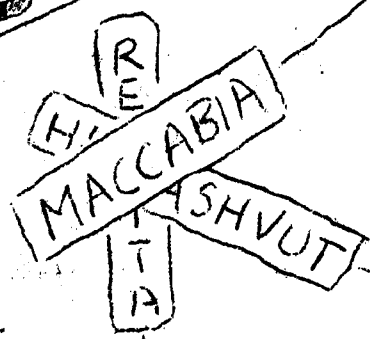


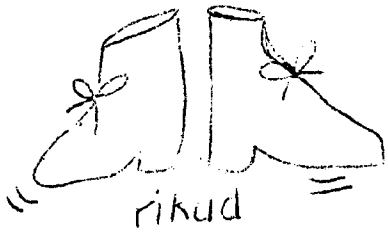
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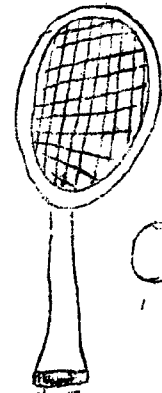
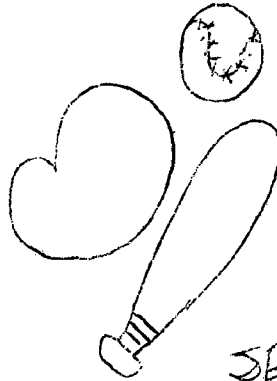
JMS/74.

# KADIMAN ACTIVITIES

74



rikud



sports



mel  
yod



et.c.

Editorial

"All of the nights we'd harmonize til dawn."

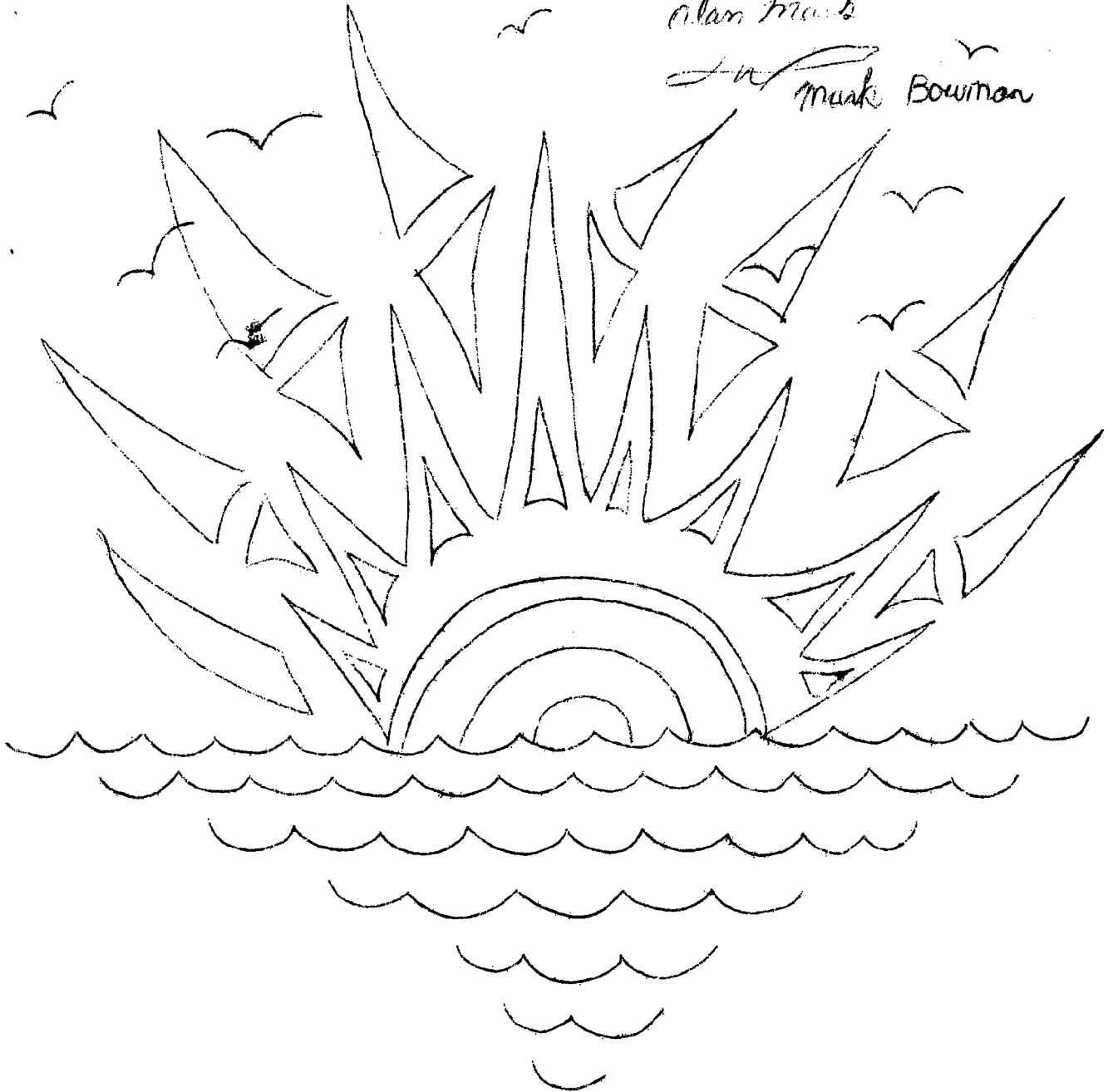
- Simon and Garfunkel

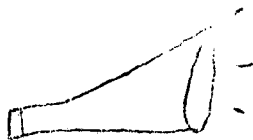
The two basic elements involved in the production of this Iton are found in the introductory quote - those being hard work and co-operation. It is not just the fact that the Iton staff went without sleep or constantly nagged the campers that has produced this Iton, but also the co-operation and assistance readily given us by both our staff, and you the chanichim of Kadimah-Machar.

Thanks to you and everyone who helped and contributed,

*Alan Frank*

*Mark Bowman*





SO YOU WANT TO COME TO KADIMAH.....

A PAID ADVERTISEMENT (Taken off my salary)

Camp Kadimah---what a meshigene place. People speaking English, Hebrew and Maritimish. It's a "camper's camp" run by Ezra and Golde. The camp program is easy to follow and understand-voluntary compulsaries, compulsory choices, and forward-looking back-to-back activities. Also included are strange events such as C.O.N., A.C.P., The Ex., Big M, and V. Day. From time to time campers are interrupted by Calls of the wild, enticed by free play and thrilled by good-night kisses to Irene. If "big game" is your bag then Lion Huntang is available just for you.

Kadimah is the only place where "overprogram and reduce" isn't a diet plan. Tell me, what other institution offers a male chauvinist sports program to girls and dancing to guys? Where else but at this camp can your senses be relaxed, your body exercised and bathed, and your mind blown-all simultaneously! It's a fun-crazy place where Boker Tov is a radio show, Haftaah is no surprise, Mel Yad isn't Arts and Crafts and where Machar is everpresent.

So you're Jewish, are you? What we don't do to remind you-Chassidic weddings (divorce and all), digging up Kadimah in search of Massada, establishing a new Israeli settlement at Indian Falls, martyring ourselves all over the place, and of all things singing Israeli songs to Ryan's Fancy. Just in case you miss any of that there are always beautiful renditions of the Birkat and Saturday's breakfast to refresh your Jewish memory.

If you're a water baby, this is where it's at. Activities are held in, on, and under water. You can wade, tread, float, stroke or paddle. We have shallow enders, deep enders, up enders, and even a few around-the-benders. You too can experience the exhilarating feeling that comes from learning to stand again (on water skis, of course). Remember the cardinal rule of the water front: "If, after drowning, you do not report the fact to your buddy (and only your buddy) then you will be docked a week's canteen. In any case, it's simply not fair to your buddy."

The big special event of the summer is something called Maccabia. The whole thing is really very simple. You see, Red, White, and Blue made it, but Yellow went. Also, those who dared to teach the children about the source got lost in the time tunnel. Exciting, isn't it? Actually, Maccabia is a relaxing event held over a period of five sixteen-hour days and involving only eighty activities. The teams are divided up in a manner which is fair and unjust to all. Co-ordinators and captains of all teams have get-togethers and leave their teams to fight it out. This year's Maccabia got off to a typically friendly start when, your's truly, in keeping with the decorum of mifkad, screamed at select Macharniks (Tomorrows) and then engaged in polite physical violence with one Ira E. Jobs (whose physical appearance continues where Darwin left off). Closing ceremonies were held at the end.

Yes, it is a crazy Jewish camp but it works, it's ours and it's fun! The total camp fee is \$600.00. However, if you are really interested you need only send a down payment of \$599.00. The balance can be paid over a two year period at low interest plus service and carrying charges. Contact Rhea about that.

SEE YOU AT KADIMAH!

*Rhea*

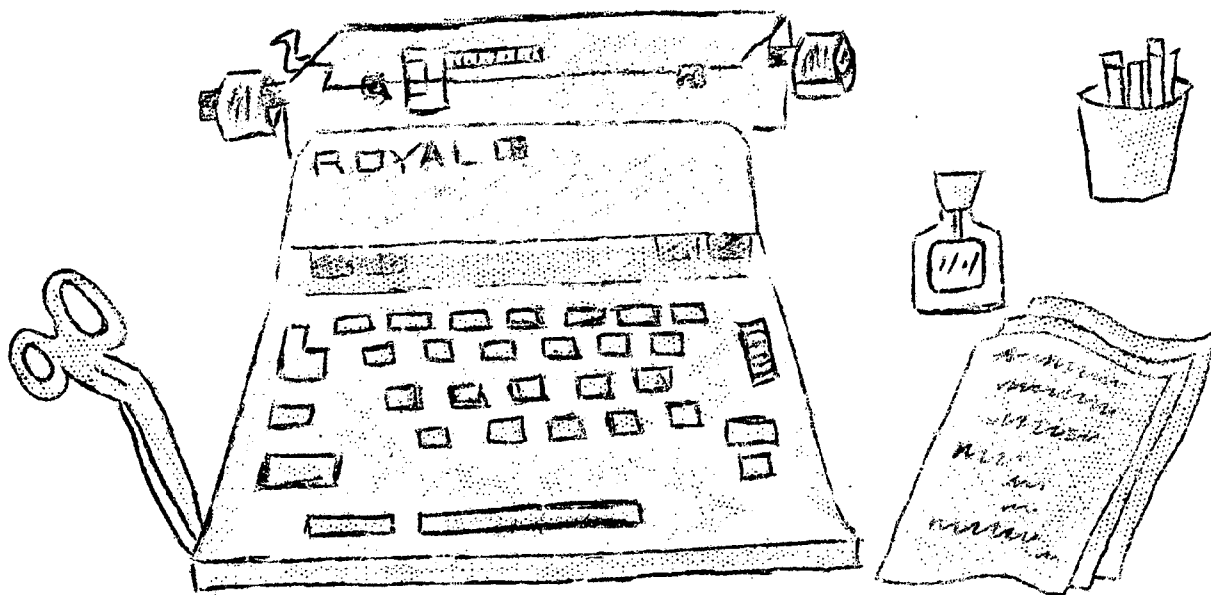
# DEDICATION...

What can we say about someone who we've known for such a long time? Someone who has always been an essential part of camp life and our lives, yet has never been recognized in the way we'd like her to be to-nite.

She's the kind of person whose only problem is giving too much of herself and her time to make others happy. We should all have those problems!

It's unfortunate we don't get to see her as much as we like but that's a result of someone who is so dedicated to her job; at least we always ran out of toilet paper and cigarettes, enough to frequent the office.

SEEING RHEA HAPPY MAKES US HAPPY!  
SO, RHEA, ON BEHALF OF KADIMAH MACHAR 74,  
THIS ITON IS DEDICATED TO YOU!



**INSIDE:**

**Dedication**

**Director's Message**

**Editorial**

**Kadimah Activities**

**Giborim**

**Goshrim**

**Kochot**

**Machar**

**Special Events**

**Creativity**

**Adresses**

**Last Will and Testament**

# Memories

**Editors - Alan Mark, Mark Bowman**  
**Assistant Editors - Rachelle Goldberg**

**Sally Davis**  
**Mindy Kussner**  
**Barry Feder**

**Chanich Editors - Barry Nathanson**  
**Wayne Nathanson**  
**Richard Freedman**  
**Ann David**

**Head Staff Advisor - Carole Bondaroff**

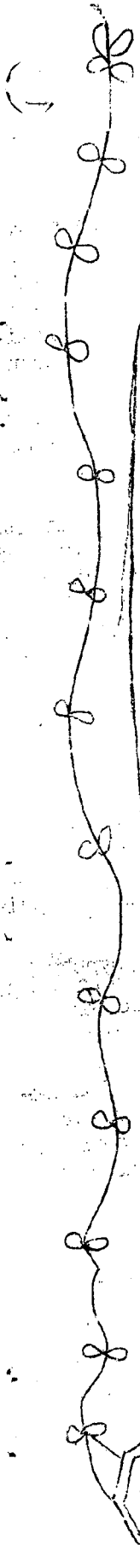
**Typists - Marta Chernin**

**Rhea Simon**  
**Wendy Pink**

**Sybil Shore, Dave Newman,**  
**Gabby Fogiel, Barb Cohen**  
**Al Simon, Leslie Leonard**

**Artists - Mindy Kussner, Bel Hyman,**  
**Marvin Eidelman, Evelyne Meltzer**  
**Carole Bondaroff**

**Gestetner - Myron Mark, Sybil Shore, Wendy**  
**Pink, Dev Bernick**



# CAMP KADIMAH

(or best!)

A Message From the Camp Co-ordinator  
(Administrator)

I had a lot of fun being together with you this summer and hope you did as well. Let see you all back again next summer

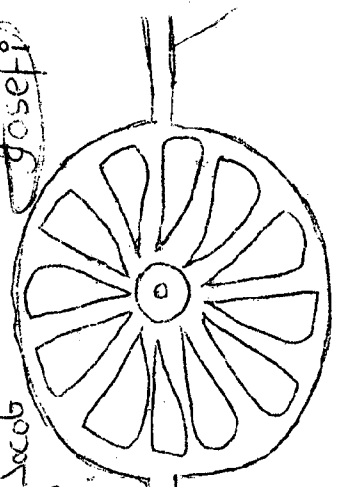
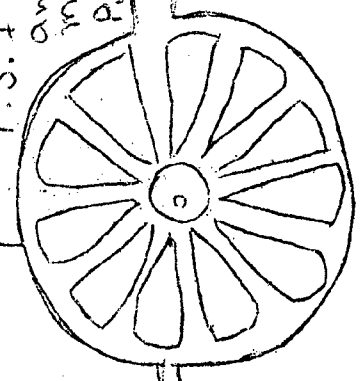
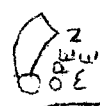
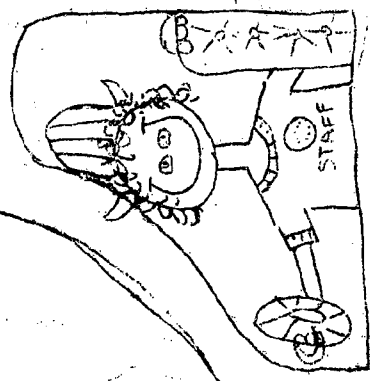
Love & Kisses

Josefi

P.S. I want to thank Goblie, Jacob and Ezra for helping us to make you comfortable here.

P.P.S. There will be double canteen on Friday.

VRROOM VRROOM VRROOM



KITE



WATERFRONT REPORT 1974.

Kadimah's waterfront program has traditionally been a main stay in the camp program. This summer it included the not always so popular swim instruction, but more popular activities: like boating and canoeing, synchronized swimming, water-games, lifesaving and the favourite of all, water skiing. To support this year's program new equipment was supplied. This did not only include the four new unsinkables, new slalom skis, new junior skis and ski belts, and our pride and joy--the new ski boat; and two new water front staff members--Sybil and Steve.

Waterfront staff had several obstacles which we had to overcome this summer. First, it was understaffed; second, for the first two weeks of camp there was lousy weather. It is believed that this period of poor weather help to foster ill-feelings towards swim instruction. On hot days, we could not keep you out; on days that were slightly rainy or cool, we could not get you to go in--particularly Machar. Believe me, there were many days which we considered putting you in but did not because we were not here to make enemies.

What was most fascinating was the number of people who were ill for swim instruction but still managed to attend waterskiing. This year we attempted to liberalize the waterfront, we tried to create a situation which permitted you to have as much fun as possible without interfering with safety factors.

Overall it is believed our program was a success but it was not without its disappointments. The first disappointment was bad weather, the second was our rainy day programs. One must appreciate the difficulties in attempting to organize a program like Fats Ratah for Our Gang Day. We knew you got sick of seeing films, and talking about water safety and learning AR, but we are also sure that you see the value of such things. Never before have I experienced a camp so 'up' on water safety.

Another disappointment was the attitude that some people held towards swim instruction. However with good weather we saw how you all enjoyed it. This proves that you see the value in that too. This year we attempted to make swim instruction a more fun experience, here we succeeded. Although our facilities could have been better utilized our program was still a success.

Although no one attempted to pass the boating and canoeing tests we feel confident a fair amount of knowledge was passed on in these areas. The crowds in the evenings in the evenings at the boat dock testify to boating and canoeings popularity. For next year we are looking towards an expansion to this program.

Complementing swim instruction were such activities as water games, synchro, general swim and water skiing. I think you all enjoyed these as well as Fats Retaw Regatta, and the Water Ski Show, despite inclement weather conditions. Maccabia's water front activities were a tremendous success as was "free play" on Fridays and Saturdays.

For a super summer on the water front you and I have the following to thank--the WATERFRONT STAFF: Marc, Rochelle, Sybil, Brian, and Steve and honorary water front staff--Marty, Garth and Elana, and other staff members who helped at swim instruction who filled in when we requested as well as the lifeguards at General Swim.

TAKE CARE AND KEEP SMILING!

DAVID



## ATHLETIC DIRECTORS' REPORT

Hey baby!! Let's go on an athletic hunt. Okay!! Let's Go. Hey look at the Giborim - they learned some soccer, softball, track & field, and some low organized games. They participated in Nature Lore and hiking. But they did not go on any overnight hikes. Maybe next year. Yeah we think they'll go on at least a couple next year - For Sure Big Momma. In swimming we've seen a great deal of progress in the instruction and alot of the Gibs are now in deep water. Yeah Kids keep it together.

Look over there There's the Goshrim There playing softball, soccer track & ground hockey. Woser Boser ain't they good. They did nature lore and some outdoor education but they only got on one hike Nextyear plans are for more hikes less unit hikes and more on a cabin level so all the section won't less out on programming.

In the water we've seen great progrees kids doing from beginners right up to lifesaving and enjoying water skiing, boating, and canoeing - ain't that beautiful? YeahDaddy, let's make it HUMM IN '75.

The Kochot - they're beautiful. In sports they did quite a lot, but they excelled in their scouting. They went on one overnight which wasn't too good, but baby after 3 peulot in scouting, they went out on a Hityashfut, and man, you should have been there - it was something spectacular. There was a group without spirit, and with a tiny bit of knowledge, who after three days of togetherness became a spirited unit - which in the director's opinion - was FANTASTIC. They built a great campsite and the stew they cooked was just out of this world. Man are they great! Yeah Baby'.

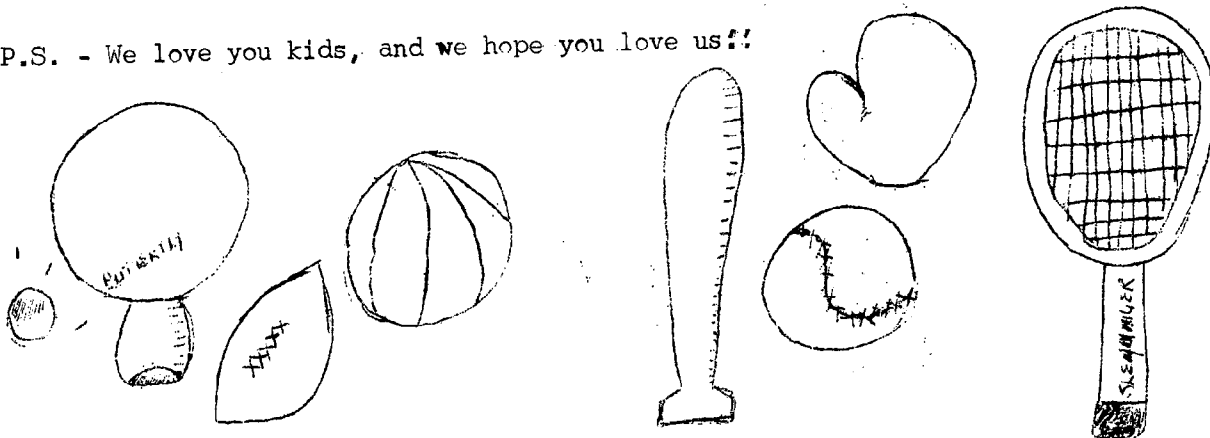
Oy! What's that! It's, It's Machar. On the waterfront, swim instruction proved to be a no-no for some, but for a few it was really together. Macharniks did not get as much chance to ski and canoe - but who was at fault? On land they did not do too much either. Their program was mostly run by their own leaders. Sports were mostly for enjoyment rather than for instruction. We failed here, but there is room for improvement everywhere!

Hey, what's thi? Oy veys mere - Oh mama mia! It's , It's, It's our staff. There's Marc Burnstein, Steve Acker, Rachelle Goldberg, Sybil Shore and Brian Medjuck - they are trying to swim - keep iy up kids. Maybe you'll get your survival next year - fine job anyway! Hey wht's that? Is he a wrestler or a football star?? No! It's only Craig Garson teaching Irwin Simon and Brian Budovitch how to walk instead of of crawl - keep it together Girls.

And then there's us - the Duke and Cuddles - ain't we a together pair? Pair of what? Who knows? Thanks for '74 ,

David Green &  
Jerry Blumenthal.

P.S. - We love you kids, and we hope you love us!!



(Sung to the tune of Mary Had a little Lamb)

Gaby had a little Tzrif(2)  
Gagy had a little Tzrif number 28  
And every time she had a class(3)  
The kids were always late.

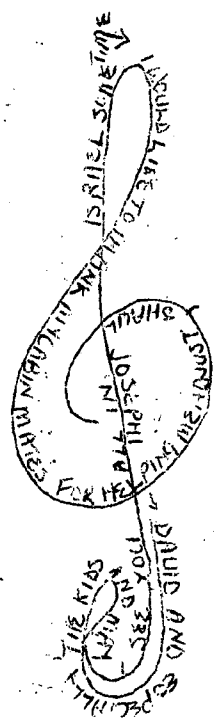
I never knew I could sing until I arrived at Camp Kadimah. When I finally got here I knew that I would not be singing again for a long time(call that singing?!) I would sit like a hen among my tamborines, trumpets, piano, and "and flying plates," trying to teach those who never came how to sing. the mission was hard as it was but it became a "mission impossible" when it turned to Hebrew.(G-D,why on earth did you invent such a barbarian language?)

I would start on one key, they would start on another, the accordion would play on a third,and the "orchestra"would play out of tune. On the whole,a "pleasure"for the ears.

The Tzrif itself was used for everything except Shira-my guardian angel would disappear when I needed him most.And if that's not enough of an adventure I was confronted with the worst of strategic problems in Camp Kadimah- that of acoustics.I had to face a blood-thirsty audience(especially the heroes)won against many with a sole weapon- THE MICROPHONE, which would usually decide to rest while I used him (I can't blame him, after all, with such a singer I would do the same.)

On the whole it was a very exciting summer; I love the sun- when my peulot would be cancelled (how do you spell that Hebrew word anyway?)

I enjoyed giving jazz chug in the afternoon where we would learn cha-cha and tango; I love the kids who explain to me what Israel meant to them, and how the Mashiah would come and free the world; and last but certainly not least- I enjoyed every moment of my ideological (what's that?) discussinn with Shaul and Eli.



*Gaby*

# MEMOIR

## FILM-MAKING 8

TWO CREATED "THE STRING"  
 WERE CREATED - "THE ATHLETES"  
 ANIMATION - BY THE CAMPERS  
 - PIGSATIATION - THE RESULTS  
 OF CHUG I & II - THE RESULTS  
 WERE A GREAT SUCCESS  
 AND BOTH WERE NOMINATED  
 FOR THE ACADEMY AWARDS

THIS HAS BEEN  
 A BONDAROFF  
 A FEW OF  
 THE MORE POPULAR  
 AND MELTRER  
 PRODUCTION.

WEATHER & SUEDE  
 COVERED BOTTLES \$3.50  
 WALL-HANGINGS - \$5.00  
 WALLS - \$2.00  
 WALLETS - \$1.00 YOUR  
 HATS - \$1.00 YOUR  
 PLEASE SEND CASH  
 ORDERS TO CAMPERS  
 OR DINA

KANILE-MAKING  
 OVER 100 BEAUTIFUL  
 CANDLES WERE PRODUCED  
 BURN-BABY-BURN  
 BAKING TIE DYE -  
 NOTHING ESCAPED THE  
 ELASTIC BANDIT!  
 HOLY RUBBER GLOVES  
 GREEN TANNING  
 TOP 2

PROJECTS ARE MENTIONED  
 HERE

PAINT-IN.  
 STEP RIGHT UP &  
 WATCH YOUR STEP.  
 WATCH YOUR SLIPPER OUT.  
 PAINT IS SLIPPER OUT.  
 DOES NOT WASH OFF.  
 MY HANDS ARE GREEN - HELP!  
 HAIR IS GREEN - REALLY IS  
 MAURANE/IT REALLY IS  
 KNOT VERY HARD TO  
 RT. UNDER COARSE  
 UP SOMEONE

ONE LAST THING  
 "CAN I HAVE SOME  
 GYM P."

### Infirmary Report

Appendicitomies.....broken legs.....cardiac arrests.....pulmonary edema.....the Bubonic Plague.....

Fortunately no one at camp was afflicted with any of these things. And if they were, they never showed up at the Infirmary. All we got were people who thought they had them. Instead they had:

scraped knees  
bites from bees  
throats that were sore  
and needing a cure

headaches and backaches  
and frontaches and sideaches  
all through the day  
rings the cry of "Oy vey!!!"

six little weasels  
developed the measles  
and then just for fun(s),  
we threw in the runs

what could we say  
to keep them away?  
nothing, of course, but  
AN APPLE A DAY!!!

Love,  
Dr. Jim  
Lynn the Nurse  
and Wendy the Pink

### Office Report

Another summer of Kadimah is now only a memory to us. Kadimah '74. As a secretary of Camp Kadimah I would like to talk about my point of view, from the office. The office was run much like last summer. People are still constantly coming into the office, bumming cigarettes, pens, pencils, matches, stamps, etc., and of course, the keys to the canteen. The office has kept its tradition as being the center of attraction for most staff--after curfew it was turned into a staff lounge. One of the most common saying in the office was "Did I get a letter?" --even on Sundays, when there was no mail delivery!! All in all, things went well in the office over the summer.....

Have a good year, Love,  
Rhea.



Q. Do you know any Hebrew words? after so many years in a Jewish camp?

A. I know a few words like Maccabia, Omega, Chadar.

---

Q. Do you plan to retire this year?

A. Yes, it's three years that I've planned for but I have no replacement and so I have to postpone my retirement.

---

Q. Who will take your job after you retire?

A. I really don't know. By the way, my grandson, who helps me a lot, is too young to replace me.

---

Q. What improvements does Camp Kadinah need?

A. I think that it is well organized. We only have to keep it clean and sometimes to fix and clean the cabins. Probably we need a new sewage system.

\*\*\*\*\*

INTERVIEWER: YISRAEL PEKIN

MARTY'S REPORT

Hi, I'm Marty. You people wonder what I do, probably. Well, usually I assist everybody in all things; anything from tennis to waterskiing, to programming to general technical work.

Well, we had a fine summer and Shaul, I'm really not a sleezy hippie! The camp was again technically sound and together.

Our broadcasting facilities worked well this year. C.K.B.C. stayed on the air all summer with no technical breakdowns.

Hope to see you all someday. Thank you to a lot of people, especially my mother and maybe even my piano teacher.

YOURS ELECTRICALLY,  
MARTY

A CUP OF COFFEE WITH EZRA

Q. How old are you?

A. 77

Q. What country did you or your parents come from?

A. I was born here. My parents were born in Canada.

Q. And your great-grandfather and grandfather?

A. My great-grandfathers both came from Germany and my grandfather was born in this country.

Q. How long have you lived on Barss Corner?

A. Since the first World War.

Q. How long have you worked at Camp Kadimah?

A. For twenty-nine years.

Q. What was your previous job?

A. Woodwork mostly.

Q. How many children do you have?

A. Three

Q. And how many grandchildren?

A. Seven

Q. Do all of them live here?

A. In reach, a very short distance.

Q. Do they visit you often?

A. Yes, I visit them often and they visit me.

Q. Ezra, you made history-probably personal history-What do you remember most?

A. I will remember most Camp Kadimah because I worked here for so many years.

-----  
Q. Did you fight in the first World War? What are your reminiscences from that period?

