things go bad, mauvais nouvelle

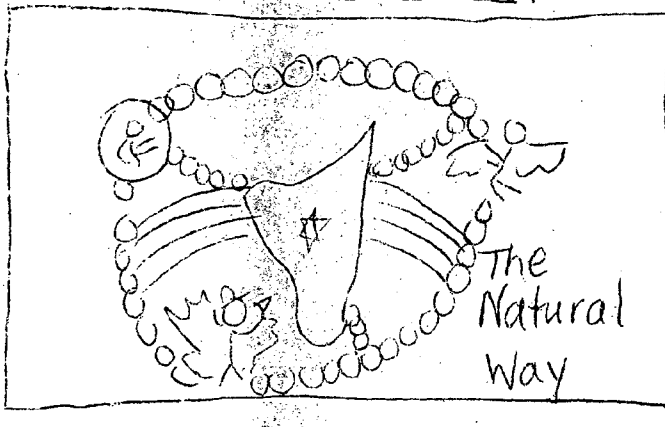
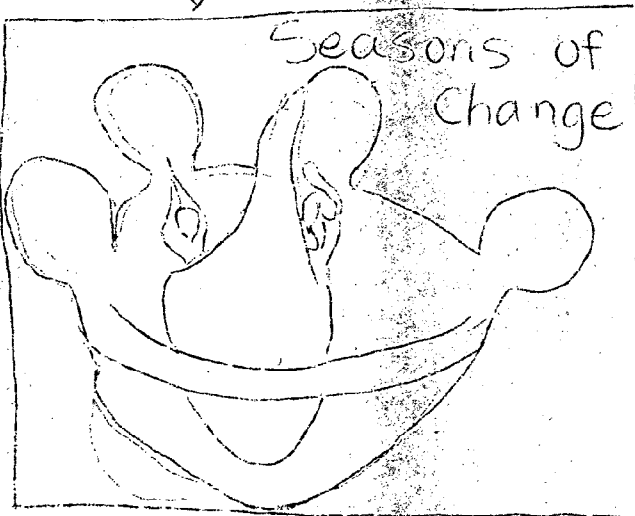
You sang and you danced and you played lots of games  
You sat half the night while you made up team games  
You got up that morning a little bit sore  
And multiplying rabbits were keeping the score!

Canoeing swimming and rowing boats  
Planting seeds and sowing wild oats  
Garin hat amid has kept us alive  
Maccabia of '75!

“~~SEMINARS~~”

Blue ↓

Red ↓



←  
White

## SONGS AND CHEERS

RED TEAM :

Dining Hall Song Tune: Cabaret

Troubles and Hardships to bear the pain  
Growing with unity  
T'zahor Gidilia making his way  
Through all the future days

Maccabia is finally here  
We're gonna show the other teams that  
Gp's will win this year

So as in our past we'll sweat with pain  
But we'll row eternally  
The seed has been planted by Abraham  
We'll continue to fulfill his dream.

Marching Song Tune: Sweet Gypsy Rose

Life keeps growing, onward we go  
Round and round our cycle flows, everyone knows  
T'zar Gidila, beginning for all,  
Past, present, future, we'll never fall.

Chorus

We're red team, our team marching so tall  
In swimming, running, we've got it all

So Maccabia '75 is in full drive  
Forward the direction is how we will strive  
T'zar Gidila, beginning for all.  
Past, present, future, we'll never fall.

Chorus

Abraham our father has planted a seed  
From this seed has sprouted the Jewish breed  
With our ruach as water our religion shall gain  
So growing pains suffered, have not been in vain.

Chorus

Cheer Tune: Yellow Submarine

Maccabia '75

We've got the ruach, we've got the drive  
So we'll swim, we'll run and row and we'll really make the show  
In bama and shira too we'll show the others what to do  
So the judges will give in and T'zar Gidila will finally win  
So white and blue,

We'll show you, we'll show you, we'll show you  
White and blue, we'll show you, we'll show you

WATCH OUT!

WHITE TEAM

Marching Song Tune: Anyt hing Goes



Come...  
follow us, you know we're proud to say,  
"join us the Jewish people  
who lead today."  
the Natural Way

It 's taken years, we've yet to lose the fight!  
Noone can crush us now 'cause we know we're right  
it's the Natural Way.

We suffered the Holocaust  
but we still weren't lost.  
We fought Russian soldiers  
they made us holden.  
So, we're free today  
no one can bar the way.  
Ch, just watch us grow.

Maccabia is just the time we need  
to strengthen our people Israel  
the land we feed,  
in the Natural Way.

The years of pain have made our spirit strong,  
Derech Ha'teva wants you to come along  
It's the Natural Way.

NATURAL-----NATURAL----- NATURAL WAY  
WHITE ON!

Cheer Tune: Locomotion.

It started on a Sunday when the plane flew  
above us  
Come on white team, give it all you got now.

We are gonna show them the Natural Way, yah  
Come on white team, give it all you got now.

Our team has got the ruach and the will to win.  
Derech Ha'teva we'll do our thing.

SO, CLAP YOUR HANDS AS WE LEAD THE REST THE NATURAL WAY. (repeat)  
WHITE ON!!!

Dining Hall Song Tune: Lollipop Tree

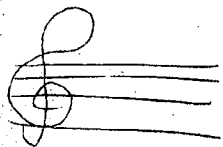
Listen to our story now  
we've quite a tale to tell  
of people called the Natural Way  
and why they fared so well.  
It doesn't seem  
the other teams  
know quite what to make,  
of a team like ours who really shows  
the rest just what it takes.

CHORUS

Oh...  
oh oh oh  
ah ah ah  
what a team to be.  
Doing things our way.  
Doing things your way.  
But doing them naturally.

Just look our way you're bound to say  
we're really outasight.  
We're on the go. You can't say no  
to white team. WE'RE ALRIGHT!!  
So, everytime  
we pass you by  
don't let your spirits fall.  
Just remember what we're fighting for  
the Natural Way for all.