A. I participated in that war. Regarding the reminiscences, a lot of things come back to me now. I left there many friends, but I don't think a lot about it really, because it's not too pleasant to think about. Actually I was 18 years old when I went and I served in the Canadian army which joined the British army against the Germans. I was there for four years.

-----  
Q. What do you do during the winter-time?

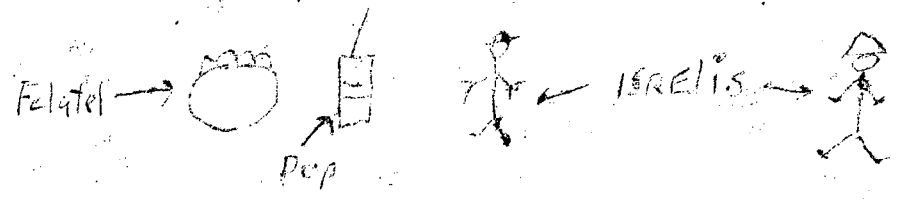
A. Cutting wood in order to feed myself.

-----

# Staff Programming

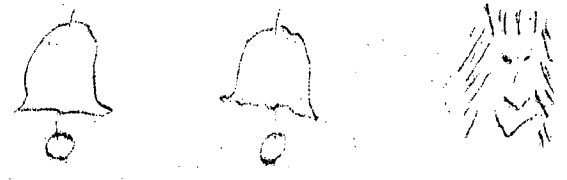
STAFF programming was FVW, but everyone didn't come. MAYBE the ones who DIDN'T come this year will come next year. I HOPE SO.

We had a party with ISRAELI Food and even REAL ISRAELIS. Everyone ATE and had FUN.



We had a PYJAMA PARTY TOO, BUT THAT WASN'T FUN, because SHAOOL didn't let us sleep over.

We saw a movie called WHO TOLD the Bell? but I DIDN'T understand it. I don't like Bells anyway, except this counsellor named BELL. I LIKE HER alot.



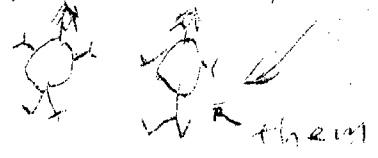
So does MARTY, too.

WE HAD BARBEQUES, and a DelicATTessen Party and a CORN BOIL too. Boy did I get



Most of the girl counsellors

were FAT already when they came to CAMP.



Good night IRENE (from SHOOOL)

JIMMY

## Chugim

### Tennis:

Tennis again this year was offered both as a peula and a chug. It was widely accepted and at one point we had nineteen people sign up for one chug. We definitely could use two new courts and even some electrical lighting would help. The kids who prospered most were those who could stick it out and take the heat to practice.

Bev Bernick, who definitely is an outstanding instructress was the main drive behind our program. Bev, along with Danny Singer, who probably wanted to teach more, did a fantastic job under less than ideal circumstances.

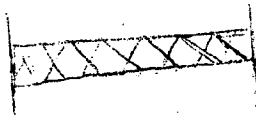
Tennis is the fastest growing sport in North America and at Kadimah it is definitely no exception!

Again Bev and Dan, thanks a million.

Marty Zatzman Phd., Prof. of Tennis



### Tennis



This summer I had the great pleasure to assist in teaching tennis for both peulot and chugim. I thoroughly enjoyed teaching or just playing tennis with each camper who signed up for the game. I hope that everyone received the instruction and enjoyment which they so desired.

Tennis at Camp Kadimah seems to be getting more and more popular each summer. I know that the biggest complaint that most of you tennis players had was that there just weren't enough courts to have as much fun as you wished. Perhaps in the near future Kadimah will be able to expand in its tennis program.

In closing, I would like to thank all those campers I taught and played tennis with because without you I would never have enjoyed those days on the tennis courts. Last but not least, I would like to extend my sincerest thanks to Marty, head tennis instructor, who was always around to give advice and assist me in every way.

Keep practicing everyone,

Love,

Bev

### Broadcasting

This year broadcasting took on a new look with a completely new program, which included media arts. The program ran well and in fact by the third week we went to CKBW in Bridgewater for a guided tour.

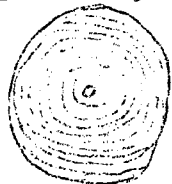
The kids in our chugim usually made it on time for our morning shows and if it were not for Sally Davis and Garth Nathanson, Camp Kadimah would have slept in every morning.

I hope in the future that broadcasting will continue at Kadimah and good music shall be heard by all. Amen.

So this is CKEC signing off for the summer of '74.

Remember 875 on your dial, and smile.

Marty Zatzman, Phd. Prof. of Broadcasting





## LECTURE

And you, we, Miss DeWitt, incorporated into an already flourishing new club programme, 2 Royal Life Saving Society awards. These were the elementary and the Intermediate Life Saving Awards. Our purpose in introducing these awards was to provide the winning assignments although proficiency at all Red Cross levels, was not yet ready for the higher Royal Life awards - namely Bronze Medalion and Cross. We feel that our purpose was successfully fulfilled.

Although success was met in the presentation of these awards, we are disappointed in the lack of desire shown by other students to obtain high level awards and to better themselves in this field. But you've heard this lecture before.....



## LAND SPORTS

Dave Green  
Marc Burnstein  
Brian Medjuck

In a camp like Camp Kadimah, the sports program is a very detrimental part of the camp. Very often, if the sports program is poor, then so will the summer be for many people who come to camp for the athletics. Trying to plan a program is not the easiest task in the world; and believe me, we found this out, but fast. You are always trying to please as many people as possible but no matter what you offer, there are always those who aren't satisfied and complain.

But through a three man consensus of Craig, Irwin and Brian, along with our director Terry, we seem to agree that the program went relatively smoothly.

Throughout the course of the summer we offered sports like softball, basketball, ground and floor hockey, and football along with such sports as soccer, tetherball and track and field which hadn't been stressed in years gone by.

All in all we were honored to serve as members of the athletic staff and are looking forward to next summer.

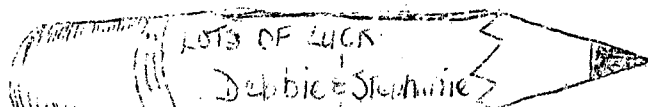
Sincerely  
Athletic Staff  
Craig, Irwin, Brian

## SKETCHING

Sketching was a thing whose participation, creativity and imagination were necessary. Everyday, armed with paper and pencil (or charcoal, or crayons, or conte, or pen) we marched our diligent "students" to the grass by cabin 25 to be inspired by the view. The results showed - without questions - that inspiration came abundantly to our protégés.)

Together we experimented with exercises and techniques - string drawings with crayons; shading and line samples with charcoal. Sometimes when inspiration was low we simply drew eyes and faces. We even produced pictures of pencils - but very fancy pictures that included shading and perspectives. (Remember?) The farm across the lake provided us with a fantastic scene for drawing.

Our club was a fun introduction to sketching and drawing. One of its major purposes was to help you understand that doodling is fun and that "A picture is worth a thousand words."



## Water Skiing

Man, let's go ski mayim. What a phrase! One that was heard by everyone at Camp Kadinah by everyone this summer.

With the addition of a new 65 H.P. boat, new skis and belts and lots of gasoline we certainly had some fine times on the lake.

Some phrases we produced are very indicative of ski mayim

Double trouble - two skiers together

Ski Mayim - water skiing

BadBoogie - cutting the wake

High spray - spray after bad boogie

What a B\_\_\_! - bad boogie

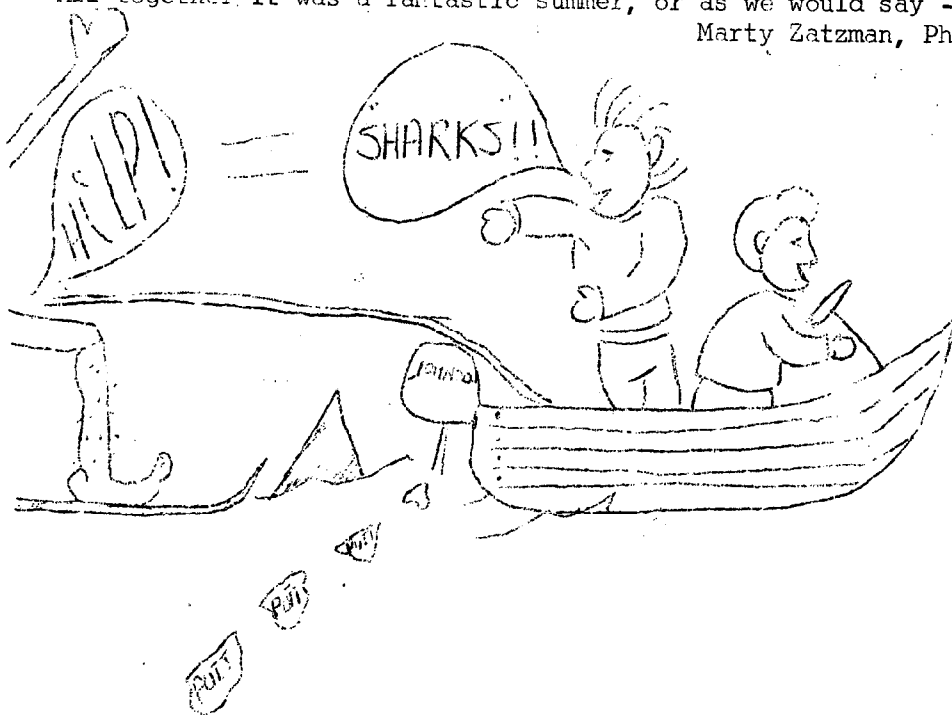
Triples - t ree skiers together

Moons and rats - (censored)

and there are many many more.

All together it was a fantastic summer, or as we would say - we had a bad time.

Marty Zatzman, Phd., Prof. Water  
Skiing.





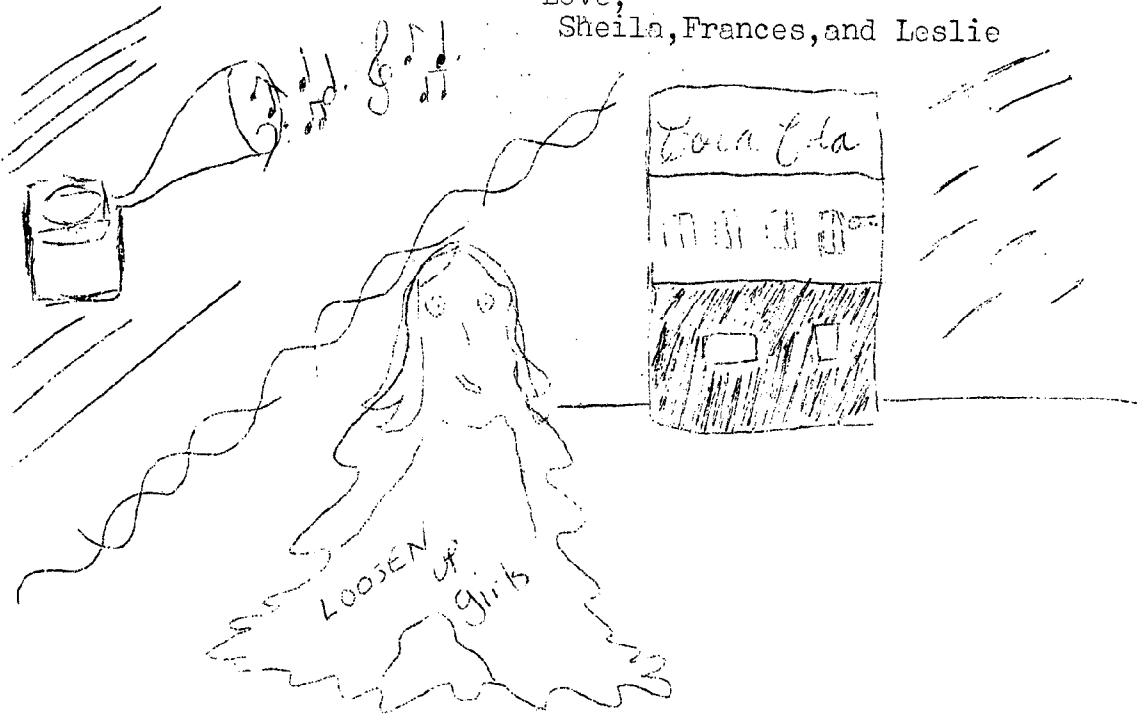
### SENSITIVITY RELAXATION

Wiggle your toes, lift your leg up and tense it, tense it. Close your eyes and relax, feel totally unwound. These are the very familiar words heard every Sunday, Tuesday, and Thursday in the Staff Lounge. No, it's not staff, it's the Sensitivity Relaxation Chug.

Twenty listless, lethargic girls drag themselves into the Staff Lounge and fall into massive heaps on the floor. But by the end of the session they are rejuvenated, filled with enough vigor to face the reality of camp life once again. We feel we have accomplished what we set out to do—making people aware of their senses and things relating to them.

As the camp season comes to a close voices may be heard bellowing from the Lounge, "Frances and Leslie let's do Yoga."  
"Sheila, put us to sleep."

Love,  
Sheila, Frances, and Leslie



**LISTEN TO MY WORDS  
AND RELAX....**

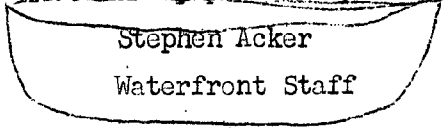
The Kadimah family of boats enjoyed the addition of four new members this summer; four unsinkable, fiberglass rowboats.

Although these welcome additions were greatly appreciated, the boat dock was not utilized as fully as possible this summer. Though this had a lot to do with inelimate w ather, special days, and lack of interest on the part of the staff, re kids did enjoy all the avaible time. The four new "unsinkables" appeared to be a one an attraction. These boats provided the kids with an enjoyable time, in addition to a very basic approach to the priciples of rwwing.

One new facit of the boating program this summer was the instigation of different levels of skills to the programs. A two level canoeing program, as well as a three level rowboating program both offered pocket cards and crests to more who completed the requirements. It is hoped that this program will be utilized to its full extent next year.

Eventhough the boatdock itself was not overly faced this summer, this is not to say the boats weren't used. During both Regatta '74 and Maccabia, all the boats in camp were used in varying ways from competitive races, with and without paddles, to slillfull demonstrations (leaving and entering) and just plain fun (sink the Swiss Navy).

If the boating program is given the priority deserving of an individual program leader next year, and the always prayed for good waather, there is absolutely no reason why this program cannot rank as one of the more popular camp activities.



WATERGAMES

"Yes Bill, there will be watergames today"

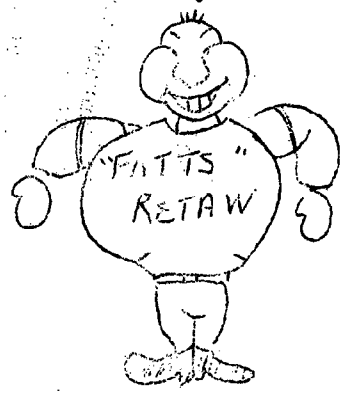
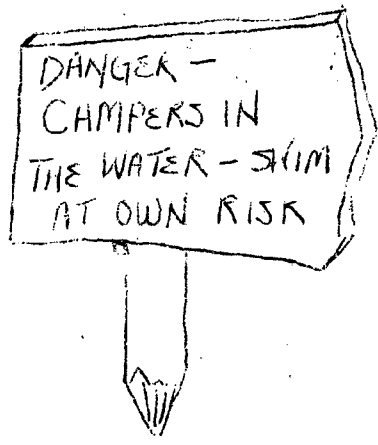
"Darren, in the water please"

"Myer and Sol stop fighting and share that paddleboard"

Watergames this year took a new approach from that of other years. Instead of providing games for the campers, the campers themselves, using thus our creative imaginations, planned their games spontaneously. Whether throwing the ball buoy, chasing each other in the shallow end, canoe faces and we musn't forget those paddleboards, there was always some activity going on. Rather I think watergames really caught the attention of all the fish of Camp Kadimah, for thru rain and shine they always showed up. Fatts Retaw only hoped that all of you who joined watergames this summer really enjoyed it as much as we wnjoyed having you down on the waterfront.

"Let's go, everybody out"

Dave and Sybil

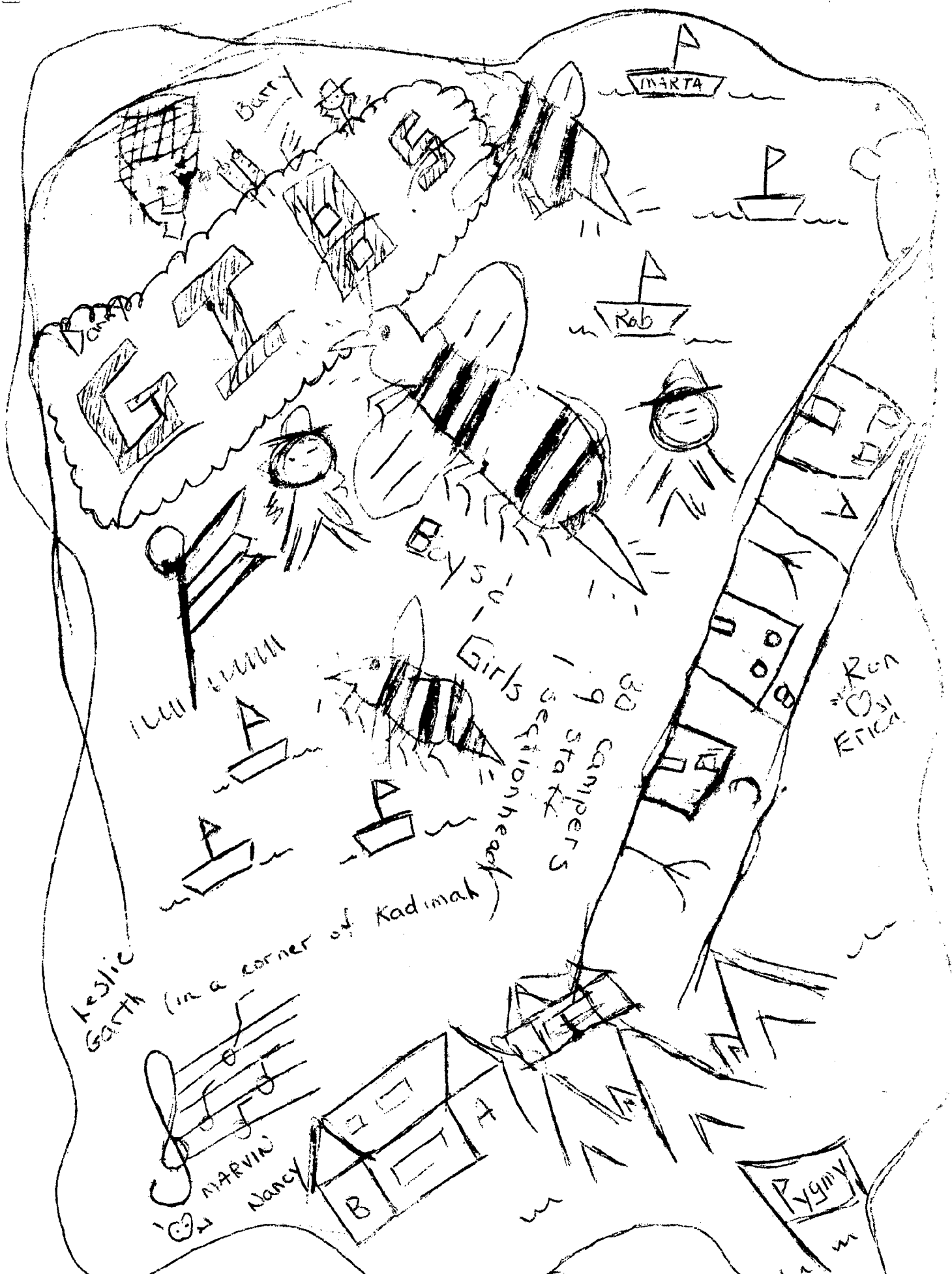


Name	Favourite Saying	Seen Most	Pet Beef	Would be	will be
Shaul	Make me a cup of coffee	In the office	No Peter Jackson	Camp Director	Camp Director
Yosefi	No Yantsefi until the chadar is clean	In the truck	curfew	Rosh Young Judaea	Security Guard
Jerry	Let's get it together, baby	chasing the lions	sport's periods	principal at school	student
Dave	I wanna get-----tonight	In somebody's arms	swim instruction	lawyer	wealthy Israeli businessman
Marty	I'm.....tonight	In somebody's arms	morning shows	astrophysicist	star
Myron	Where's Mimi	Looking for Mimi	can't find Mimi	husband	wife
Miriam	Over here Myron	Hiding from Myron	curfews	wife	husband
Marta	Where are my counsellors?!	Washing sheets	Marvin	camp mother	matron of honour
Iris	Did I get mail today?	Reading love letters	My man aint in camp	with boy friend	without him
Gaby	Where's David?	In cabin #25	Shira	shira	wealthy Israeli businessman
Yisrael	I'm going home	looking	Camp Kadimah	accordionist	plastic surgeon.
Ira	let's get cabin #21 again	planning raids	Israeli girls	Rosh Machar	Superstar (George Athens)

Name	Favourite Saying	Seen Most	Pet Raef	Would be	W'd l be
Mark	ski-mayim time	Getting tanned, being burnt	not getting steak dinner	Stephanes	Hunted by Israel
Carole	Ther'll be free play in the Mel Yed	In the Mel Yed	curfew	Mrs. J. Dital	Miss Carole Bondaroff
Rhea	This office is a mess	In the office	making coffee	dental assistant	Wife of dentist (We hope)
Jim	As Supreme Commander	plotting, sleeping, skiing	M.S.I.	Doctor	Quack
Lynn	I'm going to convert	Infirmery	JimLynn	Camp Nurse	Dr.'s Privat patient

Specialists

Name	Favorite Saying	Seen Most	Pet	Beef	Would be	Will Be
Brian M.	What a _____?	Reading Darlene's letters	Toranut & Buggy	duty	waterfront director	head shallow end
Irwin S.	_____ my _____?	Teaching Stephanie the tricks of the trade.	Hot Dogs & Weiners		sports director	Camp secretary
Maig G.	_____ my _____?	with Irwin	Brian B.		Freddie Sweetan	The Beast
Brian B.	usually in his sleep	sleeping	working		pitcher	pitched
Marc B	_____ my _____?	never on Saturdays	Leslie L.		waterfront director	Mrs. R. Epstein
Steve A.	_____ my _____?	making the four min. Milo	The Duke		Duke's	Milo's
Sybil S.	Who did it?	In the infirmary	Her sore leg		star of David	camp nurse
Evelyn M	Who did it?	in the Mel Yed,	ice water		Doctor	Doctored
Rachelle	Who did it?	with David N.	ski-mayim		star	A <u>newwoman</u>
Jenny P.	Where does it hurt	in the infirmary	Jimmy		Nurse	Patient



MARTA

Rob

BUFFY

Boys

Girls

30 Campers  
1 section  
head

1000

Kestie  
GARTH

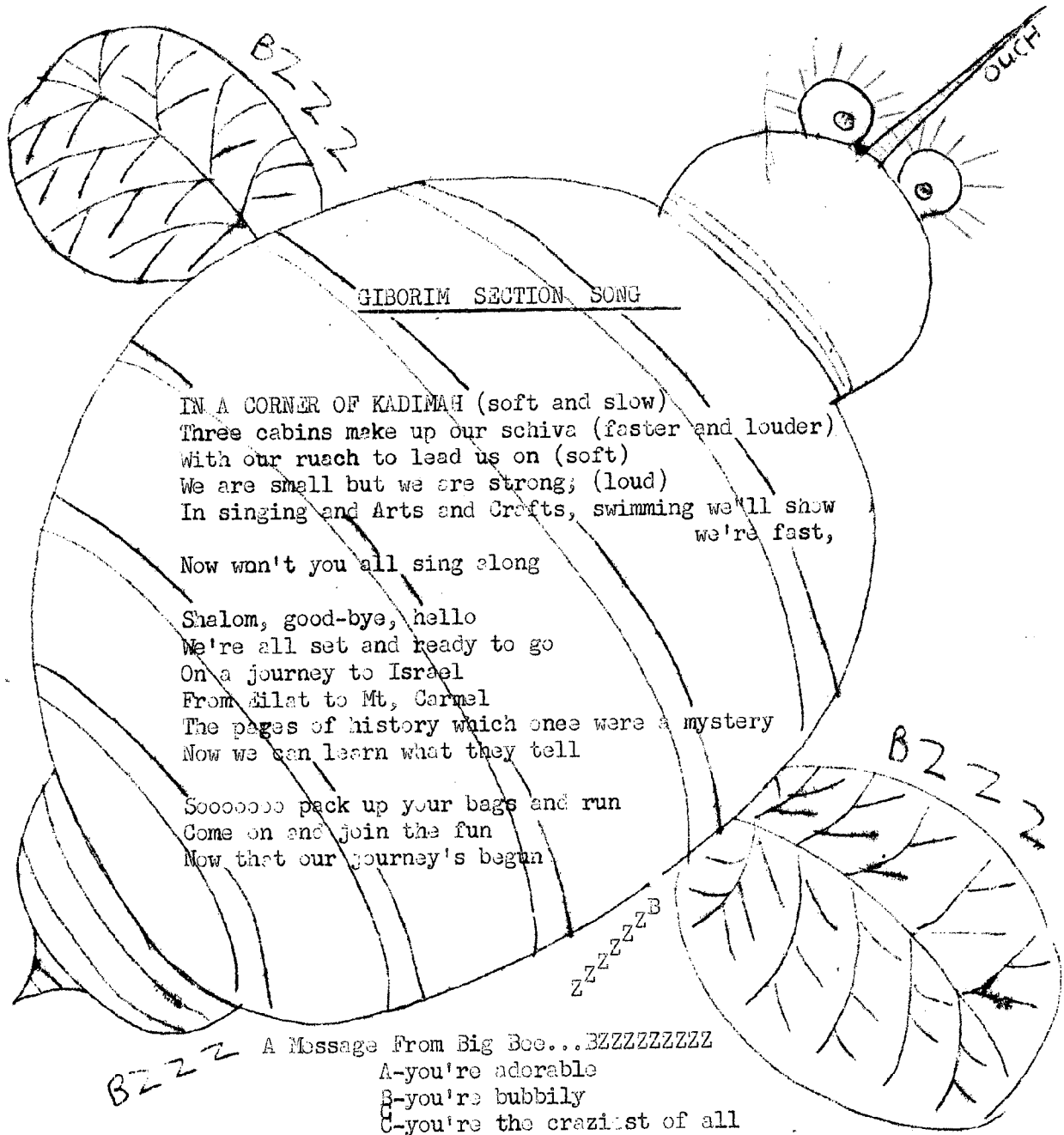
(in a corner of Kadimak)

MARVIN  
Nancy

Rena  
ETICA

Pygmy





GIBORIM SECTION SONG

IN A CORNER OF KADIMAH (soft and slow)  
 Three cabins make up our schiva (faster and louder)  
 With our rusch to lead us on (soft)  
 We are small but we are strong; (loud)  
 In singing and Arts and Crafts, swimming we'll show  
 we're fast,

Now won't you all sing along

Shalom, good-bye, hello  
 We're all set and ready to go  
 On a journey to Israel  
 From Eilat to Mt. Carmel  
 The pages of history which once were a mystery  
 Now we can learn what they tell

Sooooooooo pack up your bags and run  
 Come on and join the fun  
 Now that our journey's begun

BZZZ A Message From Big Bee...BZZZZZZZZZ  
 A-you're adorable  
 B-you're bubbily  
 C-you're the craizist of all

I can honestly say that I'm kind of sad to see the summer come to an end, but I've found something in this camp which is very important to me-- YOU!! Without you my efforts were only ideas on paper, but with you my ideas became reality.

Love,

We managed to work our way up from Sesame Street to a Journey through Israel, detouring along the way for Visitor's Day, the Bridgewater Exhibition, and Maccabia.

Luck,

I must admit I never expected to become so skilful in the field of washing sheets. But my summer would never have been complete without your messy beds Herman stories, and last but not least the "good-night kisses".

Lollipops,


Well... I hope you've had a good taste of Kadimah this summer and you'll return next year a bit more prepared for the summer ahead.  
 To my staff.. You really kept me on my toes!

A, B, C, ALL TOGETHER NOW, 1, 2, 3, ..... YOU and ME.

Marta

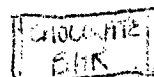
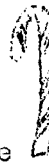
מרתה, אהבה ושמחה

WHAT WOULD CABIN "A" BE WITHOUT...

- Andrea G's Pyjamas - socking her thumb, everywhere she goes.
- Lisa G's swearing so much - love life
- Andrea M's Smallness - crying so much 
- Wendy Z's being called a Playboy bunny - "George of the Jungle" song
- Andrea B's Sleeping ' Mair falling in her face
- Robin C's complaining - changing her voice
- Lisa P's Freckles
- Susan G's bossiness
- Tobi N's elephant - laughing
- Susan B's food - not getting up in the morning
- Leslie L's diet
- Nancy W's Fat - Liking Marvin so much - streaking
- Erica G's Teddy Bear - keeping all the candy

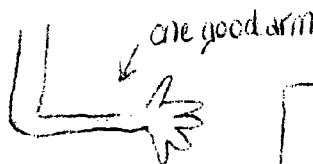
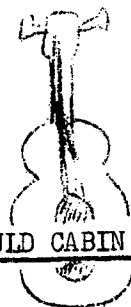
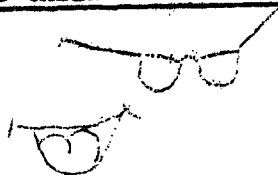


Tobi and Frank  
 Marvin and Nancy  
 Andrea and Hugh Smilestone  
 The lake where we swim in ?



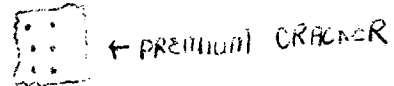
WHERE WOULD CABIN B BE WITHOUT ...

- Darren losing his glasses
- Louis talking in his sleep
- Michel's big mouth
- Jonathan's food
- Bill's messy bed
- Joseph's name (on the wall)
- Mark's sleeping bag
- Adam's messy hair
- Mowies good arm
- Garth's Big Mouth
- Rob's guitar
- Marvin's girls



WHAT WOULD CABIN "C" BE WITHOUT....

- Danny's Ghost stories
- Sol's noise
- Barry's prayers
- Myar's speech (I don't have to)
- Brian's talking in his sleep
- Danny's toilet overflowing record
- Jame's kissing
- Phillip's tiredness
- Lewis's Canteen
- Frank S's yo-yo
- Frank Sm's punching
- Mark's crackers
- Allan's showers
- Ron's "Simon Says"



OUR TOILET & WITHOUT GOING HOME !



REGULAR PROGRAMMING

Our Coffee House

When our coffee house opened, we had a floor show with, stripteers and topless cigarette girls, streakers, and a magician. And after the show there were cocktails.

Mark Zive

Chassidic Wedding

In the Chassidic wedding, I was a Rabbi. It was a lot of fun. Mark Loebenberg was married to Wendy Zive. All the Gibs and Gosh were Invited to the wedding. After the wedding and the feast, Barry Feder told us a song. It was funny. It was a fun night.

Frank Saroka

T.V. Games

Anything you can do: Anything you can do is a game that is played between males and females who have to do crazy things.

Beat the Clock: Beat the clock is a show between two couples and a guest star who compete for money on a cash board. I liked it.

Mark Loebenberg

Bingo Night

Bingo night was a fun evening program. We played five games. I won two games, and got second most in prizes. It was a fun night.

Frank Saroka

The Counsellor Hunt

We had a counsellor hunt and they had to hide and we had to count to 100 and we had to look for them and some of them cheated. The End.

Susan Brinker

The Camper Hunt

The camper hunt was fun. We had fun and campers can sleep outside. Campers liked the camper hunt very very much.

Anonymous

Board Games

Board Games are lots of fun. We played Bingo. There were lots of friends at board games. We played lots of games.

Wendy Zive

Monte Carlo Night

I like gambling. It's fun. I like it. It's better than checkers. It's my best game. There were lots of games. It was fun.

Darren Blumenthal

REGULAR PROGRAMMING Cont.

Our Counsellors

I like my counsellors in this way: When we ask for something to be done, they make sure that it will be arranged. At rest hour when we have to stay inside, we can do anything we want, as long as we are quiet. I like the way camp is coming along with our counsellors. The End.

Tobi Nathanson

Chuggim

Chuggim is fun. It is lots of fun. Running, swimming, hopping, hay, hay hay.

Jonathan Allen

Going Home

I can't wait till I go home! Because when I do I can see all my old friends, and my mother, sister, and my father, and my dog, and my cat! And I might be going to Montreal!!! BUT the thing I don't want to do is go back to SCHOOL.

anonymus

Swimming, General, Instructional

In the morning every day except Saturday, there is Instructional swim. It's fun. I'm trying for my Juniors. Sometimes at the end of instructional swim we go down the slide.

Frank Saroka

Peulot

In the morning, five minutes after Mifkad, Peulot start. Peulot contain different activities like sports Mel Yad, Mishakim and instructional swim. They are fun.

Frank Saroka

The Socials

The social is every Saturday and we go there to dance. There are different socials. There are greasers socials and lots more too. And the last night of camp we have a banquet that's with the camp comitee.



Brian Epstein

OUR SECTION HEAD

I love Marta because when we went to cabin 74, now we are aloud to go to the General Store. Also because she let us sleep out doors. When we wanted some thing, Marta would <sup>in</sup>make sure it would be arranged. Thats the way I like Marta

by Andrea Garson.

SWIMMING

Swimming is lots of fun only when it is done right.

Questions of swimming;

1. Always swim with a buddy.
2. Never run around the dock.
3. Never swim where there are curenents.
4. Always swim where there are no rocks.
5. Make sure the water is deep enough before you dive in.
5. Never swim in swampy water.

by Allan Davidson  
Frank Smilestein.

Swimming, swimming in my swimming pool...

SWIM INSTRUCTION

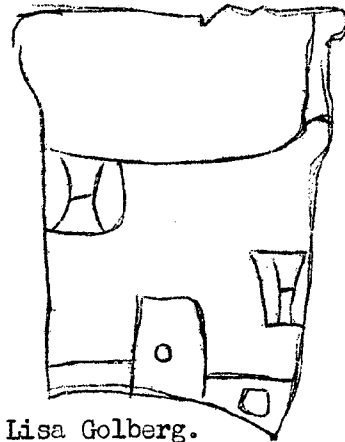
I was swimming. Then I passed my deep. When I got out of the water everybody shook my hand.

Anonimus

THE DAY I PASSED MY DEEP

After general swim I asked David Green if I would try and pass my deep, He said yes" so I went. I dived in I started swimming. I went six laps instead of five. I was so happy I went crazy. That day I went down the slide 5 times/

Phil David



Lisa Golberg.



CAMP

I like camp -  
Camp is a lot  
of fun. When we  
run /  
we have nice  
counselers  
in cabin  
A

CAMP

I had fun at camp. I didn't like running in Maccabia. I liked swimming. I learned to do breast stroke. I didn't like being away from my mommy. I didn't like playing games. But I liked making stuff. I liked playing with the other people in my cabin. I had fun playing with everybody. It was more fun than at home. But the food is better at home.

Andrea Arubsa.



CE IT EVER SO HUMBLE... Mr. Isener

I like Mr. isener because of things he does. Like fixes sinks and toilets. He has been with us for 30 years. He has been doing alots for us. They say if we didn't have me. isener we would not have the camp.  
the end

Tobi Nathanson.



My Counsellors

My gounsellors are nike. we like they very much. they let us do things.

Wendy Zive.

Regatta

In Regatta there were three teams. I was on team two which name was Gefillte Fish. The events went all through the morning. They were like raddle boards, row boat races, etc. It was fun.

Frank Soroka

The Regatta

Before Visitors Day a big exciting event happened in Camp Kadimah and it was called a Regatta.

Call of the Wild Day

I liked the aquarium. I liked building the tents. It was dog land. Now the jokes-how that butterfly keeps pooping a bunch of butter on me in the middle of the night. How I'm fed up with that butterfly. There it goes again. Oh boy!

Visitors Day

This is just a day when your parents come to visit you. Visiting Day is always in the middle of camp or when its the best day for going home. Like it would have to be on a Sunday or we would be here more than six weeks. Your parents would bring food to you and pop. Its always the best day of camp for me.

Phil David

The Hayrides

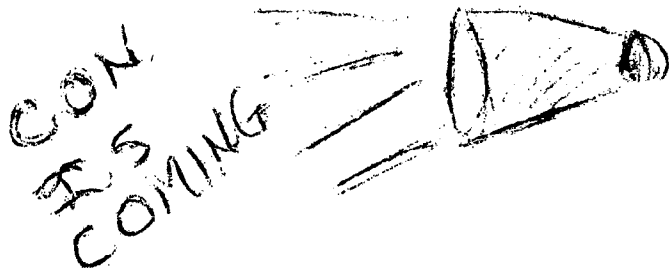
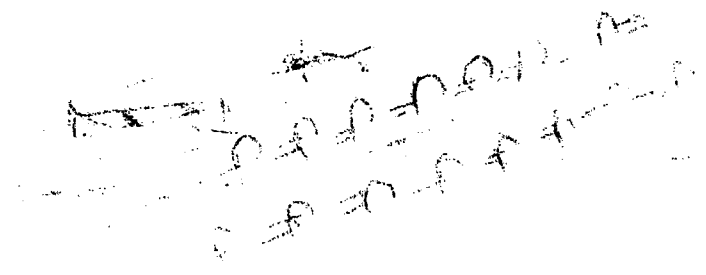
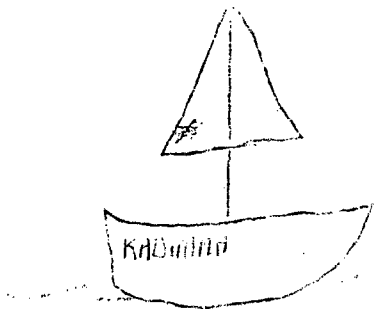
we went on a few hayrides. They were fun. We had hay fights. Leslie Leonard was smithered with hay.

Susan Glube

Con

One day they had papers all over camp saying "CON" has come. Each cabin in the afternoon was a country. Cabin C was Canada. In the afternoon we had a carnival. Cabin 33 had a casino. It was a carnival of nations.

Lewis Chernin



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Phil David

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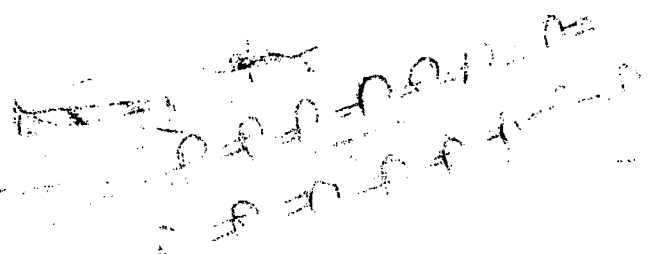
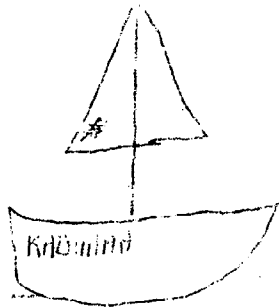
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Susan Glube

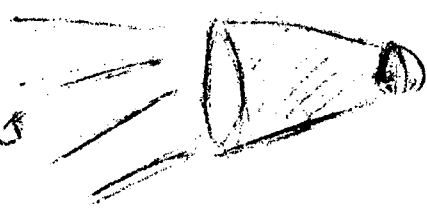
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Lewis Chernin



CON  
IS  
COMING



# Giborim's



Camp

By Howie Green

I like camp this year.

I liked camp because of the  
And I liked the cabin mates. programs

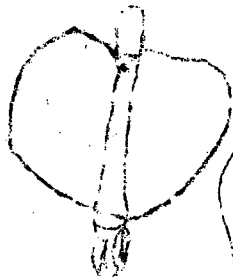
I Like camp becous  
I have lot's of freinds  
I like camp becous  
I go SWIMMING  
I Like camp  
becous My cabin  
IS always clean



# Camp

I Like camp because of Erica  
Rob and Marva Abrahamson And  
because I've got so many  
friends. And because of  
Maccabe.

Joseph GLUBE



~~Tim~~ Maccabba

Beases

days hay hay

was  
horrible

was only 5  
hay

Sohn Allen

I like maccaba  
big — ayumi teme Wan maccabiya  
that was blue teme in 5 days  
we had over 2000

BillA chernin

Swim Instruction is fun. It's  
fun to swim I like it. I swam  
a lot. And that's all. DARREN B. Blumen-  
thal.

Name	Seen Most	Favourite Saying	Would be	Will be	Pet Beef
Tobi Nathanson	At Wachar	Can I have the mustard?	Marebnik	Newfie	getting dressed up.
Robyn Cohen	Complaining	Do I have to?	A good camper	homesick	sharing food.
Andrea Blumenthal	At Mom's cabin	Can I go to Mom's	Mothered	A mother	doing clean up
Andrea Garson	Infirmary	I feel sick	Doctor	Patient	Not going to infirmary.
Andrea Hrubsa	crying	I don't know	Babysitter	babysat	Participant
Wendy Zive	smiling	My name is George.	kissing cousin.	kissed	laundry day.
Lisa Prossin	sweeping	Do I have to sepp again	Swept off her feet	May I	Sweeping
Lisa Goldberg	At cabin 74	My name is Mrs. Steven Winston.	Mrs. Steve Winston	Single	Bedtime
Susan Glube	Doing nothing	No	Nag	Nagged	Making
Susan Brinker	With Marc Garson	Who is giving out food?	Brian Epstein's	Marked	Brian Epstein
Erica Glube	depressed.	did I get mail?	In love	mailman	not getting mail.

CABIN B

Michael Pink	with Howies Joseph	Abraham	construction	defector	cabin clean up.
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David's Golmer with the whole cabin Abraham Jr doctor fireman being burned

Cabin B Con't

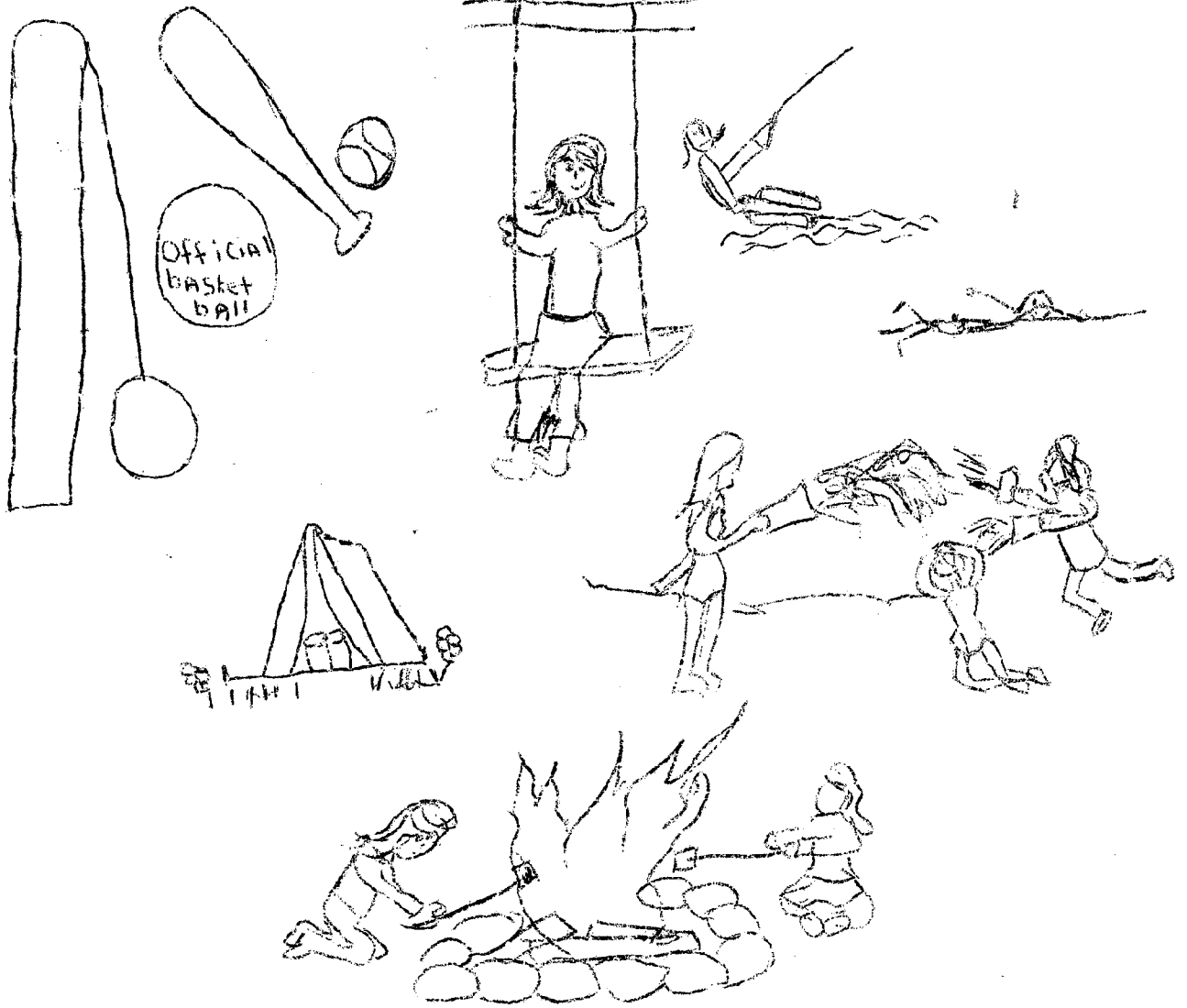
Name	Seen Most	Favourite Saying	Would be	Will be	Pet Beef
Darren Blumenthal	with <del>Bill</del> Chernin	I forgot	clown	doctor	fireman
Mark Loebengerg	with Howie	bug off	doctor	horserider	Shira/Rikud
Jonathan Allen	with Joseph	shut up	Scientist	baseball player	Peulot
Howie Green	with Mark	Playball	doctor	hockeyplayer	cabin clean up
Adam Prossin	with Louis	I hate you	doctor	cop	being bunked
Joseph Glube	with James	Shut up	scientist	camper	cabin cleanup
Bill H. Chernin	with Darzen	Louis the butter fly	owner	manager	cabin cleanup
Rob Kenter	the hours he is awake	Blow up your T.V...Far out man	with his guitar	a parasit	artsy-fartsy
Garth Nathanson	with Carole	Shut up	microbiologist	dropout	food
Marvin Edelman	with Terri	cool it-kiss my R-----M!	millionarie	Corp. owner	food
James Acker	kissing Milo	It's the streakers	Don	Pimp	Gib girls
Frank Smilestein	playing ball	can we play baseball	baseball player	bat boy	fixing shelves
Frank Soroka	Reading comics	Saul did this	book worm	book keeper	Saul
Phillip David	is beg	Rabotai N'varech	Hazzen	Opera singer	girls
Allan Davidson	playing ping pong	I'm going home	superstar	waterboy	camp
Myar Gordon	eating; complaining	leave me alone	Prof taster	cook	everything except food.
Saul Raskin	picking on other kids	shut up	pick up man	picked on	other kids
Lewis Chernin	kissing Marta good-right.	Where's canteen	Prof checker	Prof. toilet cleaner	not enough kisses



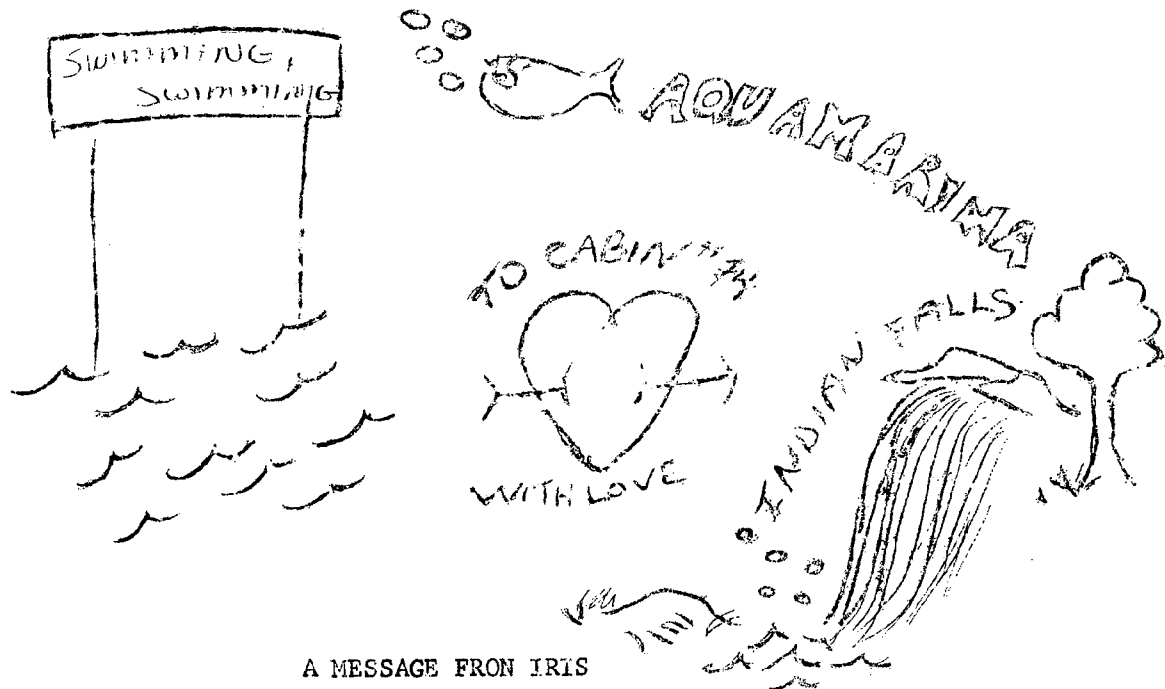
Name	Seen Most	Favourite Saying	Would be	Will be	Pet Beef
Irwan Epstein	talking-complaining	can we have a kiss	clean up man	cleaned up	clean up
Mark Zive	Cabin A	Ah, shutup	hockey player	related to one	no safe place to hide his candy.
Danny Singer	tennis courts	this camp is?????	Rock & roll suite	lawyer	no beer
Ronald Simon	a two timer	: Myar do what you want.	You athletic	left out	Phillip
Barry Feder	Davening	Lord help me	Rabbi	lofe out schnorer	not enough services.
Leslie Leonard	socializing	this diet is gonna' stick	thin	rat	meetings
Nancy Wainer	with Marvin	cool it	busy	asleep	working



3 2 1 74



GOSHRIIM



A MESSAGE FROM IRIS


Dear Goshrim,

In seeing a summer; Kadimah '74; pass so quick, I can't help feeling sad, yet also a sense of accomplishment. As a shichva, you have come out of it all, having shared happy times and failures, both important in your growing together. Hopefully, you've realized that learning doesn't have to mean suffering and if you want to enjoy yourselves, you'll get the most out of everything you do.

Swimming, sports, out hike, Serella, all the special events, and even those "secret raids" were lots of fun. Maccabia was great as long as we could remember that when it was all over, we were still Goshrim.

I'll miss you all--I'm sure some of us will be able to get together in Halifax. Take home with you the new ideas, memories, and all your friends' addresses. What I mean is KEEP IN TOUCH!

HATZIACHA '74,

Iris 



BUNK REPORTS

We have been here for six weeks and this is what we have to say:

Sam Aroka says nothing

Michael Heltzer says something

Steven Winston says everything

Ben Schelew says we gave out a good raid, but also got a bad raid

Mark Simon says he misses Goldie's food????

Adam Paton says Goldie's desserts are fattening

Hugh Smilestone says "It wasn't my fault- He hit me first"

Chuck Cohen says "I'll give a nuggy to all who want"

Marc Garson says "I forgot to send out my laundry"

Michael Collins says "Help me tuck in my bed"

Martin Zel says "I got the morning show to do this morning"

Gordon Hirsch says "YES I did brush my teeth. Just give me the breathalizer"

Brian Glube says "I have to go to A&C during clean up"

Mark Bowman says "SHUT UP!!! Good nite!!!"

Allan Simon says "There goes canteen"

WHAT WOULD CABIN 32 DO WITHOUT:

Shari's peanut brittle

Iris's tooth fairy

Sheyna's bras

Lori's kvetching

Cheryl's mess under her bed

Robyn's elastic

Diane's little baby pigs

Lisa's lectures

Amy's panties

Rachel's gimp

Gail's speedos

Laurel's tam tams and cheese

Boni's yes and no pads

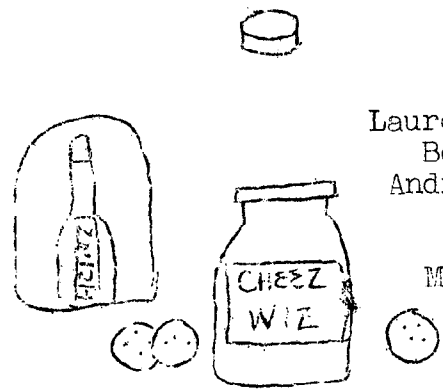
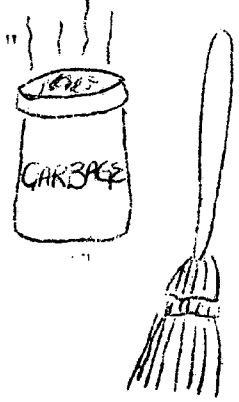
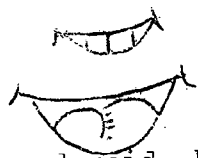
Andrea's ketchup sandwiches

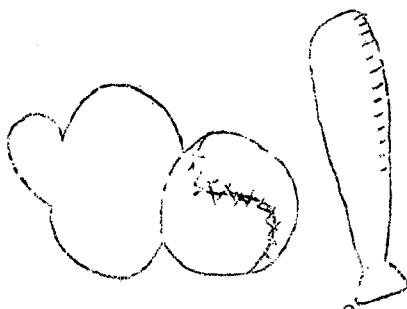
Marla's radio

Belarie's flirting

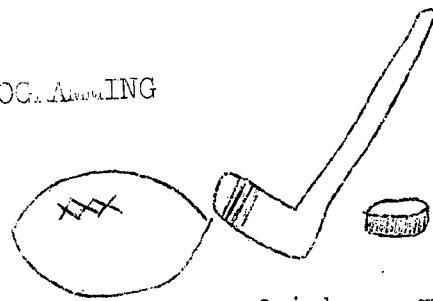
Milo's Bar Mitzvah ring

Sally's modesty





### SECTION P O.C. AMMING



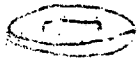
#### Sports

Sports has been very fun. We played baseball soccer, frisbee, groundhock key football gaga Dodgeball etc. Sports Director is Jerry Blumenthal and helpers are Brian Budovitch Craig Garson, Irwin Simon. In baseball I won alot of games. Soccer isn't really my favorite sport. frisbee is really fun. I r ally hate football. Dodgeball was really good.

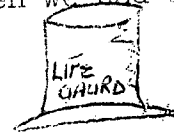
Steve Winston

### The Scavenger Hunt

One night for our evening program we had a scavenger hunt. We had to find water pistols, a garbage can lid, a boxing glove life guard hats, a sword, two buckets of water, Gateens. Then when we got all the things, the counsellors started a water fight and then we had a pjama party in the dining hall.



#### Evening program



A few nights ago we had a camper hunt. When we were sent I could not find a hiding place. Finally I hid behind a truck. We hid there for about 5 min. and then Saly came and chased us away. I doubled back to the truck for 5 more min. and then saw Steven run by and hollered to him. He came over. Once I looked up and Alan saw so I ran into a pavillion from Maccabio. We waited there a few min and then got caught we went in to the dining hall and waited for the others. First the girls got punished and then the boys. I was punished for being such a good swimmer. ad my punishment was to go to dinner with a mask and snorkle and flippers. Now I am here watiting here for dinner to come. I bet it will be fun.

Ben Schlew

### Gadna Night

In camp Kadimah 74 the Goshrim sextion had an obstacle course. There was benched and sea saws to cimb and there was a omega and the omega was the most fun of all then. Both teams finished we lighted a sign saying Goshrim section. All of a sudden it went up in flames.

Pachel Sadofsky  
Shayna David



One of our ACP Programs were about marters. There where 6 people In a boat and 1 of them had to leave he soldier left because free was so use to being hurt.

Marla Jacobson

Camp Kadimah 74 we went to Bridgewater to the Radio station C.K.B.W We saw how there did commercial and how they did sports stories, Inerviews etc. and then we went into a big library of records all srts of them. Then we went to a big office with a big giant typerwriter ranned electrically It was typing up the news report then we ent ot Zellers in Bridgewater we cou d spent two bucks there we were allowed to by some lemonade or



smething. Sort spent all my two dollars then we went back to camp. I had a really good time here.

Martin Zel

### Camp

This year camp is lots of fun especially with our programs and many other things for instance going to the fair and oh veas Con wich is Carnival of nations in other word each cabin is a country we dress up and have a big parade around the mifkad area. Also I can't forget about Macabia which is three teams competing against each other in swimming, boating, running and quite a few other races. Its lots of fun. Oh my how could I possible forget about our scavenger hunt, folowed by a water fight boy that was the day. Our program on the stock market buying shares that was fun to oh so many things the raid cabin 32 played on cabin 74 the socials and oh the activites in the morning, and afternoon. Going to the General store. The banquet coming up and the delicious food goldie makes snack pocsicles everything it's so much fun you just w uldn't believe it. Only t ree weeks ago was visitors day was super so many things to amuse you. Boy I'm coming back next year if camp stays like his forever I'll llve it its a dream here. There so much to d one hing after anoter if I was stuck at home. I'd hate it even if we stay here a long time it's wrth it we may miss our parents although your to busy to think about them at times so well camp is plain super I love it and L'll sure every one else likes it to. WellI got to go until then bye see you next year

Lisa Shulman



### Camp

I think camp is fun. We swim and dance ; sing, play, go on hikes, and to other things.