CHORUS



BLUE TEAM

Song Tune: Canada

Growing up, we have changed  
Holding strong while all has rearranged  
We pulled together and survived  
That's cause we're unified  
We're the greatest thing that happened to Maccabia  
We've got davka, ti kva, chutzpah.

Smile and sing we're the team  
Laugh and dance we've got the chance  
When we shout out Onot Shenuim  
You know that we are strong  
Then there's red and white  
That have to fight to keep up with our team  
Building, growing, ruach showing  
(repeat second verse)

Tune: Chantilly Lace

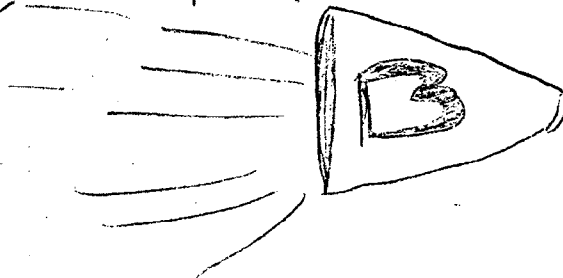
We're gonna run have some fun  
We're gonna dance sing and ring  
We're gonna do everything  
We're gonna really, really swing swing swing  
There ain't nothing in Maccabia that we can't do  
We've got the ability to pull us through  
Through summer winter spring and fall  
Ooh! Come on baby we're the best of all!!

Tune: Nickle Odean

Janice Steven Ray and Jude  
They're the ones that led the blues  
Don't be bothered getting mad  
When we're with them we're not sad

Let me tell you once again  
We're the team that's gonna win  
Listen closely to what we say  
We're the team that leads the way!!

Blue! Our team is dynamite  
We're gonna win tonite  
Louder, louder, we're gonna  
win tonite!!



MACCABIA SCORES 1975

<u>EVENT</u>	<u>POSSIBLE POINTS</u>	<u>WHITE</u>	<u>PLACE</u>	<u>BLUE</u>	<u>PLACE</u>	<u>RED</u>	<u>PLACE</u>
Regatta	580	490	1	460	2	370	3
Swim	790	635	1	439	2	314	3
Field	400	320	2	270	3	335	1
Track	410	273	3	283	2	334	1
<u>TEAM SPORTS AND GAMES</u>							
Waterskiing	100	100	1	50	3	75	2
Tennis	100	100	1	75	2	50	3
Softball	100	50	3	75	2	100	1
Soccer-	100	100	3	100	1	50	3
Baseball							
Basketball	100	50	3	75	2	100	1
Dodgeball	100	100	1	100	1	100	1
Volleyball	100	75	2	100	1	50	3
Ground Hockey	100	75	2	100	1	50	3
Waterpolo	100	100	1	75	2	50	3
<u>TEAM MACHINE</u>							
Macabathon	150	100	2	90	1	67	3
Hafta'ah	100	69	2	140	1	140	1
Shallow End	180	90	1	50	2	25	3
<u>EXTRAS</u>							
Ping Pong	75	75	1	50	2	25	3
Darts	75	25	3	50	2	75	1
Chess	75	25	3	50	2	75	1
Checkers	75	25	3	50	2	75	1
<u>TSOFIUT</u>							
Site	350	250	3	270	1	265	2
Cooking	150	100	3	140	1	110	2
Tracking	100	85	1	80	2	75	3
<u>CULTURAL EVENTS</u>							
Bama	700	578	2	315	3	643	1
Shirkud	700	480	2	370	3	575	1
Mei Yad							
Flag	100	85	2	86	1	76	3
Display	350	235	1	165	2	165	2
Banner	250	155	3	224	1	170	2
Extras &	100	52	3	60	2	75	1
Pennants							
<u>ASSORTED</u>							
Broadcasting	150	100	1	76	3	80	2
Iton	200	168	1	160	2	168	1
Hadracha	200	170	2	160	3	180	1
<u>SONGS &amp; CHEERS</u>	400	355	1	322	3	328	2
Marchpast	250	120	3	170	2	245	1
Mivchon	250	150	3	250	1	200	2
Symbol	300	190	2	170	3	240	1
Photography	100	40		73	1	73	1
<u>SPIRIT</u>	750	675	3	720	1	700	2
Toronut &	250	205	2	220	1	220	1
Buggy Duty							

DEDUCTIONS

FINAL STANDING

-25  
 Third-Blue-6638 points  
 Second-White-7035 points  
 First-Red-7223 points

*Cabin B:*

Name	Favorite saying	Pét beef	Would be	Will be
Stephen Allen Mitchell	I've got a pain in my belly	clean-up	fairy	bully
Kenneth Chernin	Can we have a cupa party?	cleaning under his bed	hard worker	lazy
Joey Schwartz	'As of yet we have not been unable to decipher what he has said	Allan Levy	public speaker	elecutionist
Allan Levy	So & so are making fun of me	Joey Schwartz	Einstein	Janitor
Lorne B.	Mitchell, can I clean the bathroom?	other people's clothes in his area	he man	she man
Wayne H.	always crying	infirmary	football player	checker player
Adam s.	so & so is picking on me	cleaning his corner	clean	dirty
Jason B.	Will I get best bed	sharing candy	nice guy	nice guy
Mark B.	Always laughing	the music makes him think of home	big man	baby
Mitchell T.	This place is a pigsty	pigstys	dirty	clean
Ian Zatzsman	Get out?	missing tennis balls	asst. sports director	paid
Irwin S.	Seriously, though	camp food	Sports director	camp cook
<i>Cabin C:</i>				
Allan W.	You can't make me	nighttime	skinny	toothpick
adam P.	I'm going home!	seeing his parents leave	figher	knocked out
Joel F.	***!*****8	Evan Zel	BAD!	GOOD?
Bill H. C.	I caught another frog	Clean clothes	slob	mister clean
Mike Pink	see what I can help	Mr. Pink	housewife	he-man