Lori Silverman



### Goshrim 74

I think Goshrim this year was very good. The old A.C was converted into cabin 74. Cabin 74 included kids from 4ft to 5ft4. I think it amazing that thirteen and two counsellors could fit into cabin 74.

Brian Glube



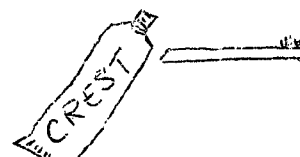
### A Raid

The Goshrim girls of cabin 32 raided the Goshrim boys of cabin 74. It wasn't a bad raid. We put harts on the boys foreheads' with red paint. We put hearts on the floor out of toothpaste. In he bathroom we put a note on the mirror wth a heart around it.

Sheri Gordon

### The Raid

I woke up one morning and I saw lipstick on my friends face. There was toothpaste and cheese wiz on the floor. As you might of guessed, The girls did it.



Camp Kadimah 74

Camp is a special place. This year was pretty good. The weather was the best. The food isn't too bad. To start off with, in the morning we have Haftaah. Then Torrenut is called to the dining hall and then breakfast is called. After that Mifkad is called. A few minutes later we have our Peulot. After Peulot comes dinner and rest period. Then comes Chuggim general swim and Mifkad. A few minutes later we have our peulot. After peulot comes dinner and rest period. Then comes chugim, general swim and mifkad, followed by supper. The free period and evening program conclude with snack and curfew. That's a normal day. Special events in camp are, passing my deep, and over-nite hikes. Very special was going to the South Shore Exhibition. Maccabia was pretty good this year and filled with activity. General swim is very good here because the water is really nice. Cabin 32 is pretty good. We have a lot of friends in cabins other than the ones involved in goshrim section also. We have special programs on rainy days. Altogether, camp is a pretty good place, even if your parents aren't with you.

Laurel David

Camp

This year we went to a fair in Bridgewater. It was fun. Then we had Maccabia. I was on blue team. Evening programs are fun. The camper hunt was fun. My punishment was that I had to wear crulers to lunch. I was in cabin 32. the Goshrim boys was 74.

Gail Cotlieb

Camp Kadimah 74

Camp this year was very exciting. For the one thing, the sewing chug was taken to a quilt factory. In it were quilts, comforters and pillows, and dolls made out of scraps and dried apples. Then after Visting Day the whole camp was surprised by going to the fair and exhibition it was big and fun. We were all stuffed when we got the fair.

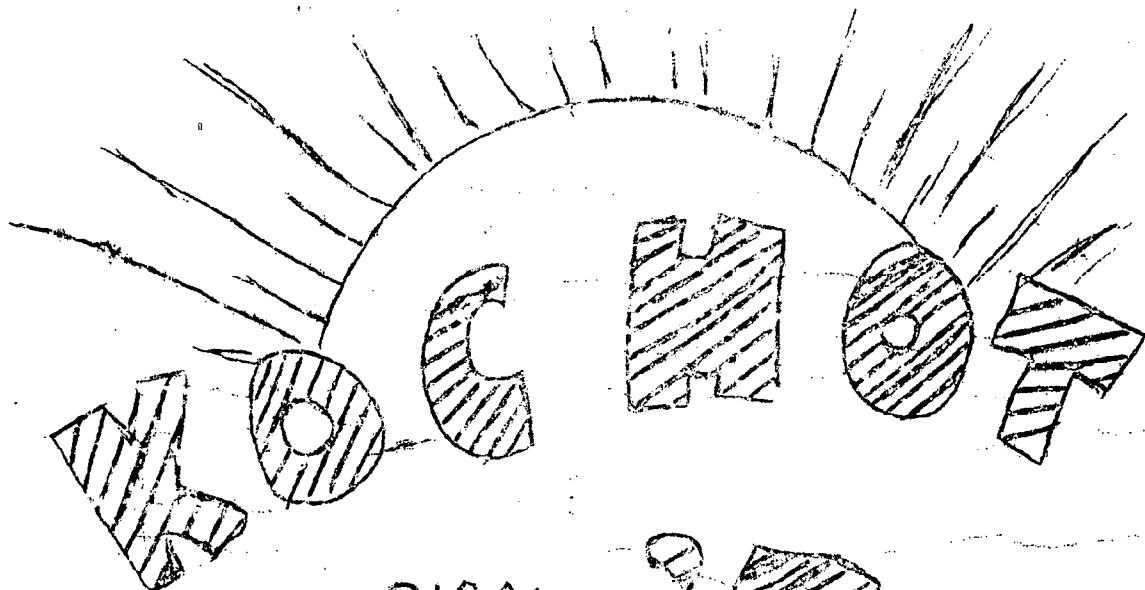
Boni Loebenberg



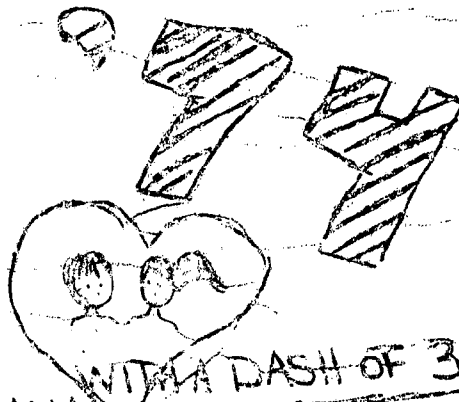
CABIN 32

Name	Favourite Saying	Pet Beef	Would be	Will be	Seen Most
Sheryl B.	I was at the infirmary	Lori Silverman	wrestler	balarina	trying to water sk
Robyn P.	clean up your mess	her freckles	dancer	clown	with Diane
Iris K.	That's cheap	wearing dresses	husband	model	playing tether ball
Sheri G.	anybody want some peanut brittle	messy shelves	carpenter	interior decorator	cleaning his shelves
Shayna D.	tie my bathing suit please	sitting at wrong table.	Mark Spitz	sinker	loosening her bra.
Lori S.	can I finish my letter first?	forward roles	clutz	gymnist	at infirmary
Diane B.	can we kiss the boys goodnight	card games on her bed.	boy chaser	chased	with Robin
Amy S.	W.W.	Marcus Burnstein	athlete	housewife	complaining
Rachel S.	aren't you jealous	loosing hair brush	hair dresser	bald	hopping
Milo	where's my retainer	diving	olyptic diver	dog-paddler	loosing her retainer
Gail G.					
Boni L.	It isn't fair	battling eyelashes	missing chocolate bars	Rebbetzin	Will the stilt
Laurel D.	can I sit by you	hugging	no toilet paper	seamstress	stitched
Marla J.	Wait a minute	with mouth open	waiting	cowboy	playgirl
Milo B.	Take your last look at my nose.	Dirty hair	Beauty Queen	Cinderella	With Steve
Belarfe H.	All righ honey.	Feet on her bed	Sexy	Sexy	Combing hair
Sally D	Do you really think so?	whining	Patient	Nurse	With her brother(s)

Name	Pet Beef	Favourite Saying	Seen Most	Would be	Will be
Martin S.	Adam	Gross me out	broadcasting	broadcaster	turned off
Ben Schelew	Combing his hair	Is there any glue?	in the bathroom	plumber	flushed
Mark Simon	Hugh	Hay bye!	fighting	boy	girl
Brian	flowers	I hate to do it.	with Marlene	marriage attorney	charged with bigamy
Sam S.	Hugh	You're a raid.	fighting with Hugh with Lisa	Squeaker Lisa's	awoke single
Steve Winston	going to sleep	You're so stupid.	in Evelynne's cabin	dentist	tooth fairy
Michael Meltzer	brushing his teeth	Oh Come on!	at the infirmary	tough	soft
Adam Paton	wake up	Where's my bathing suit?	giving naggies	wrestler	knock out
Chuck Cohen	Sam	Soroka Sam!	complaining	Caganova	C.S.A.
Hugh S.	counselor	No!	with Gordon	swimmer	ball bouy
Michael C.	Goldie	Goddia Hirschy Bar	reading comics	swimmer	Wilt Chamberlain
Gordon Hirsch	Michael G.	Pick on someone your own size.	Cabin 74	swimmer	Wilt Chamberlain
Mark Bowman	his kids	shut up	running	streaker	carper
Allan Simon	his kids	Who am I goin' to take	with Marcia	Macharnik	Giborim
Marc G.	Cheryl B.				



MIRIAM



WITH A DASH OF 31



AND A PINCH OF 33



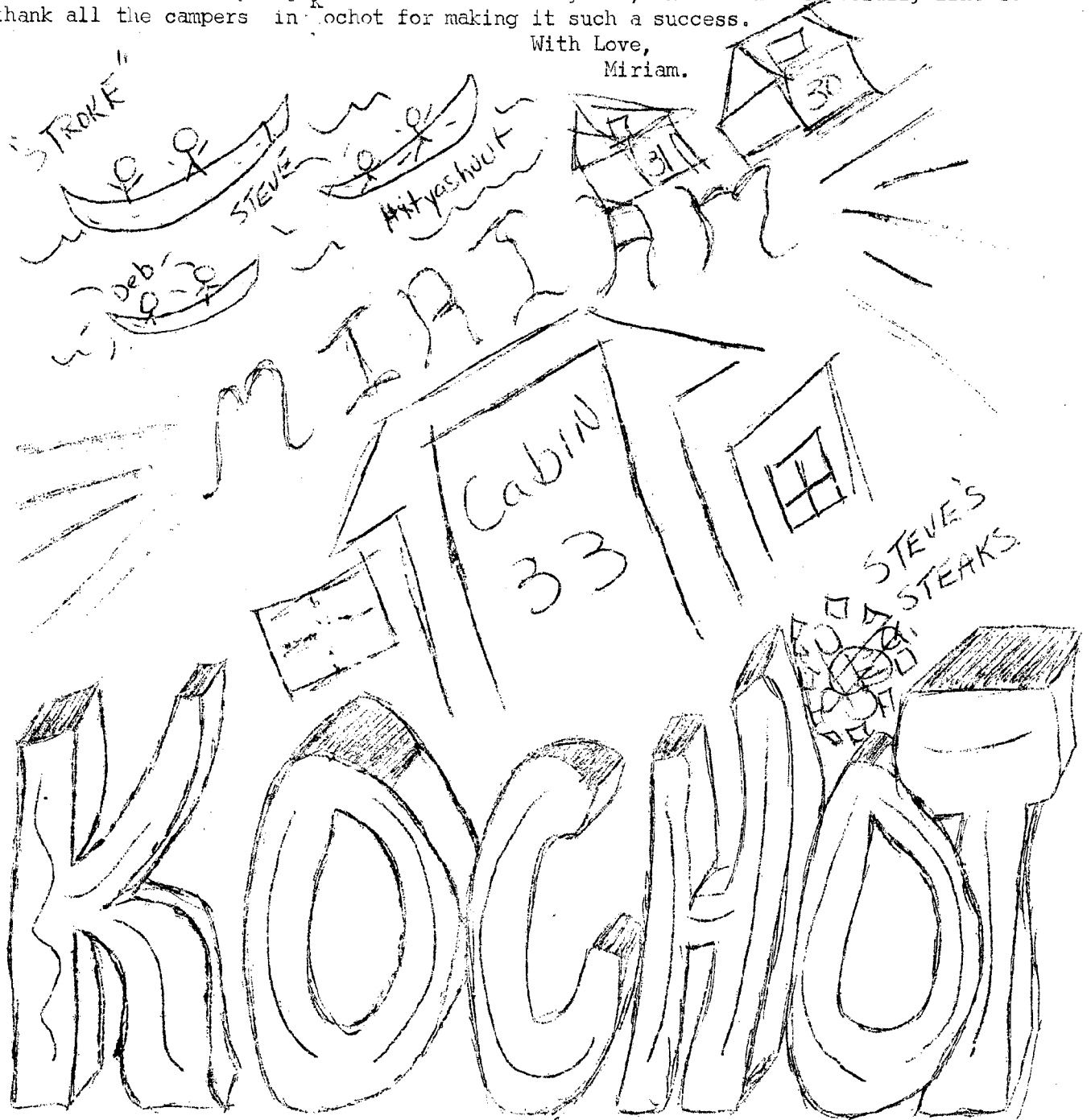
CABIN 30 COMES A  
GROOVIN' ON.



SECTION HEAD REPORT

Summer '74 will be a summer that all Kochot will remember with very pleasant memories. Our program was serious at times, and light at others, but always fun. We took a look at different types of communities; then we tried to make our own model Kibbutz on our Hityashvut, which was a giant success - the weather was fair; the hike not toolong, and the food was terrific. Speaking of great aspects of Kochot, there were our counsellors whom we could never have done without. There was Debbie Brances, delicious Stephanie, tennis playing Bev, Mindy, and Sheila who has a beautiful name. And we can't forget our cute boys - David, Steve and Alan. All in all I think it was a very enjoyable summer for every one, and I would especially like to thank all the campers in Kochot for making it such a success.

With Love,  
Miriam.



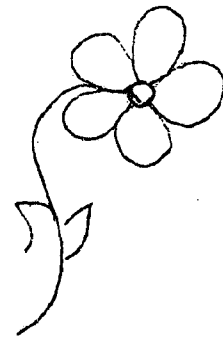
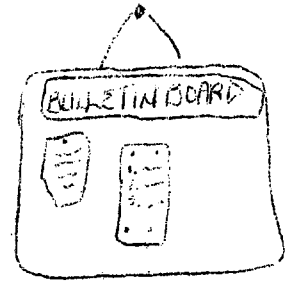
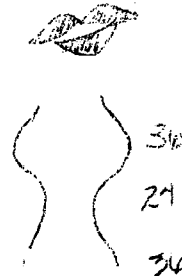
Kochot Bunk Reports

Cabin 30

What would Cabin 30 be without...

- Lynda Medjick's - mirror (boo hoo)
- Marlene Elman's - adulthood (Ha Ha)
- Tema Center's - kisses from Rico (Tut Tut )
- Carnie Jacobson's - bulletin board
- Beth Velonsky's - sick jokes (ugh)
- Debra Harrison's - headgear (Blah)
- Sherry Koven's - figure (sigh)
- Gila Smilestoin's - adventures (Gasp)
- Heidi Schwarz's - stories (Yawn)
- Glenda Smiley's - shelves (Gosh)
- Cheryl Freedman's - pillow (Peow)
- Marlene Garson's - letters from Miles (How sweet)
- Debbie David's - intelligence (Da)
- Stephanie Meyer's - Israeli romance (Aw)
- Frances Alexander's - Howie (Who?)

What would cabin 30 be without all these things?  
Another Cabin



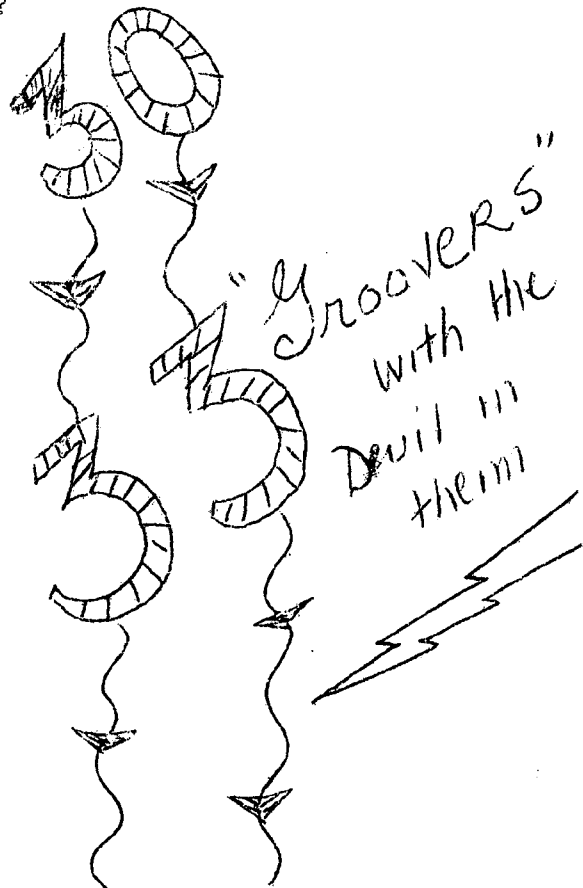
Incidents of Cabin 30

- Remember the Kool-aid, cracker, velveeta, cheese whiz parties?
- Remember the late night visits to cabin 33?
- Remember the lectures from Myron?
- Remember the threats from Shaul?
- Remember the sex contests?
- Remember the Tully?
- Remember Lynda's recipe's?

Cabin 33

What would Cabin 33 be without...

- Barry David - Championship swim
- Fred Davis - Fagscot (mascot)
- Joey Lang - Chinky Laugh
- Jeff Wolman - Baby soft bottom
- Jerry Kohler - Mooning from the rafters
- Mark (Jesus) Smith - midnight sermons
- Tonne Simon - Our R.N.
- Perry Sable - midnight activities
- Dana Rafuse - High rise bed
- Brad Saltzberg - Toy
- Jamie Gordon - Love Cry (Food!)



Cabin 31

- What would Cabin 31 be without ...
- Norine's - freckles
  - Kayla's - blanket
  - Arlene's - questions
  - Nancy's - little white ass
  - Janice's - "tainery"
  - Ann's - Kohler
  - Anita's - spacer
  - Sandra's - food
  - Tova's - hair
  - Amy's - package
  - Sheila's - outgrowm ...
  - Mindy's - mirror
  - Bev's - letter's



MINDY

BEV



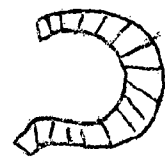
NORINE

Sheila

TOVA



Kayla



Arlene

Janice



Amy

Ann

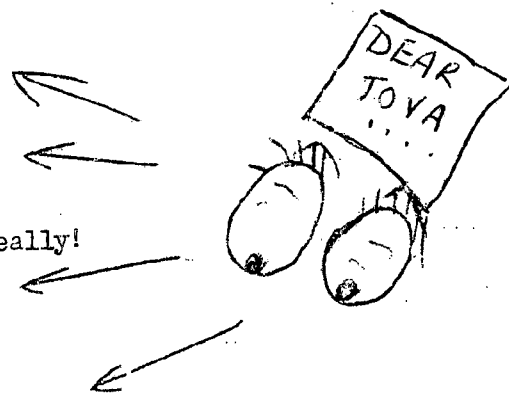
Anita

Nancy

Sandra

Cabin 31 remembers when...

- Tova - received a letter from P.M.!
- Amy - got a parcel that didn't fit!
- Sandra - forgot!
- Anita - cried when M.G. left!
- Ann - got stuck with J.K. on the rocks!
- Nancy - did her spit experiment!
- Janice - got bit by a leech, but didn't really!
- Norine - lost something from her purse!
- Arlene found the caterpillar!
- Kayla - snored at night!
- Sheila - grew out of her...!
- Mindy - went to Halifax with "HIM"!
- Bev - forgot to pass the potatoes because of "Pinky"!



"Girls will be girls so they say..."



IT WAS QUITE A SUMMER



SECTION PROGRAMMING



Bingo

One night for an evening program, the Kochot section had a game of Bingo. It was played differently from the way that you usually play Bingo. At the top was written the word "KOCHOT". In the squares each person would write different names and then the caller would say a letter in "KOCHOT" and the name of a person in the section. The prize was double canteen. It was fun.

Anita Wolman

A Movie

Our section saw a movie called "Thoroughly Modern Millie". It was about a girl named Millie and she lived in a place for single young girls. The movie was about her loves, her friends, and their loves and adventures.

Amy Paton

Socials 1, 2, 3, o'clock Rock

"One-two-three- o'clock four o'clock rock, O Tie a Yellow Ribbon Round The Old Oak Tree." are just a few of the snappy and groovy sounds you hear every Saturday night at Camp Kadimah. Whether it be Marty, Lorne, Kenny, Ray, or some other person playing records, we're sure to have a smashing time. Be it a 50's social, greaser social, or just a plain social, we always have fun. Dancing our feet off til our curfew, we go to bed awaiting another Saturday, another social.

Dana Rafuse

Bingo

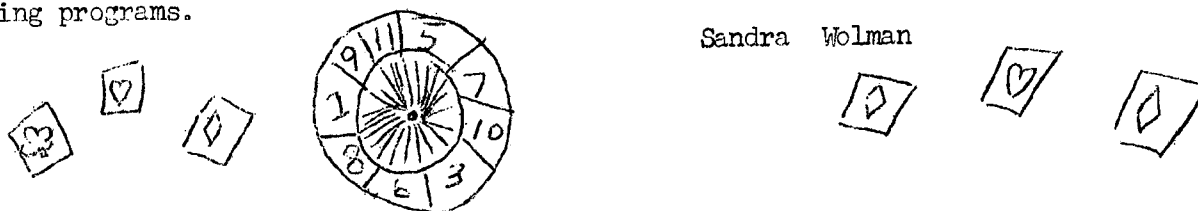
The bingo night was a Kochot night and we had papers that had all the kids in the section's names. We had markers to cover up the person's name. Then when you finished all the squares, we'd call, "Kochot"!

Kayla Jacobsen

Casino Night

One night we had an evening program with Machar. They planned the program. They made a bunch of booths and things like that. It looked just like a gambling casino. Some of the booths they had were Horse Races, Black Jack, Ring the Milk bottle, throw the ball and knock down the cans. They even had refreshments and raffle tickets. The program was going good until some of the Macharniks came in and reaided the casino. Then it was our curfew. It was one of our best evening programs.

Sandra Wolman



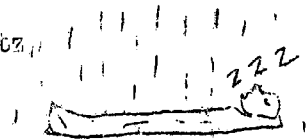


The Monk Supper



The Monk Supper was a meal you had to be completely silent at. If you weren't you were kicked out. Then it was stopped because we were being poor sports, and that was the end of the silent supper.

Heidi Schwartz



Overnight

Remember the time when Kochot went on an overnight?

Kochot knew an overnight was due any day. Some of us were excited, others were sick at the thought of an overnight. One day before breakfast Miriam, our section head, asked us to stay in the Mifkad area. Right away we knew it was the overnight. We were told we would have time to pack up, and then we knew at the end of reat period we would leave. We started walking with our sleeping bags for four miles. Most of us were exhausted. We spent our overnight at a place called Indian Falls. It was a nice place with falls close by. When we got there we had to set up our tents. After the tents were set up, we started with supper. Jerry Blumenthal did our cooking which was a very good job. For super we had hamburgur meat with onions. After supper we went swimming in the falls. The water was just beautiful. Later that night we had a bonfire, with hot chocolate and marshmallows. We told a lot of spooky ghost stories and we had entertainment with guitars from Kadimah. Most of us didn't get much sleep. We left the next morning after breakfast. Not only was this hike fun, but it taught us about scouting, and we also got to know each other better.

Glenda Smiley



\*\*\*HITYASHVUT\*\*\*

Hityashvut



I did not go.

Beth Velensky

The Night on Hityashvut

I could not go on hityashvut because I had allergies. Sherry Koven and I had to stay with M'char. It was fun because I did not have to go in to swim instruction.

Beth Velensky



Kochot Hityashvut



"Everybody up, come on let's go outside". It was six o'clock in the morning as Miriam read off the teams and captains. Two and a half hours later we were off. - some by foot, some by canoe. Myself, I went by canoe. We had a lot of fun going there. When we arrived, we set up our tents. Then we got assigned tasks to do. Night came fast. Everybodt got to sleep quickly. When morning came a few of us started the fires, while the others slept. After breakfast, work started such as constructing nigdals, tables, latrines, etc. Cultural stuff such as songs, cheers banners and even my night program. Scores were read out and it was a tie. The

Morning tents were taken down and knapsacks packed. Again the canoes set off and the hikers (ha ha, some hikers!) got a drive back. All in all, it was a great Hityashvut, and I had a great time.

Dana Rafuse.


Hityahvut

This year Hityashvut was alot of fun. There were two teams; white team and blue team. The teams were made up of only kids, not staff members. The staff made up their own team, but they did not make up gadgets. I was on blue team. We had the most delicious food. Tema and Jamie were the cooks. We were given food, and each team made gadgets like latrines, migdals, fridges, and one team made a table and another team made a pot rack (place to hang up pots). We made our own tents out of blankets and sheets of plastic. Each team made up a song, cheer, and a banner which we hung on our migdals. I don't know the points, but I do know that each team tied. It was a good Hityashvut.

Anita Wolman

\*\*\*\*\*

My Experiences at Camp in '74

CAMP IS  
WHAT YOU  
MAKE IT! 

This year at camp was a great experience for me. I met many new friends that I will always remember. I also learned that times may be tough, but we are all like one big family helping each other and solving each other's problems. I learned a lot about nature lore and what to do if I am stuck out in the woods. I also learned a lot about peoples feelings and how to respect them if they are hurt. I learned how to do many things at Mel Yad. I experienced the German Measles and a week in the boring infirmary. If I put all my ups and downs together, I had a great year in camp.

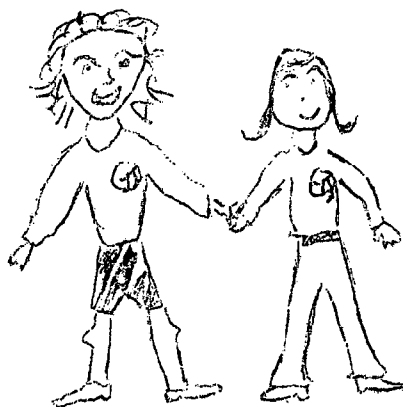
Debra Harrison

Camp Kadimah

C is for caring for others.  
A is for appreciation of being there.  
M is for making new friends.  
P is for people of all kinds.

K is for kindness to others  
A is for always being loyal.  
D is for doing your best.  
I is for intentions of faithfulness.  
M is for Maccabia.  
A is for acting nice.  
H is for having a good time.

Anon



Cabin 30

Our cabin gets along very well together. We always tell our problems to each other. Our cabin is just like one big family. Cabin 30 wouldn't be the same without one of the girls.

Carrie Jacobson

The Rain



The rain is fresh  
The rain is cold and fresh  
The rain is cold and fresh and clean  
The rain is cold and fresh and clean and wet  
The rain is cold and fresh and clean and wet and it reminds you of nature.  
Kayla Jacobson.

\*\*\*\*\*

CAPTAINS' MESSAGE

We, the captains of Kochot Hityashvut for '74, would like to thank the Hands of Zion, which are the Workers of the Homeland. From 6 o'clock on the morning of July 30, to 11 A.M. of August 1, we worked together, sweated together, and for the most part had fun together (especially the nights). We all feel that this Hityashvut '74 was very successful for Kibbutz Sarid and Ein Hashlosha, thanks to Jerry Blumenthal and Steve Acker.

So as the Hands of Zion wave goodbye, and the Workers of our Homeland throw away their ploughs, we sign off.

Love, Gila, Ann, Perry, Brad.

\*\*\*\*\*

SECTION SONGS

(Tune of Crocodile Rock)

K O C H O T

Kochot is our name, ruach is our game  
2,3,4.

Here we are in '74  
On a road so so much more  
Altogether we'll find a way  
To remain a chevra in the world today.

There's a dash of 31  
And a pinch of 33  
Cabin 30 comes groovin' in  
It wouldn't be a section without Miriam

We've got it, we've really got it  
And we show it every day  
There'll never be a better time  
Cuz this is what we say.  
K-O-C-H-O-T



We know we've got the ruach  
We're groovin' every day  
It's time to form a chevra  
Kochot is on it's way  
Stand up and say  
K-O-C-H-O-T  
KOCHOT

'74  
K  
KOCHOT  
E HAS GOT  
H THE  
O T  
RYACH!

30 + 31 + 33 in '74

KOCHOT LAST WILL AND TESTAMENTS

- To Arlene we leaae a '74 mechanical brain.
- To Norine Nathanson we leave a new piece of soap for a new curse.
- To Nancy Davidson we leave a laughing box for when her voice gets sore.
- To Janice Fox we leave a new bra and panties which look more like a bikini.
- To Kayla Jacobson we leave memories of Fred.
- To Tova Sherman ew leave an untieable halter top.
- To Anita Wolman we leave a pick and shovel to dig up some more "gold " in N.B.
- To Sandra Wolman we leave anything her little heart desires.
- To Amy Paton ewe leave a loud speaker.
- To Ann David we leave a warmer blanket for those Kohler nights..
- To Brad Saltzberg we leave a toy box for his Newfie toy.
- To Perry Sable we leave Foxy memories of Arlene.
- To Mark Smith we leave a copy of the New Testament.
- To Jerry Kohler we leave a back rubbing machine.
- To Jamie Gordon we leave something for him to play with.
- To Joey Lang we leave some shaving creme (for when he needs it ).
- To Lorne Simon w leave an inflatable girl.
- To Jeff Wolman we leave a tiny Tusch.
- To Barry David w leave memories of Cheryl.
- To Dana Rafuse we leave a training bra.
- To Fred Davis we leave a pair of braces.
- To MArlene Elmgb we leave a false I.D.
- To Gola Smilestein we leave the icebergs of NFLD. for the Saltzbergs of Halifax.
- To Lynda Medjuck we leave a three day bust developign program.
- To Carrie Jacobson we leave 125 new bobbie pins.
- To Tema Conter we leave a hair from Mark Rosen's moustache.
- To Beth Velensky we leave a song to sing.
- To Heidi Schwartz we leave an interpreter.
- To Sherry Koven we leave a bar of Ivory soap.
- To Cheryl Freedman two strokes of luck (Ha!)
- To Debra Harrison we leave five headgears.
- To Glenda Smiley we leave the guys in Montreal.
- To Marlene we leave the bottle of "glue ".



Kochpot Boys Cabin 33

Name	Pet Hoof	Fav. Sayings	Seen Most	Would be	Will be
Barry D.	Toranut	seriously	on the can	secturer	balled out
Jeff W.	Kuntzim	I'm sorry	In the water	fish	wet behind the ears
Dana R.	People stealing his PCP <sup>o</sup> lights out	It waen't me!	hangng a moon	CKJ PRO	wiped out
Lorne S.	Kayla	leave me alone	In the infirmary	President	Impeached
Fred D.	Bird Knocks, Etc	I have to brush my teeth	Brushing teeth	Writer	messenger boy
Joey L.	Non Believers	You _____!	hiding	Beast	Beaten
Mark Smith	Meals	And the Lord said	on the Pulpit	Preacher	Crucified
Jamie Gordon	Peulot	I care	complaining	cook	Kitchen girl
Jerry Kohler	girls on his bed.	I want a back rub	at the general	Massour	rubbed out
Brad Saltzberg	Swim Instr.	I hate Gilal	With the lights out	Mature	Impotent
Perry Sable	Girls in the cabin	I'm coming, I'm coming	In the lounge	sneaky	cut foyed
Steve Sable	Late Shmira	You horses are ases	with Andrea	Wrestler	Programmer
Alan Mark	Miriam	Come on guys	with Mindy	Editor	Consored
Dave Newman		I'll be back for curfew	with Rachelle	Prudd	Casanova

Name	Pet Deef	Seen Most	Favourite Saying	Would be	Will be
Cheryl F.	People sitting on her bed.	In Machar	"Shut up"	turtle	crab.
Beth V.	Toronut	Telling jokes	Really?	Little Joker	Big joke
Sherry K.	boy, teenagers	with a figure	that's disgusting	Emily Post	Playmate of the year.
Tema Conter	halter tops	everywhere & anywhere	Honey	New York housewife	Yiddisha Grandma
Gila S.	Shorts	Cabin 33	What!!!!	growing	stopped
Lyndam.	getting out of bed.	with a wiggle	its so comfortable	winner of the board award	stacked
Marlene G.	cleaning her shelves	contemplating	Dogoo knew Mites?	loving sister	Brian
Heidi S.	being interrupted	explaining	Its myth	blond hair model	uncoordinated
Carrie J.	losing her bobby pins	dressed up	I want them all back	fashion model	designed
Glenda Smiley	messes	playing guitar	Eh!!!!	school teacher	taught.
Debra H.	night owls	on the rocks	Oy, Vay	sleeping	sleeping
Ann David	flashlights in	on the rocks	do you see me laughing?	hotter	kohler
Sandra W.	her eyes, Kleenex	reading comics	No I don't	Mrs. Lang	Miss Wolman
Anita W.	Goldie	writing to M.G.	I'm Anita!	Miss Wolman	Mrs. Goldsmith
Amy P.	sleeping between 2 counsellors	putting on noxema	it's not funny	talker	listener
Tova S.	wearing a bra	with no covers	What I	broom	mop
Janice F.	camp food	in white bikini	It's the same as a bathing suit	Mrs. Seigal	Mrs. Sab
Nancy D.	body odor	in kochot lounge	ok	curser	caused
Arlene E.	saturday nights	on her bed	I did not	32	#33

Kochot Boys Cabin 33

Name	Pet Deef	Fav. Sayings	Seen Most	Would be	Will be
Barry D.	Toranut	seriously	on the can	secturer	ballad out
Jeff W.	Kuntzim	I'm sorry	In the water	fish	wet behind the ears.
Dana R.	People stealing his PC's	It wasn't me!	hanging a moon	CKJ Pro	wiped out
Lorne S.	Lights out	leave me alone	in the infirmary	Treasident	Impeached
Fred D.	Kayla	I have to brush my teeth	Brushing teeth	Writer	messenger boy
Joey L.	Bird Knocks, Etc	You _____!	hiding	Beast	Beaten
Mark Smith	Non Believers	And the lord said	on the Pulpit	Preacher	Crucified
Jamie Gordon	Meals	I care	complaining	cook	Kitchen girl
Jerry Kohler	Peulot	I want a back rub	at the general	Masseur	rubbed out
Brad Saltzberg	girls on his bed.	I hate Gilal	With the lights out	Mature	Imporent
Perry Sable	Swim Instr.	I'm coming, I'm coming	In the lounge	sneaky	out foyed
Steve Sable	Girls in the cabin	You horses are asses	with Andrea	Wrestler	Programmer
Alan Mark	Late Shmira	Come on guys	with Mindy	Editor	Consored
Dave Newman	Miriam	I'll be back for curfew	with Rachelle	Prude	Casanova

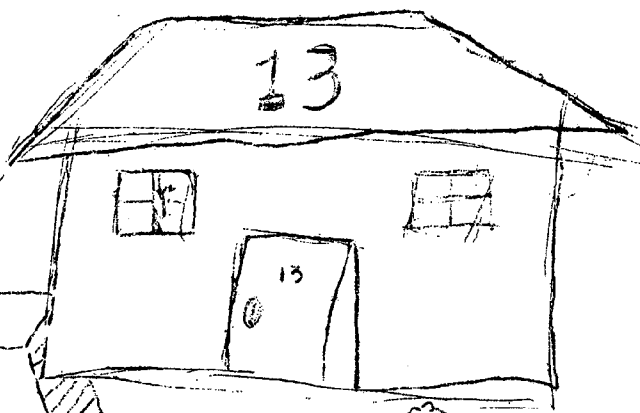


Name	Pet Peeve	Seen Most	Favourite Saying	Would be	Will be
Cheryl F.	People sitting on her bed.	In Macher	"Shut up"	turtle	crab,
Beth V.	Toronut	Telling jokes	Really?	Little Joker	Big joke
Sherry K.	boy looking at girl	with a figure	that's disgusting	Emily Post	Playlike of the year.
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Heidi S.	being interrupted	explaining	Its myth	blond hair model	uncoordinated
Carrie J.	losing her bobby pins	dressed up	I want them all back	fashion model	designed
Glenda Smiley	messes	playing guitar	Eh!!!!	school teacher	taught
Debra H.	night owls	on the rocks	Oy, Vay	sleeping	sleeping
Ann David	flashlights in her eyes	on the rocks	do you see me laughing?	hotter	kohier
Sandra W.	sharpening Kleenex	reading comics	No I don't	Mrs. Lang	Miss Wolman
Anita W.	Goldie	writing to M.G.	I'm Anita!	Miss Wolman	Mrs. Goldsmith
Amy P.	sleeping between 2 counsellors	putting on noxema	it's not funny	talker	listener
Tova S.	wearing a bra	with no covers	What I	broom	mop
Janice F.	camp food	in white bikini	It's the same as a bathing suit	Mrs. Seigal	Mrs. Sable
Nancy D.	body odor	in kochot lounge	ok	curser	cursed
Arlene E.	saturday nights	on her bed	I did not	32'	#33

Name	Pet Beef	Seen Most	Favourite Saying	Would be	Will be
Norine N.	Sheila as her c ounselor	drownproofing in infirmary	5 seconds flat	going	staying
Kayla J.	Fred	Did I get a tan?	you all hate me	hater	lover
Sheila N.	her hair	I gotta letter	brushing hair	nurse	mama
Bev Bernick	haftaah	or shower	dreaming :	Bernick	Pink
Mindy Kussner	her mirror		Alan	Mark	Kussner

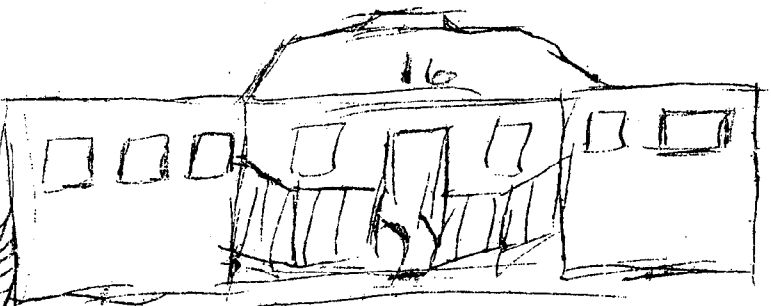
IRA  
MARK  
NORMIE  
SMILEY  
MARGIE A

M

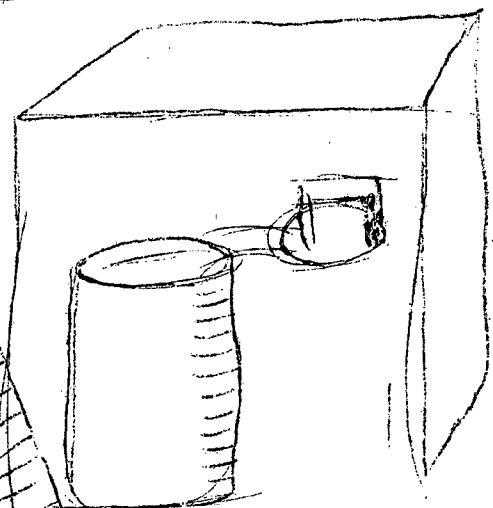


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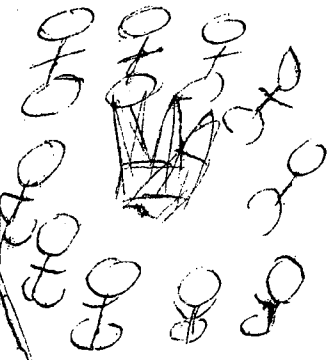
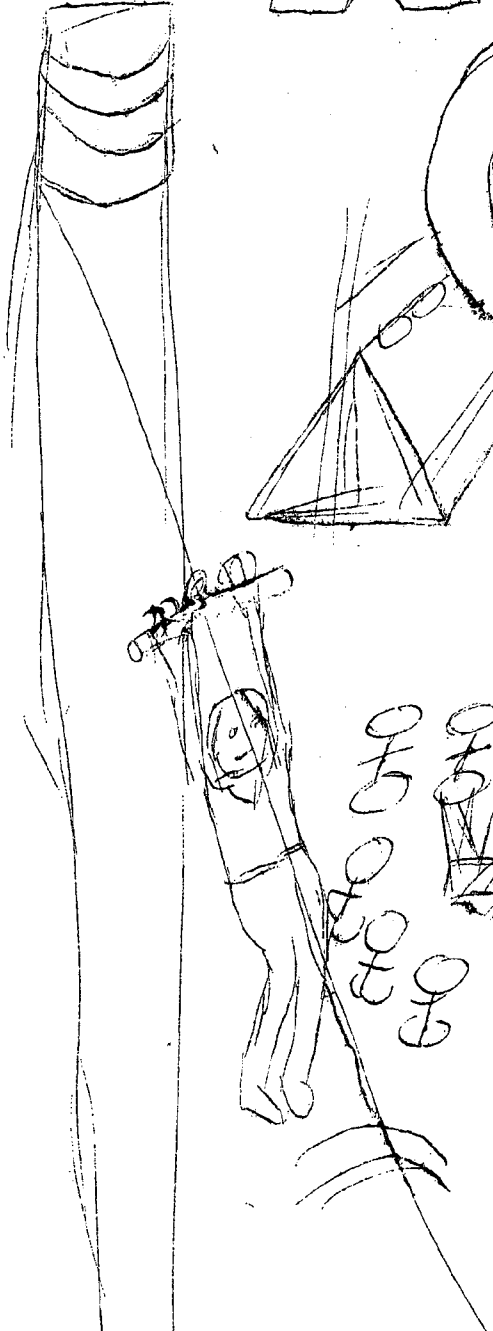


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A

A



Message from the Rosh Machar

Every summer since I began working as a madrich at camps I have found that I have learned at least one big lesson. In this respect this summer is no different. You, the chanichim of Machar '74 have taught me or rather emphasized to me that kids change. By this I don't mean that an individual changes during the summer, for this is only natural and expected. I am referring rather to you as a group being so much different from past Macharnikim.

Every summer is different but very honestly we were not prepared for the intensity of the difference that we found in Machar '74. Very early it became evident to us (the madrichim) that there had been very little if any contact between Machar in previous years and the Kochot section. The result was that the first year Macharnikim had no conception of what Machar was all about programatically. It was decided therefore to alter our entire approach to programming. Our goal was now therefore howokápeseyou to as many different topics and types of programmes as possible. This exposure although it is ver superficial will hopefully act as a base or introduction to many important areas which can be followed up either next year at Machar or at Biluim for some of you.

On the more personal level I leave with mixed emotions. You made life interesting for us all with unique phenomena ranging from the "Church of the Revolving ..." to "Brian it is twenty after six". Hityashvut, Machar Day, Sensory Relaxation, Erev Mischakim, Field Games -- when you think about it there really are quite a few memories. The last two and a half weeks have made the summer for me. You began to mould together as a group when we came back from the excursion to the Bridgewater Fair. That coupled with the leadership and talents you displayed throughout Macabbia made the entire summer worthwhile.

My only regret is that I was not able to relate to more of you on a more direct personal level. This was partly due to a problem that you are all aware of -- the fact that Machar was under-staffed. Of course the other half of the problem is that I personally am not the most talkative person in the world (if you hadn't already noticed).

So I leave Machar with all of these mixed feelings. I'll be back in Israel in about two weeks and if any of you happen to make it over for a visit or want to drop a letter, my phone number is in the year-book. Maybe some day we'll see each other again -- but over there!

L'hitraot v'chazak v'ematz

IR

rosh machar

Programme Report

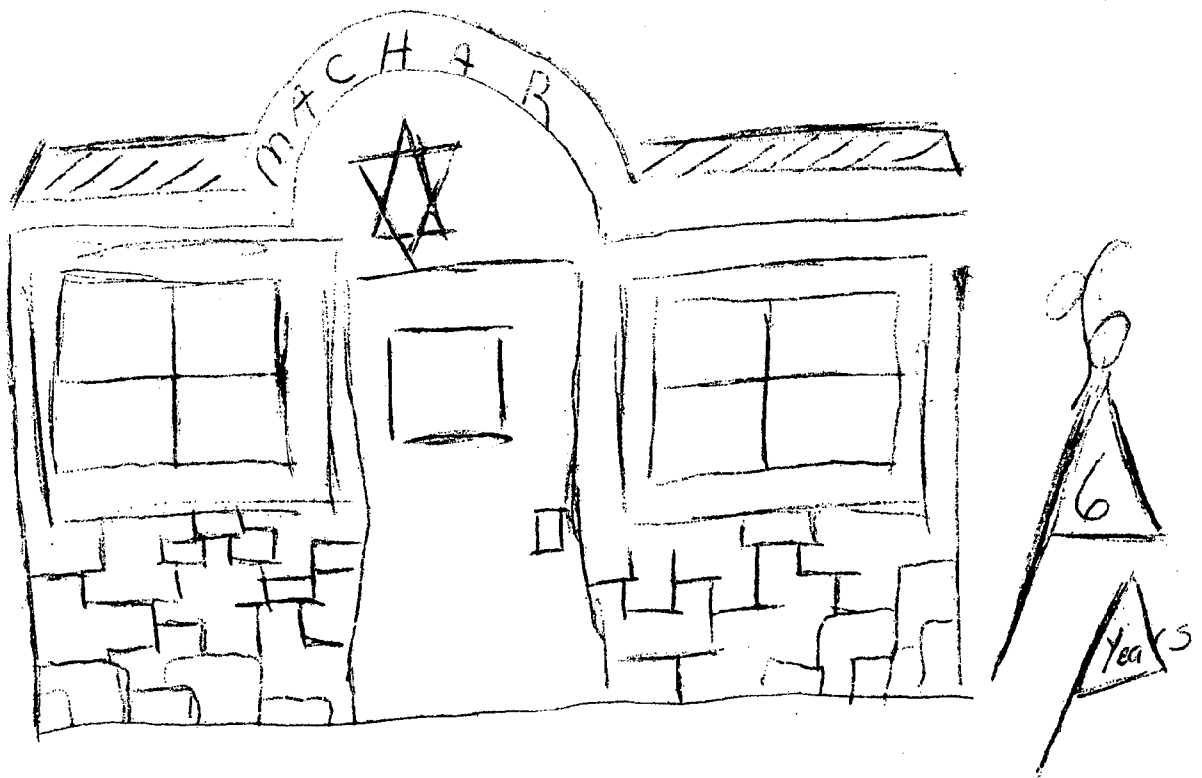
Socio-drama, general freedom, gypsy, Jew & Gypsy, Tisha b'av, mischakim, hama, rikud, Hityashvut, Machar day, tumbling, marome and fishing-these are but a few aspects of the programme for Machar '74, and while not far reaching in its aims, it encompassed many, many more points from concepts to sports to special programmes.

To write about Machar programming in a completely positive way would not only be misleading but it would also not be right to forget about the negative aspects as well as they also had a great affect on us. My feelings about Machar '74 vary quite a bit. I can look back and laugh at so many different things. I also reflect with disappointment on the way you, the Macharniks, reacted to our programming this summer. This not being the place to explain in detail all the emotions of all people involved it is best left out but hopefully not forgotten.

We the madrichim, tried to put across to you many different aspect of Judasim both in a general & spedific way. How much of it will be retained by you I don't know, I don't even want to speculate on it, What you got out of it you will realize it yourself, if not today then maybe sometime in the rear future. Putting the programme aside and dealing with You as a Camp, I can honestly say I've had quite a few chuckles. I can look back at each individual and not only remember the good times but also the serious times where you all showed your talents at one thing or another. A senior programme cannot facilitate everyone's wishes all the time and while this is something that we as madrichim have learned from you I feel you accepted the programme in a way that will help you open yourselves to similar programmes that you may go through in the future.

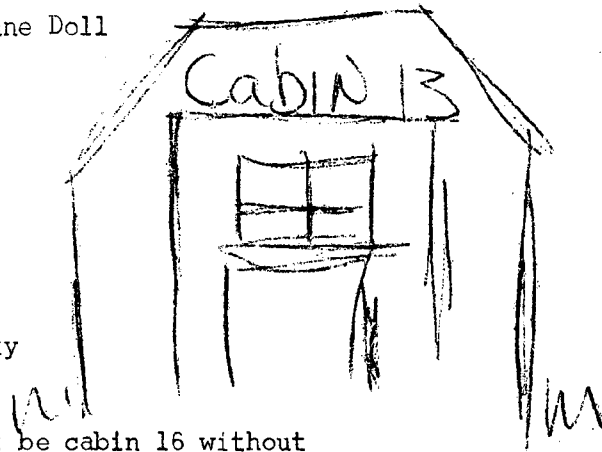
take care-all of you  
L'hitraot

*Yank Trolen*  
S'gan Rosh Machar



Cabin 13 wouldn't be cabin 13 without:

Naomi's corner  
Judy's blushing  
Marcia's Ragedy Anne Doll  
Debbie's hot pot  
Terri's bebe  
Heather's tushi  
Seema's advice  
Brenda's sleeping  
Andrea's nighti  
Linda's chest  
Iris's letter's  
Barb's diets  
Leslie's generosity  
QAnd our Toilet



Cabin 16 wouldn't be cabin 16 without

Howard Contors ego  
Mark D vids bandages  
Samuel Epstein unknown strength  
Michael Freedman height  
Richard Freedman faces  
Larry Goldman Farts (or cheese cutting ability)  
Stephen Meltzer nothing here  
Symour Rafuse soui brothers  
Brian Ross "church"  
Mark shulman beer bottles  
Bruce Simon Drooper  
David Winston Hagshma  
Ray Zatzman sleep  
Howard Abraham s winning  
Ken Gordon stero  
Stephen Levine Florida  
Barry Nathanson showers  
Jay Gorber moons  
Bill J Chernin care packages  
Wayne Nathanson protection agency



Cabin 13

Lastwill & Testament  
Leslie leaves her food  
to the cabin  
Barb leaves her fat in the  
infirmary.

Iris leaves her tragie love  
life

Linda leaves the memories of  
a good waterskier show to  
Dave and Marty.

Andrea leaves without mirrior

Brenda leaves Irene

Seema leaves wondering how  
affectionate two girls  
should be.

Heather leave wondering about  
Seema.

Terri leaves a game over in  
Chicago

Debbie leaves the memories of  
a machine gun.

Marcia leaves her many boy-  
friends.

Judy leaves her hat

Naomi leaves trying to  
matchmake George an Rammy.

Cabin 16 Nick Names

Mark David Dark Mark  
 Ray Zatzman Pray  
 Barry Nathanson Stanfield  
 Eguce Simon Drooper  
 Howard Contor Conter-acaptive  
 Bill J Chernin B.J.  
 Mark Shulman Cutie  
 Howard Abraham Fish  
 Brian Ross Munchkin  
 Wayne Nathanson Nathanbloom  
 Seymour Rafuse Soul man  
 Stephen Meltzer cigatette (faggot)  
 Sam Epstein Mr. Universe  
 Kenny Gordon Gorgon  
 Dave Winston P Winston  
 Mike Freedmaon Mr big  
 StéveLevine Miss Florida '74  
 Richard Freedman Coon  
 Larry Goldman sbarral  
 Jay Gorber Forbes

Cabin 16 wouldn't be Cabin 16 without...

\*\*\*  
 \*\*\* Howard Conter - ego  
 \*\*\* Mark David - bandages  
 \*\*\* Sam Epstein - unknown strength  
 \*\*\* Michael Freedman - height  
 \*\*\* Richard Freedman - faces  
 \*\*\* Larry Goldman - ability to cut the cheese  
 \*\*\* Steven Meltzer - nothin here  
 \*\*\* Seymour Rafuse - soul brothers  
 \*\*\* Brian Ross - "church"  
 \*\*\* Mark Shulman - beer bottles  
 \*\*\* Bruce Simon - drooper  
 \*\*\* David Winston - Hagshamah  
 \*\*\* Ray Zatzman - sleep  
 \*\*\* Howard Abraham - swimming  
 \*\*\* Kenny Gordon - stereo  
 \*\*\* Steven Levine - Florida  
 \*\*\* Barry Nathanson - showers  
 \*\*\* Jay Gorber - moons  
 \*\*\* Bill J. Chernin - care packages  
 \*\*\* Wayne Nathanson - protection agency  
 \*\*\*

MISS - Florida

Daily and evening Programs

Bama Peula '74



Bama peula of '74 was an educational experience which I will never forget (whether that is good or not) I hope that you not only enjoyed it but also learnt a bit about dramatic technique and also a bit about your own personalities and levels of creative expression. At times it was somewhat frustrating to see all your skits and improvisations based on one main subject which I need not mention but by the end of the summer I must admit there was a most and noticable improvement especially in the area of originality of ideas.

I enjoyed spending my time with each and every one of you and there were many times when I was pleasantly surprised by your efforts as a group and individually when you, the quiet ones popped out of your shells and showed that you too could act and react drops a few inhibitions.

Mike, you were a great pilot Linda I liked your yenta act. Sam you would make a great photographer, and Seymour you're not out to be a superstar. For each of you I remember something special.

Keep observing keep empathizing and keep on with Bama

Love and Good Luck

Bama  
 Tragedy Bama  
 MUSICAL

\*\*\* MACHAR HITYASHVUT \*\*\*

White Team

Captains' Message:

Being chosen as Hityashvut captains, is not only an honour, but with it comes a great deal of responsibility, not only to your own team to win and do the best you can, but to the entire camp to bring the group together and unify them into one unit and to make the start of the summer more enjoyable for all.

Although our team participation was low, our spirit and sportsmanship was high, which proved to make this Hityashvut the most successful in a long time.

By the time we returned back to camp we were all very close together and it was the perfect way to begin the camp season. All we can say is that we never could have done it alone, and we thank you for your help.

Your Captains,  
Linda and Ken

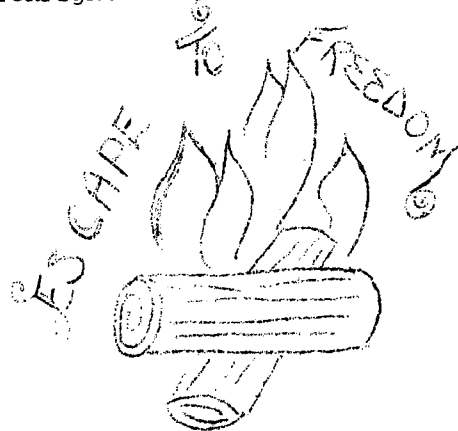
White Team Song

(Tune: You're Sixteen)

We search for the light  
Strive with our might  
Work with chevra and ruach  
We're srakim, we're searchlights, and we're free.

We have escaped now and we are free  
Along hard struggle for our liberty.

We've opened the gate; passed through the door  
Ooh when we got here it started to pour.  
So let's get out of here, go back to our camp, live in our old luxury.  
We're Srakim, we're searchlights and we're free.





Blue Team

Captains' Message:

As ca ptains, Mike and I really enjoyed this year's Hityashvut. We didn't expect to be captains, so we would really like to thank the members of blue team for working to there hardest capacity.

Winning or losing didn't really matter, just so everyone had a good time. Everyone worked and made it a team, and not an individual, effort, so I hope everyone had as great atime as we did. So thanks a lot Blue Team.

Lots of Luck,  
Brenda and Mike

Blue Team Song

(Tune: Pepsi commercial)

Come and join our journey today, today  
It's the journey of hope  
And it's coming our way.  
Withour ruach showing  
Hamassal Hatikvas growing  
Come along join nur song  
Help our dream.  
Here today, here to stay  
We'll be free.

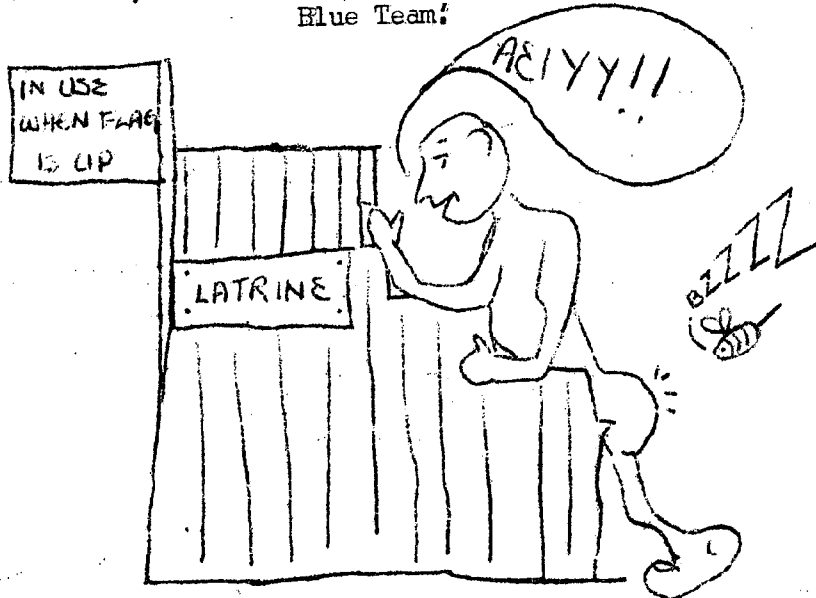
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(Tune:MacDonalds Commercial) (first time is Captains for first two lines)

Our team is such fun(2)  
When we work as just one(2)  
With our spirit and drive  
We'll make our team alive

At Hityashvut We're O.K.  
Cause we work in every way  
As a team, as <sup>a</sup> team :

Blue Team:



### Hityashvut

Here we sit, it's one thirty in the morning and we're half asleep. We were told we can not leave unless we write an article, so be prepared.

Hityashvut started out with an innocent walk, only nine and a half miles, which wasn't that easy because we had the worst packs and were always lagging behind.

We were finally there. Tired but triumphant, our tent!!! We were very proud of ourselves, that it didn't collapse, but on the last morning, it was cut down with a little help. Right Seymour? Our team was very proud of our tent. It was an asset to any camp site. It was so spacious we could stand up and walk about its roomy interior with no trouble at all.

Thanks to Yosefi's van, we made it back alive.

Heather Ma and Leslie Goldman.

### Shmira Hityashvut '74

"It was three A.M., and we sat listening to a sound quite unknown to our ears."

No this isn't a middle of some play, but it was the thoughts of Shmira Hityashvut '74. There we were lying beneath the stars listening to the sound, striking shriek of the loon, and wood crickets in the forest. If it wasn't for the two to three pots of coffee a night, Steve and I would never have remained awake throughout the night. This wasn't too hard, but we also did it the last two nights, only sleeping from ten thirty P.M. until two thirty A.M. and thus remaining awake until the following night. I survived it, Steve survived it, and the team also survived; with surprise, we won!

Mike Freedman

### Hityashvut

This year Hityashvut was as bad as ever. I did so much work it was sickening. I worked my hands to the bone so much, that every night I went to sleep crying from the pain. The next morning I usually woke up with an acute arthritis so bad in fact that most times I couldn't get up, so I didn't.

One day I tried the kitchen (no good). Even though the food was delicious, I gained myself a reputation. The next day I built a latrine. Every body liked it so much, they were ing and ing a whole day.

My efforts were ceaseless. When the rest of the team felt like packing it in, I was I who pulled them together.

Mr. Richard "Tzofiut" Freedman, Esq.