Name	Favorite Saying	Pet Beef	Would Be	Will Be
Jon A.	Stop that Michael	Michael kicking the boards of his bed	mess	clean
Mark L.	I have best bed	cleaning up someone not sharing his food	scientist	garbage man
Weil B.	I'm going to knock him out	making his bed	Larry Gsonka	Mac Herron
Ian B.	What do we have now?	Joel Friedman	idiot	genius
Evan Z.	I have to go to the infirmary	Cabin C	fighter	poet
Phil D.	Get Out.	Cabin C	psychiatrist	psychotic
Jeff G.	Get Out.	Cabin C	psychiatrist	psychotic
Howie G.	Get Out.	Cabin C	psychiatrist	psychotic
CABIN33				
Cherise D.	I hurt myself	leeches	athlete	Bimbo
Arhene C.	Can I have something to eat	moving quickly	hare	toroise
Susan B.	Oh, Andrea	Evan Z.	martyr	miser
Andrea G.	My brother Craig	Joel F.	the Beast	the Beauty
Robin G.	that's gross	the food	beautiful	grossed out
Jan Nathanson	You know what happened?	wearing clean clothes	dirty	dirtier
Shira J.	I have to give my mother something	wearing underpants	stripper	ice-berg
Andrea H.	Wanna see me jump on my bed?	swim instruction	high-jumper	limbo champion
Rina G.	Let's have a talent show	the infirmary	skinny	vocalist in Skinny Alan and the toothpicks
Aviva P.	Come on. Clean up.	Cabi. 32	hustler	spinstar
Shelly W.	Guess what?	picking up her clothes	slob	cleaning lady
Andrea B.	Do we have to?	making her bed	aggressive	fragile
Jocelyn L.	Shame	Niel Brown	exotic dancer	prude
Milo B.	Judy, please get up	curfew	scouting instructor	scouted
Pam A.	Hurry up	meetings	innocent	bimbo
Judy F.	Now, I want you to unders tand something	male staff	Bimbo	camp mother
Beth S.	I told you "don't do that"	programming meetings	Mark Spitz	Mrs. Simon



NAME: ...

Name Favorite Saying Pet Beef Would Be Will Be  
Rachelle L. I'm just going to the infirmary putting clothes away invalid healthy

Tobin. Can I go visit cleaning up after giggler laughed at  
my cousin water fights

Lisa G. Oh, shaving Cream Kupah Mrs. Winston single  
Lisa P. I know who you like not enough matchmaker Yente

Susan G. I'll do it in a minute working lazy bothered  
Sylvia B. Well, I really can't say working quiet aggressive

Myra J. We're never going to loud noises any late nighter early birder  
win inspection time of the day

Cindy Bowman You know you're being grossed Bimbo Assistant Bimbo  
not allowed in the out (eh Judy?)  
Mel Yad

Cabin 74  
Gail Gottlieb you guys people sitting on her bed fortune teller yentah  
his

Rachel S. Melanie Steph glling her in love with in love with  
RSchelle S.A.

Dina D. Mar...go little Willy cleaner down to earth immaculate  
Lisa S. I can't creativity hit  
Merla J. nothing important being called "snake" ball player tough  
a great base-

Amy S. sike shut up. Margo and Stephanie a softie wrestler feminine  
Melanie G. Margo Stephanie Rules Difficult Cooperative

Andrea C. No I'm not doing it Rules Difficult Cooperative

Cheryl M. Stephanie Stephanie NONE Queen Servant

Beth H. None she doesn't talk Laurel's shoes under A home bddy A wanderer

Laurel D. Oh oooo none all great around kid NONE NONE

Cabin 74 cont'd.

Name	Favorite Sayings		
Pauline Friedman	That's Joel's food		
Boni L.	O.k.	Pet Beef	Will Be
		Gosh boys	a pro
		sleeping in	a model
		her covers	
Cabin 10			
Jay A.	It'll be clean by inspection I hope	cleaning up	laughed at
Peter M.	There's a plane home every Sat. night	people touching his camera	at camp
James A.	Next time I'm gonna hit him	clotheslines	a killer of women
Saul R.	Will you tell William to frig off?	William	William's closest cousin
Howie G.	She's not my girlfriend	Having his girl-friends name (W.Z.)	Mr. Howie G.
Steven F.	When we were in Israel	not mentioned	
William B.	Aye aye me mates	people wrinkling his bed	Newfie at Camp Kadimah
Phillip D.	Can I sweep?	not bieng sweep	garbage
Matt B.	I'm aterfront staff. I don't have to do this crap	missing maccabia	bed ridden kitchen staff
Howard Z.	Dammit Saul	D.M.R.	
Cabin 8			
Peter N.	Do I have to pass the peanut butter and jam?	the food	ending up with a headache thrown out playgirl
Frank S.	I'd like to grab her by the -----	cabin clegnup	
Martin Z.	It was the funniest	socials	
Steve W.	thing is a curse	Sual Raskin	well-groomed
Louis C.	Oh come on	giving out his food	brushed
Brian E.	Have words	other guys hustling Rachelle	cleanest bot in camp
Steve S.		Not winning every week	bad & mischevious a mess?

CABIN 30

N AME	FAVORITE SAY ING	PET BEER	WOULD BE	WILL BE
WEN DY HABELLO	whats your problem amossy bed		athlete	comedian
-SHERRY HOVEN NOCHOMO		boys on her bed	sexy impersonator	
AMY PATON	does t is work alright	wearing shorts	well dressed	a wreck
GARRIE JACOBSEN	I lost my ring	making her bed	Guitarist	a g string
MIRIAM SHEK	thats what you think	camp	a accabia soloist	world renowned prima donna
CHERYL FREDMAN	its soooooo	one better bunk bunk bunk	the flash-ired kid	missafro
G LENDA SMILEY	Its hard to	moths	modellod	model
H IDI Schwartz	make a top bunk	wait a sec	voice	Orator
Beth Volensky	shaving cream	May I	with Sherry	with Jerry
Elana Volensky	toranut	spiders	artist	craftor
Susan Marshall	all right!	shallow end	olympic member	beach duty
swimming lessons				
Marlene Gerson	I'm alright	hairdryers	lovers of clear	noodle fan
Ann David	bug off	sweeping	the lost seed	Found
DonnaMac-Rutman	girls	mishmar	photogenic	a calendar girl
Pam Medjuck	please	being introduced as	safety	accident
		Ralphs daughter	instructor	prone

CABIN 31

Name	Favorite Saying	Pet Beef	Would Be	Will Be
Lynda Medjuck	you guys, tut	being in kochot	Mechernik	professional gib
Marlene Elman	leave me, alone	the boys	hermit	Lonely
Lisa Lovino	Fran....Toni...	the other side	baseball player	Football player
Lana Flomen	Gee withz	Lori	Miss Flomen	Mrs. Falk
Diane Brinkor	God!	being told she has a cute little sister	athlete	girl
Shayna David	I got a package	kupah	cook	eater
Orly Buzelan	AMMMW.....	being yelled at	frog	Halagonian
Iris Kohler	"censored"	people on her bed	Raquel Welch	Twiggy
Tema Center	stupid!	divine left's and rights	different	just like her brother
Gila Smilstein	come on,,	rules	sexy	frustrated
Natana Shek	hold it....	being little	lifeguard	drowned
Amy Newman	Newman!	not being hustled	Mrs. Smilstone	definitely single
			Mrs. Garson	
			Mrs. Brown	
Lori Silverman	do you have anything to eat	taking bra off	liberated	fearful of rape

cont'd Cabin 31

NAME FAVORITE SAYING PET BEEF WOULD BE WILL BE

Lisa Brown But why?! Losing food 6'2" 216"

Toni Newman alright lifeguard duty actress acted up

Fran Alexander seriously... haftalah healthy sicker

CABIN 32

Mark Besner: I have to talk to you ham and eggs rabbi priest  
Chuck Cohn I'm not playing playing trumpet Herb Albert blower  
Jon Falk someone stole my und rware no underwear tall brief  
Marc Garson who me no food chef Goldie  
Brian Glube come on thieves photographer taken  
Mitchell Brown I can't decide no girls married single

Hugh Smilestone Besner clean up The Beast chicken

Adam Paton I got to talk people not listening General commanded

Dana Rafuse it wasn't me getting in trouble policeman in jail

Victor Finberg watch it Shmira Layla night watchman watched

Miles Garson hoy guys waking turned out turner

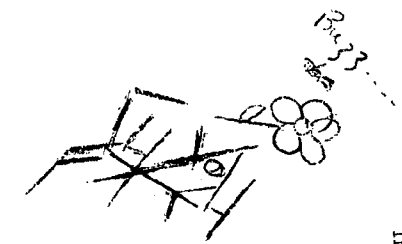
Name	Favorite Saying	Pet Beef	Would Be	Will Be
Cabin 16	CENSORED			
Nancy D.	Do you have prefection	camp how could anyone so nice have a pet beef?	in Scillim Richard's	in Macher Richard's
Shari G.				
Leslie G.	Wait for me	lending her clogs	Yank writer	Yanked ridden
Marilyn G.	Take the other crackers	people eating		
Janice Fox	You little maggot	windys lending comics	Yodler nurse	shopfar blower patient
Kayla J.	Do you want ONE?			
Peggy F.	Oh, I really like him	socials	Kochot	Levinas assistant
Arlene F.	Oh I hate him	Bama	forward roll	yo-yo
Judith S.	Come on you guys	Jeff's Truck	Olympic swimmer	caught in ropes
Judy C.	I can't wait to see..	Victor Fineberg	innocent	satisfied
Simone R.	Do I have to?	having to	smiling	toothless
Marcia Y.	see if I care	G-d there's so many	Philled up	Philled out eventually
Cabin 13				
Richard S.	I've got a blue..	burning his under	wear pyro	blue angel
Jerry K.	hit the light	Goldie's cooking	chef	cooked
Brad S.	Got some food.			
Jeff Wolman	Let's go on a raid	caught	casanova	kicked to death
Larry G.	I made it on time tonight	Banquets not having Pam and Myra around	stud all star	strike out king falling star
Bruce S.	Nancy----me/			
Dave W.	my thighs hurt	no gossip being rushed	yente 2nd base man	kvetched to death 2nd riddle

Name	Favorite saying	Pet Beef	WOuld BE Will Be
Cabin14			
B.J.C.	Gimme a broom	not enough care packages	softball pitched, tarred, and feathered
Richard F.	crust	life guard duty	meanly leaned
Avrum F.	Let me Sleep	being woken up	letter
Dave D.	Where's my. . . .	clean sheets	pig-pen
Lorne S.	Lorne Simon with the news at 7:05	Hityashvut	L.P.
Ray Z.	ah, it's nice and warm in here, can't imagine why	crusty sheets	jock strap
Perry S.	OOH. a spider bit me	Black Widows	burnt...to a crust
Frank F.	where's my food	Beerbellies	raped
Brian R.	Mauvause nouvelles	bad jollies	squeeb

SPECIALISTS

Name	Favorite Saying	Pet	Beef	Would Be	Will be
Dannial Rajf	you're a prick	wake up	scouted	Joe Scout	
Rachelle G.	we have to talk	water games	waterfront	director	maybe?
Jeff M	tell me about it	laundry	Indianapolis	driver	delivery boy
Iris J.	we'll talk about it later	fish dinners	blossoming	flowers	nipped in the bud

Shirley S. It'll work out alright  
 Alan L. Dynomite  
 Howard L. you know what I mean  
 Joseph D. Iosus Christ.....  
 Carole D. there will be free play being a drip brushed dunked  
 Mark R. seriously.....  
 Brian M. I'm weak  
 Mark B. please..... buggY duty  
 Shaul L. plug in the kettel p.a. being broken



DR. MAGIC ~~SENSORED~~ MEDIUM MEANER UP ON TWO  
 RARE KEANER  
 We love to play.