### Hityashvut

#### "Our first excursion outside of camp"

The first part of the hike out to the site was the most difficult and the ugliest. But as soon as we arrived to the site, it seemed to be the most beautiful and tranquil in the world. When we finally began to build our tents and the work actually began, our spirits really improved.

The work itself gave everyone quite a lot of satisfaction when we saw the good finished product. In addition to all of this, the process of living together enabled us to become close to people with whom we previously didn't have much time to talk.

The songs, the presentations greatly raised our spirits and the excellent meals also contributed a lot.

Every thing together - the place, the work, the spirit and the ruach gave me the best time I've had at camp.

Iris Yaron

### Hityashvut

This year Nachar's Hityashvut came on July 14, 1974. We were woken up at five A.M. which wasn't any surprise, because it was either that day or the next day because of Maccabia being so close then.

The only thing wrong with the hike was there was one team that hardly did any work, which made the competition too easy for the other team, which won. At the end the team tried to smarten up but it was way to late.

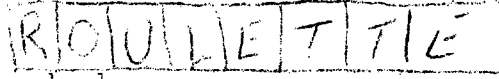
To conclude this report, if it rained, most of the people would be soaked. At the end, I think a lot of people learned a lot.

Seymour Rafuse



Casino Night

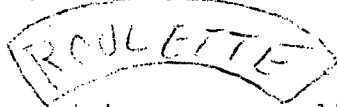
During Casino night I was in charge of Roulette. In setting up the booth, I first made the board as follows:



Then I made the wheel



I then made the sign showing this was the Roulette booth



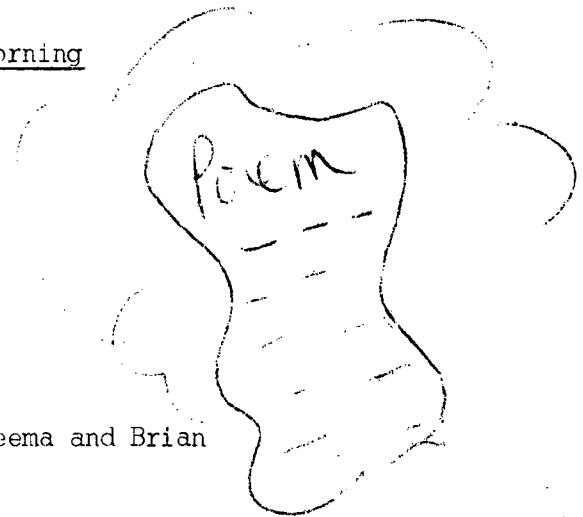
When everybody was let in, no one realized there was such a game as Roulette, so I yelled at everybody to come over. I yelled so loud, I got a headache.

Everything went off well, but in about five minutes we were supposed to be raided by the Madrichim. I ran out, but I had to come back in to clean up the mess.

Stephen Meltzer

One Fine Morning

Early one morning in cabin 9,  
The music was going and all was fine.  
They sat us down with pencil and paper,  
And wrote articles for that Bowman caper.  
It was one o'clock and we were tired,  
So now we want Ira fired.  
Right now we are all being fed,  
And they will send us all back to bed.  
Good night,



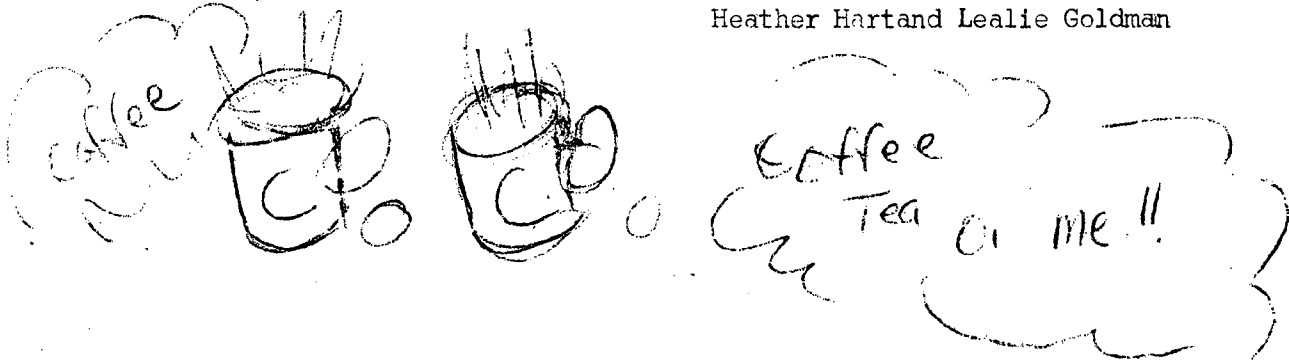
Seema and Brian

Waiting here patiently for our cup of coffee, we realize how much fun we've had this summer, and how close we've become. Even though some of the programs were boring, some were really fun. We really don't feel like going into details, because we're very tired and we're just doing it for the sake of doing it, so our mean madrichim (that's you, Ira, Marcia, Shirley, Howard and Mark) will let us go back to sleep.

Well, we just thought we'd tell Kadimah-Machar '74 how much we appreciated the fantastic, fun-filled six weeks on the shores of Lake William.

By the way, we got our coffee.

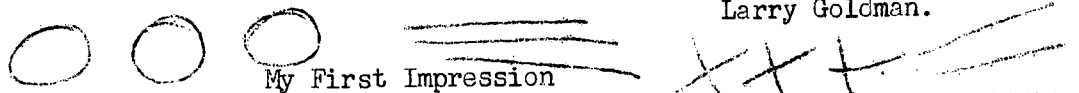
Heather Hartand Lealie Goldman



Erev Mischakim  
(Games Night)

Everyone knows that one of the programmed nights of the year is games night. What is games night? Everyone from the section getting together playing famous Camp Kadimah games. Some of these games are The Spoon Up the Pants and Shirt, and The Artist with the Hand in the Mayonaise, and Eating Contests.

Everyone had fun,  
Larry Goldman.



When I first drove into the camp it looked really good. I was expecting to be put in Kochot so I was really surprised when I was put in Machar. I walked into the girls cabin (13) and I was scared. But now at the end of Camp everyone is such close friends, it's great!! At this moment it is two A.M., because they woke us up to write articles, so good night (Irene)...zzzzzzzz

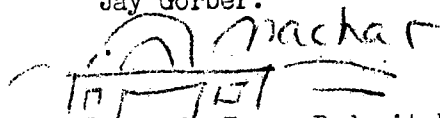
Judi Roytenberg



This year was really fantastic. We had a great athletic staff for both water and land. The Camp Director was good. He always talked with the people whenever they had problems. The Camp Administrator was a marvellous guy. He made sure everyone got their laundry back, and were well fed. There is not enough words to explain how great everything was this summer.

Jay Gorber.

One Night After Curfew



One night after curfew, some of the Machar girls - Andrea Leonard, Terry Budovitch, Marcia Yampolsky, Leslie Goldman, and Heather Hart - decided we were all starving. In order to revive ourselves from this situation, since none of us had any food in the cabin, we all decided to sneak to the chadar. It was a dangerous journey, for many reasons. To begin with, once we got across the bridge, Cabin 32 was calling for shmira. Also, when we reached the shower house, we were where no one could see us, and Allan Simon and Mark Bowman came in and said, "Are there any girls in here?" Well, none of us said anything, and they left. It ended up that peanut butter sandwiches were made for us, muffins, milk, cornflakes, koolaide, papercups, and bread, were being hawked for us, for Cabin 13 stomachs. On our journey back, after thanking some people, we approached the office, which was occupied by Dave Green and Jerry. Well, we made it across the bridge, just about peeing in our pants, and leaving a trace of food along the way. When we got back to the cabin, we all ate, and ate, and ate, and ate.....

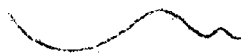
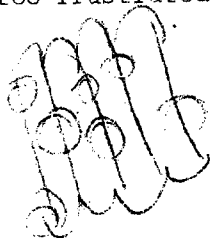


To All Macramé Nuts

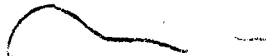
Although we didn't have too much time together to think we got a lot accomplished. Certainly it was a rewarding feeling when a project, whether it was a necklace bracelet wall hanging was finished the last knot tied.

Perhaps you'll keep up with macramé once you get home and improve on your skills, use different materials experiment a bit- get all tied up in knots?

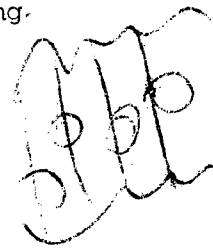
Don't get too frustrated and keep tying no matter how long the string.



Waterskiing



Love  
Marcia



This year waterskiing in Kadimah- Machar has become more popular than ever, Slalom skiing has eventually come alive to bring some action back to skiing. At the beginning of the season Larry's Dolphins a waterski group, touring the Maritimes came to demonstrate some more intricate skiing. I'm glad we learned a lot and will put these skills to good use.

Brian Ross

Sports Program 71



The sports Program this year worked well as the campers and the sports lived together in perfect harmony. The games were much more interesting than in past years, and the actual program had a flow to it that enabled last minute programming and also allowed for new programs to be added at different times. The sports staff was a group of guys who knew before they came that there was work to be done and because of this knowledge they worked (with a few exceptions) from day one. Also their leader or driving force for this year was a lot better than in past years, and because of this the center point was a lot stronger. The rest of the sports staff could push off. Overall the sports program 74 was really good.

Howard Conter

Camp Kadimah vs Halifax softball game

When the time rolled around for the annual Camp Kadimah Halifax game, the home team was confident for it has almost always won by a lopsided score. This year we thought there shouldn't be any change.

Starting from pitcher which was Brian Bud, I'll go around the positions- left field Mark David and Jay Gorber, and Mike Freedman Larry Goldman Right Field Steve Sable Alan Mark, Catcher Duke first base Irwin Simon second base Craig and Danny Singer, short stop Mark (Rico) Rosen and last but hopefully not at least third base was me.

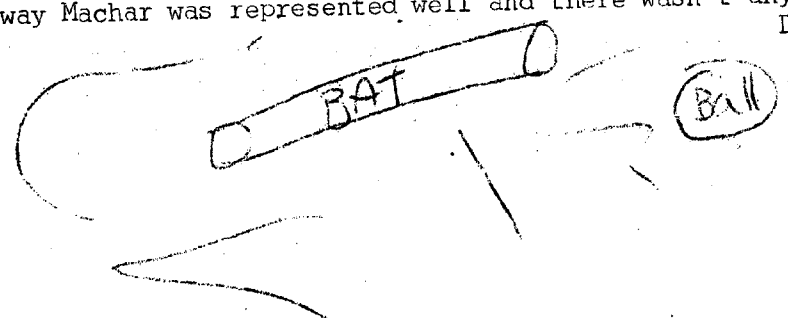
The legendary Sam Fried did not live up to the stories and we jumped on him eleven runs. They could not handle Brian as well as they could only account for five.

For the field which was rather excellent there was a nice running catch in center by Larry. There were also double and triple plays, both started by yours truly.

At bat there was some timely hitting by Mark Rosen, Brian Bud and a few good swings by Forbes.

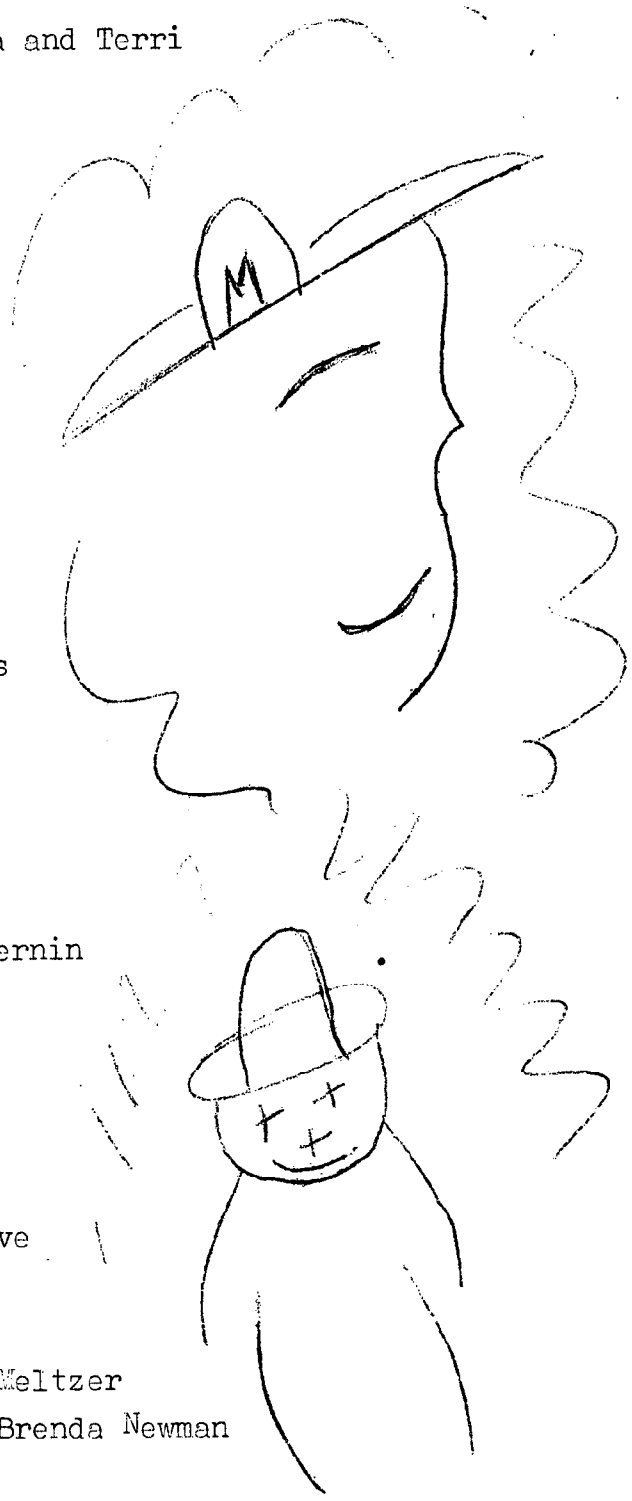
Anyway Machar was represented well and there wasn't any change

David Winston



MACHAR'S CAT OF CHARACTERS.....

Butch Cassidy and the Sundance kid Richard Freedman and Brian Ross  
Machine Gun Molly- Debbie Fineburg  
Skin Game-Andrea Leonard  
The Good, The Bad and the Ugly- Linda and Terri  
Fritz the Cat-Judy Roytenburg  
Hard Days Night-Barb Cohen  
The Immigrants- Iris  
Woodstock-Heather  
Old Yeller- Marcia Yampolsky  
The Heartbreak Kid-Mike Freedman  
Midnight Cowboy-Mark David  
Clockwork Orange-Seymour  
Nutty Professor-Mark Schulman  
Lost in Space-Sam  
Planet of the Apes-Howie Abrams  
Prime of Miss Jean Brodie-Naomi Ross  
Little Big Man-David Winston  
The Odd Couple-Barry and Wayne  
Godfather-Howie Contor  
Rocky and Bulwinkle-Bruce and Ray  
Frankenstein- Jay Corber  
Guess Who's Coming to Dinner-B.J.Chernin  
Vanishing Point-Leslie Goldman  
Cool Hand Luke-Larry Goldman  
Bananas-Sema  
The Sting-Steve Levine  
The Way we Were-Richard and Sema  
Last Tango in Paris-Heather and Steve  
Dirty Dozen Plus one-Girl's Bunk  
5 Easy Pieces-Machar Staff  
They Shoot Horses Don't They-Steve Meltzer  
The Computer who wore Tennis Shoes-Brenda Newman  
Bonanza - Little Joe- Mark Rosen  
Hoss- Howie Lichtman  
Adam-Ira Jacobs  
Signed- Howie Lichtman, Shirley Spatz, Mark Rosen



Name	Pet Beef	Seen Most	Fav. saying	Would be	Will be
Naomi R.	being stacked	jogging	I can't help it	Mark Eden's pride & joy	carpenter's dream
Judy R.	messy hair	doing macrame	C'mon you guys	Kochot	Machar
Marcia Y.	not having 2 boyfriends	simultalking	I wonder what Stuart's doing now	Barbra Streisand	one of the andrew sisters
Debbie F.	her laugh	cooking	save me a little	harp Mark	Mark's co-captain
Terri B.	no clothes	borrowing clothes	love him!	MSM's	smartiz
Heather H.	Dave Green Steve Levine	being moody	I'm impressed	swim instructor	instructed
Seema W.	no canteen	stayed on actified	c'mon let's go	runner	throwing down cheeze whiz bottl
Brenda N.	sharing	playing sports	Can I have some?	social	outcast
Andrea L.	finding other people's things on her bed.	flirting	you should see	gymast	(d) sabie(d)
Linda S.	staying out of trouble.	mocking people	There's a couple of things's I'd like to get off my chest.	best girl camper	Kicked out of camp
Iris Y.	losing her tan	in Cabin # 14	I like this	dancer	playgirl center fold
Barb C.	being lopsided	on the scale	I lost my	rich man's witz.	on Mel Farz
Leslie G.	people making fun of her voice	landing	Yes, you may	dainty	model



Char Cabin 16

Name	Pet Beef	Fav. Saying	Seen Most	Would be	Will be
Mark David	kvetchers	J C	bandaged	kind Nigroid	Negroid
Ray Z.	mouchers	shut up and let me sleep	playing tennis	so lazy	blazier
Barry N.	taking showers	I don't want to swim inst.	doing nothing	Mr. Clean	Dirty
Bruce S.	no tannis	You're so cute	telling Mark Shulman	Yidisha mama	cute
Howard C.	kvetchers	seriously guys	making tee-pees	come boy	holey
Bill J.C.	no care packages	Boy chicks	cleaning his bed	Bay boy	chinese
Mark S.	being cute	Let's turn off the lights	reading the g-d father	cute	cute
Howie A.	lwtterf from O. B.	you are(or) you will	gear shifting	Abraham	Issac& Jacob
Brian Ross	no waterskiing	seriously guys	with Richard	Munchkim	Bris
Wayne N.	being bugged	everyone wanting koolaid.	on water skies	giving first aid	giving kool aid
Seymour R.	kvetchers	What did you give me?	eating food	electrician	electrocuted
Sam Epstein	hidden mustaches	fruit	spraying feet	Mr. Universe	Uncle Sam
Kenny G.	everyone touching his stereo	I hate guys that	with stereo	Music	played
Dave W.	Kvetches	What did you give me?	eating food	3rd. baseman	3rd base
Mike F.	Richard	I'm going with Irwin	in specialists cabin	tale	shrunk
Steve L.	kvetches	In Florida	and heard most	Mr. Florida	Miss Florida
Richard L.	most girls in # 13	You t-t-.....	with Brian	Seema's	Terry's
Larry G.	wiping out on slolem	Aw wek got...	sporting	home sun-king	struck out



Name	Pet Beef	Fav. Saying	Seen Most	Would be	Will be
Jay Gorber	people better than him.	Act human _____	playing softball	butler	maid
Stephen M.	cabin #16	Wanna play tennis	isn't (thank-god)	lumberjack	bundle of sticks





CALL OF THE WILD

EX.

CON

OUR GANG DAY

MACCHAR DAY

TISHA B'AV

MACCABIA

REGATTA

# MACCABIA



Regatta, Songs, Shira,  
nikud,  
Things like that we like to  
do,

We work we play a  
few hours a day,  
That's exactly what  
we do!

Teams may win  
Teams may loose too  
Though it is fun,  
It is True!



by LISAS.

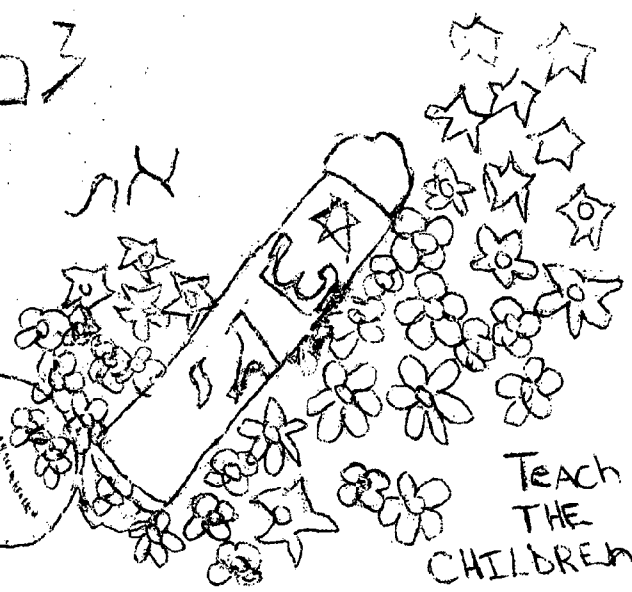
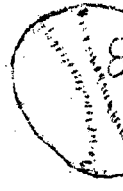


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TEACH THE CHILDREN

mky

5734

Captains Message

Maccabia is an experience for on and all. We the captains were honored to be given our position and were especially happy with our team. Each member of Leah did there share of work and at the same time enjoyed Maccabia thoroughly. As captains wetried our best to keep the team in highest spirits through times of good and bad this reason and others made Maccabia this year one of the best for blue team and winning in the end added to the excitment. All teams this year showed great sportsmanship and spirit. To conclude our message we say that being captains was a great experience in leadership and togetherness.

Barb  
Howard

GARTH NATHANSON

SHIRLEY SPATZ

- Robyn Cohen
- Lisa Prossin
- Bill H Chernin
- Philip David
- Susan Brinker
- Lewis Chernin
- Andrea Blumenthal
- James Acker
- Michael Pink
- Myer Gordon
- Gordon Hirsh
- Lisa Shulamn
- Boni Loebenberg
- Rachel Sadofsky
- Robyn Payne
- Gail Gottlieb
- Charles Choen
- Michael Meltzer
- Sam Soroka
- Ann David
- Beth Velensky

- Ron Simon
- Danny Singer
- Marc Burnstein
- Irwin Simon
- Bill J Chernin
- Frank Smilostein

- Nancy Davidson
- Cheryl Freedman
- Marlene Garson
- Sandra Wolman
- Barry David
- Perry Sable
- Jeff Wolman
- Jamie Gordon
- Naomi Ross
- Marcia Yampolsky
- Leslie Goldman
- Stephen Levine
- Mike Freedman
- Sam Epstein
- David Winston
- Sally Davis
- Erica Glube
- Debbie David
- Sybil Shore
- David Newman

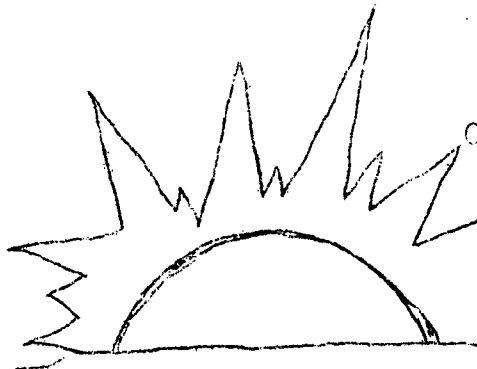
Blue team Marching Song  
(Jumbalai)

No time to lose we are the Blues  
Let's get going  
Mimonides, Hillel we'll please  
With the seeds we're sowing  
Understand we have a hand in what's approaching  
Red white and blue it's up to you set the motion  
Do your part for astart  
Teach the children  
Kids today they'll grow up  
some day leading the nations  
To benifit from our past for  
the future  
That's our aim hus our name  
TEACH THE CHILDREN

"  
" PAST PRESENT " ? future ?  
"

Dining Hall Song  
(Rise and Shine)

Teach the children the lord commanded us,  
Teach the children create a world of trust  
Leah landu et ha yaladim  
kach l'atrid nosim



Chorus:

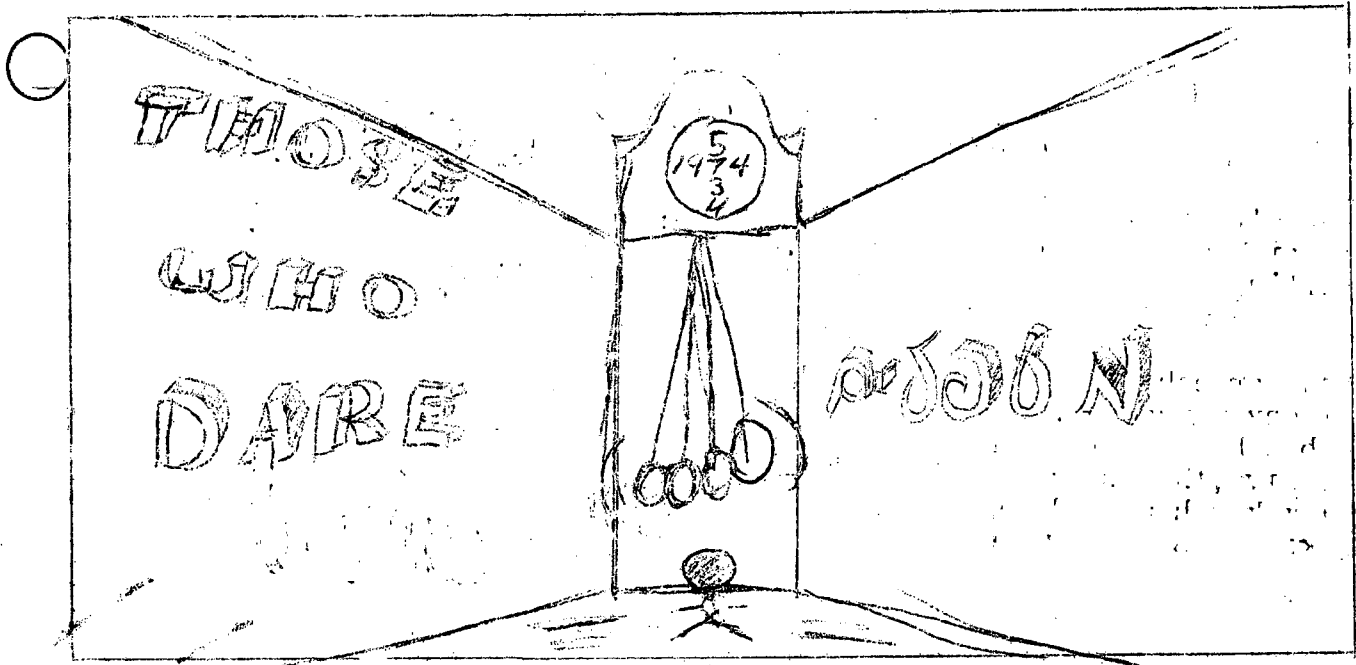
Layah Layah  
Smile tommorrow will be abotper day  
life goes on in still a be'ter way,  
teach the children love your fellow man  
Ruach B'Israel

We've worked had fought for many years now  
War and strife have been our life long fate but  
Time is on our side e trust in years and  
Teach the Childre n Well.  
Chorus:

Cheer:

Layah Layah  
Hey we're gonna saya  
Sing a sng of Layah  
What's th maening of layah  
Lamed stands fr landu  
Aleph gives us the et  
Hey for hayeladim  
And that's the meaning of layah

nk 19 NO  
0.70.7  
© TEACH THE CHILDREN ©



### Captains Message.

First of all we would like to thank everyone on our team for helping make this "accia" successful. We also give a special thanks to Shelai and Apan, because without them, our team wouldn't have been as great as it was.

We feel that the most important thing in Macabia has fun and "Those Who Dare" did their best to achieve this goal.

We are honoured to have been chosen captains of such a great team and we hope that Macabia 74 will be a memorable one for all.

Larry  
Sema

ALAN MARK  
SHILLIA NATHANSON

Mark Loebenberg  
Tobi Nathanson  
Darren Blumnethal  
Adam Rossini  
H wie Green  
Wendy Zive  
Alan Davidson  
Mark Zive  
Saul Reskin  
Steve Winston  
Michael Collins  
Laurel David  
Iris Kohler  
Marla Jacobson  
Sheri Gordon  
Sheryl Blumenthal  
Shayna David  
Ben Schlew  
Marc Garson  
Janice Fox  
Lynda Medjuck

Barry Feder  
Steven Sable  
Brian Medjuck  
Craig Garson  
Alan Simon  
Frances Alexander

Tova Sherman  
Sherry Koven  
Anita Wolman  
Kayla Jacobson  
Heidi Schwartz  
Fred Davis  
Joey Lang  
Brad Saltzberg  
Mark Smith  
Terry Budovitch  
Heather Hart  
Judv Roytenberg  
Jay Corber  
Richard Freedman  
Wayne Nathanson  
Somour Rafuse  
Brian Ross  
Mindv Kussner  
Stephanie Meyers  
Milo Burnstein  
Marcia David  
Marvin Edleman

White Team Marching Song  
(Mame)

*we dared*

We weren't afraid of Pharoahs and plagues, dared  
we've risked for two thousand years, no one cared  
Ma'pailim we stand together with hope and emuna all through the way,  
Marching onward to the future no matter what they do we're here to stay

Achshav sreechim lalechet maher b'yachad  
Ttmol hayom machar wewi'l dare bli pachad  
Maccabia has never seen a team that's so determined and so strong  
We'll give them back the drive again  
We'll make them feel alive again  
To make the soul revive again now.