George Athans a meaner learner  
 George Athans  
 Camp Kadimah administrator administrated  
 being a drip brushed dunked  
 George Athans Connelly Hook  
 George Athans a meaner learner  
 father mother



Letters to the Editor.

Dear Editor:

I am a camper at Kadimah and I have a problem. Ever since camp started I have had a terminal case of the trots. What is it from and how can I be cured?

signed

Sitting in Cabin C

Dear Sitting:

The only thing I can suggest is to stop eating the food (not hard) or buy some crazy glue.

Dear Editor:

I am writing to complain about my sex life at camp. The trouble is there isn't anyone at all. What do you think?

signed

overloaded

Dear Overloaded:

Either sit on the toilet and concentrate or give up. By the way, you don't know the right people.

Dear Edi. <sup>o</sup> P:

I am in the Kochot section and my complaint is that I can't get to sleep until about 12:30 because everyone is up and talking. What shall I do?

signed

Ms. Sleepy

Dear Ms. Sleepy:

Give up! We tried everything and nothing works

Dear Editor:

A funny thing happened to me when I was walking past the chadar. I saw a garbage truck unloading instead of picking up garbage. Why?

signed

Puzzled

Dear Puzzled:

Goldie won't say!!!!

Dear Editor:

How come the counsellors never receive packages from home?

signed

Plenty Perterbed

Dear Perterbed;

It's because it's ~~easier~~ and cheaper to eat the kids parcels.

Dear Editor;

I am writing in praise of this years staff at camp. I think that they are upright, honest and clear thinking members of society and I think that they are a credit to the camp and to humanity as well.

signed Thouroughly satisfied

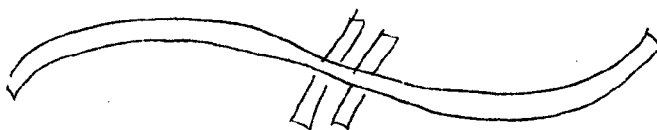
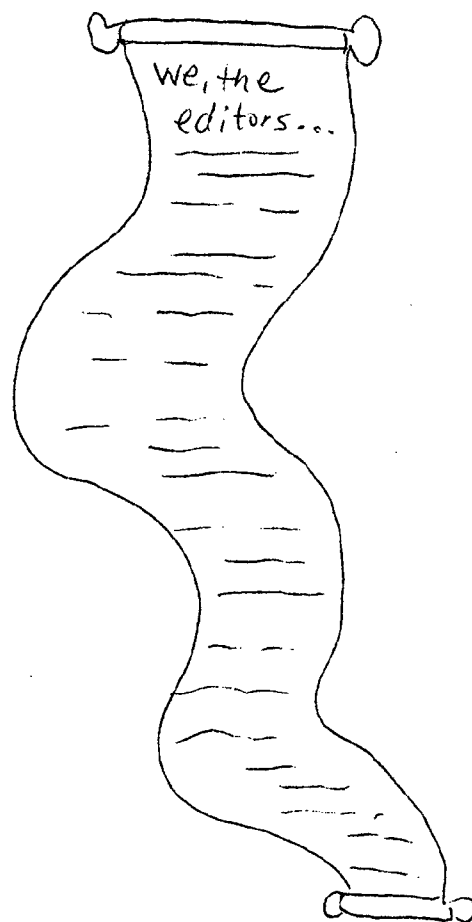
Dear Satisfied:

What camp are you writing from? You sound like a real intellect. Send me the name of your camp. It sounds just the opposite of ours.

LAST WILL AND TESTAMENT-STAFF

Shaul Landa-Westward bound  
Yosefi Dital-Ralph Medjuck's phone number  
Carole Bondaroff-Dital-Yosefi's number  
Danny Rajf-Still scouting around  
Ruth Epstein-A job offer for 1976  
Joan Garson-trying to get her voice back  
Dr. Prossin-A wet well card from the sickies  
Andrea Prossin-Keeping score on Dr. Prossin.  
Dr. Mendel B.-A smokeless camp.  
Shirley Burnstein-Fun with Mendel  
Michal Golani-Shirkud do her job  
Goldie Abramovitz-A Betty Crocker cookbook  
Jacob A.-Goldie  
Shirley Spatz-A plastic sheet  
Iris Jacobson-Levine for Toronto  
Alan Levine-With a taste for Canadian summers  
Mindy Jacobson-Goldie's recipes  
Ezra Eisnor-With a full-time assistant  
Jeff Mark-A Falling "Star".  
Mark Rozen-Stephan on the plane for home  
Howard Litchman-Still trying to find himself  
Steven Hirsch-Very Gillable  
Debbie Gilbert-A Hirschy bar.  
Marc Burnstein-Brian M.  
Brian Medjuck-Dry  
Rachelle Goldberg-Next year's waterfront whistle  
Beth Smilestone-Crawling from the buoy home  
Pam Medjuck-With a pain in the neck  
Matthew Burnstein-Shaving every day  
Irwin Simon-Frustrated  
Victor Fineberg-Maccabia next year  
Steve Sable-Words!!  
Miles G arson-Games people play  
Howard Zunenshine-A tent on the beach  
Mitchell Toker-A position in a day-care center  
Phil Dubinsky-A char-lady  
Jeff Goldman-Wondering about the female staff  
Howard Conter-Ian Zataman's salary  
Ian Zatzman-Head of sports for next year  
Frances Alexander-A pair of shorts, a halter top, and a tan  
Cindy Bowman-Thoroughly grossed out  
Stephanie Myers- with Rozen checks and a perpetual grin  
Milo Burnstein-Intellectually satisfied  
Pam Arron-With a terminal case of the giggles  
Judy Frieereich-Still talking about the Montreal boys  
Toni Newman-A free ticket to Broadway  
DonnaMae Rutman-A lot of credit for everything done!!  
Myra Jacobson-An extended curfew  
Margo Kaplansky-with a little experience

We, the editors of  
Iton 1975, leave the  
following to the  
Kadimah staff members:



## NAME

## ADDRESS

## BIRTHDAY

Jonathan Allen	3466 Williams Lane New Waterford, I. S. 862-2385	January 18 <sup>th</sup>
Steven Allen	3446 Williams Lane, New Waterford, N. S. 862-2385	August 20
Mark Bessner	5624 Melling, Montreal, Que. 482-9477	Jan. 28
Sylvia Block	24 Cornell St., Montcton, N. B. 389-3637	June 26
Diana Brinker	2384 Fulton Rd., Montreal Que., 737-3037	Oct 30
Susan Brinker	2384 Fulton Rd., Montreal Que., 737-3037	Dec 23
Andrea Brown	208 Stanley St., Fredericton, N. B. 455-7113	Jan. 5
Iaan Brown	208 Stanley St., Fredericton, N. B. 455-7113	Nov. 23
Lisa Brown	19 Ridge Hill Dr., Toronto, Ont., 783-8452	April 16
Lorne Brown	25 Harewood Cres., Fredericton, N. B., 545-2402	Sept. 10
Mitchell Brown	19 Ridge Hill Dr., Toronto Ont., 783-8452	Nov. 1
Neil Brown	25 Harewood Cres., Fredericton, N. B. 454-2402	May 2
Jason Budovitch	62 Colonial Heights Fredericton, N. B. 454-2983	April 8

NAME	ADDRESS	BIRTHDAY
Mark Budovitch	125 Oxford St., Fredericton, N. B 455-7187	Sept 1
Orly Buzelan	46 Inglewood Dr., Dollard des Orneaux, Montreal Que., 684-9526	March 17
Bill Jay Chernin	191 South St., Glace Bay, N. S. 849-4645	Sept 1
Andrea Chernin	191 South St., Glace Bay, N.S. 849-4645	March 31
Kenneth Chernin	90 Beechwood Cres., Sydney, N. S. 539-6898	Aug. 3
Lewis Chernin	17 George St., Gl. ce Bay, N. S. 849-7978	Nov. 23
William Chernin	90 Beechwood Cres., Sydney, N. S. 539-6898	Oct. 26
Charles Cohen	6731 First St., Halifax, N. S. 422-6681	Aug. 5
Robyn Cohen	6731 First St., Halifax N. S. 422-6681	Dec. 5
Arlene Conter	5835 Balmoral Rd., Halifax N. S. 429-2141	April 24
Tema Conter	5835 Balmoral Rd., Halifax N.S. 429-2141	Dec. 6
Ann David	2400 Newton Ave., Halifax, N. S. 423-2375	May 3
Laurel David	411 Charlotte St., Sydney, N. S. 539-4316	Feb. 13

## NAME

## ADDRESS

## BIRTHDAY

NAME	ADDRESS	BIRTHDAY
Philip David	411 Charlotte St., Sydney, N. S. 539-4316	March 11
Shayna David	280 Forbes St., Sydney, N. S. 752-5960	June 15
Nancy Davidson	145 Allison Crescent, Bathurst, N. B. 546-4398	Aug. 1
William Sabinsky	58 Grand St., Yarmouth, N. S. 742-7537	Feb 6
Marlene Elman	4 Lorway Ave., Sydney, N.S. 562-5696	April 10
Arlene Epstein	128 Hospital St., Sydney, N. S. 562-4630	March 28
Brian Epstein	128 Hospital St., Sydney, N. S. 562-4630	Jan. 10
Jonathan Falk	1501 Conrose Ave., Halifax N. S. 422-5173	Sept 10
Avrum Flomen	10 Hostellan Place, St. John's, Nfd. 726-7796	Nov. 18
Lana Flomen	10 Hostellan Place, St. John's, Nfd. 726-7796	March 19
Stephen Flomen	10 Hostellan Place, St. John's Nfd. 726-7796	Aug 8
Janice Fox	940 Bellevue Ave., Halifax, N. S. 422-6643	July 11
Cheryl Freedman	410 Clear View Row, Saint John, N. B. 672-1156	March 12
Richard Freedman	410 Clear View Row, Saint John, N. B. 672-1156	Jan.28

NAME	ADDRESS	BIRTHDAY
Frank Friedman	25 Kingswood Drive, Sydney, N. S. 564-5673	Sept 10
Joel Friedman	166 Brookland St., Sydney, N. S. 562-5632	June 11
Pauline Friedman	166 Brookland St., Sydney, N. S. 562-5632	Jan. 17
Andrea Garson	2429 Connaught Ave., Halifax N. S. 429-9319	Jan. 31
Marc Garson	2429 Connaught Ave., Halifax N. S. 429-9319	Nov 7
Marlene Garson	6444 Jubilee Rd., Halifax, N. S. 423-5093	Feb. 24
Melanie Glick	150 Darrow Lane, Greenlawn, N. Y. 11740 (516) 757-2149	April 18
Lisa Goldberg	67 Grove St., Sydney, N. S. 539-2354	Feb. 28
Rinah Goldberg	67 Grove St., Sydney, N. S. 539-2354	Aug 5
Larry Boldman	2609 Kingston Dr., North brook, Illinois (312) 272-2462	April 21
Shari Goldman	388 Pine Ridge Dr., Rosedmere Que., 625-9329	March 3
Gail Gottlieb	864 Marlborough Ave., Halifax, N. S. 422-7965	July 7
Howie Green	5961 Campbell Dr., Halifax N. S. 429-2500	Oct 10
Beth Habelow	55 Fuller St., Waban, Mass., (617) 244-2935	Aug 29