*we cared*

Dining Hall (Together we go)

In 74 we'll open the door  
Ma'apilim survive it together  
The teams have all met the guideline and set  
Now there's something to prove.

*were #*

For after all we've said and done  
Our team is going to be the one  
To do it to have it to win.

*2*

We'll strive for our goals  
We'll strengthen our souls  
We'll always stand close and together  
We'll stand on our feet and always we'll meet  
The challenges set out before us.

*(we try harder)*

*RUACH!*

Cheer

Ma ms ms ms... ma'apilim(2)  
Those who those who dare we will we  
will share our ruachchch now and forever(2)

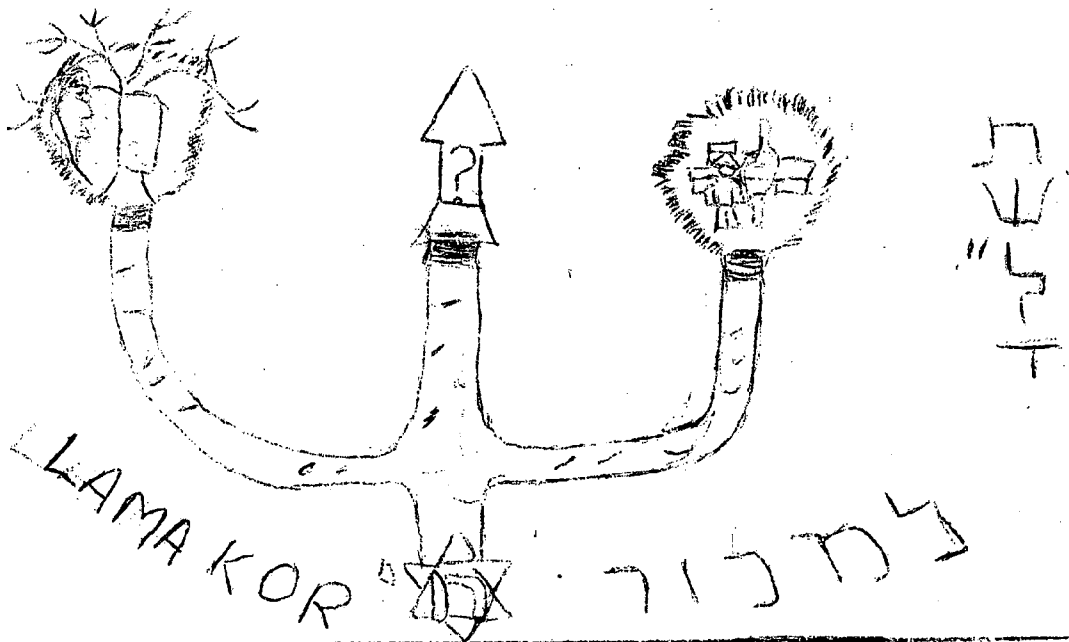
Locomotion Rock

Fighting through the ages  
We have shown our strength  
We're in the present time now  
We will do our best  
Looking to the future  
Ma'apilim will grow  
Let's not forget the things we've done  
know and the things that we must oh we must move on (Now)

*ma'apilim (will grow)*



1974



### Captains Message

On the evening of Aug 4 Maccabia was announced. neither one of us expected to be captains, and we were surprised to find out that we were.

The next week proved to be full of trials and tribulations many which took a heavy toll on some. At the closing Mifkad when we heard the results and were told we came third, we were naturally disappointed. but it we had great fun and gained a worthwhile experience. We gave our all, and so did our team they were a great bunch of kids and we were proud of them.

Debbi

Mark

HOWARD LICHMAN  
RACHELLE GOLDBERG

Andrea Garson  
Andrea Hrubsa  
Joseph Glube  
Jonathan Allen  
Brian Epstein  
Susan Glube  
Frank Soroka  
Lisa Goldberg  
Louis Goldner  
Mark Simon  
Andrea Che nin  
Lori Silverman  
Amy Smilestone  
Martin Zolocovitz  
Hugh Smilestone  
Adam Paton  
Diane Drinker  
Brian Glube  
Glenda Smiley  
Arlene Epstein  
Norine Mathanson  
Marlelen Blamn  
Carrie Jacobson

Steve Acker  
Bob Center  
Brian Budovitch

Debbie Harsion  
Amy Paton  
Tema Contor  
Jerry Kohler  
Dana Rafuse  
Lorne Simon  
Brenda Newman  
Iris Aaron  
Andrea Leonard  
Lynda Smilestone  
Ray Zatzman  
Kenny Gordon  
Howard Abraham  
Bruce Simon  
Stephen Meltzer  
Barry Mathanson  
Eveline Meltzer  
Bev Bernick  
Belarie Hyman  
Leslie Leonard  
Nancy Weiner  
Mark Bowman

Marching Song(Georgey Girl)

Shalom Chaverim  
past present Future is our theme  
Jews fighting through our history we all have seen  
Fulfilling...  
Life dreams brotherhood  
Working together sure we should  
Don't think its time hat we should try to unify  
Lamakor we ll always strive to keep our ruach alive  
A brighter suture is sure to arrive  
Let's sing it now.

Dining Hall Song(Don't R\*\*in on my Parade)

Red team were going to get on top of it  
Lamakor were going to make the best of it  
Time is really slipping through our hands  
Past Present Future Kaboom  
were going to show them and soon  
Eyes to the source everyone  
were going really have fun  
All t'roughthe ages we've seen  
Jew who have strived for a dream  
Now we have worked out our scheme.  
Hey Lamakor here we are.

Cheer (I'se the Bye)  
Lamakor's the team that hot  
If you think we're scared were not  
You can be sure we'll give our most  
So now to us pr pare a toast

We try hard in track and field  
Swimming regatta we never yeild  
Shira Pikud Bama Mel Yad  
We're gonna win Yechai Heydad.

Cheer (Yesh Li yom yom chag)

We are Lamakor we can do much more  
the source will show the s st we are the best  
In Ruach were so strong our choah helps us along  
and when we sing our song we can't go wrong



Red Team Melyad



During this years Maccabia I was Rosh melyad for red team. At first the thought really scared me for I realized that I'd be responsible for the banner, pennants and art displays. Once under way though it was quite different as everyone chipped in and worked together to get every thing done. In the free time the Gib and Gosh came in and constructed different art structures on our team theme for the pavilion. The kids were really imaginative and anxious and were anxious to work with the art supplies. Strange and new materials became art to represent our Pavilion. The banner was done very well as the kids from all sections with a few in particular worked among themselves. The main part of the banner was done in that afternoon with what we thought were pretty good results. So with full hearts, we worked on our pavilion gradually the amount of work built up so by Friday we had display finished. I myself had a great time because while working, I got to know a lot of people, and gained a sense of responsibility. Between working half asleep and rushing before crew I had a fantastic time.

Brenda Newman

Maccabia 74

3 Points 0:00

I thought that Maccabia was fun. I was on white team we came second by three points. I like the Maccabathon best.

Michael Collins.

Maccabia

To me Maccabia was fun this year. We had good captains and coordinators. I liked the Pavilion and Bama and Rikud was also fun. The best was that we won.

Michael Meltzer.



Maccabia



Maccabia was very good. There were three teams, red, white, blue. I was on Blue team. We won Maccabia. The events were great. The last night was a big bonfire. I was tired after Maccabia.

Sam Saroka

Maccabia

This year Maccabia started at Mifkad. I was on red team. My captains were Mark David and Debbie Fineburg. My coordinators were Rachelle and Howard. The first day everything went really well. Everyone did their job and did it well. Then came Regatta. We didn't do too badly at that. The next day was Field, which included shot-put, discus, high jump, and long jump. That day red team didn't do very well.

On Tuesday night we had the quiz. White team won that, then blue and of course red came last.

On wed. we had the swim meet. We all thought that red team had won the swim meet but we had come second to that darned blue team. My team did come first in one marathon swim but it didn't really make much difference because blue team was too far ahead of us at this point.

In the afternoon it was all preparation and field events. We didn't do very good in that. On Wed had one of the stupidest events we have ever had. It is called buk buk. The idea is to put so much pressure on someones back, until he drops you or breaks his back trying to hold

On Thurs. we had track. I was in one whole race in which I placed third. In the marathon we came first in boys and girls. Eacharricks. we came last in track so big deal about the rest of the races. On Thurs we had the bama presentations I didn't see it because ; was out working on our pavillion. We came second. Friday morning we had a pepfest in which our team bruce S. Mark B, Dana R Day Z Kenny G Brain C, Mark D, Dave B, and me Howie A came first.

On our pavillion we also came first. we came first in Shira. so that was the best day of maccbia.

On Friday night we found out that red team came last. so all our work went down the drain.

Howie Abraham.

90, 90, 90

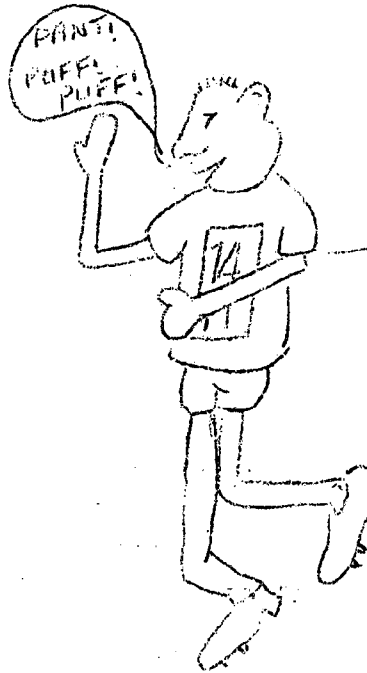
FINISH LINE

"win it for white team"

"blue teams gonna win!"

HURRAY FOR YELLOW TEAM !!

"red team is really hot"



Maccabia Results

EVENT	RED	WHITE	BLUE
Regatta	644	606	695
Field Events	394	446	513
T & B - Tues.	27	29	24
Mivchon	10	50	25
Shallow End	310	287.5	312.5
Swim Meet	738.5	706.5	783
Water Polo	50	100	25
T & B - Wed.	27	26.5	28.5
Broadcasting	91	75	94
Water Skiing	50	100	25
Tug of War	50	25	100
Track Meet	693.5	650.5	747
Tennis	100	25	50
Chechers	25	50	100
Horse Shoes	100	50	25
Table Tennis	50	25	100
Dats	25	100	50
Chess	100	25	50
Baseball	25	75	75
Basketball	50	100	25
Volleyball	100	25	50
Soccer Baseball	25	50	100
Ground Hockey	50	50	100
Indian Dodgeball	50	25	100
Marching	74	86	78
Buck-buck	-	15	25
Bama	226	274	197
T & B - Thurs.	30	30	30
Haftahah	82	90	75
Arts & Crafts	133	143	131
Tracking	27	41	42
Tzofiut	260	160	255
T & B - Fri.	30	30	30
Macabathon	75	100	50
Shira-Rikud	392	388	352
Iton	135	100	106
Pavillions	410	402	373
A.C.P.	185	195	180
Songs & Cheers	86	97	70
TOTALS	<u>6255</u>	<u>6258</u>	<u>6441</u>

Machar Day

Machar day I found was a very good experience, it was a day in which machar took over all the counsellors jobs. I think that this is a very good way to get some good leadership programming into the mechanics. I had a Giborim cabin, and just in that one day there were lots of problems. You had to get the kids to swim instruction and to write letters. The hardest part of the day was getting the kids to bed, they did anything to stall time like stand by the sink brushing their teeth without a tooth brush. One day was plenty for me, but I wonder how the counsellors can make it for six weeks.

Mark Shulman

Machar Day

On Machar Day it gave us a chance to lead the camp. I was a leader in cabin 74 which is a pretty good cabin. During the day I took a tennis chug. The kids were so good they were able to play games and sit by themselves. A Machar Day is a good leadership program to teach us leadership, understanding, and what to say and how to back it up. The camp should have had more than one Machar Day.

Sam Epstein

Machar Day

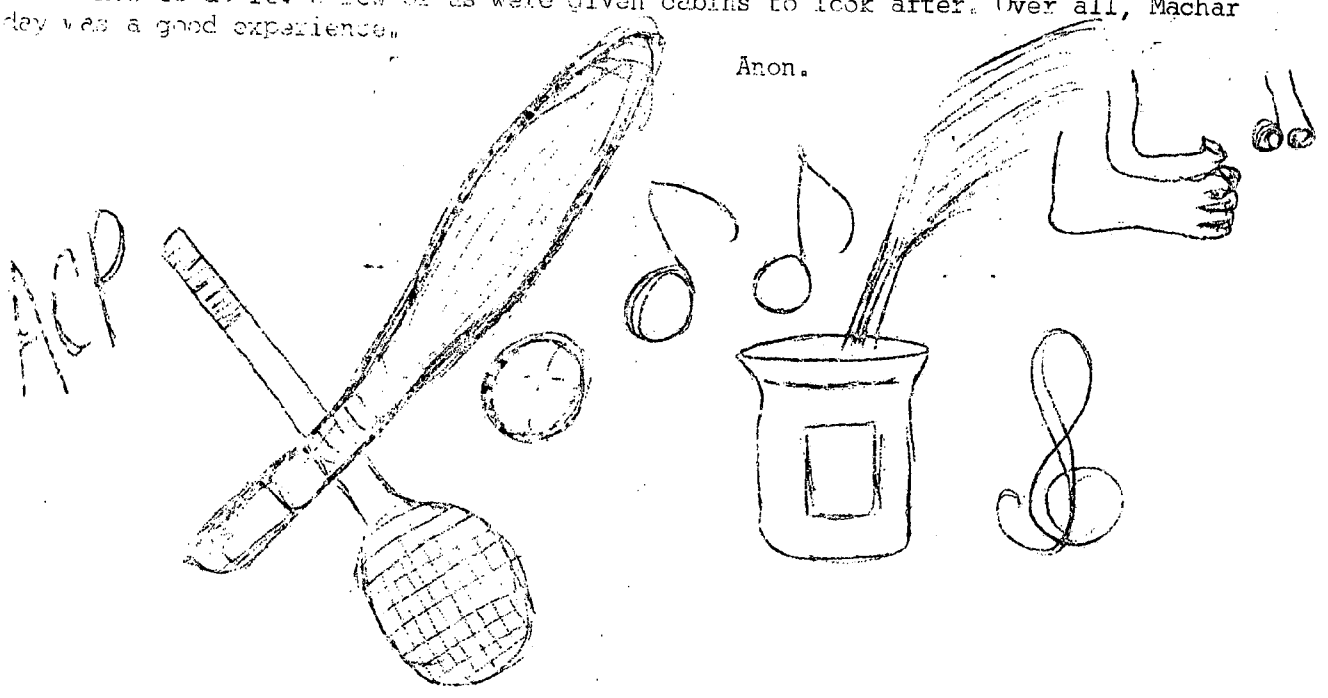
This year, four days after visiting day, Camp Machar took over the entire camp except for head staff. Because of two weeks planning and then 3 days intensified planning all went well and every problem from bedwetting to cabin fights was handled relatively with ease. Although it was fun every one came to the conclusion that if after one day we could barely make it back to the cabin we wonder how the Kadimah Staff could do it for six weeks. So congratulations Camp Kadimah staff for a job well done.

Barry Mathanson

Machar Day

This year Machar day was run in an orderly manner. Everyone was told what to do and how to do it. A few of us were given cabins to look after. Over all, Machar day was a good experience.

Anon.



MACHAR DAY '74



A new idea was introduced to Macharniks this summer - the idea of taking over camp for a day. At first, the thought of taking on such a big responsibility did not enthruse many of the campers, but after we were given lectures, seminars and general talks, we realized the day would be what we made it - and with the right sort of preparation it could be a success.

Three days in advance we were told what bunks we were in charge of, as well as who headed the peulot and chugim. We were then given an hour to talk to the staff whose places we were taking, and genersilly they gave a good deal of advice on the system. However, we were expected to do the actual programs by ourselves. We also had to prepare A.C.P.'s and evening programs with the section heads.

When Machar day arrived and we were placed in the real situation, a few unforeseen problems were encountered. These were mostly kids taking advantage of us, but by noon we had caught on to them and things were running quite smoothly. Machar was definitely not perfect, but most people considered it a success.

Naomi Ross

Machar Day

Machar day is indeed a broad subject which perhaps will be written on by a few people. It sure was an experience for me. An enjoyable and somewhat serious program as well. At first I didn't think they would leave the camp to be ours for a day.

I was not actually with a cabin, but only assigned to one, which kept me busy the whole day just the same. I took a water skiing period in the morning and a broadcasting chug in the afternoon. The rest of the day I worked on programming ( Evening ), and went with my cabin. For an evening program we had a game show for the Goshrim section. I played the part of M.C. which I enjoyed, and the kids told me they also enjoyed it. Just before bed one of the other Machar counsellors told ghost stories, which all the guys love around that age. I was tired that night!

Wayne Nathanson

Machar Day

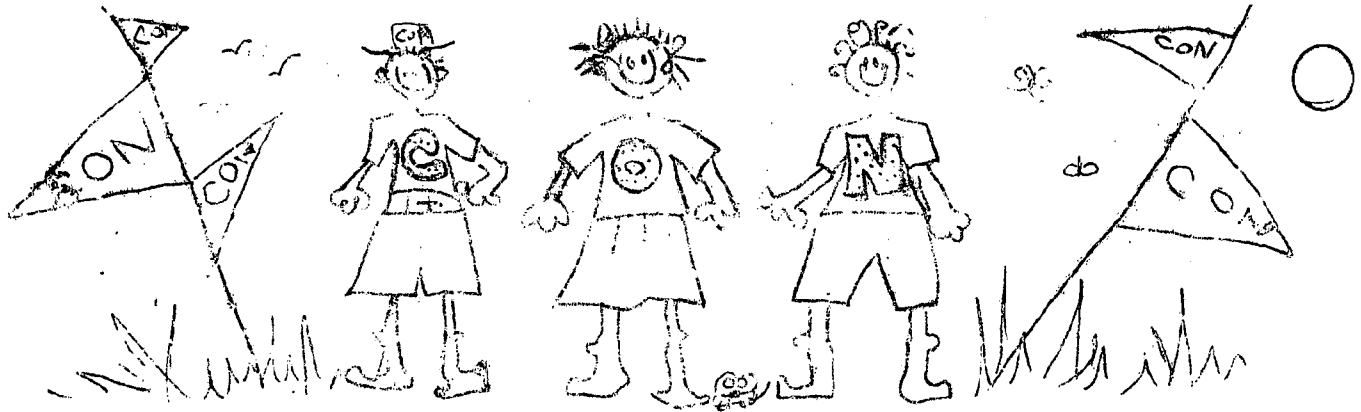
One day at camp we woke up and were very surprised (Ha!). We found out that three Macharniks took over the Cabin. The counsellors went on a day off so the Macharniks were our counsellors. We had a lot of fun because they acted as if they were our friends, but everybody was glad to see our counsellors. Even the Macharniks were glad to see the counsellors come back. Machar day really was successful.

Ann David.

Machar Day

On Machar day, Macharniks came to take the counsellors' places, and came to practice to be a counsellor. We went to peulot with them, and they also led chugim, and they came to the meals with us.

Anon.



The biggest CON the camp has ever seen took place on Thursday, July 16<sup>th</sup>. A surprise "CARNAVAL OF NATIONS" was launched for one and all. Each cabin became a country, and all of the representatives participated in a splendid lunch-time parade. Mexico shot a lot of bull, and the Italian maidens won the hearts of even the Kochot boys. The Israeli oranges were sweet, but the afternoon popcorn and ice cream were the biggest success. The afternoon was spent in gala accord. Rides, games, booths were set up by the staff, and all the camper foreigners enjoyed themselves thoroughly. "Zatz and Spatz Barber Shop" drove themselves hairy; The fortune-teller was quite unfortunate; People relieved their frustrations through the "Bowl the Arab Nation" booth; And kisses were a dime a dozen and very available; A falafel and pasha dinner was served and the evening's entertainment was provided by each and every cabin country. AMR. AND MS. KADIMAH were crowned, and everyone went to sleep tired, but happy.

Internationally -Carole  
yours.....



before





TISHA B'AV

Family Under Seige  
Gas Chamber

Lod Massacre

Eichman on Trial

Quiet Prayer

Crusifiction

Babi Yar

This is Jewish History.

This is Your Life.

This was Tisha B'Av for us.

We are unique because we still live  
in spite of our history,  
in spite of G-D.

This is our heritage - to live with hope.

We can.

We must.

Tisha B'Av

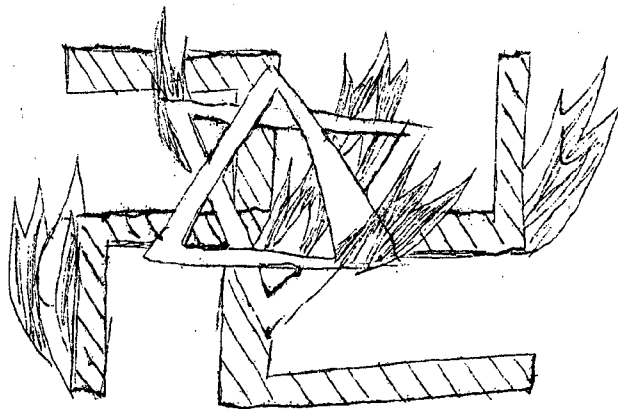
On Tisha B'Av there was a series of skits throughout the camp. We were divided into families to see these skits. Each one was a different event, either during the Holocaust or any other time throughout Jewish History. These skits were well presented. They brought the point across. I don't think anyone will ever forget the Holocaust.

Anon.

Tisha B'Av

On Tisha B'av I went to the grass in front of Cabin 25, and we talked about it. Miriam told us what happened on Tisha B'Av, and she held a candle in her hands and said a prayér. We all listend to her and then we went back to our bunk and talked. And that's the story of it.

Robyn Cohen.



RYAN'S FANCY

How We Became Exhibitionists

We walked into the B'water exhibition and lo and behold, something was tickling our Fancies. We sensed excitement and music in the air - as someone with a black velvet band beckoned us Down the Streets of London. Only an hour out of camp and our minds were already programmed to bring back a surprise. With this in mind we approached three Irishmen unassumingly entertaining the crowds. Like any well trained groupies, step one was to ask for their autographs. This led into a series of what we termed proposals - but they considered propositions.

i.e. What are you doing in a week and a half?

Well, if you won't be here, what about tomorrow?

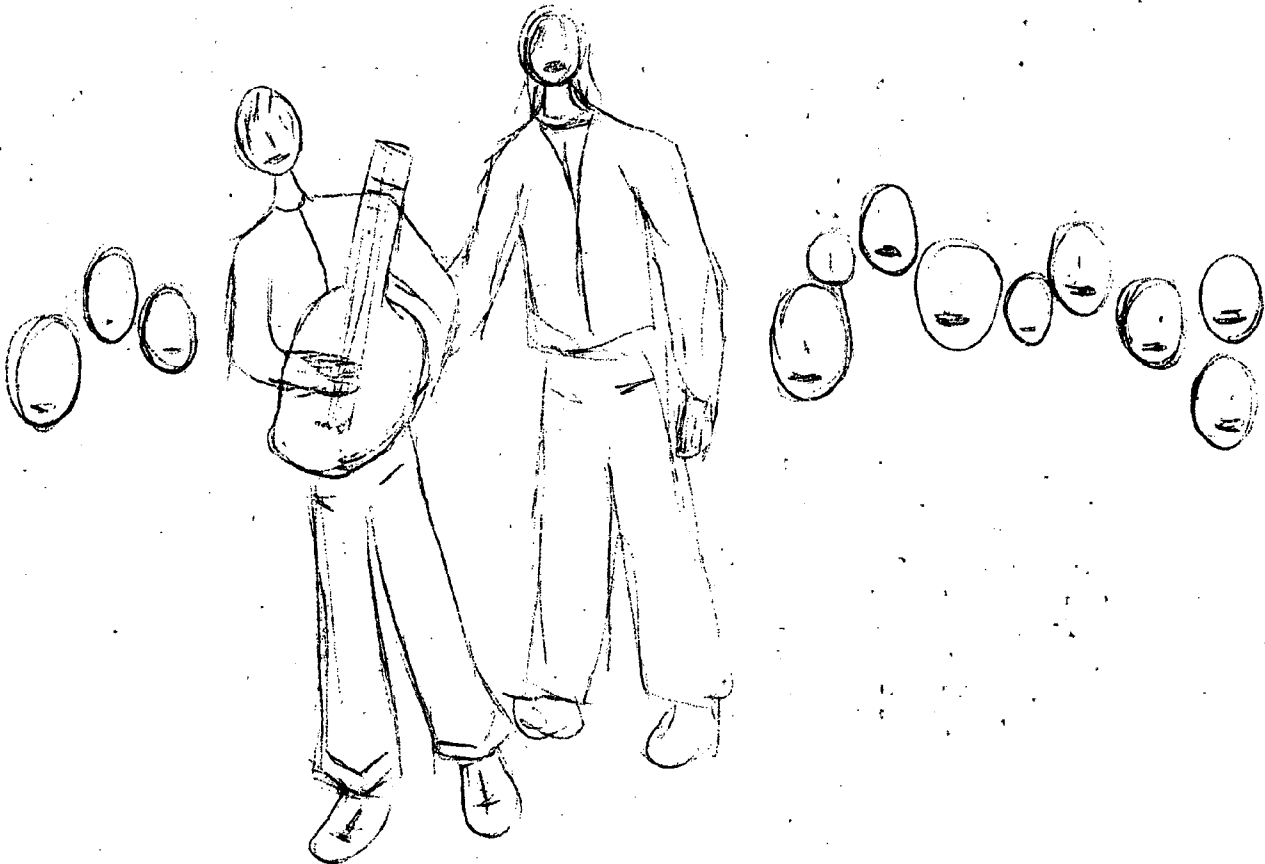
and We're sorry, but we don't have much money.

Well we don't have to mention what happened after that -

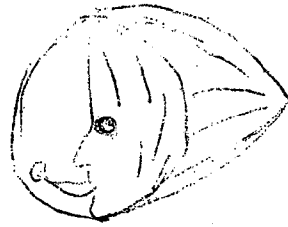
But the next day they seemed mighty willing to come out and see our home. Anyway Ryan's Fancy played a few songs, made some people smile -

So nu, what's wrong with being an EXHIBITIONIST?

Sybil, Marta and Iris



## BRIDGEWATER EXHIBITION



### Bridgewater Fair

We went to the Bridgewater fair and I went on a lot of good rides. It was fun and I went bowling and I came in third place.



### Exhibition

Frank Soroka



For our excursion this year, we went to the exhibition. It was really fun. My first time I tried to win a stuffed animal, I won it. I won it on the month game. I was so happy when I got back to Camp. I named it Alex after Frances Alexander.

Cheryl Freedman.

### The Excursion

One fine day when nothing was going on in camp, Machar decided to take a trip into Bridgewater. Thirty-three Macharniks travelled by Taxi, Truck, and ran into the bustling town to see the exhibition. At the Exhibition the wallets of the campers deflated. Much of the money was spent on circus rides, games, and food. At the end of the day, those who were fortunate enough to retain most of their money could feast at an expensive restaurant. Those people who were less fortunate had to settle for a cheaper meal. After supper the group went to see a double theatre and had the choice of seeing either "The Way We Were" or "American Graffiti". Both movies were great, mainly because the campers got in for free. After the movies, Machar took a bus back to our beloved Camp. I myself am sure that every person that went on the excursion had a fantastic time.

Ray Zatzman.

### Excursion to Bridgewater



Driving for twenty minutes in the Camp bus is not exactly luxurious, but about twenty campers suffered through it and enjoyed themselves immensely at the fair in B'water. The rides, food and people were great. After the fair everyone went to a restaurant to eat supper. Then we all piled into the camp bus again to travel to the mall to see a movie. I saw "American Graffiti". What the other movie was, I haven't the faintest. I really liked the movie I saw.

Since it is about 4 o'clock now and I am really tired, I'm going to cut this short by saying I had a good time and I hope everyone else did too.

Have a good year, and I hope to see everyone again soon.

Terri Bud.

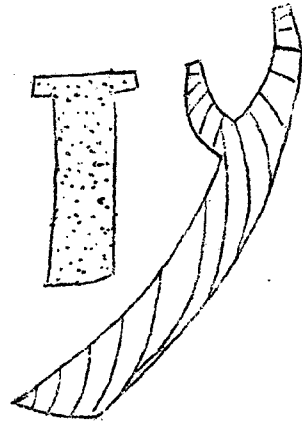
### Our Excursion

On August 1 at twelve o'clock oon, all of Machar went to the B'water exhibition. We all tried out all the rides from the spider to the nightmare house, from winning key chains to teddy bears. Finally at 4:45 ww all went out for supper. Some kids had Chinese food and others went and had chicken. After supper we all met at the Pizza Delight and then we had a choice of movies, either "American Graffiti" or "The Way We wWere". The majority of the kids went to "American Graffiti". After the movie we had fifteen minutes to shop, while waiting for the bus back to camp. We all had a great time.