NAME	ADDRESS	BIRTHDAY
Wendy Habelow	55 Fuller St., Waban, Mass. (617) 244-2935	Jan 1
Wayne Haltzman	234 Hughes Lane Saint John, N. B. 672-2605	May 3
Andrea Hrubsa	5885 Cu'ard St., Halifax, N. S. 422-4000	June 17
Marla Jacobson	908 Greenwood Ave., Halifax, N. S. 463-4000	Aug. 18
Carrie Jacobson	908 Greenwood Ave., Halifax N. S. 463-4000	Aug 17
Shira Jacobson	2086 Poplar St., Halifax N. S. 423-2049	Sept 9
Kayla Jacobson	2086 Poplar St., Halifax N. S. 423-2049	May 12
Jay Jacobson	2086 Poplar st., Halifax N. S. 423-2049	Feb 25
Sherry Koven	887 Anderson Dr., Saint John N. B. 672-3388	Jan 11
Lisa Levine	12 Stoneybrook Court, Thornhill, Ont., 889-5286	Jan 10
Rachelle Levine	12 Stoneybrook Court. Thornhill, Ont., 889-5286	July 12
Jocelyn Levine	224 Lynhaven Court, Fredericton, N. B. 454-5277	April 20
Allan Levy	499 Lisgar St., Fredericton, N. B. 454-2777	July 20
Boni Loebenberg	6193 Inglis St., Halifax, N. S. 429-6334	April 19



Mark Loebenberg	6193 Inglis St., Halifax N. S. 429-6334	May 23
Cheryl Marshall	70 Brookside St., Glace Bay, N. S. 849-4145	March 23
Susan Marshall	70 Brillside St., Glace Bay, N. S. 849-4145	June 12
Lynda Medjuck	5956 Emscote Dr., Halifax, N. S. 429-4366	June 25
Peter Mendell	5605 Wentworth Ave., Montreal Que, 489-5207	Dec 25
Jan Nathanson	141 Shandwick St., Sydney, N. S. 562-3772	March 24
Peter Nathanson	141 Shandwick St., Sydney, N. S., 562-3772	May 12
Amy Paton	6174 Oakland Rd. Halifax N. S. 423-4844	June 11
Adam Paton	6174 Oakland Rd., Halifax, N. S. 423-4844	May 8
Micheal Pink	5964 Campbell Dr., Halifax, N. S. 429-1533	Oct 29
Adam Prossin	120 Windermere Dr., Sydney, N. S. 539-2104	July 12
Anneliese Prossin	120 Windermere Dr., Sydney, N. S. 539-2104	Feb 9
Aviva Prossin	120 Windermere Dr., Sydney N. S. 539-2104	July 16
Saul Raskin	2055 Newton Ave., Halifax N. S. 429-0874	Dec 20

NAME	ADDRESS	BIRTHDAY
Simone Rosenzweig	268 Westmoreland St., Fredericton, N. B. 454-4015	Oct 15
Brain Ross	5873 Inglis St., Halifax, N. S. 422-9205	April 1
Rachel Sadofsky	1730 Preston St., Halifax N. S., 423-3890	Sept 11
Brad Saltzberg	824 Marlborough Ave., Halifax N. S. 422-5543	June 11
Benjamin Schelew	12 Rockdale Ave., Glace Bay, N. S. 849-8987	Sept 25
Heidi Schwartz	130 Shandwick St., Sydney, N. S. 539-4154	Aug 27
Joey Schwartz	130 Shandwick St., Sydney, N. S. 539-4154	Nov 14
Miriam Shek	8114 McCubbin Rd, Montreal Que 487-2365	June 7
Natana Shek	8114 McCubbin Rd. Montreal, Que 487-2365	Nov 24
Lisa Shulman	6670 First St., Halifax N. S. 429-3088	May 4
Richard Siegel	204 Cottage Rd. Sydney, N. S. 562-5321	June 6
Lori Silverman	5945 Ingle wood Dr., Halifax N. S. 423-1656	Jan 31
Bruce Siman	58 Catherine St., Glace Bay, N. S. 849-3716	Nov. 23
Lorne Simon	32 Marconi St., Glace Bay, N. S. 849-9481	Dec 30

Mark Simon	58 Catherine ST., Glace Bay, N. S. 849-3716	April 6
Gila Smilestein	24 Edmonton Place, St. John's, Nfld. 722-2032	March 12
Frankie Smilestein	24 Edmonton Place, St. John's, Nfld. 722-2032	May 12
Amy Smilestone	6192 Regina Terrace, Halifax, N. S. 423-0519	Jan. 23
Rhugh Smilestone	6192 Regina Terrace, Halifax, N. S. 423-0519	Feb. 14
Glenda Smiley	7490 Wavell Rd, Cote St. Luc, Montréal, Quevec 482-2596	Nov. 17
Adam Stern	5000 Campbell Dr., Halifax,	April 19
Alan Webber	7 Briarwood Crescent, Halifax, N. S. 443-2594	Dec 23
Shelly Webber	7 Briarwood Crescent, Halifax, N. S. 443-2594	Feb 20
Stephen Winston	5751 Fairside Ave., MONTREAL, Que., 482-8801	Aug. 12
	5751 Fairside Ave., Montreal, Que., 482-8801	Feb. 24
th Velendy	270 Winslow St., Fredericton, N. B. 424-2593	Sept 30
Marcia Yampolsky	6731 Bailly Rd. Montreal, Que., 488-8222	July 10
Evan Zelikovitz	175 S. Bentinck St., Sydney, N. S. 564-8530	July 20

NAME	ADDRESS	BIRTHDAY
Martin Zelikovitz	175 S. Bentick St., Sydney, N. S. 564-8530	Feb. 20
<u>Left Overs</u>		
Brian Glube	77 Forestside Crescent, Halifax, N. S., 443-1083	April 8
Susan Glube	77 Forestside Cred., Halifax, N. S. 443-1083	June 3
Iris Kohler	6951 Mumford Rd, Halifax, N. S. 455-2889	Nov 3
Jerry Kohler	6951 Munford Rd. Halifax, N. S. 455-2889	Aug 2
Amy Newman	1060 Ridgewood Dr., Halifax, N. S. 423-2953	July 13
Tobi Nathanson	56 Smithville Cres., St. John's, Nfld. 722-5556	July 16
Dina Dankner	19 Birkdale Crescent Halifax, N. S.	April 19
David Develin	17 Yellow Birch Way, Willowdale, Ont.	Aug 26
Cherise Develin	17 Yellow Birch Way, Willowdale, Ont.,	Aug 9
Judith Claeys	Steady Brook Bay of Island, Nfld., 634-7943	Dec 26
Susanne Claeys	Steady Brook Bay of Islands, Nfld. 634-7943	June 2
Ray Zatzman	62 Slayter St., Datrmouth, N. S. 463-3887	Feb 20
Wendy Zive	569 Francklyn St., Halifax, N. S. 429-5533	Sept 23

NAME	ADDRESS	BIRTHDAY
Jeff Walman	2410 Connaught Ave., Halifax N. S.	May 26
Jamie Acker	8 Beechwood Terrace, Halifax, N. S. 443-2098	Jan 5
Marilyn Garson	1937 Bloomingdale Terrace Halifax N. S. 422-5009	Jan 5

The End Of The Campers

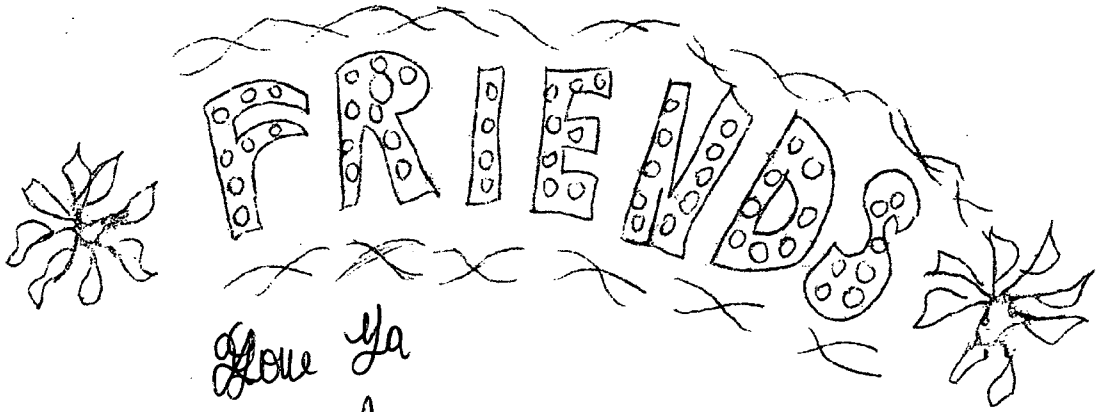
Staff Name, Address and Birthday's

Frances Alexander	16 Exieter Ave St. John's Nfld	Feb 10
Pamela Arron	5915 Ingle wood Dr. Halifax N. S.	April
Milo Burnstein	5841 Chainrock Dr. Halifax, N. S.	April
Cindy Bowman	1060 Bellevue Ave., Halifax, N. S.	Feb 16
Carole Bondaroff-dital	5962 Spring Garden Rd. Halifax, N. S.	May 5
Yosefi Dital	5962 Spring Garden Rd., Halifax, N. S.	April 22
Mark Burnstein	5841 Chainrock Dr., Halifax, N. S.	Nov 8
Matthew Burnstein	5841 Chainrock Dr., Halifax, N. S.	Mar. 26
Howard Ccutor	5835 Balmoral Rd Halifax	Oct 9
Phillip Dubinsky	51 Park St., Sydney, N. S.	July 11
Ruth Epstein	5727 South wood Dr. Halifax, N. S.	March 28
Victor Fineberg	6196 Oakland Rd., Halifax N. S.	Oct 30

NAME	ADDRESS	BIRTHDAY
Judy Freireich	5614 Blossom Ave. Montreal. Que.	Jan 31
Miles Garson	6444 Jubilee Rd., Halifax, N. S.	April 26
Rochelle Goldberg	17 Cottrill Hamilton, Ont.,	May 31
Ben Hoffman	356 Franklyn St., Halifax, N. S.	No Birthday Wasn't born
Steven Hirsh	Box 320 Howe Hall., Dal University Halifax, N. S.	July 1
Iris Jacobson	211 Willett St #403 Halifax N. S.	July 18
Myra Jacobson	5885 Spring Garden Rd #404 Halifax N. S.	July 22
Margo Kaplansky	857 Anderson Dr., St. John, N. B.	April 13
Alan Levine	20 Cranberry Lane Plainview, M/ Y.	Aug 3
Jeff Goldman	388 Pine Ridge Dr. Rosemere, Que	June 25
Howard Litchman	2155 Depatie Montreal, Que	Jan 26
Shaul Landa	c/o Z. O. C. Office South Park St Halifax N. S.	No Birthday Wasn't born
Jeffrey Mark	2360 Armcrescent East Halifax N. S.	No Birthday
Brian Medjuck	5956 Emscote Dr. Halifax N. S.	Feb 14
Pam Medjuck	5956 Emscote Dr. Halifax, N. S.	June 4
Stephanie Meyers	314 Inglewood Dr. Fredericton, N. B.	April 21
Toni Newman	5880 Inglewood Dr. Halifax, N. S.	July 3

NAME	ADDRESS	BIRTHDAY
Danny Rajf	1140 Dover St. Chomedey Laval Que.	April 19
Mark Rosen	16 Holtham Place Hamstead Que	Sept 14
Donnamae Rutman	Suite 1109 Embassy Towers, 5959 Spring Garden Rd., Halifax, N. S.	Sept. 29.
Steven Sable	5979 Campbell Dr. Halifax N. S.	Aug 3
Irwin Simon	32 Marconi St. Glance Bay N. S.	July 30
Beth Smilestone	6192 Regina Terrace Halifax, N. S.	Aug 29
Shirley Spatz	5264 Morris St Halifax, N. S.	May 2
Mitchell Toker	140 Banbury Rd. Don Mills, Ont	July 26
Ian Zatzman	62 Slayter St Dartmouth, N. S.	Dec 11
Howard Zunenshine	76 Summit Cres. Montreal Que	Aug 11

T H E E N D



Love Ya

Cheryl  
M