Marcia Yampolski

# CREATIVITY

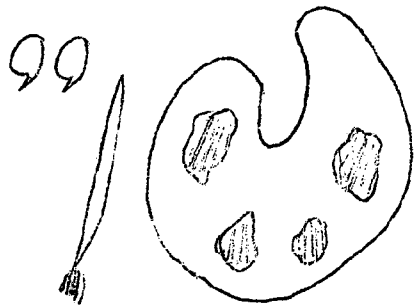
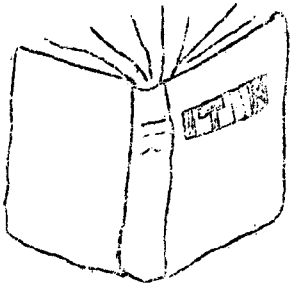
poems, stories,



or



OTHER  
CREATIVE  
THINGS



# Creativity

I had fun at camp. I love the water. And the cabins are big. And camp is very, very fun. And I like camp.

Andrea Blumenthal

Once there was a little girl. She had a mother and father who went to town one day and left her alone and she went outside and saw her sister who was very big and the sister took the baby inside and gave the baby some food and put her to sleep. The End

Lisa Goldberg

Once there was a little dog. He was a very bad dog, whenever he was seposed to go to sleep, he wandered around the neighbourhood. One time he went at night and was going across the street. He never saw a car coming and the car went right over him.

The End

Andrea Garson

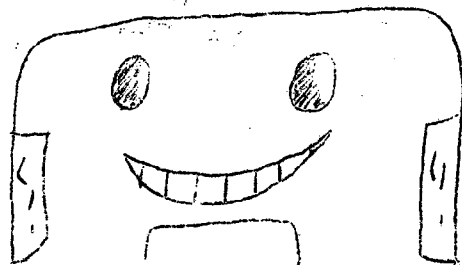
## My Cookie Adventure

I was lying in a cookie jar, taking a snooze, when all of a sudden a big harry hand came into the jar and grabed me and took me out and I got away and rolled all over the room and out the door and Mr. Jones stepped on me. Many years later I grew into a cookie tree.

The End of Me!

Tobi Nathanson.

i made a puppet One Day  
and this is how it looks like this




wendy zive

How I Like Shaul and His Family

I think Shaul is very rich because he had one dollar for each person when we went to the fair.

I like the way the camp is built because it has many things to play in.

Andrea Garson

Why did the man throw the clock  
out the window  ?

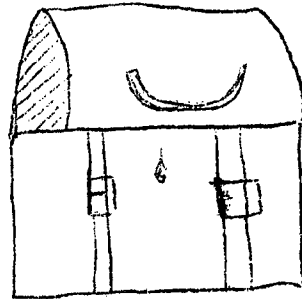


He wanted to see time fly

Why do birds fly south for the  
winter  
because it's too hard to walk.

Packing

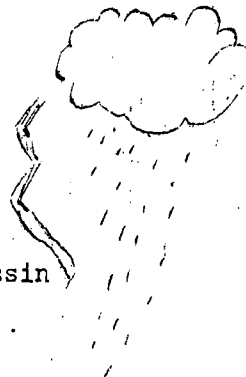
When we got our trunks  
They are always at the door of our bunks  
When we start packing  
You hear a lot of rickety-racking.  
We put our clothes in bundles  
But they came down in tumbles  
I have a lot of clothes this year  
But I put them on my shelves pretty near .



By Lisa Prossin


Camp

I like camp a lot  
But sometimes the sun is very hot.  
But when it starts to rain  
It dribbles on our window pane  
At Mifkad we all stand still  
Not a wimple or a will.  
At our evening program we all have fun  
Some people walk and some people run.



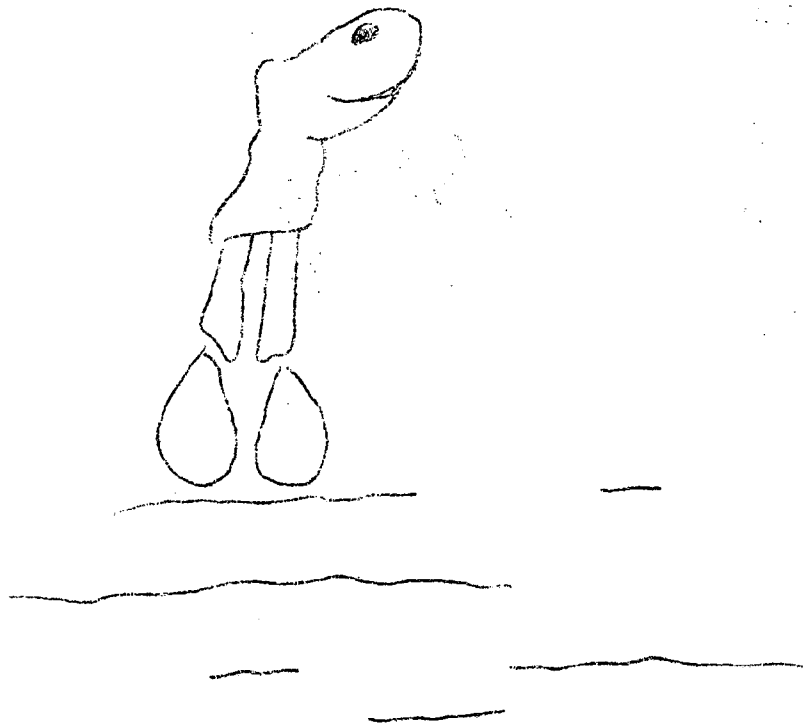
By Lisa Prossin

○

My Fest yeurz at ~~camp~~ ~~depart~~  
camp we had a big  agaste  
the 2 Hiest pat Fest time  
at camp

WY did the bird walk across  
The street?

he had  
NO wings



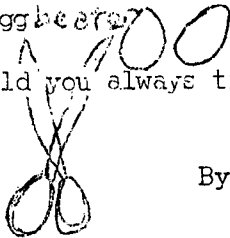
Jokes

What's behind every gold star?  
A policeman.

What bow can you not tie?  
A rainbow.

Our hen layed an egg six inches long. Can you beat that?  
Yes with an eggbeater.

What man should you always take your hat off for?  
A barber.



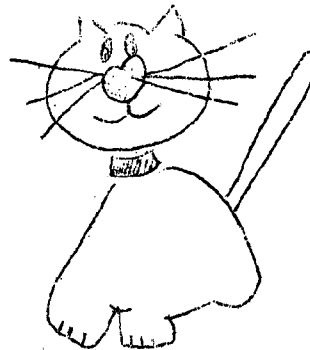
By Lisa Prossin



Poem

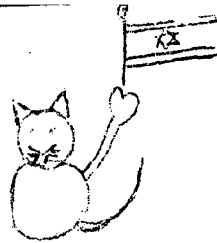
There was a cat  
He ate a rat and  
He thought he would  
Get fat.

By Susan Brinker





Acat with a hat  
Adcg with a cat  
And they went to Israel  
And when they came back  
They got married  
The cat hac kittens.

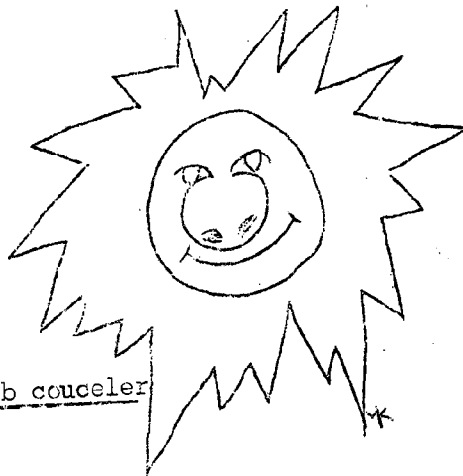


By Myar Gordon

The sun is shining today  
Now I can go out to play  
But first I have something to say:

Tzke care, Be well-  
G-d is locking your way.

By Lisa



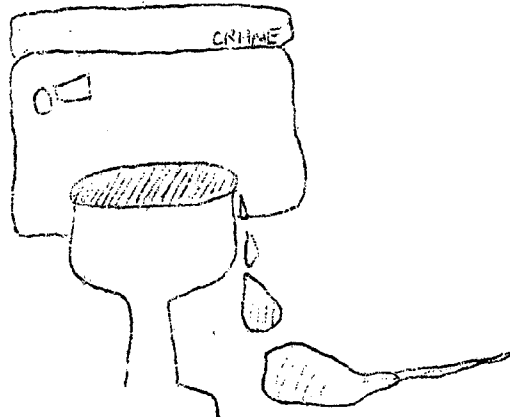
Jokes about Gib couceler

Erica looking after Joseph  
Leslie crazy about horses  
Nancy crazy about Marvin  
Caith's loud voice  
Rob's underwear  
Marvin crazy about Cabin A coucelers.

By Mark L

Cabin C

Cabin C is great  
But some cpeople we hate  
The toilet leaks  
And the floor creaks  
We are Gibs  
We have ribs  
We'll take a bow  
Good Bye for now.



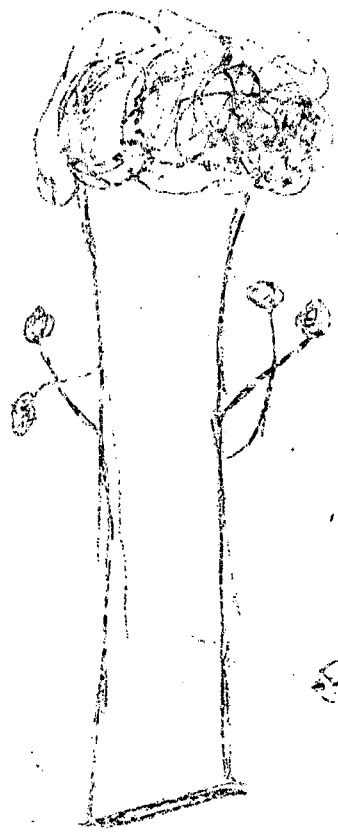
By Frank Saroka

Article of My Cabin

Beds are good  
Shelfs are to small  
Toilet smell  
Sink's plug won't plug.

By Mark L

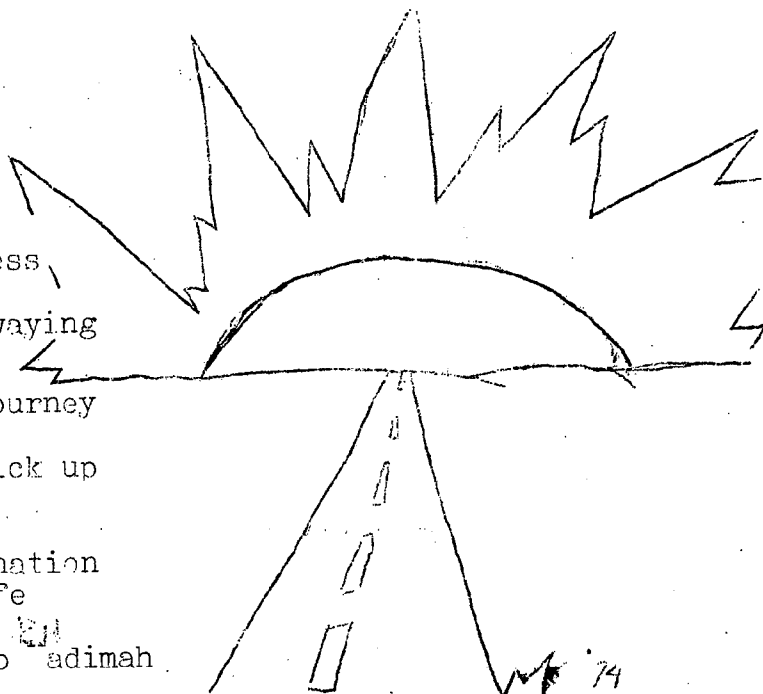
There Once was  
 a girl. She  
 wore so many  
 pearls. She once  
 climbed a tree  
 then made a  
 pear and that's  
 the end of  
 the story.



By Andrea  
 Garsen

Picture  
 By SUSAN  
 Flato

To what sun  
 does one learn  
 to turn to?  
 Is there a sold reef  
 On which to spread my sadness  
 Or is it merely  
 one of the many fields of swaying  
 I wait for you at an  
 Unexpected place in your journey  
 like the rusted key  
 Or the feather you do not pick up  
 Until the way back  
 After it is clear  
 The remote and painful detination  
 Changed nothing in your life



Camp adimah

Camp adimah this year was pretty good. e cnt for the meals I had a good time. Our hike was great the food was better the goldies and it almost a bad walk

Camp this year was ok except which could be better. like shira rikud. I did like the raids that we ouled and the camper hunt and the trip to the fair in "ridgewater.

### Cartoons

Most cartoons teach you something or are very funny. I think we should have lots of catoons every year they are a so very colourful so it makes them fun.

Steve Winston.

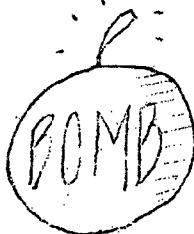
### War

I think war is very bad. People get injured, they also die of ots of things,. No one really wants war because they get hurt and it destroys lots of things BOOM

Steve Winston

It was a good year. I will probable come back next year there is pretty good food. I had, good counsellors. There was gr at weather.

WAR



674

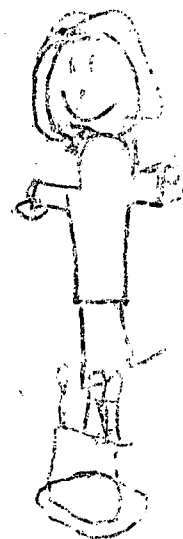
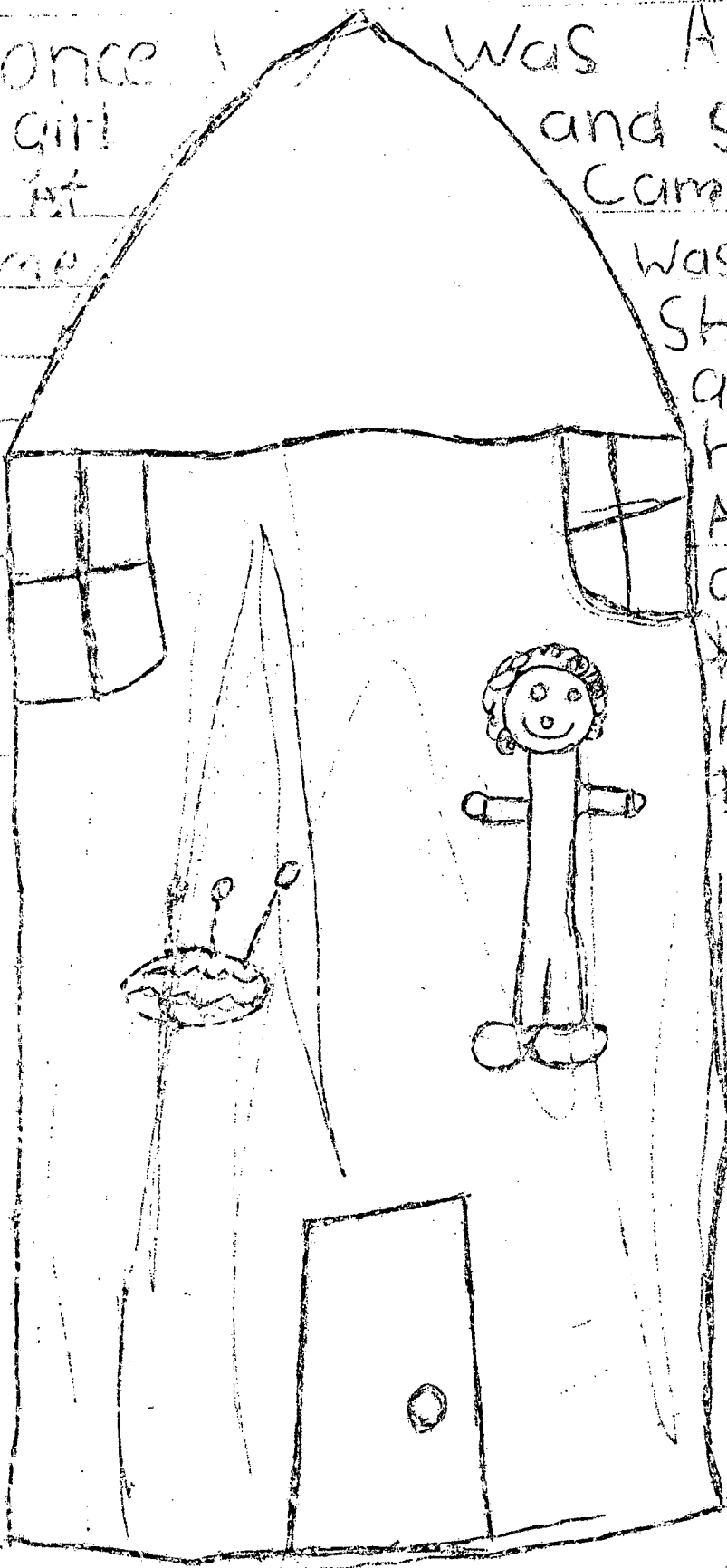
it was a very good year!

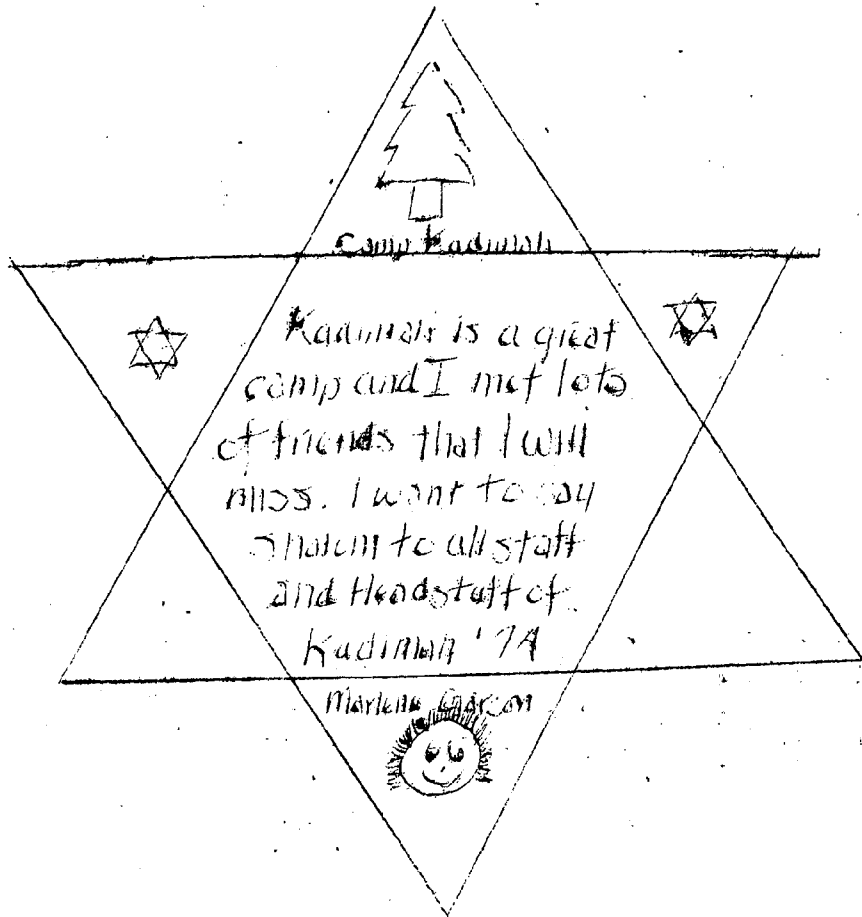
There once  
Little girl  
had fun at  
her name  
once  
making  
with  
mother  
she had  
of fun  
the  
was  
almost  
downe  
it was  
veary  
old.  
By  
Robyn  
And  
andrea  
and  
wendy

was a  
and she  
camp

was peppy  
she was  
a cake  
her  
and  
a lot  
house

rallyng  
and





Barry's yamaca  
Danny's tennis racket  
Ronald Goldi's pet  
Marta's head buggy  
Duty all the time.

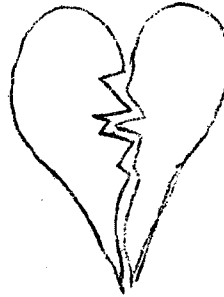
By, Mark L

The mouse went iup  
The tree and helpt  
Himself to tea  
Well he was up the tree  
He said he was sorry

Why did the bird walk across the street?  
He had no wings.

Love

Love is such a delicate word,  
Like a little dying bird  
Love means knowing and feeling strong,  
Not getting mad if someone's wrong  
Love is within both of you,  
Within her and you  
It's too much a sudden thing  
But when it happens your mind starts to sing  
But the best thing about love  
Is seeing the little white dove.



By Tova Sherman

Camp

Some people think they come to camp because they want to improve their swimming or to be good at sports but at the end of the camp season I think they realize that friendship is the most important. Camp Kadimah has shown me what friendship means and really it makes me sad to leave camp for it is really one of my dearest friends of all. Think about what camp really means to you, Until we meet again,

Shalom,  
Ann David

Love is really great you know,  
To love your friends and neighbours so,  
When G-d gave us this earth you know,  
He wanted us to love him so.



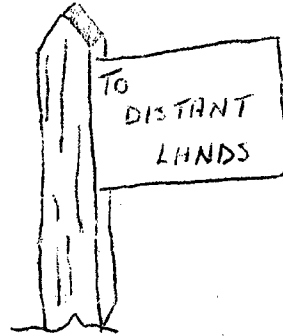
By Nancy Davidson

What is camp?  
Camp is a place  
Where people go.  
To stay in the summer  
And have a good time  
That's what camp is.



Distant Lands

Beyond the sea, over the clouds  
There is a distant land  
All the people are happy there  
And very proud of their land  
  
Over the stars and through the earth  
There is a beautiful place  
Everybody loves their home  
Noone hesitates.  
  
But the most beautiful land of all  
The land that has no price  
Is the lovely land of flowers  
The land called Paradise.



By Norine Nathanson



It was a stormy night . She shivered as she slipped her night gown over her head. She picked up the newspaper and glanced at the headlines. 'Young Girls, Kidnapped From first floor Apartments. She put down the newspaper and went over to close the window. Suddenly, a hand reached in and grasped her neck. She screamed and struggled but it was no use. He had her. As he dragged her out he straightened his mask which covered his face completely. He brought her to a small apartment, which contained nothing but an organ. He let her go, and she quivered in the corner. 'Now your mind', he snarled. 'you may do as you please, but do not attempt to remove my mask. Otherwise you are free, to do as you wish. Listen, it is beautiful'. He walked over to the organ, and began to play. She watched him curiously, wondering 'Why does he hide his face?' Finally her curiosity overtook her. She reached up and removed his mask. She gasped as his face was completely deformed, He bent his head in embarrassment. She smiled and reached up to his beautiful face and pulled . Her mask slipped to the floor with his.

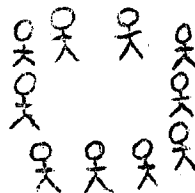
By Janis Fox



Friendship

The friendship here was pretty good although some people weren't nice. A lot of people became very close friends and some people became worst friends then they were before. Camp is a very good place to meet people and become very good friends with them. Frinds make a summer and coming to camp helps you meet people all over the country. This year I had counsellors from New Waterford, Sydney, and Toronto. I might not see them again but I know that wherever I go their Friendship will last forever.

By Anita Wolman



### The Last Days

The last days of camp derive various emotions from everyone of us- whether those emotions are positive ones or negative ones does not matter- for most of us our feelings are mixed. We have memories we will cherish, memories which will cause us to smile or even laugh when remembered and also those memories which will leave us with a touch of sadness, regret or chagrin.

Camp is meant to be an experience and it is a broad and varied one which involves us in every minute, in every aspect of our time here. It is precious time to be with friends, to make friends, to see ourselves as members and individuals of an intimate group of people, members of a nation and a religion. It can be, whether it is meant to be that way or not, an experience in total Jewish living, involvement, and awareness.

The last days pass quickly out of our reach and we try hard to recount, to remember, to savour our experiences here, evaluate ourselves here-our successes and failures- to appreciate our talents-whether they have been improved upon or even newly discovered is important too. We spend time with those with whom we are close, to whom we may see again, or never see again.

As the busses leave this Thursday a segment of our personal histories will end-and like every minute of our lives it is never repeated, but sometimes remembered.

Marcia



Howard Abraham  
7 Victoira Terrace  
Yarmouth, N.S.  
Birthday: Aug. 30  
Phone: 742-4584

James Acker  
8 Beechwood Terrace  
Halifax, N.S.  
Birthday: Jan. 5

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LAST WILL and TESTAMENT

WE THE ITON EDITORS OF 1974, DO HEREBY BEQUEATH THE FOLLOWING:

ERICA GLUBE:leaves making it with a sewing machine.  
LESLIE LEONARD:leaves trying to act 25, but only acting 14.  
NANCY WEINER:leaves a hot dog without a bun.  
MARVIN EIDELMAN:leaves with the mustard and relish.  
ROB KENTER:leaves to blow up the T.V. scene in Hamilton.  
GARTH NATHANSON:leaves....a child to be taught.  
BABY FEDER:leaves his sidur for the Original Sin.  
DANNY SINGER:leaves passing Craig Garson on the road.  
RONALD SIMON:leaves singing....Well, Goodbye Gold!!!!  
SALLY DAVIS:leaves still pondering the merits of the I.R.A.  
MILO BURNSTEIN:leaves asking her father how to treat a terrible case of Ackeritis.  
BELARIE HYMAN:leaves her namesake.  
MARK BOWMAN:leaves Alan Simon for the Hatichot of Kefar Glickson.  
ALAN SIMON:leaves Mark Bowman to go out with MIRA.  
SHEILA NATHANSON:leaves the DUKE for a BONNY PRINCE.  
BEV BERNICK:leaves Camp Kadimah for the PINKER parts of Nova Scotia.  
MINDI KUSSNER:leaves looking for the right Magic MARKER.  
STEPHANIE MEYERS:leaves carrying on the Meyers-Rosen tradition.  
FRANCIS ALEXANDER:leaves Howard's hair standing on end.  
DEBBIE DAVID:leaves setting the style for '74 in Craig's sweat shorts.  
DAVID NEWMAN:leaves having caught a falling star.  
ALAN MARK:leaves KUSSING about iton.  
STEVE SABLE:leaves for G-d's country, Long Island.  
SHIRLEY SPATZ:leaves wondering why 'With No Time To Loose', she's still waiting!  
MARCIA DAVID:leaves with no strings attached.  
HOWARD LICHTMAN:leaves senseless but relaxed.  
MARK ROSEN:leaves Stephanie for IRENE.  
IRA JACOBS:leaves Call of the Wild for the jungles of Tel Aviv---to find the right Jane.  
GABY FOGIEL:leaves the door wide open for the Jolly Green Giant.  
MIRIAM GALLER:leaves still wondering who her real cabin mates sre!  
ROCHELLE GOLDBERG:leaves to find a new SOURCE in her NEW MAN.  
SYBIL SHORE:leaves ginging to the boys: 'I AM WOMAN!'  
EVELYNE MELTZER:leaves the male staff well tanned but not yet burnt.  
MARC BURNSTEIN:leaves a little burnt under that gorgeous tan.  
IRIS JACOBSON:leaves with FUNCSIA, better prepared for ALAN.  
BRIAN MEDJUICK:stays for a seven day Buggy Duty and Shmirat Lails.  
CRAIG GARSON:leaves still trying to catch Danny Singer.  
STEVE ACKER:leaves his high-minded Burnstein double jointed.  
BRIAN BUDOVITCH:leaves still sitting at the GIB table.  
IRWIN SIMON:leaves Evelyne and Sybil still picking up behind him.  
RHEA SIMON:leaves having finally satisfied both Yosefi and Shaul.  
CAROLE BONDAROFF:leaves a DITAL bit happier.  
MARTA CHERNIN:leaves having turned down Lawrence to suit her FANCY!  
YOSEFI DITAL:leaves saying, 'Love thy Neighbour.....BUT don't get caught!!!  
VISROEL PEKIN:leaves the most delicious man in camp.  
MYRON MARK:leaves having danced through Call of the Wild, falling in the attack, and praying for the Sabbath Queen to bring his double mitzvah.  
LYNN OULTON:leaves being placed on the right side of camp--with access to the SUPERSTARS.  
WENDY PINK:leaves playing Mendel'sohn concerto.

JIM SPATZ:leaves Cabin 21 still shivering from denial.

MARY ZATAMAN:leaves still wondering which switch turns the BELL on.

MDAVID GREEN:leaves gabbing about his degrees in S.N.,S.M. and M.B.!!!!!!

JERRY BLUMENTHAL:leaves his lion taming career to find out...What's New With Her.  
pussycat?

MYRNA BLUMENTHALleaves with her children Darren,Andrea,Cheryl, and JERRY.

RIANA LANDA:leaves not only having worked on the Waterfront,but also having rescued  
Rhea when she was drowning in papers.

ELI LANDA: leaves singing..."My Mommy said not to put gum on my nose."

TOLL LANDA:leaves having run the camp on hot wheels.

SHAUL LANDAleaves saying:"While the cat's away the mice will play,Oror should we say  
goats,right Irenel

GOLDE ABRAMOVITCH:leaves her Eppes Essen to Carole.

JACOB ABRAMOVITCH:leaves looking for the relaxing summer he expected at Kadimah.

EZRA EISENER:leaves teaching Mitchell all the tricks of the trade.

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